DIAGNOSIS AND TREATMENT OF BREAST CANCER

International Clinical Forum

Edited by
Edward F. Lewison
Albert C.W. Montague

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Foreword

Breast cancer is the most serious malignancy of women in the United States. There are only a few countries in the world which do not consider this form of cancer a major problem. Although the dreams of the future are of a new or expanded capability to find methods which might prevent breast cancer, the only means at hand today to prevent unnecessary deaths from breast cancer are early detection and prompt and adequate treatment.

Considerable progress has been made in the last 30 to 40 years toward achieving the goal of earlier diagnosis through the use of modern technological advances which can now find breast cancer long before the most expert hands can feel it and earlier diagnosis has also resulted in the possibility of lesser surgical procedures, to the joy of both patient and surgeon. Combine these factors with the advent of biologic markers, improved radiation therapy, newer agents in chemotherapy, the burgeoning field of reconstructive surgery, among other advances, and you have an encouraging, yet not entirely hopeful, picture.

Different avenues of progress and different approaches to breast cancer are being initiated and studied in the many countries of the world—some more expeditiously than others. It is for all the above reasons that the American Cancer Society eagerly agreed to co-sponsor this International Conference on Breast Cancer in Monaco—the brain child of The Society for Continuing Education and the Johns Hopkins Hospital. The opportunity was clearly there for the experts from a variety of countries to exchange views and share concepts—all in the best interest of the patient with breast cancer.

Therefore, what follows in this text is a worthwhile and extremely helpful compendium of the latest in the field of breast cancer. I urge you to read it carefully and apply the information to your patients when appropriate. In the long run, only you, the responsible physician, can determine what is best suited to your individual patient.

ARTHUR I. HOLLEB, M.D.
Senior Vice President for
Medical Affairs
The American Cancer Society

Preface

Breast cancer is an all too common universal tragedy—malign and monstrously destructive of human life. During recent years there has been a gratifying increase in new knowledge concerning the early diagnosis and treatment of this disease. Modern modalities in the management of breast cancer are the result of laboratory and clinical research as well as extensive cooperative clinical trials which are being conducted both in the United States and abroad.

The purpose of this book is to present the most significant scientific advances to the primary physician, surgeon, chemotherapist, or radiation oncologist in as clear and concise a manner as possible. In our consumer-oriented society, it is essential for the responsible physician to evaluate and explain the alternatives of treatment and reconstruction to the patient and her family. The presentations of this international conference will serve to update and clarify some of these difficult clinical problems of diagnosis, and decisions of treatment and rehabilitation.

This book is more eclectic and international in its scope than traditional and provincial. It represents the primary presentations delivered at the International Breast Cancer Congress held in Monte Carlo, April, 1980. We regret that all facets of the vast breast cancer problem could not be covered in this single but comprehensive volume.

EDWARD F. LEWISON, M.D. ALBERT C. W. MONTAGUE, M.D.

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It is with great pleasure that we acknowledge our gratitude to Dr. Arthur I. Holleb, Senior Vice President for Medical Affairs of the American Cancer Society, Inc., for his invaluable assistance and encouragement.

The Editors would like to pay tribute to Mrs. Dana Lewison for her dedication and devotion to a myriad of details incident to the publication of this book.

Finally, we must express our heartfelt appreciation to the renowned and distinguished international faculty of this Congress who are entirely responsible for whatever success this book may enjoy.

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Contents

Pref Ack	eword ace nowledgments tributors	v vii ix xi
	Section I. Introduction	
1. 2.	Current Concepts. Edward F. Lewison Etiological Factors. Frits deWaard, J. J. Rombach, H.	
3.	J. A. Collette, J. Poortman Minimal Breast Cancer. Robert V. P. Hutter	17
	Section II. Diagnosis	
4.	Breast Examination: Role of the Gynecologist. Saul B.	
5. 6.	Gusberg Mammography. Philip Strax Benefit-Risk Ratios in Mammography. Russell H.	25 29
7.	Morgan Computed Tomographic Evaluation. C. H. Joseph Chang, Steven L. Fritz, Samuel J. Dwyer III, Arch W.	39
8.	Templeton, Fritz Lin, William R. Jewell Graphic Stress Telethermometry. James H. Dorsey, Albert C. W. Montague, Geary L. Stonesifer	45 61
9. 10.	Detection Projects. Arthur I. Holleb Mass Screening Detection Programs. João Sampaio	65
11.	Goes, Jr., João Carlos Sampaio Goes Biological Markers. T. Phillip Waalkes, Martin D. Abel-	69
12.	off, Joel H. Shaper, Douglas C. Tormey, William P. Vaughan, Joseph J. Paone, Kwang B. Woo T Antigen and Its Antibody in Diagnosis. Edward F.	73
	Scanlon, Georg F. Springer, Parimal R. Desai, Satya Murthy	83
13.	Comparison Between DNase Levels and Histological Parameters in Patients with Benign and Malignant Breast	
	Disease. Niki Agnantis, George Ramandanis, John Garas, Dimitrios A. Spandidos	89
	Section III. Hormone Receptors	
14.	Estrogen and Progesterone Receptors in Human Breast Cancer. William L. McGuire, C. Kent Osborne, William A. Knight, Michael G. Yochmowitz	07
15.	Hormone Receptors in Human Breast Tumors. Simone Saez, Edgard Nassif, Françoise Cheix, Nicole Israël,	97
16.	Marcel Mayer Prognostic Significance of Estrogen Receptors. Christian Dittrich, Peter Bettelheim, Christian Bieglmayer, Bernard Chaput, Raimund Jakesz, Andreas Kees, Roland	103

	Kolb, Reinhard Mörz, Kurt Moser, Hugo Rainer, Georg Reiner, Michael Schemper, Jürgen Spona	111
	Section IV. Surgical Treatment	
17.	Surgical Treatment of Primary Breast Cancer—Conservative Versus Radical. Jerome A. Urban	119
18.	Conservative Surgery in the Treatment of Early Breast Cancer. John L. Hayward	127
19.	A Comparison of Modified Radical Mastectomy to Radical Mastectomy in the Treatment of Operable Breast	101
20.	Cancer. R. Robinson Baker The Surgical Treatment of Primary Breast Cancer— Results of National Surgical Adjuvant Breast Project. Bernard Fisher, Carol Redmond, Participating NSABP	131
21.	Investigators A Balanced Approach to Surgical Therapy. $Geary L$.	135
22.	Stonesifer, Jr. Surgical Treatment of Breast Cancer in Black Patients.	143
23.	LaSalle D. Leffall, Jr. Primary Limited Surgery for Operable Breast Cancer. Jean-Maurice Spitalier, Henri Brandone, Yves Ayme, Jean-François Pollet, Ricardo Abed K., Robert Amal-	147
24.	ric, François Santamaria, Françoise Robert, Jean Sei- gle, Claudine Altschuler Breast Cancer—20 Years of Conservative Treatment.	151
24.	Roy M. Clark	161
Se	ection V. Radiotherapy of Primary Breast Cance	er
25.	Primary Radiation Therapy for Early Breast Cancer: The Experience at the Joint Center for Radiation Therapy. Jay R. Harris, Martin B. Levene, Samuel Hellman	169
26.	Hellman Radiotherapy as Primary Treatment of Operable Breast Cancer. Bernard Pierquin, Jean Paul LeBourgeois,	109
27.	Bernard Brun, Jean-Jacques Mazeron, Judith Huart Radiation Therapy for Operable Breast Cancer With or	175
90	Without Lumpectomy: 10-Year Results. Robert Calle, Jacques Robert Vilcoq, Pierre Schlienger	179
28.		185
29.	Conservative Treatment of Breast Cancer Compared to Mastectomy: A Clinical Trial of the French National Federation of Cancer Centers. Claude-Michel Lalanne, Jean-Claude Janser, Paul Juret, Patrice Rambert	193

Section VI. Adjuvant Therapy

30. 31.	Adjuvant Radiation Therapy. Herman Høst Adjuvant Pre- or Postoperative Radiotherapy in Primary Breast Cancer. Arne A. Wallgren, Lars-Erik Strender, Ored Arner, Jan Bergström, Bertil Blomstedt, Per-Ola Granberg, Bo Nilsson, Lars Räf, Claes Silfverswärd	
	Section VII. Treatment of Advanced Disease	
32. 33.	Treatment of Osseous Metastasis. Tah Yee Chen Treatment of Recurrent or Metastatic Breast Cancer.	215
34.	Harry F. Bisel New Approaches to Major Endocrine Surgery. Jean-	219
35.	Yves Bobin, Simone Saez, Marcel Mayer Immunotherapy. Loren J. Humphrey, F. Jerry Volenec	229 239
	Section VIII. Breast Reconstruction	
36.	Patient Selection for Breast Reconstruction After Mastectomy. Albert C. W. Montague, Francisco J. Criado,	2.40
37.	The Planning of Breast Reconstruction After Mastec-	249
38.	tomy. James J. Ryan Reconstruction of the Breast After Mastectomy. Ivan	255
39.	Prpić Postmastectomy Reconstruction Utilizing the Latissimus	273
40.	Dorsi Myocutaneous Flap. G. Patrick Maxwell Nipple-Areola Reconstruction. Raymond F. Morgan,	289
41.	Bernard M. McGibbon, G. Patrick Maxwell Use of the Latissimus Dorsi Musculocutaneous Flap in the Treatment of Chest Wall Problems Associated with	295
42.		297
		305
43.	Reach to Recovery Program. Francine Timothy	309
	Index	313