THIRD EDITION

MEN'S LIVES



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Over the past ten years, we have been teaching courses on the male experience, or "men's lives." Our courses have reflected both our own education and recent research by feminist scholars and profeminist men in U.S. society. (By profeminist men, we mean active supporters of women's efforts against male violence and claims for equal opportunity, political participation, sexual autonomy, family reform, and equal education.) Gender, scholars have demonstrated, is a central feature of social life—one of the chief organizing principles around which our lives revolve. Gender shapes our identities and the institutions in which we find ourselves. In the university, women's studies programs and courses about women in traditional disciplines have explored the meaning of gender in women's lives. But what does it mean to be a man in contemporary U.S. society?

This anthology is organized around specific themes that define masculinity and the issues men confront over the course of their lives. In addition, a social-constructionist perspective has been included that examines how men actively construct masculinity within a social and historical context. Related to this construction and integrated in our examination are the variations that exist among men in relation to class, race, and sexuality.

We begin Part One with issues and questions that unravel the "masculine mystique" and reveal various dimensions of men's position in society and their relationships with women and with other men. Parts Two through Nine examine the different issues that emerge for men at different times of their lives and the ways in which their lives change over time. We touch on central moments related to boyhood, adolescence, sports, occupations, marriage, and fatherhood, and explore men's emotional and sexual relationships with women and with other men. The final part, "Men and the Future," explores some of the ways in which men are changing and some possible directions by which they might continue to change.

Although a major component of the traditional, normative definition of masculinity is independence, we are pleased to acknowledge those colleagues and friends whose criticism and support have been a constant help throughout our work on this project. Karen Hanson, our editor at Allyn and Bacon, inherited this project and has embraced it as her own, facilitating our work at every turn. Chris Cardone and Bruce Nichols, our original editors, were supportive from the start and helped get the project going. Many other scholars who work on issues of masculinity, such as Bob Blauner, Robert Brannon, Harry Brod, Rocco Capraro, Bob Connell, James Harrison, Jeff Hearn, Martin Levine, Joe Pleck, Tony Rotundo, Don Sabo, and Peter Stein, have contributed to a supportive intellectual community in which to work.

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This book is the product of the profeminist men's movement as well—a loose network of men who support a feminist critique of traditional masculinity and women's struggles to enlarge the scope of their personal autonomy and public power. These men are engaged in a variety of efforts to transform masculinity in ways that allow men to live fuller, richer, and healthier lives. The editors of *Changing Men* (with whom we work as Book Review Editor and Sports Editor), Mike Biernbaum and Rick Cote, have labored for more than a decade to provide a forum for antisexist men. We acknowledge their efforts with gratitude and respect.

Our families, friends, and colleagues have provided a rare atmosphere that combines intellectual challenge and emotional support. We are grateful to Judith Brisman, Martin Duberman, and Eli Zal, Kate Ellis, Frances Goldin, Cathy Greenblat, Pam Hatchfield, Sandi Kimmel, David Levin, Mary Morris and Larry O'Connor, Lillian and Hank Rubin, and Mitchell Tunick. We want especially to acknowledge our fathers and mothers for providing such important models—not of being women or men, but of being adults capable of career competence, emotional warmth, and nurturance (these are not masculine or feminine traits). Finally, we thank Pierrette Hondagneu and Iona Mara-Drita, who have lived with this project since its beginning. We are grateful that they share these men's lives.

In our last edition, we welcomed Miles Hondagneu-Messner, who is probably now almost ready to read these words. We now welcome his brother Sasha with the same hopes for a new masculinity based on compassion, caring, and the ability to penetrate a zone defense.

We dedicate this edition of *Men's Lives* to Martin P. Levine with aching sadness at the loss of a dear friend and with deep gratitude that such a fine man touched our lives. As the founder of the Gay and Lesbian Caucus of the American Sociological Association as well as the Sociologist AIDS Network, Marty was a central figure in bringing the concerns of the gay and lesbian communities to the mainstream of our discipline. We have been pleased to publish his work in each edition of *Men's Lives* and dedicate ourselves to help end AIDS and the prejudices accompanying it that together took his life.

Introduction.

This is a book about men. But, unlike other books about men, which line countless library shelves, this is a book about men as men. It is a book in which men's experiences are not taken for granted as we explore the "real" and significant accomplishments of men, but a book in which those experiences are treated as significant and important in themselves.

MEN AS "GENDERED BEINGS"

But what does it mean to examine men "as men"? Most courses in a college curriculum are about men, aren't they? But these courses routinely deal with men only in their public roles, so we come to know and understand men as scientists, politicians, military figures, writers, and philosophers. Rarely, if ever, are men understood through the prism of gender.

But listen to some male voices from some of these "ungendered" courses. Take, for example, composer Charles Ives, debunking "sissy" types of music; he said he used traditional tough guy themes and concerns in his drive to build new sounds and structures out of the popular musical idiom (cf. Wilkinson, 1986: 103). Or architect Louis Sullivan, describing his ambition to create "masculine forms": strong, solid, commanding respect. Or novelist Ernest Hemingway, retaliating against literary enemies by portraying them as impotent or homosexual.

Consider also political figures, such as Cardinal Richelieu, the seventeenth-century French First Minister to Louis XIII, who insisted that it was "necessary to have masculine virtue and do everything by reason" (cited in Elliott, 1984: 20). Closer to home, recall President Lyndon Baines Johnson's dismissal of a political adversary: "Oh him. He has to squat to piss!" Or his boast that during the Tet offensive in the Vietnam War, he "didn't just screw Ho Chi Minh. I cut his pecker off!"

Democrats have no monopoly on unexamined gender coloring their political rhetoric. Richard Nixon was "afraid of being acted upon, of being inactive, of being soft, or being thought impotent, of being dependent upon anyone else," according to his biographer, Bruce Mazlish. And don't forget Vice-President George Bush's revealing claim that in his television debate with Democratic challenger Geraldine Ferraro he had "kicked ass." (That few political pundits criticized such unapologetic glee concerning violence against women is again indicative of how invisible gender issues are in our culture.) Indeed, recent political campaigns have revolved, in part, around gender issues, as each candidate attempted to demonstrate that he was not a "wimp" but was a "real man." (Of course, the few successful female politicians face the double task of convincing the electorate that they are not the "weak-willed wimps" that their gender implies in the public mind while at the same time demonstrating that they are "real women.")

These are just a few examples of what we might call gendered speech, language that uses gender terms to make its case. And these are just a few of the thousands of examples one could find in every academic discipline of how men's lives are organized

around gender issues, and how gender remains one of the organizing principles of social life. We come to know ourselves and our world through the prism of gender. Only we act as if we didn't know it.

Fortunately, in recent years, the pioneering work of feminist scholars, both in traditional disciplines and in women's studies, and of feminist women in the political arena has made us aware of the centrality of gender in our lives. Gender, these scholars have demonstrated, is a central feature of social life, one of the central organizing principles around which our lives revolve. In the social sciences, gender has now taken its place alongside class and race as the three central mechanisms by which power and resources are distributed in our society, and the three central themes out of which we fashion the meanings of our lives.

We certainly understand how this works for women. Through women's studies courses and also in courses about women in traditional disciplines, students have explored the complexity of women's lives, the hidden history of exemplary women, and the daily experiences of women in the routines of their lives. For women, we know how gender works as one of the formative elements out of which social life is organized.

THE INVISIBILITY OF GENDER: A SOCIOLOGICAL EXPLANATION

Too often, though, we treat men as if they had no gender, as if only their public personae were of interest to us as students and scholars, as if their interior experience of gender was of no significance. This became evident when one of us was in a graduate seminar on Feminist Theory several years ago. A discussion between a white woman and a black woman revolved around the question of whether their similarities as women were greater than their racial differences as black and white. The white woman asserted that the fact that they were both women bonded them, in spite of their racial differences. The black woman disagreed.

"When you wake up in the morning and look in the mirror, what do you see?" she asked.

"I see a woman," replied the white woman.

"That's precisely the issue," replied the black woman. "I see a black woman. For me, race is visible every day, because it is how I am not privileged in this culture. Race is invisible to you, which is why our alliance will always seem somewhat false to me."

Witnessing this exchange, Michael Kimmel was startled. When he looked in the mirror in the morning, he saw, as he put it, "a human being: universally generalizable. The generic person." What had been concealed—that he possessed both race and gender—had become strikingly visible. As a white man, he was able not to think about the ways in which gender and race had affected his experiences.

There is a sociological explanation for this blind spot in our thinking: the mechanisms that afford us privilege are very often invisible to us. What makes us marginal (unempowered, oppressed) are the mechanisms that we understand, because those are the ones that are most painful in daily life. Thus, white people rarely think of themselves as "raced" people, rarely think of race as a central element in their experience. But people of color are marginalized by race, and so the centrality of race is both painfully obvious and urgently needs study. Similarly, middle-class people do not acknowledge the importance of social class as an organizing principle of social life,

largely because for them class is an invisible force that makes everyone look pretty much the same. Working-class people, on the other hand, are often painfully aware of the centrality of class in their lives. (Interestingly, upper-class people are often more aware of class dynamics than are middle-class people. In part, this may be the result of the emphasis on status within the upper class, as lineage, breeding, and family honor take center stage. In part, it may also be the result of a peculiar marginalization of the upper class in our society, as in the overwhelming number of television shows and movies that are ostensibly about just plain [i.e., middle-class] folks.)

In this same way, men often think of themselves as genderless, as if gender did not matter in the daily experiences of our lives. Certainly, we can see the biological sex of individuals, but we rarely understand the ways in which *gender*—that complex of social meanings that is attached to biological sex—is enacted in our daily lives. For example, we treat male scientists as if their being men had nothing to do with the organization of their experiments, the logic of scientific inquiry, or the questions posed by science itself. We treat male political figures as if masculinity were not even remotely in their consciousness as they do battle in the political arena.

This book takes a position directly opposed to such genderlessness for men. We believe that men are also "gendered," and that this gendering process, the transformation of biological males into socially interacting men, is a central experience for men. That we are unaware of it only helps to perpetuate the inequalities based on gender in our society.

In this book, we will examine the various ways in which men are gendered. We have gathered together some of the most interesting, engaging, and convincing materials from the past decade that have been written about men. We believe that *Men's Lives* will allow readers to explore the meanings of masculinity in contemporary U.S. culture in a new way.

EARLIER EFFORTS TO STUDY MEN

Certainly, researchers have been examining masculinity for a long time. Historically, there have been three general models that have governed social scientific research on men and masculinity. *Biological models* have focused on the ways in which innate biological differences between males and females programmed different social behaviors. *Anthropological models* have examined masculinity cross-culturally, stressing the variations in the behaviors and attributes associated with being a man. And, until recently, *sociological models* have stressed how socialization of boys and girls included accommodation to a "sex role" specific to one's biological sex. Although each of these perspectives helps to understand the meaning of masculinity and femininity, each is also limited in its ability to fully explain how gender operates in any culture.

Relying on differences in reproductive biology, some scholars have argued that the physiological organization of males and females makes the differences we observe in psychological temperament and social behaviors inevitable. One perspective holds that differences in endocrine functioning are the cause of gender difference, that testosterone predisposes males toward aggression, competition, and violence, whereas estrogen predisposes females toward passivity, tenderness, and exaggerated emotionality. Others insist that these observed behavioral differences derive from the differences

between the size or number of sperm and eggs. Since a male can produce 100 million sperm with each ejaculation, whereas a female can produce fewer than 20 eggs capable of producing healthy offspring over the course of her life, these authors suggest that men's "investment" in their offspring is significantly less than women's investment. Other authors arrive at the same conclusion by suggesting that the different size of egg and sperm, and the fact that the egg is the source of the food supply, impels temperamental differences. Reproductive "success" to males means the insemination of as many females as possible; to females, reproductive success means carefully choosing one male to mate with and insisting that he remain present to care for and support their offspring. Still other authors argue that male and female behavior is governed by different halves of the brain; males are ruled by the left hemisphere, which controls rationality and abstract thought, whereas females are governed by the right hemisphere, which controls emotional affect and creativity. (For examples of these works, see Wilson, 1976; Trivers, 1972; Goldberg, 1975; and Goldberg, 1986.)

Observed normative temperamental differences between women and men that are assumed to be of biological origin are easily translated into political prescriptions. In this ideological sleight of hand, what is normative (i.e., what is prescribed) is translated into what is normal, and the mechanisms of this transformation are the assumed biological imperative. George Gilder, for example, assembles the putative biological differences between women and men into a call for a return to traditional gender roles. Gilder believes that male sexuality is, by nature, wild and lusty, "insistent" and "incessant," careening out of control and threatening anarchic disorder, unless it can be controlled and constrained. This is the task of women. When women refuse to apply the brakes to male sexuality—by asserting their own or by choosing to pursue a life outside the domestic sphere—they abandon their "natural" function for illusory social gains. Sex education, abortion, and birth control are all condemned as facilitating women's escape from biological necessity. Similarly, he argues against women's employment, since the "unemployed man can contribute little to the community and will often disrupt it, but the woman may even do more good without a job than with one" (Gilder, 1986: 86).

The biological argument has been challenged by many scholars on several grounds. The implied causation between two observed sets of differences (biological differences and different behaviors) is misleading, since there is no logical reason to assume that one caused the other, or that the line of causation moves only from the biological to the social. The selection of biological evidence is partial, and generalizations from "lower" animal species to human beings are always suspect. One sociologist asks if these differences are "natural," why their enforcement must be coercive, why males and females have to be forced to assume the rules that they are naturally supposed to play (see Epstein, 1986:8). And one primatologist argues that the evidence adduced to support the current status quo might also lead to precisely the opposite conclusions, that biological differences would impel female promiscuity and male fragility (see Hrdy, 1981). Biological differences between males and females would appear to set some parameters for differences in social behavior, but would not dictate the temperaments of men and women in any one culture. These psychological and social differences would appear to be the result far more of the ways in which cultures interpret, shape, and modify these biological inheritances. We may be born males or females, but we become men and women in a cultural context.

Anthropologists have entered the debate at this point, but with different positions. For example, some anthropologists have suggested that the universality of gender differences comes from specific cultural adaptations to the environment, whereas others describe the cultural variations of gender roles, seeking to demonstrate the fluidity of gender and the primacy of cultural organization. Lionel Tiger and Robin Fox argue that the sexual division of labor is universal because of the different nature of bonding for males and females. "Nature," they argue, "intended mother and child to be together" because she is the source of emotional security and food; thus, cultures have prescribed various behaviors for women that emphasize nurturance and emotional connection (Tiger and Fox, 1984: 304). The bond between men is forged through the necessity of "competitive cooperation" in hunting; men must cooperate with members of their own tribe in the hunt and yet compete for scarce resources with men in other tribes. Such bonds predispose men toward the organization of the modern corporation or governmental bureaucracy.

Such anthropological arguments omit as much as they include, and many scholars have pointed out problems with the model. Why did not intelligence become sex linked, as this model (and the biological model) would imply? Such positions also reveal a marked conservatism: the differences between women and men are the differences that nature or cultural evolution intended, and are therefore not to be tampered with.

Perhaps the best known challenge to this anthropological argument is the work of Margaret Mead. Mead insisted that the variations among cultures in their prescriptions of gender roles required the conclusion that culture was the more decisive cause of these differences. In her classic study, *Sex and Temperament in Three Primitive Socities* (1935), Mead observed such wide variability among gender role prescriptions—and such marked differences from our own—that any universality implied by biological or anthropological models had to be rejected. And although the empirical accuracy of Mead's work has been challenged in its specific arguments, the general theoretical arguments remain convincing.

Psychological theories have also contributed to the discussion of gender roles, as psychologists have specified the specific developmental sequences for both males and females. Earlier theorists observed psychological distancing from the mother as the precondition for independence and autonomy, or suggested a sequence that placed the capacity for abstract reason as the developmental stage beyond relational reasoning. Since it is normative for males to exhibit independence and the capacity for abstract reason, it was argued that males are more successful at negotiating these psychological passages, and implied that women somehow lagged behind men on the ladder of developmental success. (Such arguments may be found in Freud, Erikson, and Kohlberg.)

But these models, too, have been challenged, most recently by sociologist Nancy Chodorow, who argued that women's ability to connect contains a more fundamentally human trait than the male's need to distance, and by psychologist Carol Gilligan, who claimed that women's predisposition toward relational reasoning may contain a more humane strategy of thought than recourse to abstract principles. Regardless of our assessment of these arguments, Chodorow and Gilligan rightly point out that the highly ideological assumptions that make masculinity the normative standard against which the psychological development of *both* males and females was measured would in-

evitably make femininity problematic and less fully developed. Moreover, Chodorow explicitly insists that these "essential" differences between women and men are so-cially constructed and thus subject to change.

Finally, sociologists have attempted to synthesize these three perspectives into a systematic explanation of "sex roles." These are the collection of attitudes, attributes, and behaviors that is seen as appropriate for males and appropriate for females. Thus, masculinity is associated with technical mastery, aggression, competitiveness, and cognitive abstraction, whereas femininity is associated with emotional nurturance, connectedness, and passivity. Sex role theory informed a wide variety of prescriptive literature (self-help books) that instructed parents on what to do if they wanted their child to grow up as a healthy boy or girl.

The strongest challenge to all these perspectives, as we have seen, came from feminist scholars, who have specified the ways in which the assumptions about maturity, development, and health all made masculinity the norm against which both genders were measured. In all the social sciences, these feminist scholars have stripped these early studies of their academic facades to reveal the unexamined ideological assumptions contained within them. By the early 1970s, women's studies programs began to articulate a new paradigm for the study of gender, one that assumed nothing about men or women beforehand, and that made no assumptions about which gender was more highly developed. And by the mid 1970s, the first group of texts about men appeared that had been inspired by these pioneering efforts by feminist scholars.

THINKING ABOUT MEN: THE FIRST GENERATION

In the mid 1970s, the first group of works on men and masculinity appeared that was directly influenced by these feminist critiques of the traditional explanations for gender differences. Some books underscored the costs to men of traditional gender role prescriptions, exploring how some aspects of men's lives and experiences are constrained and underdeveloped by the relentless pressure to exhibit other behaviors associated with masculinity. Books such as Marc Feigen-Fasteau's *The Male Machine* (1974) and Warren Farrell's *The Liberated Man* (1975) discussed the costs to men's health—both physical and psychological—and the quality of relationships with women, other men, and their children of the traditional male sex role.

Several anthologies explored the meanings of masculinity in the United States by adopting a feminist-inspired prism through which to view men and masculinity. For example, Deborah David and Robert Brannon's *The Forty-Nine Percent Majority* (1976) and Joseph Pleck and Jack Sawyer's *Men and Masculinity* (1974) presented panoramic views of men's lives, from within a framework that accepted the feminist critique of traditional gender arrangements. Elizabeth Pleck and Joseph Pleck's *The American Man* (1980) suggested an historical evolution of contemporary themes. These works explored both the "costs" and the privileges of being a man in modern U.S. society.

Perhaps the single most important book to criticize the normative organization of the male sex role was Joseph Pleck's *The Myth of Masculinity* (1981). Pleck carefully deconstructed the constituent elements of the male sex role, and reviewed the empirical literature for each component part. After demonstrating that the empirical literature

did not support these normative features, Pleck argued that the male sex role model was incapable of describing men's experiences. In its place, he posited a male "sex role strain" model that specified the contemporary sex role as problematic, historically specific, and also an unattainable ideal.

Building on Pleck's work, a critique of the sex role model began to emerge. Sex roles had been cast as the static containers of behaviors and attitudes, and biological males and females were required to fit themselves into these containers, regardless of how ill-fitting these clusters of behaviors and attitudes felt. Such a model was ahistorical and suggested a false cultural universalism, and was therefore ill equipped to understand the ways in which sex roles change, and the ways in which individuals modify those roles through the enactments of gender expectations. Most telling, however, was the way in which the sex role model ignored the ways in which definitions of masculinity and femininity were based on, and reproduced, relationships of power. Not only do men as a group exert power over women as a group, but the definitions of masculinity and femininity reproduce those power relations. Power dynamics are an essential element in both the definition and the enactments of gender.

This first generation of research on masculinity was extremely valuable, particularly since it challenged the unexamined ideology that made masculinity the gender norm against which both men and women were measured. The old models of sex roles had reproduced the domination of men over women by insisting on the dominance of masculine traits over feminine traits. These new studies argued against both the definitions of either sex, and the social institutions in which those differences were embedded. A new model looked at "gender relations" and understood how the definition of either masculinity or femininity was relational, that is, how the definition of one gender depended, in part, on the understanding of the definition of the other.

In the early 1980s, the research on women again surged ahead of the research on men and masculinity. This time, however, the focus was not on the ways in which sex roles reproduce the power relations in society, but rather on the ways in which femininity is experienced differently by women in various social groups. Gradually, the notion of a single femininity—which was based on the white middle-class Victorian notion of female passivity, langorous beauty, and emotional responsiveness—was replaced by an examination of the ways in which women differ in their gender role expectations by race, class, age, sexual orientation, ethnicity, region, and nationality.

The research of men and masculinity is now entering a new stage, in which the variations among men are seen as central to the understanding of men's lives. The unexamined assumption in earlier studies had been that one version of masculinity—white, middle-age, middle-class, heterosexual—was the sex role into which all men were struggling to fit in our society. Thus, working-class men, men of color, gay men, and younger and older men were all observed as departing in significant ways from the traditional definitions of masculinity. Therefore, it was easy to see these men as enacting "problematic" or "deviant" versions of masculinity. Such theoretical assertions, however, reproduce precisely the power relationships that keep these men in subordinate positions in our society. It is not only that middle-class, middle-aged, heterosexual white masculinity becomes the standard against which all men are measured, but that this definition, itself, is used against those who do not fit as a way to keep them down. The normative definition of masculinity is not the "right" one, but it is the one that is dominant.

The challenge to the hegemonic definition of masculinity came from men whose masculinity was cast as deviant: men of color, gay men, and ethnic men. We understand now that we cannot speak of "masculinity" as a singular term, but must examine masculinities: the ways in which different men construct different versions of masculinity. Such a perspective can be seen in several recent works, such as Harry Brod's The Making of Masculinities (1987), Michael Kimmel's Changing Men: New Directions in Research on Men and Masculinity (1987), and Tim Carrigan, Bob Connell, and John Lee's "Toward a New Sociology of Masculinity" (1985). Bob Connell's Gender and Power (1987) and Jeff Hearn's The Gender of Oppression (1987) represent the most sophisticated theoretical statements of this perspective. Connell argues that the oppression of women is a chief mechanism that links the various masculinities, and that the marginalization of certain masculinities is an important component of the reproduction of male power over women. This critique of the hegemonic definition of masculinity as a perspective on men's lives is one of the organizing principles of our book, which is the first college-level text in this second generation of work on men and masculinities.

Now that we have reviewed some of the traditional explanations for gender relations, and have situated this book within the research on gender in general, and men in particular, let us briefly outline exactly the theoretical perspective we have employed in the book. Not only does our theoretical framework provide the organizing principle of the book as a whole, it also provided some of the criteria for the selection of the articles that are included.

THE SOCIAL CONSTRUCTION OF MASCULINITIES

Men are not born, growing from infants through boyhood to manhood, to follow a predetermined biological imperative, encoded in their physical organization. To be a man is to participate in social life as a man, as a gendered being. Men are not born; they are made. And men make themselves, actively constructing their masculinities within a social and historical context.

This book is about how men are made and how men make themselves in contemporary U.S. society. It is about what masculinity means, about how masculinity is organized, and about the social institutions that sustain and elaborate it. It is a book in which we will trace what it means to be a man over the course of men's lives.

Men's Lives revolves around three important themes that are part of a social scientific perspective. First, we have adopted a social contructionist perspective. By this we mean that the important fact of men's lives is not that they are biological males, but that they become men. Our sex may be male, but our identity as men is developed through a complex process of interaction with the culture in which we both learn the gender scripts appropriate to our culture, and attempt to modify those scripts to make them more palatable. The second axis around which the book is organized follows from our social constructionist perspective. As we have argued, the experience of masculinity is not uniform and universally generalizable to all men in our society. Masculinity differs dramatically in our society, and we have organized the book to illustrate the variations among men in the construction of masculinity. Third, we have adopted a life course perspective, to chart the construction of these various masculinities in men's lives, and to examine pivotal developmental moments or institutional locations during

a man's life in which the meanings of masculinity are articulated. These three perspectives—social constructionism, variations among men, and the life course perspective—will define the organization of this book and the criteria we have used to select the articles included.

The Social Constructionist Model

The social constructionist perspective argues that the meaning of masculinity is neither transhistorical nor culturally universal, but rather varies from culture to culture and within any one culture over time. Thus, males become men in the United States in the late twentieth century in a way that is very different from men in Southeast Asia, or Kenya, or Sri Lanka. The meaning of masculinity varies from culture to culture.

Men's lives also vary within any one culture over time. The experience of masculinity in the contemporary United States is very different from that experience 150 years ago. Who would argue that what it meant to be a "real man" in seventeenth-century France (at least among the upper classes)—high-heeled patent leather shoes, red velvet jackets covering frilly white lace shirts, lots of rouge and white powder makeup, and a taste for the elegant refinement of ornate furniture—bears much resemblance to the meaning of masculinity among a similar class of French men today?

A perspective that emphasizes the social construction of gender is, therefore, both *historical* and *comparative*. It allows us to explore the ways in which the meanings of gender vary from culture to culture, and how they change within any one culture over historical time.

Variations Among Men

Masculinity also varies within any one society by the various types of cultural groups that compose it. Subcultures are organized around other poles, which are the primary way in which people organize themselves and by which resources are distributed. And men's experiences differ from one another in the ways in which social scientists have identified as the chief structural mechanisms along which power and resources are distributed. We cannot speak of masculinity in the United States as if it were a single, easily identifiable commodity. To do so is to risk positing one version of masculinity as normative, and making all other masculinities problematic.

In the contemporary United States, masculinity is constructed differently by class culture, by race and ethnicity, and by age. And each of these axes of masculinity modifies the others. Black masculinity differs from white masculinity, yet each of them is also further modified by class and age. A 30-year-old middle-class black man will have some things in common with a 30-year-old middle-class white man that he might not share with a 60-year-old working-class black man, although he will share with him elements of masculinity that are different from the white man of his class and age. The resulting matrix of *masculinities* is complicated and often the elements are crosscutting, but without understanding this, we risk collapsing all masculinities into one hegemonic version.

The challenge to a singular definition of masculinity as the normative definition is the second axis around which the readings in this book revolve.

The Life Course Perspective

The meaning of masculinity is not constant over the course of any man's life, but will change as he grows and matures. The issues confronting a man about proving himself, feeling successful, and the social institutions in which he will attempt to enact his definitions of masculinity will change throughout his life. Thus, we have adopted a *life course perspective* to discuss the ways in which different issues will emerge for men at different times of their lives, and the ways in which men's lives, themselves, change over time. The life course perspective we have employed will examine men's lives at various pivotal moments in their development from young boys to adults. Like a slide show, these points will freeze the action for a short while, to afford us the opportunity to examine in more detail the ways in which different men in our culture experience masculinity at any one time.

The book's organization reflects these three concerns. The first two parts set the context through which we shall examine men's lives. Parts Three through Nine follow those lives through their full course, examining central moments experienced by men in the United States today. Specifically, Parts Two and Three touch on boyhood and adolescence, discussing some of the institutions organized to embody and reproduce masculinities in the United States, such as fraternities, the Boy Scouts, and sports groups. Part Four, "Men and Work," explores the ways in which masculinities are constructed in relation to men's occupations. Part Five, "Men and Health: Body and Mind," deals with heart attacks, stress, AIDS, and other health problems among men. Part Six, "Men with Women: Intimacy and Power," describes men's emotional and sexual relationships. We deal with heterosexuality and homosexuality, mindful of the ways in which variations are based on specific lines (class, race, ethnicity). Part Seven, "Men with Men: Friendships and Fears," describes emotional and physical (but not necessarily sexual) relationships that men develop through their lives. Part Eight, "Male Sexualities," studies the normative elements of heterosexuality and probes the controversial political implications of pornography as a source of both straight and gay men's sexual information. Part Nine, "Men in Families," concentrates on masculinities within the family and the role of men as husbands, fathers, and senior citizens. Part Ten, "Men and the Future," examines some of the ways in which men are changing and points to some directions in which men might continue to change.

Our perspective, stressing the social construction of masculinities over the life course, will, we believe, allow a more comprehensive understanding of men's lives in the United States today.

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PREFACE xi INTRODUCTION xiii

DADE ONE	
PART ONE	ON MACCHI INITIES 1
PERSPECTIVES	ON MASCULINITIES 1
ARTICLE 1	MEN'S POWER WITH WOMEN, OTHER MEN, AND SOCIETY: A MEN'S MOVEMENT ANALYSIS 5
	Joseph H. Pleck
ARTICLE 2	THE CONSTRUCTION OF MASCULINITY AND THE TRIAD OF MEN'S VIOLENCE 13
	Michael Kaufman
ARTICLE 3	THE BLACK MALE: SEARCHING BEYOND STEREOTYPES 26
	Manning Marable
ARTICLE 4	CHICANO MEN AND MASCULINITY 33
	Maxine Baca Zinn
ARTICLE 5	JUDAISM, MASCULINITY, AND FEMINISM 42
	Michael S. Kimmel
ARTICLE 6	THE NEW MASCULINITY OF GAY MEN, AND BEYOND 45
	Seymour Kleinberg
PART TWO	
FROM BOYS TO	MEN 59
ARTICLE 7	GIRLS AND BOYS TOGETHER BUT MOSTLY APART: GENDER ARRANGEMENTS IN ELEMENTARY SCHOOL 61
	Barrie Thorne

THE BOY SCOUTS AND THE VALIDATION

74

OF MASCULINITY

Jeffrey P. Hantover

ARTICLE 8

PART SIX	
MEN WITH WOMEN: INTIMACY AND POWER	277

- ARTICLE 29 THE APPROACH–AVOIDANCE DANCE: MEN, WOMEN,
 AND INTIMACY 279
 Lillian B. Rubin
- ARTICLE 30 BLACK MALE-BLACK FEMALE CONFLICT:
 INDIVIDUALLY CAUSED AND CULTURALLY
 NURTURED 285
 Clyde W. Franklin II
- ARTICLE 31 THE INEXPRESSIVE MALE: TRAGEDY OR SEXUAL POLITICS? 293

 Jack W. Sattel
- ARTICLE 32 THE CIVIC ADVOCACY OF VIOLENCE 301
 Wayne Ewing
- ARTICLE 33 "LET'S GET A GIRL": MALE BONDING RITUALS IN AMERICA 307

 Jane C. Hood
- ARTICLE 34 MEN ON RAPE 312

 Tim Beneke
- ARTICLE 35 CONFESSIONS OF A DATE RAPIST 318

 Jack M.

PART SEVEN

MEN WITH MEN: FRIENDSHIPS AND FEARS 323

- ARTICLE 36 HOMOPHOBIA AMONG MEN: SUPPORTING AND DEFINING THE MALE ROLE 325

 Gregory K. Lehne
- ARTICLE 37 THE POLITICS OF GAY MEN'S FRIENDSHIPS 337

 Peter M. Nardi
- ARTICLE 38 PSYCHOLOGICAL HETEROSEXISM AND ANTI-GAY
 VIOLENCE: THE SOCIAL PSYCHOLOGY OF BIGOTRY
 AND BASHING 341
 Gregory M. Herek