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Calcium
Antagonists and
Cardiovascular
Disease

Editor

L. H. Opie

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# Calcium Antagonists and Cardiovascular Disease

# Perspectives in Cardiovascular Research Volume 9

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Sponsored by the Council of the International Society



on Cardiac Metabolism
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# CALCIUM ANTAGONISTS AND CARDIOVASCULAR DISEASE

Perspectives in Cardiovascular Research Volume 9

# Perspectives in Cardiovascular Research

#### Series Editor

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- Vol. 1: Developmental and Physiological Correlates of Cardiac Muscle, edited by M. Lieberman and T. Sano, 322 pp., 1975.
- Vol. 2: Neural Mechanisms in Cardiac Arrhythmias, edited by P. J. Schwartz, A. M. Brown, A. Malliani, and A. Zanchetti, 460 pp., 1978.
- Vol. 3: Ischemic Myocardium and Antianginal Drugs, edited by M. M. Winbury and Y. Abiko, 256 pp., 1979.
- Vol. 5: Mechanisms of Cardiac Morphogenesis and Teratogenesis, edited by Tomas Pexieder, 526 pp., 1980.
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- Vol. 7: Myocardial Hypertrophy and Failure, edited by Norman R. Alpert, 704 pp., 1983.
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## Preface

Eleven years ago, Professor Peter Harris of the Cardiothoracic Institute in London and I edited a book entitled Calcium and the Heart. In those days, calcium was not a "main-line" subject. Only Fleckenstein referred in any detail to the role of specific inhibitors of calcium action and introduced his concept of calcium antagonists in that book. Four of the six major contributors to that book have also participated in the present book—Fleckenstein, Nayler, Katz, and Schwartz. A comparison of that book and the present shows the enormous rate at which our understanding has grown over the last 12 years. Whereas, in 1971, Professor Harris only found one clinical application of calcium therapy (keeping solutions of calcium salts at hand in the coronary care unit), the present widespread use of calcium-antagonist drugs requires a new book, rather than a new edition of an old book.

The basic purpose of this book is to provide practical knowledge on calcium ion movements and calcium antagonists for cardiologists, research physicians, pharmacologists, and postgraduate students. This aim has been immensely facilitated by two sponsored meetings recently held in Cape Town, South Africa. First, the Council on Cardiac Metabolism of the International Society & Federation of Cardiology sponsored the Symposium on Calcium and Calcium-Antagonists. Excellent support was obtained from a variety of sources, listed in the Acknowledgments. Second, Bayer-Miles Pharmaceutical Company sponsored a satellite symposium at the nearby university town of Stellenbosch, focusing on the role of calcium in myocardial ischemia, infarction, arrhythmias, and hypertension, and the appropriate intervention by calcium antagonists. A series of articles based on the contributors to those two symposia form the backbone of this volume.

In addition, a number of critically important contributors who did not attend the Symposia have very generously agreed to contribute chapters. Such contributors merit special mention and are A. Fleckenstein, E. Carafoli, R. Murphy, H. Yasue, A. Scriabine, H. Mayer, J. Traber, P. Henry, N. Sperelakis, and A. Schwartz. Any success there might be for this book will reflect the outstanding qualities of the individual contributors. Of these contributors, one requires special mention—Professor R. Krebs of Bayer Pharmaceutical Company who is also Professor of Pharmacology and Toxicology at the University of Meinz. Professor Krebs not only helped to organize the meeting in Stellenbosch, but agreed to act as section editor for Pharmacology of Calcium Antagonist Drugs.

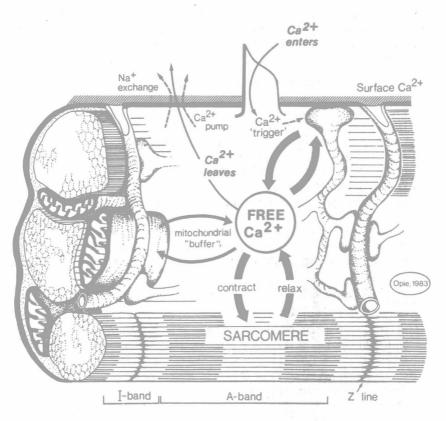
The title Calcium Antagonists and Cardiovascular Disease was chosen for three reasons. First, calcium antagonists was the term coined by Fleckenstein, who has written the first chapter of this book. Second, as Scriabine and his

group show, calcium antagonists include, as a subdivision, calcium-channel inhibitors. Third, a practical point was that *calcium antagonists* had been the term most widely abstracted at the recent 1982 Meeting of the American Heart Association, winning over the alternate titles.

The contributions of these outstanding authors represent a topical and important book. It is distinguished from other books on calcium antagonists by the careful way in which it probes the role of calcium ion fluxes, the role of calcium in cardiovascular disease, and the pharmacology of calcium-antagonist agents before going on to the clinical application in angina and ischemic heart disease, arrhythmias, and hypertension. This book is offered at a time when clinical interest in calcium antagonists is exceedingly high.

Optimal use of this book requires that the reader should be prepared to delve deeply into physiological, pathological, and pharmacological aspects of calcium metabolism and calcium antagonists, before coming to the clinical application.

Lionel H. Opie



Critical role of calcium in heart muscle contraction.

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