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Child Psychology & Development FOR DUMMIES®

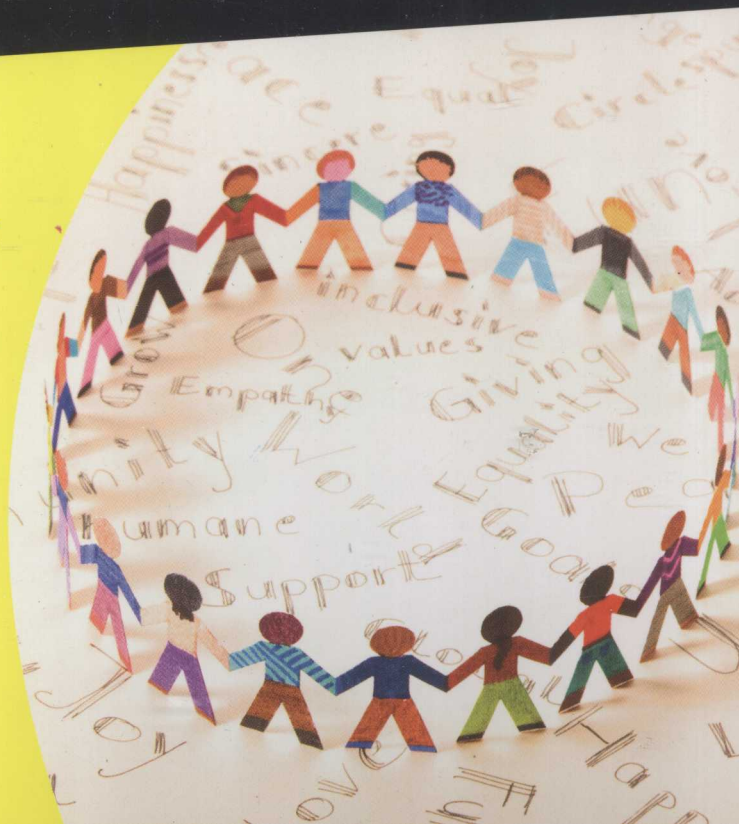
Learn to:

- **Understand the difference between “bad behavior” and behavior disorders**
- **Know whether a child is ready for school**
- **Help a child control impulses, develop self-esteem, and have good relationships**

Laura L. Smith, PhD

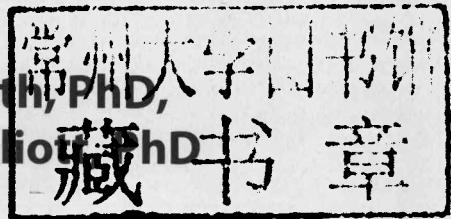
Charles H. Elliott, PhD

Authors of Overcoming Anxiety For Dummies



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by Laura L. Smith, PhD,
and Charles H. Elliott, PhD



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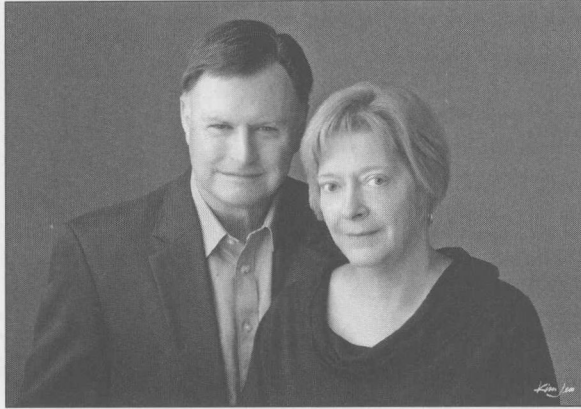


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Laura L. Smith, PhD, and Charles Elliott, PhD, are co-authors of *Overcoming Anxiety For Dummies*, 2nd Edition, *Borderline Personality Disorder For Dummies*, *Obsessive-Compulsive Disorder For Dummies*, *Seasonal Affective Disorder For Dummies*, *Anxiety & Depression Workbook For Dummies*, and *Depression For Dummies* (all from Wiley Publishing, Inc.); *Hollow Kids: Recapturing the Soul of a Generation Lost to the Self-Esteem Myth* (Prima); and *Why Can't I Be the Parent I Want to Be?* (New Harbinger Publications). They are members of the board of directors of the New Mexico Psychological Association and affiliated training faculty at the Cognitive Behavioral Institute of Albuquerque. Their work has been featured in various periodicals, including *Family Circle*, *Parents*, *Child*, and *Better Homes and Gardens*, as well as popular publications such as the *New York Post*, *Washington Times*, *Daily Telegraph* (London), and *The Christian Science Monitor*.

They have been invited speakers at conferences including: the National Alliance for the Mentally Ill (NAMI), the Association for Behavioral and Cognitive Therapies, the International Association for Cognitive Psychotherapy, and the National Association of School Psychologists. They have appeared on television networks such as CNN and Canada AM. They have also been featured as experts on various National Public Radio programs, as well as "You The Owner's Manual," "Doctor Radio," "The Frankie Boyer Show," and "The Four Seasons Radio Show." They have committed their professional lives to making the science of psychology relevant and accessible to the public.

Laura is a clinical and a school psychologist. Previously, she was a special-education teacher, an educational diagnostician, a psychologist at a juvenile detention center, a child psychologist in private practice, a clinical supervisor at various rural school districts, and a consultant to Head Start programs. Throughout these years, she has raised three kids and enjoyed her four grandchildren. She is often asked to provide consultations to attorneys, school districts, and government agencies.

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Drs. Smith and Elliott are available for speaking engagements, expert interviews, and workshops. You may contact either or both of them at www.psychology4people.com.

Dedication

To children everywhere and those who care for them.

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