

# travel

anica kaushal



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FAMILY LIFESTYLE

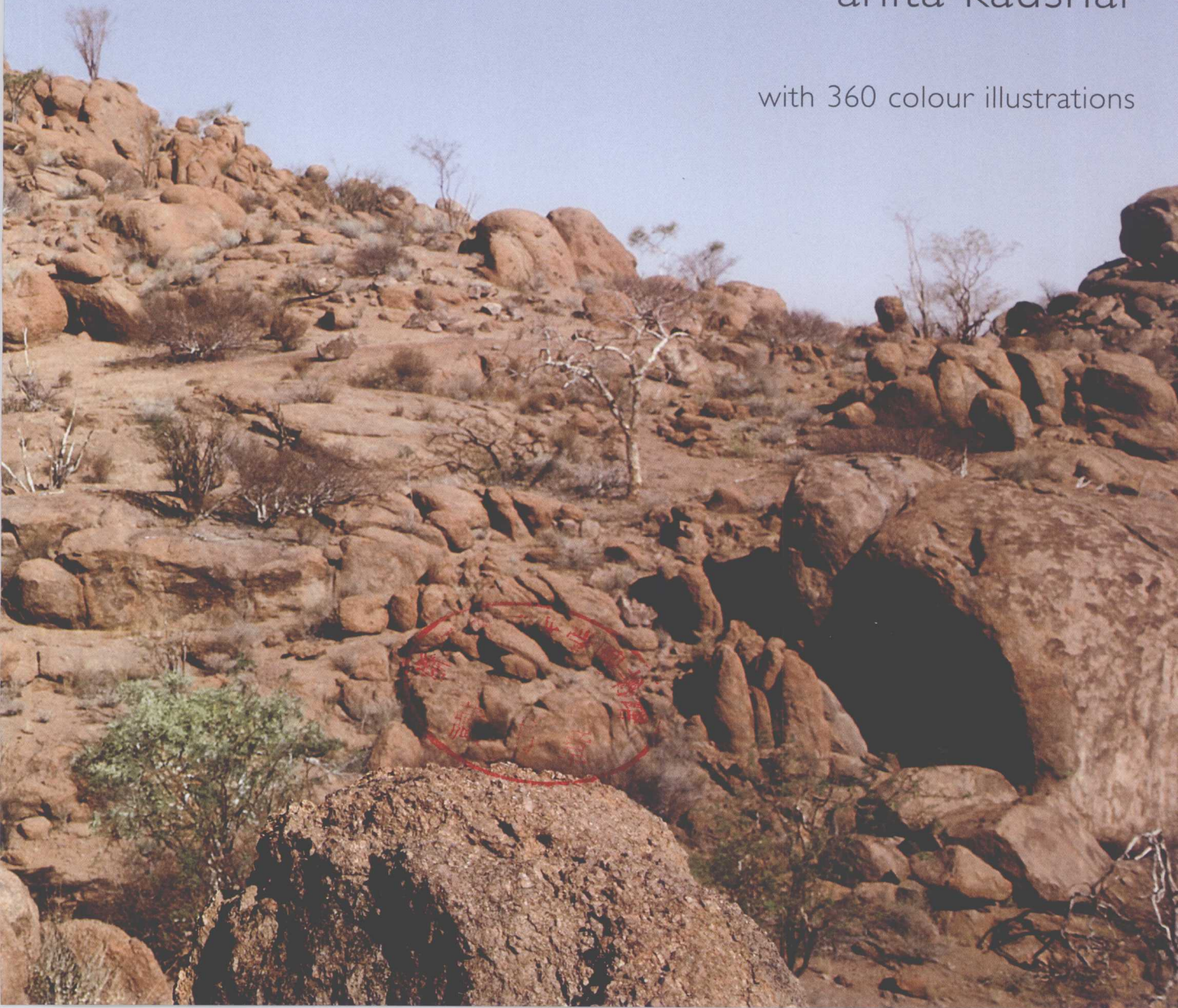


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with 360 colour illustrations





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A lifestyle manual full of inspiration and insights for the stylish family on holiday.



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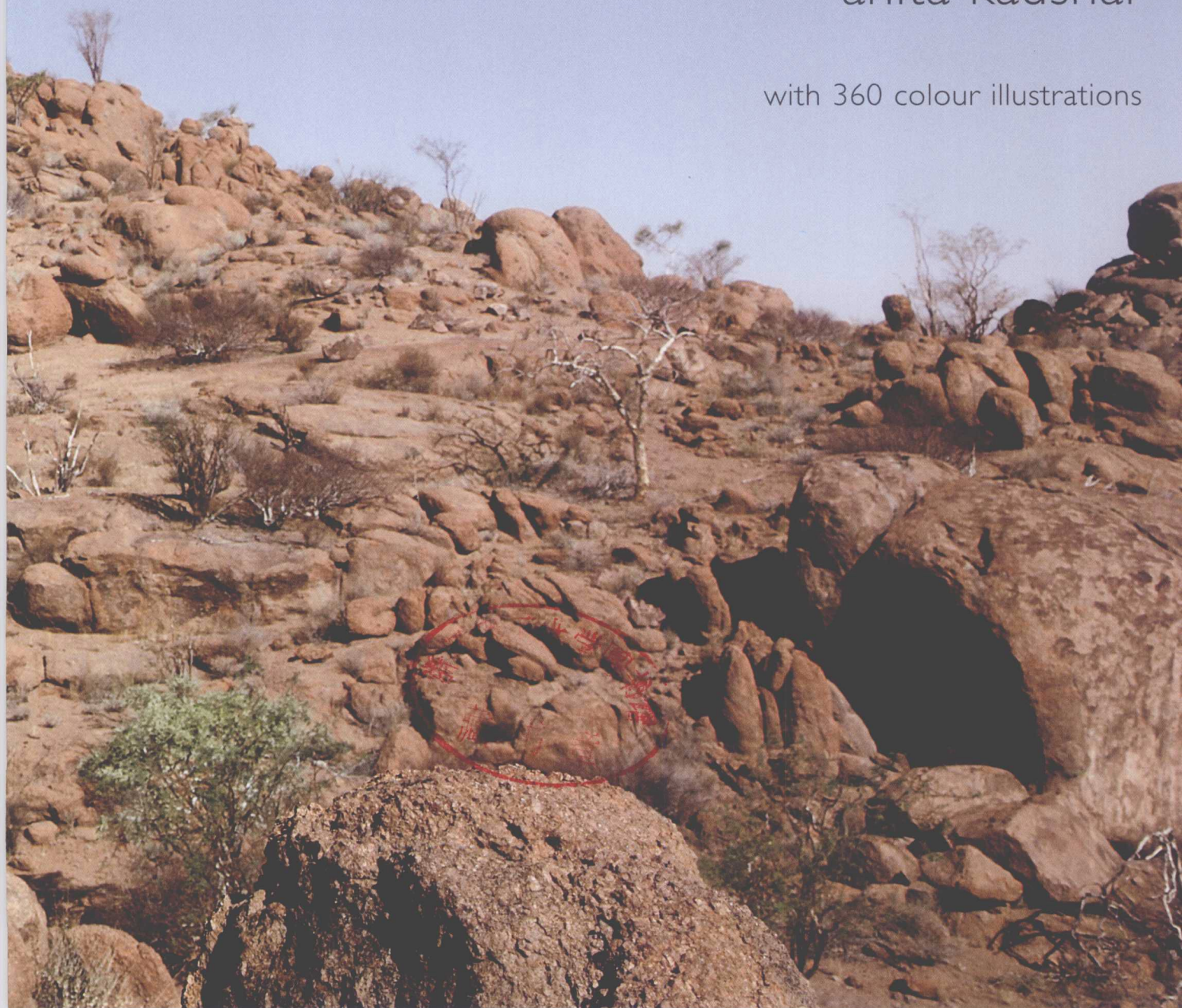


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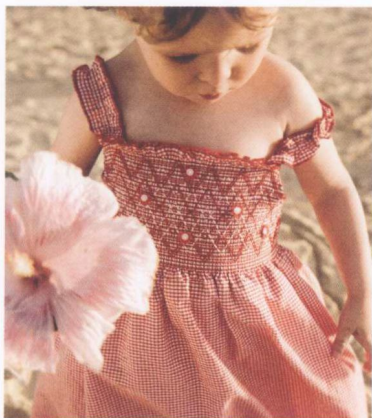


start



# travel

Family holidays are a potent mix of intense periods of time spent together, exhilarating moments of discovery, and even (inevitably) the odd calamity or two. They are often the most vivid of our memories as we grow older, with stories that we tell and retell, sometimes with rueful remembrance. The most glamorous getaways are not necessarily the ones that we remember most fondly, although they have their place, and many of the vacation suggestions featured in this book are luxurious, indeed. But the smaller, more mundane holidays have their place in our hearts, too: long hours spent in the car on the way to grandparents have a way of knitting together the family unit, allowing enforced hours of communication and togetherness, and will prompt just as many stories down the road. Whether your holiday is luxurious or more humble, it is this togetherness that counts.





Whatever kind of holiday you choose – a bucket-and-spade weekend at the beach, a once-in-a-lifetime safari adventure, or a short city break – this is unique family time when children can be (reasonably) free of rules and parents can escape the responsibilities of everyday life. While some thought does need to be given to the logistics of travelling to and arriving at our destination, what matters most is that we leave behind our daily routines and experience something new once we get there. Travel broadens our children's thinking, awareness, curiosity and respect for others, and time away can revive our own senses and rejuvenate our souls. It may seem that, since having children, holidays that offer style and indulgence are off the menu, but this need not be the case. In this book you will find exciting and inspirational ideas for vacations that will appeal to all, in the hope that you will return home richer for the experience.

Like its predecessor, the book is divided into four themes, each of which offers practical information supplemented by beautiful photographs of places that you, just like the families shown, may want to include in your holiday plans. First is 'Plan', which looks at the practicalities and necessities of embarking on your journey, as well as discussing the memories and



treasures we might bring home with us. 'City' takes a look at the grand architecture and big sights of the great cities, along with the individual urban villages that make them the characterful destinations they are. 'Adventure' is just that, covering all manner of holidays for the free-spirited traveller, from camping to surfing, scaling sand dunes to trekking through the mountains. 'Escape' is all about treating yourself to a new level of indulgence, and children to holidays that will engage their imaginations. Finally, 'Go' offers addresses and websites to help you plan your holiday.

Producing a guidebook that covers the whole of the world would be too big a task. Instead, *FamilyLifeStyle: Travel* gives a flavour of the many types of holidays that are available and will appeal to families. We now seem to have an endless supply of hotel and travel guides, websites, and countless other sources of information, and by focusing so much on what's hot and what's not, we may have lost sight of the deeper meaning of travel. Everyone has their own idea of what holidays mean to them, but we all hope to return refreshed and ready to face our lives again. Children are only young for such a short time, so it is all the more important to take a little time out and fill their hearts and yours with lasting memories.



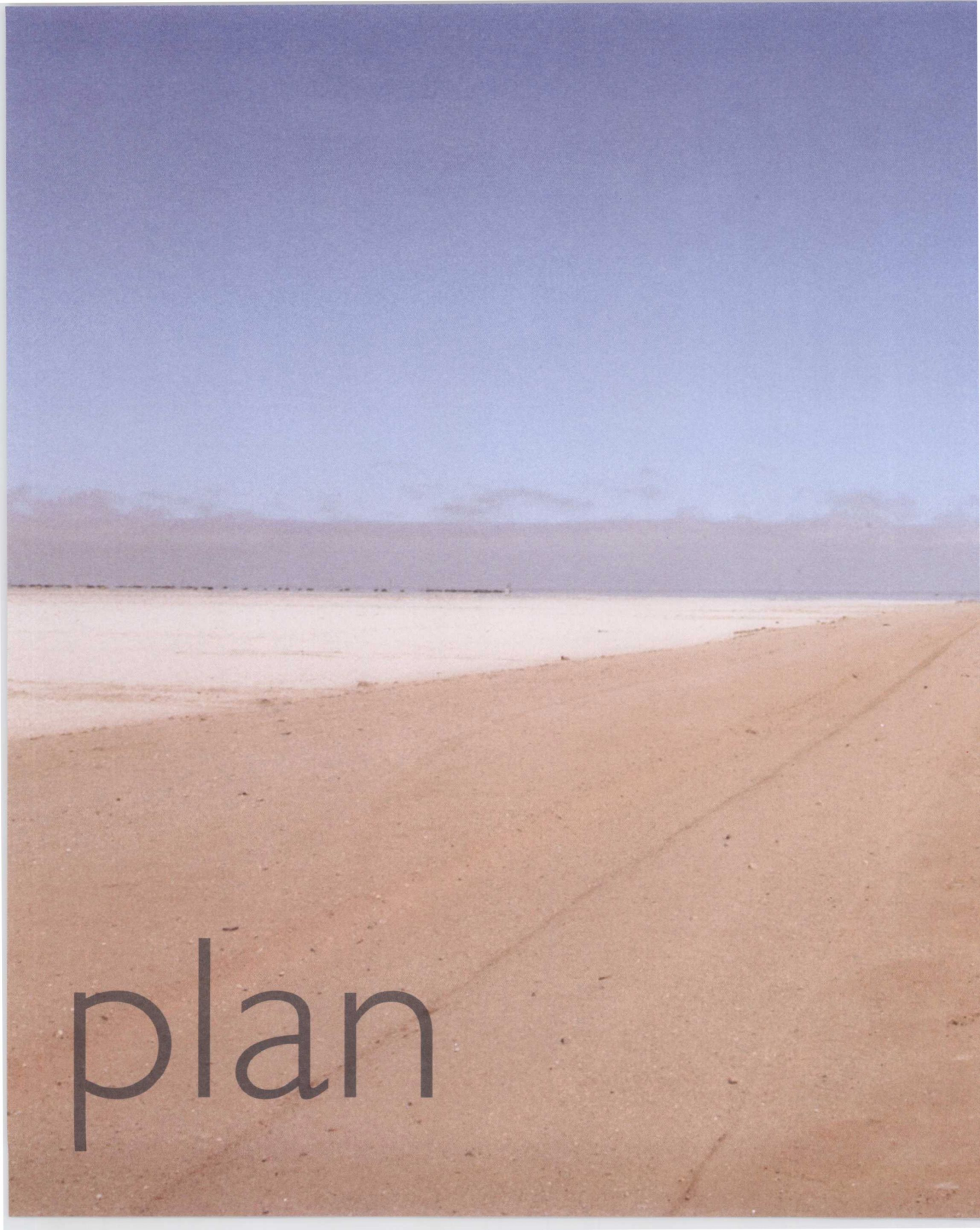




A priceless education...

While no one would disagree that formal EDUCATION does much to give our children sound *knowledge* and teach them the **value** of discipline, rules and social interaction, it is equally true that it can also leave them occasionally feeling a little over-pressured and jaded. Travel offers a more natural – and equally valuable – way of learning, engaging children's *senses* and **INSTINCTS** in a way that suits their understanding and personalities. Changing currency, communicating in a different language, **experiencing** new cultures and customs and *exploring* the world outside – these are the things that **BROADEN** a child's view of the world and *SPARK* their *curiosity* beyond any classroom environment. The best part is that it all happens while they are having fun.





plan



