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- Grasp the diversity of practices that fall under the umbrella of Hinduism
- Recognize the major gods and goddesses worshipped by Hindus

**Dr. Amrutur V. Srinivasan**

Founder, Connecticut Valley  
Hindu Temple Society



# *Hinduism*

FOR

# DUMMIES®

by Dr. Amrutur V. Srinivasan



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## About the Author

**Dr. Amrutur Venkatachar Srinivasan** was born in India in the village of Amrutur, Kunigal Taluk, in the southern state of Karnataka. He had eight years of formal education in Sanskrit, the liturgical language of Hinduism, followed by many years in the United States performing a wide variety of Hindu religious ceremonies of worship, weddings, housewarmings, and bhajans or kirtans.

His publication *The Vedic Wedding: Origins, Tradition and Practice* (Periplus Line LLC, 2006, [www.periplusbooks.com](http://www.periplusbooks.com)) is widely acclaimed and won the USA Book News 2007 Best Book Award in the category of Eastern Religions. He has developed a contemporary format for Vedic (Hindu) weddings that retains all essential Vedic rites within a one- to two-hour ceremony, and in practice has blended this approach with those of other creeds in many interfaith weddings. See [www.indianweddings.us.com](http://www.indianweddings.us.com).

He is a popular writer and speaker and has published/presented numerous papers on a variety of cultural, social, and religious issues in the United States and India. He has taught courses on the classical literature of India at the University of Connecticut and Wesleyan University. As the primary founding member of the Connecticut Valley Hindu Temple Society, he conducted pujas in private homes and delivered a series of lectures on the *Mahabharata* in the 1970s as part of a fundraising campaign for the temple project. He also founded the Raga Club of Connecticut in 2006 aimed at preserving and promoting the classical music of India. His latest publication, *Hindu Wedding: The Guide* (White River Press, 2010), is available in paperback format. It retains the Vedic ceremony in full detail, with some revision, and a CD with all mantras is included in the book.

## *Dedication*

To the Hindu community in Connecticut whose support, encouragement, and confidence helped in making my commitments to the community deeper in the past four decades. And to my parents and to my village, Amrutur, both of whom provided a firm foundation in Hinduism. And to my dear wife Kamla whose constant and continuous support, encouragement, and guidance over the past four decades have been invaluable. For this project she was the first one who reviewed my drafts and maintained a dialogue that helped shape the submissions to Wiley. And to my daughters Asha and Sandhya whose unconditional love and support made everything possible. And finally to my grandchildren Sunil (3) and Naveen (1), both of whom opened my eyes to the real meaning of divinity in human beings. May God bless them to grow up and thrive within the framework of dharma.

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