

# Handbook

*of nutrition,  
diet  
and sleep*

edited by:

Victor R. Preedy

Vinood B. Patel

Lan-Ahn Le

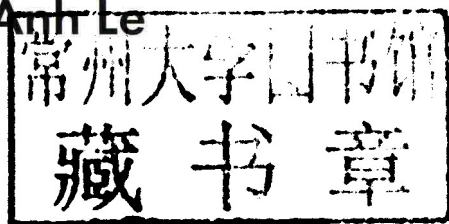
# Handbook of **nutrition, diet and sleep**

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