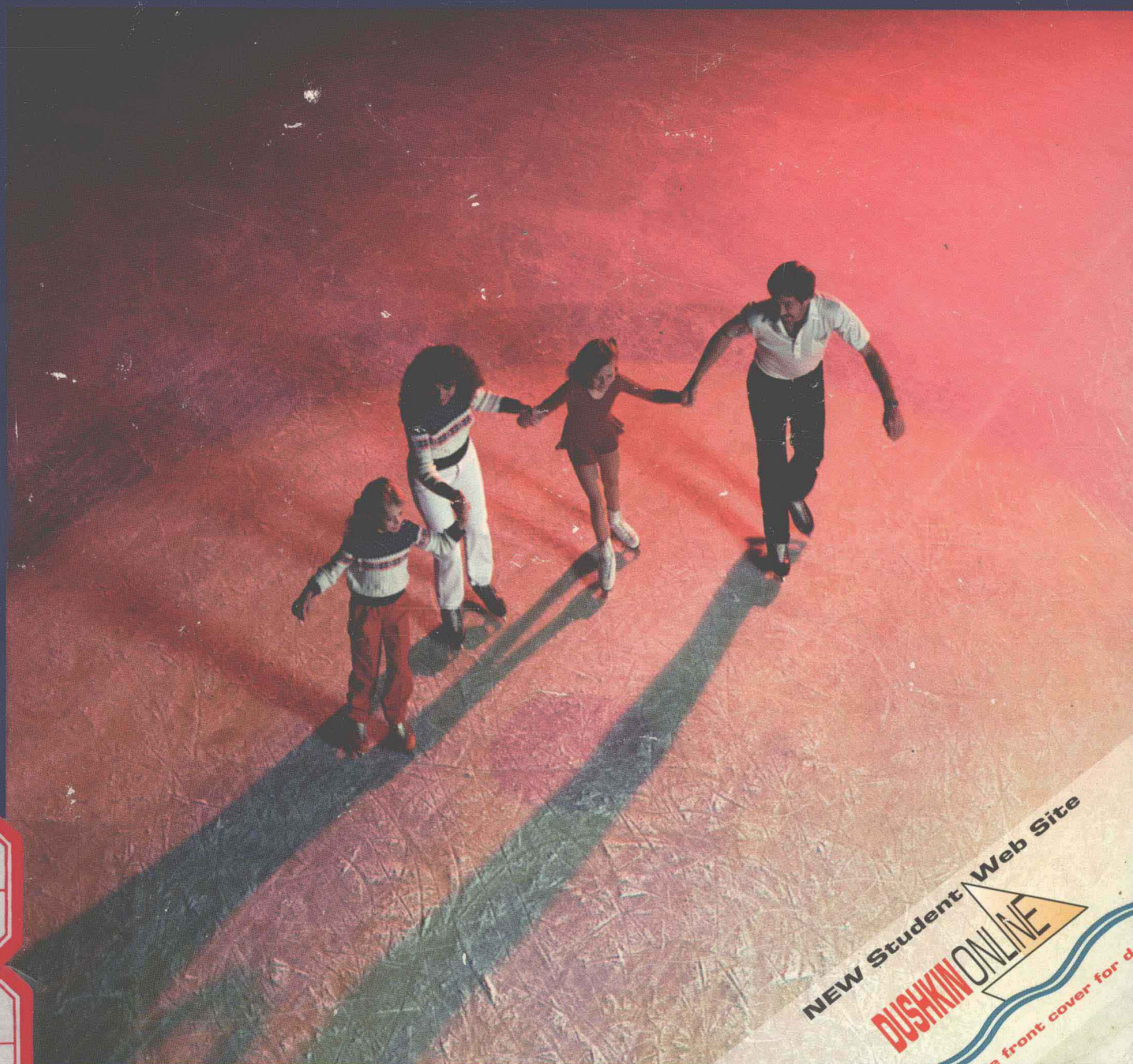


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MARRIAGE AND FAMILY

98/99



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MARRIAGE AND FAMILY 98/99

Twenty-Fourth Edition



Editor

Kathleen R. Gilbert
Indiana University

Kathleen Gilbert is an associate professor in the Department of Applied Health Science at Indiana University. She received her B.A. in Sociology and her M.S. in Marriage and Family Relations from Northern Illinois University. Her Ph.D. in Family Studies is from Purdue University. Dr. Gilbert's primary areas of interest are loss and grief in a family context, trauma and the family, family process, and minority families. She has published several books and articles in these areas.

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Editors/Advisory Board

Members of the Advisory Board are instrumental in the final selection of articles for each edition of ANNUAL EDITIONS. Their review of articles for content, level, currentness, and appropriateness provides critical direction to the editor and staff. We think that you will find their careful consideration well reflected in this volume.

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Indiana University

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To the Reader

In publishing ANNUAL EDITIONS we recognize the enormous role played by the magazines, newspapers, and journals of the *public press* in providing current, first-rate educational information in a broad spectrum of interest areas. Many of these articles are appropriate for students, researchers, and professionals seeking accurate, current material to help bridge the gap between principles and theories and the real world. These articles, however, become more useful for study when those of lasting value are carefully *collected, organized, indexed, and reproduced* in a *low-cost format*, which provides easy and permanent access when the material is needed. That is the role played by ANNUAL EDITIONS. Under the direction of each volume's *academic editor*, who is an expert in the subject area, and with the guidance of an *Advisory Board*, each year we seek to provide in each ANNUAL EDITION a current, well-balanced, carefully selected collection of the best of the public press for your study and enjoyment. We think that you will find this volume useful, and we hope that you will take a moment to let us know what you think.

The purpose of *Annual Editions: Marriage and Family 98/99* is to bring to the reader the latest thoughts and trends in our understanding of the family, to identify current concerns as well as problems and possible solutions, and to present alternative views of family process. The intent of this anthology is to explore intimate relationships as they are played out in marriage and family and, in doing this, to reflect the family's changing face.

The articles in this volume are taken from professional publications, semiprofessional journals, and popular lay publications aimed at both special populations and a general readership. The selections are carefully reviewed for their currency and accuracy. In some cases, contrasting viewpoints are presented. In others, articles are paired in such a way as to personalize the more impersonal scholarly information. In the current edition, a number of new articles have been added to reflect reviewers' comments. As the reader, you will note the tremendous range in tone and focus of these articles, from first-person accounts to reports of scientific discoveries as well as philosophical and theoretical writings. Some are more practical and applications-oriented, while others are more conceptual and research-oriented.

This anthology is organized to cover many of the important aspects of marriage and family. The first unit looks at varied perspectives on the family. The second unit examines the beginning steps of relationship building as individuals go through the process of exploring and establishing connections. In the third unit, means of finding and maintaining a relationship balance are examined. Unit four is concerned with crises and ways in which these can act as challenges and opportunities for families and their members. Finally, unit five takes an affirming view as it looks at families, now and into the future.

Instructors can use *Annual Editions: Marriage and Family 98/99* as a primary text for introductory marriage and family classes, particularly when they tie the content of the readings to basic information on marriage and family. This book can also be used as a supplement to update or emphasize certain aspects of standard marriage and family textbooks. Because of the provocative nature of many of the essays in this anthology, it works well as a basis for class discussion about various aspects of marriage and family relationships.

New to this edition of *Annual Editions: Marriage and Family* are *World Wide Web* sites that can be used to further explore topics addressed in the articles. These sites are cross-referenced by number in the *topic guide*.

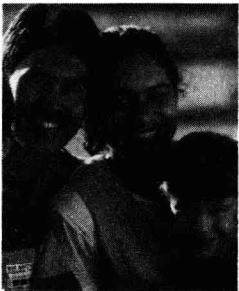
I would like to thank everyone involved in the development of this volume. My appreciation goes to those who sent in *article rating forms* and comments on the previous edition as well as those who suggested articles to consider for inclusion in this edition. Finally, to all of the students in my Marriage and Family Interactions class who have contributed critiques of articles, I would like to say thanks.

Anyone interested in providing input for future editions of *Annual Editions: Marriage and Family* should complete and return the postage-paid *article rating form* at the end of this book. Your suggestions are much appreciated and contribute to the continuing high quality of this anthology.



Kathleen R. Gilbert
Editor

UNIT 1



Varied Perspectives on the Family

Five articles explore different views on where our images of family come from and how they are influenced by our life experiences as well as societal and cultural constraints.

To the Reader	iv
Topic Guide	2
Selected World Wide Web Sites	4
Overview	6
1. The Way We Weren't: The Myth and Reality of the "Traditional" Family, Stephanie Coontz, <i>National Forum</i> , Summer 1995.	8
The view that we need to return to "the good old days" for strong, healthy families is <i>based more on myth than on the reality of the past</i> . Stephanie Coontz, a family historian, reveals that <i>family dysfunction has existed</i> in every period and family type and that <i>family types are time- and situation-specific</i> .	
2. Feminism & the Family: An Indissoluble Marriage, Mary Ann Glendon, <i>Commonweal</i> , February 14, 1997.	12
Mary Ann Glendon argues that <i>motherhood is a risky occupation</i> for all women, but especially for <i>disadvantaged women</i> . The solution to the problem lies in more active involvement in the political arena.	
3. Among the Promise Keepers: An Inside Look at the Evangelical Men's Movement, Jeff Wagenheim, <i>Utne Reader</i> , January/February 1996.	17
What do the predominantly black <i>Million Man March</i> and the predominantly white <i>Promise Keepers</i> have in common? Jeff Wagenheim says both seek to <i>reduce the isolation</i> that keeps men <i>fearful of their own masculinity</i> and to find new ways to prove they are "real" men.	
4. African American Families: A Legacy of Vulnerability and Resilience, Beverly Greene, <i>National Forum</i> , Summer 1995.	21
Opposing the general view of the African American family as dysfunctional and breaking down, Beverly Greene presents a picture of <i>resilience and adaptive coping</i> in the face of <i>racism</i> and the social assumption that the African American family can only fail.	
5. Gay Families Come Out, Barbara Kantrowitz, <i>Newsweek</i> , November 4, 1996.	25
Stereotypes of families with <i>same-sex parents</i> are addressed here, as well as the particular stresses and triumphs experienced by the <i>children of gay families</i> .	

UNIT 2



Exploring and Establishing Relationships

Twelve articles address factors that influence the formation of close relationships, both romantic and generative.

Overview

28

A. EMOTIONS, RELATING, AND MATING

6. **Man's World, Woman's World? Brain Studies Point to Differences**, Gina Kolata, *New York Times*, February 28, 1995. 30
The fact that *male-female brain differences* exist has, to some extent, been taken for granted by many people. New technology in the form of sophisticated scanners now is able to show how the sexes differ in brain function.
7. **What Makes Love Last?** Alan AtKisson, *New Age Journal*, September/October 1994. 33
What are the keys to *long-term relationships*? One key is in how the couple handles disagreements. *Validating, volatile, or conflict-avoiding* interactional styles can all contribute to relationship longevity.
8. **Back Off!** Geraldine K. Piorkowski, *Psychology Today*, January/February 1995. 40
Are our *expectations* for *close relationships* too high? Partners in any relationship need time for themselves as well as for each other, but recognizing this requires a subjective *balance* reached by the partners.

B. GENDER AND SEXUALITY IN RELATIONSHIPS

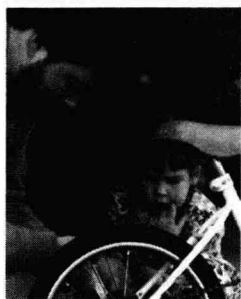
9. **Choosing a Contraceptive**, Joseph Anthony, *American Health*, April 1994. 43
Which contraceptive is best for you? The choice is not always easy, as each has its *strengths and drawbacks*. Joseph Anthony discusses the *contraceptive methods* available in the United States. He evaluates their *effectiveness* for preventing both pregnancy and the transmission of sexually transmitted diseases (STDs).
10. **Staying Power: Bridging the Gender Gap in the Confusing '90s**, Melinda Blau, *American Health*, May 1994. 46
Melinda Blau explores how to have a 1990s relationship in a world that is structured for the traditional types of relationships. *Breaking out* of the *stereotypical husband/wife*, mother/father roles is discussed.

C. CONCEPTION AND PREGNANCY

11. **Who Stole Fertility?** Virginia Rutter, *Psychology Today*, March/April 1996. 49
Each year over 3 million American young adults seek *fertility counseling*. Sexually transmitted diseases, hormones in meat, and *delayed childbearing* have caused problems. Impatience and the technofertility industry have caused others. Self-esteem is tied to reproduction. The stress surrounding conception failure often leads to *divorce*.
12. **Missing Children: One Couple's Anguished Attempt to Conceive**, Bob Shacochis, *Harper's*, October 1996. 54
Modern couples often assume that *conception and birth of a healthy child* will be a simple matter of planning. Bob Shacochis describes the *struggle, grief, and sense of loss* that accompanied the efforts he and his wife went through as they tried to *conceive a child*.

13. **Men, Sex, and Parenthood in an Overpopulating World**, 63
 Aaron Sachs, *World Watch*, March/April 1994.
 Family planning efforts have failed worldwide, some say, due to men's *sexual attitudes*. What will it take to change sociocultural attitudes that value fertility but not responsibility? The *politics of contraception* are complex, but *World Watch* and international population efforts say the potential for change exists if *gender differences* are recognized.
14. **The Artificial Womb Is Born**, Perri Klass, *New York Times Magazine*, September 29, 1996. 70
 Human reproductive technology moves toward a time when both mothers and fathers may be bystanders to the process. *Ethical questions* accompany these procedures, along with related concerns about the implications of integrating technology into *conception and pregnancy*.
- D. THE NEXT GENERATION**
15. **What a Baby Really Costs**, Jessica Rosenthal Benson and 73
 Maija Johnson, *Parents*, April 1994.
 A recent government study suggests that it costs about \$8,000 for the first baby to join a family. The first-year estimate does not include the \$4,500-\$7,500 for *prenatal care* and delivery! This points to the need for *appropriate health insurance* to defray the expenses as well as the implications for finding proper *child care* when the *parent(s)* go back to work.
16. **The Lifelong Impact of Adoption**, Marlou Russell, *USA Today Magazine (Society for the Advancement of Education)*, July 1994. 76
 Young adults who were adopted, who relinquished a child to *adoption*, or who adopted a child share common bonds. According to Marlou Russell, all of these people have *felt a loss* (biological, parental, child, fertility). All grieve without a ritual of support, and all search for members of the adoption triad.
17. **Fertile Minds**, J. Madeleine Nash, *Time*, February 3, 1997. 78
 New researchers document the complexity of *babies' brains*. Genes, *parental influence*, stimulation from the environment, and the need to respond to windows of opportunity are all important for the development of a child's mind.

UNIT 3



Finding a Balance: Maintaining Relationships

Eleven articles consider the complex issues related to keeping a relationship going. From marriage to parent/child relationships to sibling relationships, relationship maintenance requires thought and commitment from members.

Overview

82

A. MARRIAGE AND OTHER COMMITTED RELATIONSHIPS

18. **Peer Marriage**, Pepper Schwartz, *Family Therapy Networker*, September/October 1994. 84
What is the nature of a marriage when the couple creates a *truly egalitarian relationship*? In this article, Pepper Schwartz reports her sometimes surprising findings on the benefits and drawbacks of peer marriage.
19. **For Better or Worse?** Jonathan Rauch, *The New Republic*, May 6, 1996. 89
Marriage serves the purpose of *stabilizing relationships* and should be the choice of couples intent on maintaining their commitment, regardless of their *sexual orientation*, writes Jonathan Rauch.
20. **Receipts from a Marriage**, Margaret K. Ambry, *American Demographics*, February 1993. 95
Although it is common for married couples of all ages to look at each other and ask, "*Where does our money go?*" Margaret Ambry says couples at different marital stages spend their money very differently. From a *child-free* stage through the *parenting* stage to an *empty-nest stage*, *spending habits shift*. You may be surprised at how and why.
21. **The Work of Oneness: How to Make Marriage a Sacred Union**, W. Bradford Swift, *Utne Reader*, November/December 1996. 101
W. Bradford Swift's interview with Bo Lozoff depicts the *spiritual core of his relationship* with his wife, Sita.
22. **The Healing Power of Intimacy**, Bill Thomson, *Natural Health*, November/December 1995. 105
Healthy, long-term relationships contribute to *better health, longer life, and more and better sex*. Intimacy is not easy, though, especially over the long haul.

B. RELATIONSHIPS BETWEEN PARENTS AND CHILDREN

23. **Parental Rights: An Overview**, Colby M. May, *The World & I*, May 1997. 110
Colby May presents an overview of the *rights of parents* to make *determinations about the welfare of their children*.
24. **The Myth of Quality Time**, Laura Shapiro, *Newsweek*, May 12, 1997. 116
Laura Shapiro argues that the concept of "*quality time*" may, in fact, be destructive. *Rearing children* takes time and energy, which many parents find in short supply.
25. **Effective Fathers: Why Are Some Dads More Successful than Others?** Ken R. Canfield, *The World & I*, June 1995. 120
Why are some *fathers successful in their role* while others abandon or are overwhelmed by it? Ken Canfield identifies *seven aspects of effective fathering* in this thought-provoking article.

UNIT 4



Crises— Challenges and Opportunities

A wide variety of crises, normative and catastrophic, are detailed in thirteen articles. Ranging from broad cultural factors impacting on families to the intimate crises of infidelity and divorce, these articles provide accounts of devastation and hope.

C. SIBLINGS AND GRANDPARENTS: OTHER FAMILY RELATIONSHIPS

26. **The Great Ages of Discovery**, *Newsweek*, Spring/Summer 1997. 125
Developing children are not only affected by their parents. Among those who have an influence on children are both *grandparents* and *siblings*, from whom they learn about relating to others.
27. **Grandparent Development and Influence**, Robert Strom and Shirley Strom, *Journal of Gerontological Social Work*, Volume 20, Numbers 1/2, 1993. 128
The Information Age with its computer technologies has created a culture gap between *children* and late adulthood. In this essay, the authors describe educational curricula to meet fundamental goals and needs of *grandparents*. Courses help grandparents keep up with the times, communicate better, improve self-esteem, and *strengthen family life*.
28. **Sibling Connections**, Laura M. Markowitz, *Utne Reader*, May/June 1994. 133
Family studies seldom focus on siblings—marriage and/or parent-child bonds are paramount. However, when siblings are researched, *rivalry*, *aggression*, and *birth order* are considered pivotal. Siblings also form attachment bonds. Their relationships are complicated by gender, spacing, and life circumstances. Sibling connections do have a profound effect on *emotional development*.

Overview 140

A. FAMILY VIOLENCE AND CHAOS

29. **Behind Closed Doors**, Bonita Brodt, *Chicago Tribune Magazine*, September 15, 1996. 142
Described here is *one family's descent into chaos and filth*, the result of the parents' unchecked *alcoholism*. With the help of a *supportive community*, they cautiously reclaim a sense of *order and normalcy* in their lives.
30. **Things That Go Bump in the Home**, John Leo, *U.S. News & World Report*, May 13, 1996. 151
Is *domestic violence* primarily a male-initiated problem? That might have been the case in the past, but domestic violence is no longer purely a *gender issue*.
31. **Helping Children Cope with Violence**, Lorraine B. Wallach, *Young Children*, May 1993. 153
"Children who grow up in violent communities are at risk for pathological development because growing up in a constant state of apprehension makes it difficult to establish trust, autonomy, and social competence."
32. **Resilience in Development**, Emmy E. Werner, *Current Directions in Psychological Science*, June 1995. 159
Many of the studies that focus on *children and youths who overcame great odds* have been relatively short term. Emmy Werner discusses a study that analyzes *child resiliency* and development over a period of three decades.

B. SEXUAL ISSUES AND INFIDELITY

33. **Beyond Betrayal: Life after Infidelity**, Frank Pittman III, *Psychology Today*, May/June 1993. 163
Although most first *affairs* are accidental and unintended, some people, according to the author, consciously and regularly violate their marital vows. Frank Pittman exposes the realities of this often-damaging script, discussing commonly believed myths about *infidelity* and a typology of infidelities.
34. **Sex in America: Faithfulness in Marriage Is Overwhelming**, Tamar Lewin, *New York Times*, October 7, 1994. 170
An authoritative new study of American sexual practices paints a more subdued picture of *marital fidelity—fewer partners and less exotic sexual practices*—than was revealed in earlier studies. Tamar Lewin examines this new data on Americans' sexual practices.

C. WORK/FAMILY STRESS

35. **The Myth of the Miserable Working Woman**, Rosalind C. Barnett and Caryl Rivers, *Working Woman*, February 1992. 172
A number of myths about working women are dispelled in this informative article. The media have portrayed *working women* as stressed, unhealthy, and unable to cope with both working and *family responsibilities*. Recent research, though, indicates that just the opposite is true.
36. **Remaking Marriage & Family**, Betty Carter and Joan K. Peters, *Ms*, November/December 1996. 176
Faced with stresses of maintaining families and rearing children, couples often move toward traditional marriages, reducing the *woman's power* in the marriage. This article provides advice on how to maintain *egalitarian relationships* while working through the *work/family dilemma*.

D. DIVORCE AND REMARRIAGE

37. **Should This Marriage Be Saved?** Elizabeth Gleick, *Time*, February 27, 1995. 182
Preparing for marriage, anticipating problems, recognizing the negative effects of divorce on children—a wide variety of programs that have been developed to *reduce the likelihood of divorce* and efforts to *reduce the impact* of a divorce are chronicled by Elizabeth Gleick.
38. **Lessons from Stepfamilies**, Virginia Rutter, *Psychology Today*, May/June 1994. 185
At least in part because of their greater complexity, stepfamilies serve as a testing ground for the makings of *successful relationships*. Such issues as *myths of remarriage*, the difficulties of *coparenting*, *divided loyalties*, and the need for *acceptance* are addressed by Virginia Rutter.

E. CARING AND CAREGIVING

39. **Caregiving: Continuities and Discontinuities in Family Members' Relationships with Alzheimer's Patients**, Catherine Chesla, Ida Martinson, and Marilou Muwaswes, *Family Relations*, January 1994. 191
What impact does daily care of a family member suffering from Alzheimer's disease have on *family members providing that care*? This report looks at ways in which the relationship may remain *continuous, continuous but transformed, and discontinuous*.

UNIT 5



Families, Now and Into the Future

Four articles examine ways of establishing and/or maintaining health and healthy relationships in families.

40. **Hard Lessons**, Ellen Pulleyblank, *Family Therapy Networker*, January/February 1996. 198

The disabling *illness and death of her husband* was devastating to psychologist Ellen Pulleyblank. Here, she movingly describes her *painful journey through the depths of loss and grief* and the glimmers of hope and joy.

41. **How Kids Mourn**, Jerry Adler, *Newsweek*, September 22, 1997. 202

Contrary to the assumption of many adults, the *grief of children* is not simple and easily resolved. Efforts to shield them from *loss* are not helpful, but allowing them to *express their fear and anger* is.

Overview 204

42. **To See Your Future Look into Your Past**, Steven Finch, *Health*, October 1996. 206

Looking into your *family's health history* can allow a person to anticipate and compensate for health problems that he or she may experience. This article discusses the use of a *health family tree* as a tool for mapping health patterns.

43. **What's Ahead for Families: Five Major Forces of Change**, Joseph F. Coates, *The Futurist*, September/October 1996. 210

In this article, Joseph Coates identifies five trends that will have dramatic effects on family life in the future: *stress, economics, divorce, nontraditional families, and aging families*.

44. **Rewriting Life Stories**, Geoffrey Cowley and Karen Springen, *Newsweek*, April 17, 1995. 216

We experience *life as stories*, and a novel approach to therapy shows how rewriting these stories can lead to the recognition of *hidden strengths*.

45. **Rituals for Our Times**, Evan Imber-Black and Janine Roberts, *New Age Journal*, September/October 1992. 220

Families develop rituals for any number of reasons: to *heal broken relationships, honor rites of passage, celebrate triumphs, or mourn losses*. Rituals provide *connection and membership* to family members and can be incorporated throughout the life of the family.

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Topic Guide

This topic guide suggests how the selections in this book relate to topics of traditional concern to students and professionals involved with the study of marriage and family. It is useful for locating articles that relate to each other for reading and research. The guide is arranged alphabetically according to topic. Articles may, of course, treat topics that do not appear in the topic guide. In turn, entries in the topic guide do not necessarily constitute a comprehensive listing of all the contents of each selection. In addition, relevant Web sites, which are annotated on pages 4 and 5, are noted in bold italics under the topic articles.

TOPIC AREA	TREATED IN	TOPIC AREA	TREATED IN
Abuse	29. Behind Closed Doors 30. Things That Go Bump in the Home 31. Helping Children Cope with Violence (1, 10, 11, 28, 33, 34)	Communication	8. Back Off! 10. Staying Power 18. Peer Marriage 25. Effective Fathers 27. Grandparent Development and Influence 38. Lessons from Stepfamilies 40. Hard Lessons (8, 9, 11, 20, 22, 24, 25, 26, 27, 28, 32, 33)
Adoption	16. Lifelong Impact of Adoption (22, 26, 33)	Culture	1. Way We Weren't 4. African American Families 10. Staying Power 13. Men, Sex, and Parenthood 19. For Better or Worse? 45. Rituals for Our Times (7, 10, 11, 16, 19, 28, 39)
Aging	20. Receipts from a Marriage 27. Grandparent Development and Influence 39. Caregiving 43. What's Ahead for Families (29, 30, 31, 38, 39)	Dating/Mate Selection	7. What Makes Love Last? (14)
Attachment	16. Lifelong Impact of Adoption 22. Healing Power of Intimacy 40. Hard Lessons (22, 24, 26, 27, 28)	Divorce	33. Beyond Betrayal 37. Should This Marriage Be Saved? 38. Lessons from Stepfamilies 43. What's Ahead for Families (22, 24, 26, 27, 28, 32, 33, 39)
Beliefs	13. Men, Sex, and Parenthood 18. Peer Marriage 19. For Better or Worse? 21. Work of Oneness 44. Rewriting Life Stories 45. Rituals for Our Times (8, 9, 11, 22, 24, 26, 27, 28)	Family Systems	1. Way We Weren't 4. African American Families 18. Peer Marriage 21. Work of Oneness 26. Great Ages of Discovery 28. Sibling Connections 36. Remaking Marriage & Family 38. Lessons from Stepfamilies 44. Rewriting Life Stories 45. Rituals for Our Times (7, 10, 19, 20, 22, 24, 26, 27, 28, 32, 33, 39)
Bereavement	12. Missing Children 16. Lifelong Impact of Adoption 40. Hard Lessons 41. How Kids Mourn (35, 36)	"Family Values" Conflict	1. Way We Weren't 19. For Better or Worse? (20, 22, 24, 26, 28, 32, 33)
Biological Issues	6. Man's World, Woman's World? 11. Who Stole Fertility? 12. Missing Children 14. Artificial Womb Is Born 17. Fertile Minds (8, 9, 12, 13, 14, 17, 19, 20)	Finances	11. Who Stole Fertility? 15. What a Baby Really Costs 20. Receipts from a Marriage 43. What's Ahead for Families
Children and Child Care	5. Gay Families Come Out 15. What a Baby Really Costs 16. Lifelong Impact of Adoption 17. Fertile Minds 18. Peer Marriage 24. Myth of Quality Time 25. Effective Fathers 26. Great Ages of Discovery 27. Grandparent Development and Influence 29. Behind Closed Doors 32. Resilience in Development 41. How Kids Mourn (18, 21, 22, 23, 24, 25, 26, 27, 28, 32, 33, 35)	Future of Family	36. Remaking Marriage & Family 42. To See Your Future 43. What's Ahead for Families (22, 23, 24, 26, 27, 28, 32, 33, 37, 38, 39)

TOPIC AREA	TREATED IN	TOPIC AREA	TREATED IN
Gender and Gender Roles	2. Feminism & the Family 3. Among the Promise Keepers 6. Man's World, Woman's World 10. Staying Power 13. Men, Sex, and Parenthood 18. Peer Marriage 19. For Better or Worse? 25. Effective Fathers 30. Things That Go Bump in the Home 35. Myth of the Miserable Working Woman 36. Remaking Marriage & Family (6, 7, 8, 9, 10, 11, 13, 19, 22, 24, 26, 28, 33, 39)	Parents/Parenting	5. Gay Families Come Out 15. What a Baby Really Costs 18. Peer Marriage 20. Receipts from a Marriage 23. Parental Rights 24. Myth of Quality Time 25. Effective Fathers 37. Should This Marriage Be Saved? 38. Lessons from Stepfamilies (6, 14, 15, 18, 21, 23, 26, 27, 28, 32, 33, 34)
Grandparents	26. Great Ages of Discovery 27. Grandparent Development and Influence 43. What's Ahead for Families (29, 30, 31, 35, 38, 39)	Poverty	2. Feminism & the Family (15, 21)
Health Concerns	9. Choosing a Contraceptive 11. Who Stole Fertility? 12. Missing Children 13. Men, Sex, and Parenthood 14. Artificial Womb Is Born 39. Caregiving 40. Hard Lessons 42. To See Your Future (8, 9, 11, 14, 15, 18, 20, 29, 31, 35, 38)	Pregnancy/Childbirth	11. Who Stole Fertility? 12. Missing Children 13. Men, Sex, and Parenthood 14. Artificial Womb Is Born 15. What a Baby Really Costs (12, 14, 15, 16, 18, 20)
History	1. Way We Weren't 36. Remaking Marriage & Family 42. To See Your Future 44. Rewriting Life Stories	Religion/Spirituality	3. Among the Promise Keepers 21. Work of Oneness
Infidelity	33. Beyond Betrayal 34. Sex in America (16, 22, 24, 32)	Remarriage	38. Lessons from Stepfamilies 43. What's Ahead for Families (32, 33)
Intimacy/Romantic Love	7. What Makes Love Last? 8. Back Off! 18. Peer Marriage 19. For Better or Worse? 21. Work of Oneness 22. Healing Power of Intimacy 34. Sex in America (14, 16, 19, 20, 22, 24, 26, 27, 34)	Resilience	4. African American Families 32. Resilience in Development 38. Lessons from Stepfamilies 44. Rewriting Life Stories (21, 22, 24, 26, 28, 32, 33)
Laws/Governmental Roles/Policy	2. Feminism & the Family 5. Gay Families Come Out 14. Artificial Womb Is Born 19. For Better or Worse? 23. Parental Rights (5, 6, 8, 9, 11)	Sex/Sexuality	6. Man's World, Woman's World? 9. Choosing a Contraceptive 11. Who Stole Fertility? 12. Missing Children 13. Men, Sex, and Parenthood 18. Peer Marriage 19. For Better or Worse? 33. Beyond Betrayal 34. Sex in America (8, 9, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 34, 39)
Marriage	2. Feminism & the Family 7. What Makes Love last? 18. Peer Marriage 19. For Better or Worse? 20. Receipts from a Marriage 21. Work of Oneness 35. Myth of the Miserable Working Woman 37. Should This Marriage Be Saved? 38. Lessons from Stepfamilies 43. What's Ahead for Families (14, 16, 22, 24, 28, 33, 34, 35, 37, 38, 39)	Siblings	26. Great Ages of Discovery 28. Sibling Connections
		Values	1. Way We Weren't 3. Among the Promise Keepers 13. Men, Sex, and Parenthood 18. Peer Marriage 19. For Better or Worse? 21. Work of Oneness 37. Should This Marriage Be Saved? 40. Hard Lessons 45. Rituals for Our Times (6, 7, 10, 16, 22, 24, 26, 35, 37, 39)
		Work and Family	18. Peer Marriage 24. Myth of Quality Time 35. Myth of the Miserable Working Woman 36. Remaking Marriage & Family 43. What's Ahead for Families (9, 11, 14, 22, 24, 26, 28)

Selected World Wide Web Sites for Annual Editions: Marriage and Family

All of these Web sites are hot-linked through the *Annual Editions* home page: <http://www.dushkin.com/annualeditions> (just click on this book's title). In addition, these sites are referenced by number and appear where relevant in the Topic Guide on the previous two pages.

Some Web sites are continually changing their structure and content, so the information listed may not always be available.

General Sources

1. American Psychological Association—<http://www.apa.org/psychnet/>—By exploring the APA's "PsychNET," you will be able to find links to an abundance of articles and other resources related to interpersonal relationships throughout the life span.
2. Encyclopedia Britannica—<http://www.ebig.com/>—This huge "Britannica Internet Guide" will lead you to a cornucopia of informational sites and reference sources on such topics as family structure and other social issues.
3. The Gallup Organization—<http://www.gallup.com/>—Open this Gallup Organization page for links to an extensive archive of public opinion poll results and special reports on many topics.
4. Penn Library: Sociology—<http://www.library.upenn.edu/resources/social/sociology/sociology.html>—This site provides a number of indexes of culture and ethnic studies and statistical sources that are of value in studies of marriage and the family.
5. Social Science Information Gateway—<http://sosig.esrc.bris.ac.uk>—This is an online catalogue of thousands of Internet resources relevant to social science education and research. Every resource is selected and described by a librarian or subject specialist.

Varied Perspectives on the Family

6. American Studies Web—<http://www.georgetown.edu/crossroads/asw/>—This eclectic site provides links to a wealth of resources on the Internet related to American studies, from gender studies to race and ethnicity. It is of great help when doing research in demography and population studies.
7. Anthropology Resources Page—<http://www.usd.edu/anth/>—Many cultural topics can be accessed from this site. Click on the links to find information about differences and similarities in values and lifestyles among the world's peoples.
8. Men's Health—<http://www.menshealth.com/new/guide/index.html>—This resource guide from *Men's Health* presents many links to topics about men and their concerns, from AIDS/STDs, to impotence, to vasectomy. It includes relationship and family issues.
9. Q Web Sweden: A Woman's Empowerment Base—<http://www.qweb.kvinnoforum.se/activity/thagemar.htm>—This site from a Swedish organization will lead you to a number of pages addressing women's health issues and discussing societal issues related to sex. It provides interesting cross-cultural perspectives.
10. U.S. Information Service—<http://www.usis.usemb.se/human/india.html>—Read this U.S. Department of State report on India's human-rights practices for an understanding into the issues that affect women's health and well-being in different parts of the world.
11. Women's Studies Resources—<http://www.inform.umd.edu/EdRes/Topic/WomensStudies/>—This site provides a wealth of resources

related to women and their concerns. You can find links to such topics as body image, comfort (or discomfort) with sexuality, personal relationships, pornography, and more.

Exploring and Establishing Relationships

12. Ask NOAH About Pregnancy: Fertility & Infertility—<http://www.noah.cuny.edu/pregnancy/fertility.html>—NOAH (New York Online Access to Health) seeks to provide relevant, timely, and unbiased health information for consumers. In this site, the organization presents extensive links to a variety of resources about infertility treatments and issues.
13. Bonobos Sex and Society—<http://soong.club.cc.cmu.edu/~julie/bonobos.html>—This site, accessed through Carnegie Mellon University, contains an article explaining how a primate's behavior challenges traditional assumptions about male supremacy in human evolution. Guaranteed to generate spirited debate.
14. Go Ask Alice!—<http://www.columbia.edu/cu/healthwise/about.html>—This interactive site of the Columbia University Health Services provides discussion and insight into a number of personal issues of interest to college-age people—and those younger and older. Many questions about physical and emotional health and well-being in the modern world are answered.
15. Issue of Abortion in America—<http://caae.phil.cmu.edu/caae/Home/Multimedia/Abortion/IssueofAbortion.html>—Open this site to learn about a CD-ROM that is being developed on "The Issue of Abortion in America." Reading the pages of this site (from the Carnegie Mellon University Center for the Advancement of Applied Ethics' Philosophy Department) will give you an introduction to important historical and social perspectives, legal issues, and medical facts related to the abortion debate.
16. The Kinsey Institute for Research in Sex, Gender, and Reproduction—<http://indiana.edu/~kinsey/>—The purpose of the Kinsey Institute's Web site is to support interdisciplinary research and the study of human sexuality.
17. Mysteries of Odor in Human Sexuality—<http://www.pheromones.com/>—Keeping in mind that this is a commercial site with the goal of selling a book by James Kohl, look here to find topics of interest to nonscientists about pheromones. Check out the diagram of "Mammalian Olfactory-Genetic-Neuronal-Hormonal-Behavioral Reciprocity and Human Sexuality" for a sense of the myriad biological influences that play a part in sexual behavior.
18. Planned Parenthood—<http://www.plannedparenthood.org/>—Visit this well-known organization's home page for links to information on the various kinds of contraceptives (including outercourse and abstinence) and to discussions of other topics related to sexual and reproductive health.
19. The Society for the Scientific Study of Sexuality—<http://www.ssc.wisc.edu/ssss/>—The Society for the Scientific Study of Sexuality is an international organization dedicated to the advancement of knowledge about sexuality.
20. Sympatico: HealthyWay: Health Links—<http://www.ab.sympatico.ca/Contents/Health/GENERAL/sitemap.html>—This Canadian site meant for consumers will lead you to many links related to

sexual orientation. It also addresses aspects of human sexuality over the life span and reproductive health.

Finding a Balance: Maintaining Relationships

21. Child Welfare League of America—<http://www.cwla.org/>—The CWLA is the United States' oldest and largest organization devoted entirely to the well-being of vulnerable children and their families. This site provides links to information about such issues as teaching morality and values.
22. Coalition for Marriage, Family, and Couples Education—<http://www.smartmarriages.com/>—CMFCE is dedicated to bringing information about and directories of skill-based marriage education courses to the public. Nonpartisan and nonsectarian, it hopes to lower the rate of family breakdown through couple-empowering preventive education.
23. Family.com—<http://www.family.com/>—According to this site, Family.com is an online parenting service that offers comprehensive information and a supportive community for raising children.
24. Marriage and Family Therapy—<http://www.tamft.org/famft.htm>—This site is maintained by the Tennessee Association for Marriage and Family Therapy. It is a link to many related resources on the Web.
25. The National Academy for Child Development—<http://www.nacd.org/>—This international organization is dedicated to helping children and adults reach their full potential. It presents links to various programs, research, and resources on many family topics.
26. National Council on Family Relations—<http://www.ncfr.com/>—This NCFR home page will lead you to valuable links to articles, research, and a raft of other resources on important issues in family relations, such as stepfamilies, couples, and children of divorce.
27. Positive Parenting—<http://www.positiveparenting.com/>—Positive Parenting is an organization dedicated to providing resources and information to make parenting rewarding, effective, and fun. This site provides a newsletter, an index of experts, chat groups, and links to many resources for families.
28. SocioSite—<http://www.pscw.uva.nl/sociosite/TOPICS/Women.html>—Open this site to gain insights into a number of issues that affect family relationships. It provides wide-ranging issues of women and men, of family and children, and more.
29. Alzheimer's Association—<http://www.alz.org/>—The Alzheimer's Association is dedicated to researching the prevention, cures, and treatments of Alzheimer's disease and related disorders. It provides support and assistance to patients and their families.
30. American Association of Retired Persons—<http://www.aarp.org/>—The AARP, a major advocacy group for older people, includes among its many resources suggested readings and Internet links to organizations that deal with the health and social issues that may affect people and their families as they age.
31. Caregiver's Handbook—<http://www.acsu.buffalo.edu/~drstall/hndbk0.html>—This site is an online handbook for caregivers. Topics include nutrition, medical aspects, and liabilities of caregiving.
32. Children & Divorce—<http://www.hec.ohio-state.edu/famlife/divorce/>—Open this site to find links to articles and discussions of divorce and its effects on the family. Many bibliographical references are provided by the Ohio State University Department of Human Development and Family Science.
33. Parenting and Families—<http://www.cyfc.umn.edu/Parenting/parentlink.html>—By clicking on the various links, this site of the University of Minnesota's Children, Youth, and Family Consortium will lead you to many organizations and other resources related to divorce, single parenting, and stepfamilies, as well as information about other topics of interest in the study of marriage and family.
34. Sexual Assault Information Page—<http://www.cs.utk.edu/~bartley/salInfoPage.html>—This invaluable site provides dozens of links to information and resources on a variety of sexual assault-related topics, from child sexual abuse, to date rape, to incest, to secondary victims, to offenders. It also provides some material of interest in the pornography debate.
35. A Sociological Tour Through Cyberspace—<http://www.trinity.edu/~mkearl/index.html>—This extensive site, put together by Michael C. Kearl at Trinity University, provides essays, commentaries, data analyses, and links on such topics as death and dying, family, the sociology of time, social gerontology, social psychology, and many more.
36. Widow Net—<http://www.fortnet.org/~goshorn/WidowNet/>—Widow Net is an information and self-help resource for and by widows and widowers. The information is helpful to people of all ages, religions, and sexual orientation who have experienced a loss.

Families, Now and Into the Future

37. Economic Report of the President—<http://www.library.nwu.edu/gpo/help/econr.html>—This report includes current and anticipated trends in the United States and annual numerical goals concerning topics such as employment, income, and federal budget outlays. The database notes employment objectives for significant groups of the labor force.
38. National Institute on Aging—<http://www.nih.gov/nia/>—The NIA, one of the institutes of the U.S. National Institutes of Health, presents this page that leads to a variety of resources on health and lifestyle issues of interest to people as they grow older.
39. The North-South Institute—<http://www.nsi-ins.ca/info.html>—This site of the North-Site Institute—which works to strengthen international development cooperation and enhance gender and social equity—offers information on a variety of issues related to the family and social transitions that may affect us in the future.

We highly recommend that you review our Web site for expanded information and our other product lines. We are continually updating and adding links to our Web site in order to offer you the most usable and useful information that will support and expand the value of your Annual Editions. You can reach us at: <http://www.dushkin.com/annualeditions/>.

Varied Perspectives on the Family

Our image of what family is and what it should be is a powerful combination of personal experience, family forms we encounter, and attitudes we hold. Once formed, this image informs decision making and interpersonal interaction throughout our lives. It has far-reaching impacts: On an intimate level, it influences individual and family development as well as relationships both inside and outside the family. On a broader level, it affects social policy and programming.

In many ways, this image can be positive. It can act to clarify our thinking and facilitate interaction with like-minded individuals. It can also be negative, as it can narrow our thinking and limit our ability to see that other ways of carrying out the functions of family have value. Their very differentness makes them "bad." In this case, interaction with others can be impeded because of contrasting views.

This unit is intended to meet several goals with regard to perspectives on the family: (1) to sensitize the reader to sources of beliefs about the "shoulds" of the family—what the family should be and the ways in which family roles should be carried out, (2) to show how different views of the family can influence attitudes toward community responsibility and family policy, and (3) to show how views that dominate one's culture can influence awareness of ways of structuring family life.

First, the accuracy of our memories of "the good old days" is discussed by historian Stephanie Coontz in "The Way We Weren't: The Myth and Reality of the 'Traditional' Family." In "Feminism & the Family: An Indissoluble Marriage," Mary Ann Glendon argues that women, especially

disadvantaged women, are at risk in families and that hope can be found in political activism to strengthen the position of women. The group profiled in "Among the Promise Keepers: An Inside Look at the Evangelical Men's Movement" has been controversial, as members have attempted to understand what it means to be a man at the turn of the century. In "African American Families: A Legacy of Vulnerability and Resilience," Beverly Greene debunks the stereotype of African American families as uniformly dysfunctional, presenting a picture of resilience and adaptive coping instead. The same debunking of myth can be seen in the final reading of this section, "Gay Families Come Out."

Looking Ahead: Challenge Questions

If you had the power to propose a government program to support today's families, what would it be? What image do you have of families that would take advantage of that program?

Discuss why you are—or are not—hopeful for the future of children and families. What can we learn from an accurate reading of history?

How would you go about expanding your ideas of what is acceptable in terms of family relationships and family roles? How far do you think you should go in this?

In what ways can we be responsive to the needs of members of society while also encouraging responsibility?

Several of the readings suggest that many of our ideas about families, past and present, are based on myth and stereotype. If this is true, how do we overcome it?