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# ESSENTIALS OF PHYSICAL MEDICINE AND REHABILITATION

*Musculoskeletal  
Disorders, Pain, and  
Rehabilitation*

THIRD EDITION

Walter R. Frontera  
Julie K. Silver  
Thomas D. Rizzo, Jr.



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# Essentials of Physical Medicine and Rehabilitation

## Musculoskeletal Disorders, Pain, and Rehabilitation

THIRD EDITION

### **Walter R. Frontera, MD, PhD**

Professor and Chair (inaugural)  
Department of Physical Medicine and Rehabilitation  
Vanderbilt University School of Medicine  
Medical Director of Rehabilitation Services  
Vanderbilt University Medical Center  
Nashville, Tennessee  
Adjunct Professor  
Department of Physiology  
University of Puerto Rico School of Medicine  
San Juan, Puerto Rico

### **Julie K. Silver, MD**

Associate Professor  
Department of Physical Medicine and Rehabilitation  
Harvard Medical School  
Boston, Massachusetts

### **Thomas D. Rizzo, Jr., MD**

Consultant, Department of Physical Medicine  
and Rehabilitation  
Mayo Clinic  
Jacksonville, Florida  
Assistant Professor, Physical Medicine and  
Rehabilitation  
Mayo Clinic College of Medicine  
Rochester, Minnesota

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*Senior Content Development Specialist:* Anne Snyder

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# **Essentials of Physical Medicine and Rehabilitation**

**Musculoskeletal Disorders,  
Pain, and Rehabilitation**

*We dedicate this book to our mentors, teachers,  
colleagues, and students, who have encouraged us  
to pursue academic careers with their enthusiasm for  
knowledge and learning; to our patients, who often are  
our greatest teachers; and to our families, who support  
us and provide the foundation for our pursuits.*

**Walter R. Frontera, MD, PhD**

**Julie K. Silver, MD**

**Thomas D. Rizzo, Jr., MD**

# Contributors

## **ANTOINETTE C. ABLE, MD, MSCI**

Associate Professor/Clinical, Physical Medicine and Rehabilitation, Orthopedics and Rehabilitation, Vanderbilt University Medical Center, Nashville, Tennessee  
**Stroke in Young Adults**

## **SOL M. ABREU SOSA, MD, FAAPMR**

Clinica de Medicina Fisica y Electrodagnostico (CMFE), Auguada, Puerto Rico  
**Ulnar Collateral Ligament Sprain**  
**Stress Fractures of the Lower Limb**

## **FARSHAD ADIB, MD**

Division of Sports Medicine, Boston Children's Hospital, Harvard Medical School, Boston, Massachusetts  
**Posterior Cruciate Ligament Sprain**  
**Quadriceps Tendinopathy and Tendinitis**

## **MEENA AGARWAL, MD, PhD, MS, Dip Urol, FRCS, FRCS(Urol)**

Consultant Urological Surgeon and Senior Lecturer, University Hospital of Wales and Cardiff University, Heath Park, Cardiff, United Kingdom  
**Neurogenic Bladder**  
**Neurogenic Bowel**

## **MARYAM R. AGHALAR, DO**

Cancer Rehabilitation Fellow, Rehabilitation Medicine Service, Memorial Sloan Kettering Cancer Center, New York, New York  
**Chemotherapy-Induced Peripheral Neuropathy**

## **venu AKUTHOTA, MD**

Professor and Vice Chair, Physical Medicine and Rehabilitation, University of Colorado School of Medicine, Aurora, Colorado  
**Collateral Ligament Sprain**  
**Iliotibial Band Syndrome**  
**Meniscal Injuries**

## **JOHN D. ALFONSO, MD**

Assistant Professor, Department of Rehabilitation Medicine, University of Texas Health Science Center, University Hospital Wound Care Center, San Antonio, Texas  
**Plexopathy—Brachial**  
**Plexopathy—Lumbosacral**

## **JOSEPH T. ALLEVA, MD, MBA**

Division Head, Division of Physical Medicine and Rehabilitation, Department of Medicine, NorthShore University HealthSystem; Clinical Assistant Professor,

University of Chicago, Pritzker School of Medicine, Chicago, Illinois

**Cervical Sprain or Strain**

**Piriformis Syndrome**

**Patellar Tendinopathy (Jumper's Knee)**

**Patellofemoral Syndrome**

## **ERIC L. ALTSCHULER, MD, PhD**

Associate Professor, Department of Physical Medicine and Rehabilitation, Rutgers New Jersey Medical School, Newark, New Jersey  
**Complex Regional Pain Syndrome**  
**Central Post-Stroke Pain (Thalamic Pain Syndrome)**

## **JOAO E.D. AMADERA, MD, PhD**

School of Medicine, University of São Paulo; Director of the Spine Center, Hospital do Coração, São Paulo, Brazil  
**Low Back Strain or Sprain**  
**Baker Cyst**

## **EDUARDO AMY, MD**

Assistant Professor, Physical Medicine, Rehabilitation, and Sports Medicine Department, University of Puerto Rico School of Medicine, San Juan, Puerto Rico  
**Anterior Cruciate Ligament Tear**

## **ANNA BABUSHKINA, MD**

Assistant in Orthopaedic Surgery, Hand Surgery, Massachusetts General Hospital, Boston, Massachusetts  
**Wrist Osteoarthritis**

## **JOHN R. BACH, MD**

Professor and Vice-Chairman, Department of Physical Medicine and Rehabilitation; Professor of Neurosciences, Rutgers New Jersey Medical School, Newark, New Jersey  
**Pulmonary Rehabilitation for Patients with Lung Disease**  
**Pulmonary Rehabilitation (Neuromuscular)**

## **ALLISON BAILEY, MD**

Director and Founder, Integrated Health and Fitness Associates; Instructor, Harvard Medical School, Mount Auburn Hospital, Cambridge, Massachusetts  
**Pelvic Pain**

## **MOON SUK BANG, MD, PhD**

Department of Rehabilitation Medicine, Seoul National University College of Medicine, Seoul, South Korea  
**Cervical Dystonia**  
**Phantom Limb Pain**

**ALPESHKUMAR BAVISHI, MD**

Pulmonary Fellow, Rutgers New Jersey Medical School,  
Newark, New Jersey

**Pulmonary Rehabilitation for Patients with Lung  
Disease**

**WILLIAM J. BECKWORTH, MD**

Assistant Professor, Physical Medicine and Rehabilitation  
and Orthopaedic Surgery, Emory University, Atlanta,  
Georgia

**Intercostal Neuralgia**

**KEITH A. BENGTSON, MD**

Director of Hand Rehabilitation, Physical Medicine and  
Rehabilitation, Mayo Clinic, Rochester, Minnesota

**Trigger Finger**

**ANDREW R. BERMAN, MD**

Associate Professor of Clinical Medicine, Rutgers  
New Jersey Medical School, Newark, New Jersey

**Pulmonary Rehabilitation for Patients with Lung  
Disease**

**OMAR M. BHATTI, MD**

Clinical Assistant Professor, Department of Rehabilitation  
Medicine, University of Washington, Seattle, Washington

**Hamstring Strain**

**PETER BIENKOWSKI, MD**

Orthopaedic Surgeon, Carlton Sports Medicine Clinic,  
Carlton University, Ottawa, Ontario, Canada

**Posterior Cruciate Ligament Sprain  
Quadriceps Tendinopathy and Tendinitis**

**WILLIAM L. BOCKENEK, MD**

Chief Medical Officer, Carolinas Rehabilitation; Chair,  
Department of Physical Medicine and Rehabilitation,  
Carolinas Medical Center, Charlotte, North Carolina

**Heterotopic Ossification**

**KATH BOGIE, DPhil**

Adjunct Assistant Professor, Department of Orthopaedics  
and Biomedical Engineering, School of Medicine, Case  
Western Reserve University; Senior Research Scientist,  
Advanced Platform Technology Center, Louis Stokes  
Cleveland Department of Veterans Affairs Medical  
Center, Cleveland, Ohio

**Pressure Ulcers**

**KRISTIAN BORG, MD, PhD**

Department of Rehabilitation Medicine, Karolinska  
Institutet, Danderyd University Hospital, Stockholm,  
Sweden

**Myopathies**

**JOANNE BORG-STEIN, MD**

Associate Professor of Physical Medicine and  
Rehabilitation, Harvard Medical School; Director,  
Harvard/Spaulding Sports Medicine Fellowship, Boston,  
Massachusetts; Medical Director, Spine Center and  
Chief of Physical Medicine and Rehabilitation, Newton-  
Wellesley Hospital, Newton, Massachusetts

**Cervicogenic Vertigo  
Fibromyalgia**

**GLENDALIZ BOSQUES, MD**

Clinical Assistant Professor, Physical Medicine and  
Rehabilitation, University of Texas Health Science  
Center; Chief of Pediatric Rehabilitation Medicine,  
TIRR Memorial Hermann, Houston, Texas

**Neural Tube Defects**

**JAY E. BOWEN, DO**

New Jersey Sports Medicine, LLC, Cedar Knolls,  
New Jersey; Assistant Professor, Physical Medicine and  
Rehabilitation, Rutgers New Jersey Medical School,  
Newark, New Jersey

**Rotator Cuff Tendinopathy  
Rotator Cuff Tear**

**JEFFREY S. BRAULT, DO**

Physical Medicine and Rehabilitation, Mayo Clinic,  
Rochester, Minnesota

**Extensor Tendon Injuries  
Flexor Tendon Injuries**

**COLONEL STEVEN E. BRAVERMAN, MD**

Commander, Walter Reed Army Institute of Research,  
Silver Spring, Maryland

**Ankylosing Spondylitis**

**DIANE W. BRAZA, MD**

Chair, Physical Medicine and Rehabilitation,  
Medical College of Wisconsin, Milwaukee, Wisconsin

**Upper Limb Amputations  
Diabetic Foot and Peripheral Arterial Disease**

**DAVID T. BURKE, MD, MA**

Professor and Chairman, Department of Rehabilitation  
Medicine, Emory University School of Medicine,  
Atlanta, Georgia

**Median Neuropathy (Carpal Tunnel Syndrome)  
Traumatic Brain Injury**

**MABEL CABAN, MD, MS**

Physical Medicine and Rehabilitation, University of Texas  
Southwestern, Dallas, Texas

**Lymphedema**

**ALISON L. CABRERA, MD**

Tennessee Orthopaedic Alliance, Clarksville,  
Tennessee

**Total Hip Replacement  
Knee Chondral Injuries**

**JUAN A. CABRERA, MD**

Assistant Professor, Department of Physical Medicine and  
Rehabilitation, Vanderbilt University Medical Center,  
Nashville, Tennessee

**Total Hip Replacement**

**MARK CAMPBELL, MD, MSc**

Assistant Professor, Department of Medicine, Division  
of Physical Medicine and Rehabilitation, University of  
Ottawa, Ottawa, Ontario, Canada

**Joint Contractures**

**GREGORY T. CARTER, MD, MS**

Medical Director, St. Luke's Rehabilitation Institute,  
Spokane, Washington; Clinical Professor, Physical  
Medicine and Rehabilitation, University of California  
Davis School of Medicine, Sacramento, California;  
Clinical Faculty, MEDEX, University of Washington  
School of Medicine, Seattle, Washington

**Motor Neuron Disease**

**CHARLES CASSIDY, MD**

Henry H. Banks Associate Professor and Chairman,  
Orthopaedics, Tufts Medical Center, Boston, Massachusetts

**Elbow Arthritis**

**Olecranon Bursitis**

**Hand and Wrist Ganglia**

**Kienböck Disease**

**DAVID A. CASSIUS, MD**

Physiatrist, Seattle, Washington

**Costosternal Syndrome**

**ANDREA CHEVILLE, MD, MSCE**

Associate Professor, Physical Medicine and Rehabilitation,  
Mayo Clinic, Rochester, Minnesota

**Cancer-Related Fatigue**

**KELVIN CHEW, MBBCh, MSpMed**

Senior Consultant, Sports Medicine Department, Changi  
General Hospital, Singapore

**Greater Trochanteric Pain Syndrome**

**MARTIN K. CHILDERS, DO, PhD**

Professor, Department of Rehabilitation Medicine,  
University of Washington, Seattle, Washington

**Myofascial Pain Syndrome**

**SALLAYA CHINRATANALAB, MD**

Assistant Professor of Medicine, Division of Rheumatology,  
Department of Internal Medicine, Vanderbilt University  
Medical Center, Nashville, Tennessee

**Systemic Lupus Erythematosus**

**CHIEN CHOW, MD**

Anesthesia Service Medical Group, San Diego, California

**Elbow Arthritis**

**VICTOR CHUNG, MD**

Clinical Associate, Otolaryngology, Head and Neck  
Surgery, Tufts Medical Center, Boston, Massachusetts

**Hand and Wrist Ganglia**

**DANIEL M. CLINCHOT, MD**

Vice Dean for Education, College of Medicine; Associate  
Professor, Physical Medicine and Rehabilitation,  
The Ohio State University, Columbus, Ohio

**Femoral Neuropathy**

**Lateral Femoral Cutaneous Neuropathy**

**RICARDO COLBERG, MD**

Primary Care Sports Medicine, American Sports Medicine  
Institute, Birmingham, Alabama

**Hip Adductor Strain**

**MELISSA COLBERT, MD**

Resident Physician, Physical Medicine and Rehabilitation,  
Harvard Medical School/Spaulding Rehabilitation  
Hospital, Boston, Massachusetts

**Cervicogenic Vertigo**

**Fibromyalgia**

**EARL J. CRAIG, MD**

Clinical Assistant Professor, Department of Physical  
Medicine and Rehabilitation; Clinical Assistant  
Professor, Department of Medicine, Indiana University  
School of Medicine, Indianapolis, Indiana

**Femoral Neuropathy**

**Lateral Femoral Cutaneous Neuropathy**

**DI CUI, MD**

Department of Rehabilitation Medicine, Emory University  
School of Medicine, Atlanta, Georgia

**Traumatic Brain Injury**

**CHRISTINE CURTIS, MD**

Manhattan Beach, California

**Posterior Cruciate Ligament Sprain**

**Quadriceps Tendinopathy and Tendinitis**

**CHRISTIAN M. CUSTODIO, MD**

Assistant Attending, Rehabilitation Medicine Service,  
Memorial Sloan Kettering Cancer Center; Assistant  
Professor, Department of Rehabilitation  
Medicine, Weill Cornell Medical College, New York,  
New York

**Chemotherapy-Induced Peripheral Neuropathy**

**ALAN M. DAVIS, MD, PhD**

Associate Professor, Physical Medicine and Rehabilitation,  
University of Utah School of Medicine, Salt Lake City,  
Utah

**Cardiac Rehabilitation**

**GEORGE W. DEIMEL IV, MD**

Department of Physical Medicine and Rehabilitation,  
Mayo Clinic, Rochester, Minnesota

**Ankylosing Spondylitis**

**DAVID R. DEL TORO, MD**

Professor, Physical Medicine and Rehabilitation, Medical  
College of Wisconsin, Milwaukee, Wisconsin

**Tibial Neuropathy (Tarsal Tunnel Syndrome)**

**MATTHEW M. DIESSELHORST, MD**

Southwest Orthopaedic Specialists, Oklahoma City,  
Oklahoma

**Hip Labral Tears**

**TIMOTHY R. DILLINGHAM, MD, MS**

Professor and Chairman, Physical Medicine and Rehabilitation,  
The University of Pennsylvania, Philadelphia,  
Pennsylvania

**Upper Limb Amputations**

**Diabetic Foot and Peripheral Arterial Disease**

**SUSAN J. DREYER, MD**

Associate Professor, Physical Medicine and Rehabilitation,  
Orthopaedic Surgery, Emory University, Atlanta,  
Georgia  
**Intercostal Neuralgia**

**NANCY DUDEK, MD, MEd**

Associate Professor, Department of Medicine, Division  
of Physical Medicine and Rehabilitation, University of  
Ottawa, Ottawa, Ontario, Canada  
**Joint Contractures**

**ISRAEL DUDKIEWICZ, MD**

Orthopaedic Surgeon, Consultant in Physical Medicine and  
Rehabilitation, Tel Aviv, Israel  
**Cervical Spondylotic Myelopathy**  
**Cervical Degenerative Disease**

**SHEILA DUGAN, MD**

Associate Professor, Physical Medicine and Rehabilitation,  
Rush Medical College, Chicago, Illinois  
**Ulnar Collateral Ligament Sprain**  
**Stress Fractures of the Lower Limb**

**BLESSEN C. EAPEN, MD**

Section Chief, Polytrauma Rehabilitation Center,  
South Texas Veterans Health Care System; Assistant  
Professor, Department of Rehabilitation Medicine,  
University of Texas Health Science Center,  
San Antonio, Texas  
**Deep Venous Thrombosis**

**JENNIFER L. EARLE, MD**

Physical Medicine and Rehabilitation, Spaulding  
Rehabilitation Hospital, Harvard Medical School,  
Boston, Massachusetts  
**Lumbar Spondylolysis and Spondylolisthesis**

**GEROLD R. EBENBICHLER, MD**

Physical Medicine and Rehabilitation, Vienna Medical  
University, General Hospital of Vienna, Vienna, Austria  
**Chronic Fatigue Syndrome**

**RACHEL EGYHAZI, MD**

Clinical Fellow, Pain Medicine, Department of  
Anesthesiology, Massachusetts General Hospital,  
Harvard Medical School, Boston, Massachusetts  
**Cervical Spinal Stenosis**

**OMAR EL ABD, MD**

Assistant Professor, Physical Medicine and Rehabilitation,  
Harvard Medical School, Boston, Massachusetts  
**Low Back Strain or Sprain**

**JEFFREY B. ELIASON, MD**

Assistant Professor, Physical Medicine and Rehabilitation  
Department, Emory University; Veterans Affairs  
Medical Center, Atlanta, Georgia  
**Heterotopic Ossification**

**MAURY ELLENBERG, MD**

Clinical Professor, Physical Medicine and Rehabilitation,  
Wayne State University School of Medicine, Detroit,  
Michigan  
**Lumbar Radiculopathy**

**MICHAEL J. ELLENBERG, MD**

Rehabilitation Physicians PC, Novi, Michigan  
**Lumbar Radiculopathy**

**JESSE D. ENNIS, MD, FRCP(C)**

Physical Medicine and Rehabilitation, Neurorehabilitation  
Unit, Victoria General Hospital, Victoria, British  
Columbia, Canada  
**Spinal Cord Injury (Thoracic)**

**ERIK ENSRUD, MD**

Department of Neurology, Brigham and Women's  
Hospital, Boston, Massachusetts  
**Myopathies**  
**Plexopathy—Brachial**

**STEPHAN M. ESSER, MD**

Physical Medicine and Rehabilitation, Heekin Orthopedics,  
Jacksonville, Florida  
**Chronic Ankle Instability**

**AVITAL FAST, MD**

Chief, Rehabilitation Medicine, Tel Aviv Sourasky  
Medical Center, Tel Aviv, Israel; Professor Emeritus,  
Albert Einstein College of Medicine, Bronx, New York  
**Cervical Spondylotic Myelopathy**  
**Cervical Degenerative Disease**

**RICHARD FEENEY, DO**

University of California Davis Medical Center,  
Sacramento, California  
**Sacroiliac Joint Dysfunction**

**JEFFERY B. FELDMAN, PhD**

Section of Neuropsychology, Department of Neurology;  
Director, Center for Integrative Medicine; Associate,  
Translational Science Institute;  
Director, Occupational Rehabilitation Programs,  
Wake Forest University, Winston-Salem,  
North Carolina  
**Myofascial Pain Syndrome**

**JONATHAN T. FINNOFF, DO**

Physician, Tahoe Orthopedics and Sports Medicine, South  
Lake Tahoe, California; Clinical Professor, Department  
of Physical Medicine and Rehabilitation, University  
of California Davis School of Medicine, Sacramento,  
California  
**Suprascapular Neuropathy**  
**Hip Labral Tears**

**LESLIE S. FOSTER, DO**

Parkway Neuroscience and Spine Institute,  
Hagerstown, Maryland  
**Plantar Fasciitis**

**PATRICK M. FOYE, MD**

Interim Chair and Associate Professor, Physical Medicine and Rehabilitation, Rutgers New Jersey Medical School, Newark, New Jersey

**Hip Osteoarthritis**

**MICHAEL FREDERICSON, MD**

Professor, Orthopedic Surgery and Physical Medicine and Rehabilitation; Director, Physical Medicine and Rehabilitation Sports Medicine, Stanford University Medical Center, Palo Alto, California

**Greater Trochanteric Pain Syndrome**

**JOEL E. FRONTERA, MD**

Assistant Professor, Department of Physical Medicine and Rehabilitation, University of Texas Medical School at Houston (UTHealth), Houston, Texas

**Spasticity**

**WALTER R. FRONTERA, MD, PhD**

Professor and Chair (inaugural), Department of Physical Medicine and Rehabilitation, Vanderbilt University School of Medicine; Medical Director of Rehabilitation Services, Vanderbilt University Medical Center, Nashville, Tennessee; Adjunct Professor, Department of Physiology, University of Puerto Rico School of Medicine, San Juan, Puerto Rico

**MICHELLE GITTLER, MD**

Residency Program Director, Associate Medical Director for Academic Affairs, Schwab Rehabilitation Hospital; Clinical Associate Professor of Surgery, Orthopedic Surgery, and Rehabilitation Medicine, University of Chicago, Chicago, Illinois

**Lower Limb Amputations**

**MEL B. GLENN, MD**

Director, Outpatient and Community Brain Injury Rehabilitation, Spaulding Rehabilitation Hospital; Associate Professor, Department of Physical Medicine and Rehabilitation, Harvard Medical School, Boston, Massachusetts; Medical Director, NeuroRestorative-Massachusetts, Braintree, Massachusetts; Medical Director, Community Rehab Care, Newton and Medford, Massachusetts

**Postconcussion Symptoms**

**PETER GONZALEZ, MD**

Associate Professor, Department of Physical Medicine and Rehabilitation, Eastern Virginia Medical School, Norfolk, Virginia

**Iliotibial Band Syndrome**

**MARLÍS GONZÁLEZ-FERNÁNDEZ, MD, PhD**

Assistant Professor, Physical Medicine and Rehabilitation, Johns Hopkins University School of Medicine; Medical Director Outpatient Clinics, Physical Medicine and Rehabilitation, Johns Hopkins Hospital, Baltimore, Maryland

**Cerebral Palsy**

**THOMAS E. GROOMES, MD**

Vanderbilt University Medical Center and Vanderbilt Stallworth Rehabilitation Hospital, Nashville, Tennessee

**Total Knee Replacement**

**DAWN M. GROSSER, MD**

Orthopaedic Surgeon, South Texas Bone and Joint, Corpus Christi, Texas

**Ankle Arthritis**

**Bunion and Bunions**

**Hallux Rigidus**

**Posterior Tibial Tendon Dysfunction**

**H. MICHAEL GUO, MD, PhD**

Assistant Professor, Director, Neurorehabilitation Fellowship Program, Section of Physical Medicine and Rehabilitation, Department of Neurology, Wake Forest University School of Medicine, Winston Salem, North Carolina

**Myofascial Pain Syndrome**

**NAVNEET GUPTA, MD**

Johnson City, Tennessee

**Knee Bursitis**

**HOPE S. HACKER, MD**

Chief, Physical Medicine and Rehabilitation Services, Central Texas Veterans Health Care Systems, Temple, Texas

**Plexopathy—Lumbosacral**

**LORI HALL, PT, MS, CLT-LANA**

Physical Medicine and Rehabilitation Department, Parkland Health and Hospital System, Dallas, Texas

**Lymphedema**

**ED HANADA, MD**

Assistant Professor, Department of Medicine, Dalhousie University; Staff Physiatrist, Department of Medicine/Division of Physical Medicine and Rehabilitation, Capital District Health Authority, Halifax, Nova Scotia, Canada

**Knee Bursitis**

**TONI J. HANSON, MD**

Assistant Professor, Physical Medicine and Rehabilitation, Mayo Clinic, College of Medicine, Rochester, Minnesota

**Thoracic Compression Fracture**

**AMANDA L. HARRINGTON, MD**

Assistant Professor, Physical Medicine and Rehabilitation, University of Pittsburgh School of Medicine; Program Director, Spinal Cord Injury Medicine Fellowship, University of Pittsburgh Medical Center; Director of Spinal Cord Injury Services, University of Pittsburgh Medical Center Rehabilitation Institute, Pittsburgh, Pennsylvania

**Heterotopic Ossification**

**DAVID E. HARTIGAN, MD**

Department of Orthopedic Surgery, Mayo Clinic, Rochester, Minnesota

**Labral Tears of the Shoulder**

**SETH D. HERMAN, MD**

Physiatrist, Brain Injury Rehabilitation Program, Spaulding Rehabilitation Hospital; Associate Program Director, Neurological Rehabilitation Fellowship, Harvard Medical School/Spaulding Rehabilitation Hospital; Instructor, Department of Physical Medicine and Rehabilitation, Harvard Medical School, Boston, Massachusetts

**Postconcussion Symptoms****JOSEPH E. HERRERA, DO**

Residency Program Director, Rehabilitation Medicine; Fellowship Director, Interventional Spine and Sports Medicine Division, Department of Rehabilitation; Director of Sports Medicine, Icahn School of Medicine at Mount Sinai Department of Rehabilitation Medicine, New York, New York

**Compartment Syndrome of the Leg****CHESTER H. HO, MD**

Associate Professor and Head, Division of Physical Medicine and Rehabilitation, Department of Clinical Neurosciences and Hotchkiss Brain Institute, University of Calgary, Calgary, Alberta, Canada

**Pressure Ulcers****ANNE Z. HOCH, DO**

Professor, Department of Orthopedic Surgery, Director, Women's Sports Medicine Program and Fellowship, Medical College of Wisconsin, Milwaukee, Wisconsin

**Hamstring Strain****JASON HOLM, MD**

Twin Cities Orthopedics, Burnsville, Minnesota

**Suprascapular Neuropathy****ALICE J. HON, MD**

Department of Physical Medicine and Rehabilitation, Rutgers New Jersey Medical School, Newark, New Jersey

**Central Post-Stroke Pain (Thalamic Pain Syndrome)****THOMAS H. HUDGINS, MD**

Associate Division Head, Division of Physical Medicine and Rehabilitation, NorthShore University HealthSystem; Assistant Professor, Department of Orthopedics, University of Chicago, Pritzker School of Medicine, Chicago, Illinois

**Cervical Sprain or Strain****Piriformis Syndrome****Patellar Tendinopathy (Jumper's Knee)****Patellofemoral Syndrome****Foot and Ankle Bursitis****KATARZYNA IBANEZ, MD**

Assistant Attending Physiatrist, Department of Neurology, Rehabilitation Service, Memorial Sloan Kettering Cancer Center; Assistant Professor of Rehabilitation Medicine, Weill Cornell Medical College, New York, New York

**Radiation Fibrosis Syndrome****MAHMUD M. IBRAHIM, MD**

Fellow, Interventional Spine and Sports Medicine Division, Department of Rehabilitation, Icahn School of Medicine at Mount Sinai Department of Rehabilitation Medicine, New York, New York

**Compartment Syndrome of the Leg****MARTA IMAMURA, MD**

Affiliated Professor and Chief of Staff, Technical Session, Division of Physical Medicine and Rehabilitation, Department of Orthopaedics and Traumatology; Coordinator, Clinical Research Center at the Institute of Physical and Rehabilitation Medicine, University of São Paulo School of Medicine, São Paulo, Brazil

**Costosternal Syndrome****Tietze Syndrome****SATIKO T. IMAMURA, MD**

Professor, Division of Rehabilitation Medicine, Clinics Hospital, University of São Paulo School of Medicine, São Paulo, Brazil

**Tietze Syndrome****ZACHARIA ISAAC, MD**

Director, Interventional Physical Medicine and Rehabilitation, Harvard Medical School; Medical Director, Comprehensive Spine Care Center, Brigham and Women's Hospital, Boston, Massachusetts

**Lumbar Spinal Stenosis****Sacroiliac Joint Dysfunction****RATHI L. JOSEPH, DO**

Sports Medicine Fellow, Department of Sports Medicine and Family Medicine, Advocate Lutheran General Hospital, Park Ridge, Illinois

**Piriformis Syndrome****Patellar Tendinopathy (Jumper's Knee)****Patellofemoral Syndrome****Foot and Ankle Bursitis****SHIVANG JOSHI, MD, MPH, BPharm**

Neurologist, New England Regional Headache Center, University of Massachusetts Medical School, Worcester, Massachusetts

**Headaches****NANETTE C. JOYCE, DO, MAS**

Assistant Professor, Physical Medicine and Rehabilitation, University of California, Davis, Sacramento, California

**Motor Neuron Disease****SE HEE JUNG, MD, PhD**

Department of Rehabilitation Medicine, Seoul National University Boramae Medical Center, Seoul, South Korea

**Phantom Limb Pain****JONATHAN KAY, MD**

Professor of Medicine, Director of Clinical Research, Division of Rheumatology, University of Massachusetts Medical School and UMass Memorial Medical Center

**Hand Rheumatoid Arthritis**

**AYAL M. KAYNAN, MD, FACS**

Director, Minimally Invasive and Robotic Surgery;  
Vice-Chairman, Section of Urology, Department of Surgery,  
Morristown Medical Center, Morristown, New Jersey  
**Neurogenic Bladder**

**JOHN C. KEEL, MD**

Department of Physical Medicine and Rehabilitation,  
Harvard Medical School; The Spine Center,  
New England Baptist Hospital, Boston, Massachusetts  
**Lumbar Spendylolysis and Spendylolisthesis**

**ROBERT KENT, DO, MHA, MPH**

Pain Spine Sports Physiatry at the Kent Clinic,  
Orlando, Florida  
**Temporomandibular Joint Dysfunction**  
**Polytrauma Rehabilitation**

**FLORIAN S. KEPLINGER, MD**

Rehab Medical Associates of Arkansas, Sherwood, Arkansas  
**Knee Bursitis**

**STUART KIGNER, DPM**

Attending Staff, Podiatry Service, Massachusetts General  
Hospital; Attending Staff, Podiatry Division, Brigham  
and Women's Hospital, Boston, Massachusetts  
**Metatarsalgia**

**TODD A. KILE, MD**

Consultant, Department of Orthopedic Surgery, Mayo  
Clinic, Scottsdale, Arizona; Assistant Professor, Mayo  
Clinic College of Medicine, Rochester, Minnesota  
**Ankle Arthritis**  
**Bunion and Bunionette**  
**Hallux Rigidus**  
**Posterior Tibial Tendon Dysfunction**

**JOHN C. KING, MD**

Professor, Rehabilitation Medicine, University of Texas  
Health Science Center; Medical Director, Reeves  
Rehabilitation Center, University Health System, San  
Antonio, Texas  
**Peroneal Neuropathy**  
**Plexopathy—Brachial**  
**Plexopathy—Lumbosacral**

**NEIL KIRSCHBAUM, DO**

Physical Medicine and Rehabilitation Residency Program,  
Morsani College of Medicine, University of South  
Florida, Tampa, Florida  
**Polytrauma Rehabilitation**

**MELISSA A. KLAUSMEYER, MD**

Hand Surgery Fellow, Department of Orthopedics,  
Division of Hand and Upper Extremity, Harvard  
Medical School, Boston, Massachusetts  
**Wrist Rheumatoid Arthritis**

**JASON H. KORTTE, MS, CCC-SLP**

Speech-Language Pathologist, Medstar Good Samaritan  
Hospital; Affiliate Faculty, Loyola University, Baltimore,  
Maryland  
**Speech and Language Disorders**

**BRIAN J. KRABAK, MD, MBA, FACS**

Clinical Associate Professor, Rehabilitation, Orthopedics,  
and Sports Medicine, University of Washington and  
Seattle Children's Sports Medicine, Seattle,  
Washington  
**Adhesive Capsulitis**  
**Biceps Tendinopathy**  
**Ankle Sprain**

**GAIL LATLIEF, DO**

Physical Medicine and Rehabilitation Service, James  
A. Haley Veterans' Hospital; Assistant Professor,  
Department of Neurology, Division of Physical  
Medicine and Rehabilitation, Morsani College of  
Medicine, University of South Florida, Tampa, Florida  
**Polytrauma Rehabilitation**

**SAMMY M. LEE, DPM**

Attending Staff, Podiatry Service, Massachusetts General  
Hospital, Boston, Massachusetts  
**Morton Neuroma**

**SHI-UK LEE, MD, PhD**

Department of Rehabilitation Medicine, Seoul National  
University College of Medicine; Department of Physical  
Medicine and Rehabilitation, Seoul National University  
Borame Medical Center, Seoul, Korea  
**Cervical Dystonia**

**TED A. LENNARD, MD**

Clinical Assistant Professor, Department of Physical  
Medicine and Rehabilitation, University of Arkansas  
for Medical Sciences, Little Rock, Arkansas; Medical  
Director, WorkComplete CoxHealthCare Systems,  
Springfield Neurological and Spine Institute, Springfield,  
Missouri  
**Cervical Facet Arthropathy**  
**Lumbar Facet Arthropathy**

**PAUL LENTO, MD**

Associate Professor, Physical Medicine and Rehabilitation,  
Temple University School of Medicine, Philadelphia,  
Pennsylvania  
**Collateral Ligament Sprain**  
**Iliotibial Band Syndrome**  
**Meniscal Injuries**

**JAN LEXELL, MD, PhD**

Professor of Rehabilitation Medicine, Department of  
Health Sciences, Lund University; Medical Director and  
Consultant Physician, Department of Neurology and  
Rehabilitation Medicine, Skåne University Hospital in  
Lund, Lund, Sweden  
**Postpoliomyelitis Syndrome**

**PETER A.C. LIM, MD**

Clinical Professor, Physical Medicine and Rehabilitation,  
Baylor College of Medicine, Houston, Texas; Adjunct  
Associate Professor, Medicine, Duke-National  
University of Singapore Graduate Medical School;  
Senior Consultant, Rehabilitation Medicine, Singapore  
General Hospital, Singapore  
**Transverse Myelitis**

**CINDY LIN, MD**

Attending Physician, Sports Medicine and Rehabilitation  
Medicine, Sports Medicine Department, Changi  
General Hospital, Singapore

**Greater Trochanteric Pain Syndrome****KARL-AUGUST LINDGREN, MD, PhD**

ORTON Rehabilitation Centre, Helsinki, Finland

**Thoracic Outlet Syndrome****VASILIOS A. LIROFONIS, DPM**

Attending Staff, Podiatry Service, Massachusetts General  
Hospital, Boston, Massachusetts

**Mallet Toe****ELIZABETH LODER, MD**

Chief, Division of Headache and Pain, Department of  
Neurology, Brigham and Women's Hospital, Boston,  
Massachusetts

**Headaches****EDRICK LOPEZ, MD, JD**

Harvard Medical School, Department of Physical Medicine  
and Rehabilitation, Spaulding Rehabilitation Hospital,  
Boston, Massachusetts

**Lumbar Spinal Stenosis****GERARD A. MALANGA, MD**

New Jersey Sports Medicine, LLC, Cedar Knolls,  
New Jersey; Clinical Professor, Physical Medicine and  
Rehabilitation, University of Medicine and Dentistry of  
New Jersey–New Jersey Medical School, Newark,  
New Jersey

**Rotator Cuff Tendinopathy****Rotator Cuff Tear****JULIE MARTIN, PT**

Lead Outpatient Physical Therapist, James A. Haley  
Veterans' Hospital, Tampa, Florida

**Temporomandibular Joint Dysfunction****RAFAEL MASCARINAS, MD**

Attending Physician, Physical Medicine and Rehabilitation  
Service, James A. Haley Veterans' Hospital; Assistant  
Professor, Department of Neurology, Division of  
Physical Medicine and Rehabilitation, Morsani College  
of Medicine, University of South Florida, Tampa,  
Florida

**Polytrauma Rehabilitation****JILL MASSENGALE, MS, ARNP**

Physical Medicine and Rehabilitation Service, James A.  
Haley Veterans' Hospital, Tampa, Florida

**Temporomandibular Joint Dysfunction****Polytrauma Rehabilitation****KOICHIRO MATSUO, DDS, PhD**

Professor, Department of Dentistry, School of Medicine,  
Fujita Health University, Aichi, Japan

**Dysphagia****MARISSA MCCARTHY, MD**

Assistant Professor, Department of Neurology, Division of  
Physical Medicine and Rehabilitation, Morsani College  
of Medicine, University of South Florida; Medical  
Director, Traumatic Brain Injury/Polytrauma Unit,  
James A. Haley Veterans' Hospital, Tampa, Florida

**Temporomandibular Joint Dysfunction****Polytrauma Rehabilitation****KELLY C. McINNIS, DO**

Instructor, Physical Medicine and Rehabilitation, Harvard  
Medical School; Clinical Associate, Physical Medicine  
and Rehabilitation, Massachusetts General Hospital,  
Boston, Massachusetts

**Repetitive Strain Injuries****PETER M. McINTOSH, MD**

Assistant Professor, College of Medicine, Mayo Clinic,  
Rochester, Minnesota; Consultant, Department of  
Physical Medicine and Rehabilitation, Mayo Clinic,  
Jacksonville, Florida

**Scapular Winging****Adhesive Capsulitis of the Hip****ALEC L. MELEGER, MD**

Assistant Professor of Physical Medicine and  
Rehabilitation, Harvard Medical School, Boston,  
Massachusetts; Medical Director, Spaulding Outpatient  
Center, Medford, Massachusetts

**Cervical Spinal Stenosis****BRYAN MERRITT, MD**

Physical Medicine and Rehabilitation Service, James  
A. Haley Veterans' Hospital; Assistant Professor,  
Department of Neurology, Division of Physical  
Medicine and Rehabilitation, Morsani College of  
Medicine, University of South Florida, Tampa, Florida

**Polytrauma Rehabilitation****LYLE J. MICHELI, MD**

Program Director, Sports Medicine, Harvard University,  
Boston, Massachusetts

**Posterior Cruciate Ligament Sprain****Quadriceps Tendinopathy and Tendinitis****WILLIAM MICHEO, MD**

Professor and Chairman, Physical Medicine and  
Rehabilitation and Sports Medicine Department; Sports  
Medicine Program Director, University of Puerto Rico,  
San Juan, Puerto Rico

**Glenohumeral Instability****Anterior Cruciate Ligament Tear****MATTHEW E. MILLER, MD**

Captain, United States Army Medical Corps; Residency  
Associate Program Director and Staff Physiatrist,  
Physical Medicine and Rehabilitation, Walter  
Reed National Military Medical Center, Bethesda,  
Maryland

**Plantar Fasciitis**

**GERARDO MIRANDA, MD**

Assistant Professor, Physical Medicine and Rehabilitation  
and Sports Medicine, San Juan, Puerto Rico  
**Glenohumeral Instability**

**NATHAN MOHR, BA**

Pre-medical Student, University of Northern Iowa, Cedar  
Falls, Iowa  
**Cervical Sprain or Strain**

**DANIEL P. MONTERO, MD**

Mayo Clinic Florida, Jacksonville, Florida  
**Hammer Toe**

**S. JIT MOOKERJEE, DO**

Physical Medicine and Rehabilitation Service, James  
A. Haley Veterans' Hospital; Assistant Professor,  
Department of Neurology, Division of Physical  
Medicine and Rehabilitation, Morsani College of  
Medicine, University of South Florida, Tampa,  
Florida  
**Polytrauma Rehabilitation**

**ALI MOSTOUFI, MD, FAAPMR, FAAPM**

Assistant Professor, Physical Medicine and Rehabilitation,  
Tufts University; Medical Director, Boston Spine  
Center, Boston, Massachusetts  
**Cervical Radiculopathy**  
**Chronic Pain Syndrome**

**CHAITANYA S. MUDGAL, MD, MS (Orth),  
MCh (Orth)**

Chief and Director, Hand Fellowship Program,  
Orthopaedic Hand Service, Massachusetts General  
Hospital, Boston, Massachusetts  
**Wrist Osteoarthritis**  
**Wrist Rheumatoid Arthritis**

**LARRY V. NAJERA III, MD**

Schwab Rehabilitation Hospital, Chicago, Illinois;  
Pain Treatment Centers of Illinois, Orland Park,  
Illinois  
**Cervical Sprain or Strain**

**SHANKER NESATHURAI, MD, MPH, FRCP(C)**

Professor of Medicine and Division Director of Physical  
Medicine and Rehabilitation, Michael G. DeGroote  
School of Medicine, McMaster University; Chief of  
Physical Medicine and Rehabilitation, Hamilton Health  
Sciences and St. Joseph's Healthcare, Hamilton,  
Ontario, Canada; Lecturer in Physical Medicine and  
Rehabilitation, Harvard Medical School, Spaulding  
Hospital, Boston, Massachusetts  
**Spinal Cord Injury (Thoracic)**

**JESS NORDIN, DO**

Resident, Johns Hopkins Department of Physical Medicine  
and Rehabilitation, Baltimore, Maryland  
**Neural Tube Defects**

**CARINA J. O'NEILL, DO**

Physical Medicine and Rehabilitation, Spaulding  
Rehabilitation, Braintree, Massachusetts;  
Clinical Instructor, Physical Medicine and  
Rehabilitation, Harvard Medical School, Boston,  
Massachusetts  
**de Quervain Tenosynovitis**

**ANDREA K. ORIGENES**

Pre-medical Student, University of Illinois, Chicago,  
Illinois  
**Cervical Sprain or Strain**

**CEDRIC J. ORTIGUERA, MD**

Consultant, Department of Orthopedics,  
Mayo Clinic, Jacksonville, Florida; Assistant Professor,  
Mayo Clinic, College of Medicine, Rochester,  
Minnesota  
**Labral Tears of the Shoulder**

**MICHAEL D. OSBORNE, MD**

Assistant Professor, Physical Medicine and Rehabilitation,  
Mayo Clinic, Jacksonville, Florida  
**Chronic Ankle Instability**  
**Arachnoiditis**

**JEFFREY B. PALMER, MD**

Lawrence Cardinal Shehan Professor and Chair,  
Department of Physical Medicine and Rehabilitation;  
Professor, Physical Medicine and Rehabilitation,  
Otolaryngology–Head and Neck Surgery, and  
Functional Anatomy and Evolution; Johns Hopkins  
University; Psychiatrist-in-Chief, Department of  
Physical Medicine and Rehabilitation, Johns Hopkins  
Hospital; Chair, Department of Physical Medicine  
and Rehabilitation, Medstar Good Samaritan Hospital,  
Baltimore, Maryland  
**Dysphagia**  
**Speech and Language Disorders**

**PAUL F. PASQUINA, MD**

United States Army Medical Corps (Colonel Ret.);  
Residency Director and Chair, Physical Medicine and  
Rehabilitation, Uniformed Services University of the  
Health Sciences, Walter Reed National Military Medical  
Center, Bethesda, Maryland  
**Plantar Fasciitis**

**ATUL T. PATEL, MD, MHSA**

Kansas City Bone and Joint Clinic, Overland Park, Kansas;  
Medical Director of Adult Program, Rehabilitation  
Institute of Kansas City; Adjunct Associate Professor,  
Physical Therapy, University of Kansas Medical Center,  
Kansas City, Kansas  
**Trapezius Strain**  
**Pubalgia**

**JOSEMARIA PATERNO, MD**

Fellow, Interventional Pain, Brigham and Women's Hospital,  
Harvard Medical School, Boston, Massachusetts  
**Trigeminal Neuralgia**

**INDER PERKASH, MD, FRCS, FACS**

Professor of Urology (emeritus), Paralyzed Veterans of America Professor of Spinal Cord Injury Medicine (emeritus), Professor of Medicine (Gastrointestinal) and Physical Medicine and Rehabilitation, Stanford University, Stanford, California

**Neurogenic Bladder**  
**Neurogenic Bowel**

**EDWARD M. PHILLIPS, MD**

Assistant Professor of Physical Medicine and Rehabilitation; Director and Founder, Institute of Lifestyle Medicine, Joslin Diabetes Center, Harvard Medical School; Adjunct Scientist, United States Department of Agriculture, Jean Mayer Human Nutrition Research Center on Aging, Tufts University, Boston, Massachusetts

**Knee Osteoarthritis**  
**Osteoarthritis**

**DANIEL C. PIMENTEL, MD**

Interventional Physiatrist, Director of Spine Center HCor; Assistant Professor, University of São Paulo, School of Medicine, São Paulo, Brazil

**Thoracic Radiculopathy**  
**Thoracic Sprain or Strain**

**THOMAS E. POBRE, MD**

Director of Outpatient Services, Physical Medicine and Rehabilitation, Nassau University Medical Center, East Meadow, New York

**Radial Neuropathy**

**REBECCA POSTHUMA, MD**

Clinical Research Fellow, Female Pelvic and Reconstructive Surgery, Massachusetts General Hospital, Boston, Massachusetts

**Pelvic Pain**

**ALISON R. PUTNAM, DO**

Department of Physical Medicine and Rehabilitation, Virginia Mason Medical Center, Seattle, Washington

**Iliotibial Band Syndrome**

**JAMES RAINVILLE, MD**

Assistant Clinical Professor, Physical Medicine and Rehabilitation, Harvard Medical School; Chief, Physical Medicine and Rehabilitation, Orthopedics, New England Baptist Hospital, Boston, Massachusetts

**Lumbar Spondylolysis and Spondylolisthesis**

**V.S. RAMACHANDRAN, MD, PhD**

Professor, Department of Psychology, University of California, San Diego, California

**Complex Regional Pain Syndrome**

**DAVID RING, MD, PhD**

Associate Professor of Orthopaedic Surgery, Harvard Medical School, Chief of Hand Surgery, Massachusetts General Hospital, Boston, Massachusetts

**Hand Osteoarthritis**  
**Hand Rheumatoid Arthritis**

**JUSTIN RIUTTA, MD, FAAPMR**

Department of Physical Medicine and Rehabilitation, William Beaumont Hospital, Royal Oak, Michigan

**Post-Mastectomy Pain Syndrome**  
**Post-Thoracotomy Pain Syndrome**

**ALEXANDRA RIVERA-VEGA, MD**

Assistant Professor, Department of Physical Medicine and Rehabilitation at University of Arkansas for Medical Sciences, Little Rock, Arkansas

**Glenohumeral Instability**

**THOMAS D. RIZZO, JR., MD**

Consultant, Department of Physical Medicine and Rehabilitation, Mayo Clinic, Jacksonville, Florida; Assistant Professor, Physical Medicine and Rehabilitation, Mayo Clinic College of Medicine, Rochester, Minnesota

**Acromioclavicular Injuries**

**DARREN ROSENBERG, DO**

Assistant Professor, Physical Medicine and Rehabilitation, Harvard Medical School, Boston, Massachusetts

**Thoracic Radiculopathy**  
**Thoracic Sprain or Strain**  
**Baker Cyst**

**SEWARD B. RUTKOVE, MD**

Professor, Neurology, Harvard Medical School/Beth Israel Deaconess Medical Center, Boston, Massachusetts

**Peripheral Neuropathies**

**SUNIL SABHARWAL, MD**

Assistant Professor, Department of Physical Medicine and Rehabilitation, Harvard Medical School; Chief, Spinal Cord Injury, Veterans Affairs Boston Health Care System, Boston, Massachusetts

**Spinal Cord Injury (Cervical)**  
**Spinal Cord Injury (Lumbosacral)**

**FRANCISCO H. SANTIAGO, MD**

Attending Physician, Physical Medicine and Rehabilitation, Bronx-Lebanon Hospital, Bronx, New York

**Median Neuropathy**  
**Ulnar Neuropathy (Wrist)**

**ROBERT J. SCARDINA, DPM**

Chief, Podiatry Service; Residency Program Director, Podiatry Service, Massachusetts General Hospital; Instructor in Orthopaedic Surgery, Harvard Medical School, Boston, Massachusetts

**Mallet Toe**  
**Metatarsalgia**  
**Morton Neuroma**

**MICHAEL K. SCHAUFLE, MD**

Pain Solutions Treatment Centers, Marietta, Georgia

**Lumbar Degenerative Disease**

**JEFFREY C. SCHNEIDER, MD**

Medical Director, Trauma, Burn, and Orthopedic Program, Spaulding Rehabilitation Hospital; Assistant Professor, Physical Medicine and Rehabilitation, Harvard Medical School, Boston, Massachusetts  
**Burns**

**STEVEN SCOTT, DO**

Assistant Professor, Department of Neurology, Division of Physical Medicine and Rehabilitation; Chief, Physical Medicine and Rehabilitation, University of South Florida, Tampa, Florida  
**Temporomandibular Joint Dysfunction**  
**Polytrauma Rehabilitation**

**MICHAEL SEIN, MD**

Department of Anesthesiology, University of California, San Diego, San Diego, California  
**Knee Osteoarthritis**

**FERNANDO SEPÚLVEDA, MD**

Chief Resident, Physical Medicine and Rehabilitation Residency Training Program, University of Puerto Rico School of Medicine, San Juan, Puerto Rico  
**Anterior Cruciate Ligament Tear**

**JOHN SERGENT, MD**

Professor of Medicine, Division of Rheumatology, Department of Internal Medicine, Vanderbilt University Medical Center, Nashville, Tennessee  
**Systemic Lupus Erythematosus**

**VIVEK M. SHAH, MD**

Clinical Instructor in Orthopaedic Surgery, New England Baptist Hospital, Longwood Orthopedic Associates, Inc., Chestnut Hill, Massachusetts  
**Kienböck Disease**

**NUTAN SHARMA, MD, PhD**

Associate Professor, Neurology, Harvard Medical School; Associate Neurologist, Massachusetts General Hospital; Associate Neurologist, Brigham and Women's Hospital, Boston, Massachusetts  
**Parkinson Disease**

**HUMA SHEIKH, MD**

Clinical Instructor, Brigham and Women's Hospital—Neurology, Harvard Medical School, Boston, Massachusetts  
**Headaches**

**SARAH SHUBERT, MD**

Falmouth Orthopaedic Center, Falmouth, Maine  
**Olecranon Bursitis**

**IMRAN J. SIDDIQUI, MD**

Department of Physical Medicine and Rehabilitation, Spaulding Rehabilitation Hospital, Harvard Medical School, Boston, Massachusetts  
**Lumbar Spondylolysis and Spondylolisthesis**

**JULIE K. SILVER, MD**

Associate Professor, Department of Physical Medicine and Rehabilitation, Harvard Medical School, Boston, Massachusetts  
**Trigger Finger**

**KENNETH H. SILVER, MD**

Department of Physical Medicine and Rehabilitation, Johns Hopkins University School of Medicine; Medstar Good Samaritan Hospital, Baltimore, Maryland  
**Movement Disorders**

**ANEESH SINGLA, MD, MPH**

Physician, National Spine and Pain Centers; Medical Director, Rockville, Maryland; Lecturer, Harvard Medical School, Boston, Massachusetts  
**Occipital Neuralgia**  
**Trigeminal Neuralgia**

**MICHAEL SLESINSKI, DO**

Instructor, Department of Physical Medicine and Rehabilitation, Michigan State University—College of Osteopathic Medicine, East Lansing, Michigan  
**Quadriceps Contusion**

**DAVID M. SLOVIK, MD**

Associate Professor of Medicine, Harvard Medical School, Boston, Massachusetts; Chief, Division of Endocrinology, Newton-Wellesley Hospital, Newton, Massachusetts; Physician, Endocrine Unit, Massachusetts General Hospital, Boston, Massachusetts  
**Osteoporosis**

**KURT SPINDLER, MD**

Vanderbilt Orthopaedic Institute, Nashville, Tennessee  
**Knee Chondral Injuries**

**JOSEPH STANDLEY, DO**

Physical Medicine and Rehabilitation Service, James A. Haley Veterans' Hospital, Tampa, Florida  
**Polytrauma Rehabilitation**

**JOEL STEIN, MD**

Simon Baruch Professor and Chair, Rehabilitation and Regenerative Medicine, Columbia University College of Physicians and Surgeons; Professor and Chief, Division of Rehabilitation Medicine, Weill Cornell Medical College; Psychiatrist-in-Chief, New York—Presbyterian Hospital, New York, New York  
**Stroke**

**SONJA K. STILP, MD**

Boulder, Colorado  
**Iliotibial Band Syndrome**

**TODD P. STITIK, MD**

Professor, Physical Medicine and Rehabilitation;  
 Director, Occupational/Musculoskeletal Medicine,  
 Rutgers New Jersey Medical School, Newark,  
 New Jersey  
**Hip Osteoarthritis**

**MICHAEL F. STRETANSKI, DO**

Medical Director/Fellowship Director, Interventional  
 Spine and Pain Rehabilitation Center, Mansfield, Ohio;  
 Spine and Pain Services Director, Wyandot Memorial  
 Hospital, Upper Sandusky, Ohio; Full Professor,  
 Rehabilitation Medicine, Pain Medicine, Ohio University  
 College of Osteopathic Medicine, Columbus, Ohio  
**Biceps Tendon Rupture**  
**Shoulder Arthritis**  
**Dupuytren Contracture**  
**Shin Splints**  
**Achilles Tendinopathy**

**MICHAEL D. STUBBLEFIELD, MD**

Associate Attending Psychiatrist and Chief, Rehabilitation  
 Service, Department of Neurology, Memorial  
 Sloan Kettering Cancer Center; Associate Professor of  
 Rehabilitation Medicine, Weill Cornell Medical College,  
 New York, New York  
**Radiation Fibrosis Syndrome**

**JORDAN L. TATE, MD, MPH**

Physical Medicine and Rehabilitation, Emory University,  
 Atlanta, Georgia  
**Lumbar Degenerative Disease**

**MAYA THERATTIL, MD**

Assistant Professor, Clinical Rehabilitation Medicine,  
 Albert Einstein College of Medicine, Bronx,  
 New York  
**Scoliosis and Kyphosis**

**ANN-MARIE THOMAS, MD, PT**

Assistant Professor, Physical Medicine and  
 Rehabilitation, Harvard Medical School; Staff  
 Physiatrist, Physical Medicine and Rehabilitation,  
 Spaulding Rehabilitation Hospital; Clinical  
 Associate, Physical Medicine and Rehabilitation,  
 Massachusetts General Hospital; Associate Physiatrist  
 in Medicine, Brigham and Women's Hospital, Boston,  
 Massachusetts  
**Multiple Sclerosis**

**MARK A. THOMAS, MD**

Associate Professor, Physical Medicine and  
 Rehabilitation, Albert Einstein College of  
 Medicine; Program Director, Physical Medicine and  
 Rehabilitation, Montefiore Medical Center, Bronx,  
 New York  
**Scoliosis and Kyphosis**

**JIAXIN TRAN, MD**

Rutgers New Jersey Medical School, Newark, New Jersey  
**Complex Regional Pain Syndrome**

**GUY TRUDEL, MD, MSc, FRCPC, DABPMR**

Professor of Medicine, Surgery, and Biochemistry, Faculty  
 of Medicine, University of Ottawa, Ottawa, Ontario,  
 Canada  
**Joint Contractures**

**TONY URBISCI, BS**

Morsani College of Medicine, University of South Florida,  
 Tampa, Florida  
**Temporomandibular Joint Dysfunction**

**SATHYA VADIVELU, DO**

Fellow, Pediatric Rehabilitation Medicine, Kennedy  
 Krieger Institute, Physical Medicine and Rehabilitation,  
 Johns Hopkins University, Baltimore, Maryland  
**Cerebral Palsy**

**RAMON VALLARINO, JR., MD**

Attending Physician, Department of Neurosciences,  
 New York Methodist Hospital, Brooklyn, New York;  
 Clinical Assistant Professor, Department of Physical  
 Medicine and Rehabilitation, Albert Einstein College  
 of Medicine of Yeshiva University, Bronx,  
 New York  
**Median Neuropathy**  
**Ulnar Neuropathy (Wrist)**

**MONICA VERDUZCO-GUTIERREZ, MD**

Assistant Professor, Department of Physical Medicine and  
 Rehabilitation, University of Texas Medical School at  
 Houston (UTHealth), Houston, Texas  
**Spasticity**

**ARIANA VORA, MD**

Instructor, Physical Medicine and Rehabilitation,  
 Harvard Medical School; Staff Physiatrist,  
 Massachusetts General Hospital; Staff Physiatrist,  
 Spaulding Rehabilitation Hospital, Boston,  
 Massachusetts  
**Coccydynia**  
**Postherpetic Neuralgia**

**ADAM WALLACE, MD**

Pain Management of Tulsa, Tulsa, Oklahoma  
**Arachnoiditis**

**BETH M. WEINMAN, DO**

Sports Medicine Fellow, Department of Orthopedic  
 Surgery, Medical College of Wisconsin, Milwaukee,  
 Wisconsin  
**Hamstring Strain**

**JAY M. WEISS, MD**

Medical Director, Long Island Physical Medicine and  
 Rehabilitation, Jericho, New York  
**Lateral Epicondylitis**  
**Medial Epicondylitis**  
**Ulnar Neuropathy (Elbow)**