# Advances in Plastic and Reconstructive Surgery

Habal•Lewin Morain•Parsons Woods

# Advances in Plastic and Reconstructive Surgery®

MUT FOR RESAUL

#### **Editor-in-Chief**

Mutaz B. Habal, M.D., F.R.C.S.C.

Director, Tampa Bay Craniofacial Center, Human Resources Institute, University of South Florida; Clinical Professor of Surgery, Adjunct Professor of Material Science, University of Florida; Research Professor, University of South Florida, Tampa, Florida

#### **Editorial Board**

Michael L. Lewin, M.D.

Emeritus Professor of Surgery, Albert Einstein School of Medicine, Bronx, New York

William D. Morain, M.D.

Professor of Surgery, Dartmouth Medical School, Hanover, New Hampshire

Robert W. Parsons, M.D.

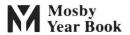
Professor of Surgery and Pediatrics, University of Chicago, Chicago, Illinois

John E. Woods, M.D., Ph.D.

Professor of Plastic Surgery, Mayo Clinic, Rochester, Minnesota

Volume 8 • 1992





Dedicated to Publishing Excellence

Sponsoring Editor: Linda C. Godbold

Associate Managing Editor, Manuscript Services: Denise Dungey Assistant Director, Manuscript Services: Frances M. Perveiler

Production Coordinator: Timothy A. Phillips Proofroom Manager: Barbara M. Kelly

Copyright © 1992 by Mosby—Year Book, Inc. A Year Book Medical Publishers imprint of Mosby—Year Book, Inc.

Mosby—Year Book, Inc. 11830 Westline Industrial Drive St. Louis. MO 63146

All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted, in any form or by any means, electronic, mechanical, photocopying, recording, or otherwise, without prior written permission from the publisher. Printed in the United States of America.

Permission to photocopy or reproduce solely for internal or personal use is permitted for libraries or other users registered with the Copyright Clearance Center, provided that the base fee of \$4.00 per chapter plus \$.10 per page is paid directly to the Copyright Clearance Center, 21 Congress Street, Salem, MA 01970. This consent does not extend to other kinds of copying, such as copying for general distribution, for advertising or promotional purposes, for creating new collected works, or for resale.

Editorial Office: Mosby—Year Book, Inc. 200 North LaSalle St. Chicago, IL 60601

International Standard Serial Number: 0748-5212 International Standard Book Number: 0-8151-4065-7

# Contributors

#### R. Robinson Baker, M.D.

Professor of Surgery and Oncology, Johns Hopkins University School of Medicine, Baltimore, Maryland

#### James H. Carraway, M.D.

Professor and Chairman, Department of Plastic Surgery, Eastern Virginia Graduate School of Medicine, Norfolk, Virginia

#### Thomas C. Cochran, Jr., M.D.

Assistant Clinical Professor of Surgery, Harvard Medical School; New England Deaconess Hospital, The Vendome, Boston, Massachusetts

#### Steven R. Cohen, M.D.

Division of Plastic and Reconstructive Surgery, University of Michigan Medical School, Ann Arbor, Michigan

#### Robert D.G. Ferguson, M.D.

Assistant Professor, Department of Radiology, Division of Neuroradiology, University of Virginia School of Medicine, University of Virginia Health Sciences Center, Department of Radiology, Charlottesville, Virginia

#### Robert S. Flowers, M.D.

Assistant Clinical Professor of Surgery, University of Hawaii, John A. Burns School of Medicine; Director and Chief, Plastic Surgery Center of the Pacific, Honolulu, Hawaii

#### Lawrence J. Gottlieb, M.D.

The University of Chicago, Pritzker School of Medicine, The University of Chicago Burn Center, Section of Plastic and Reconstructive Surgery, Department of Surgery, Chicago, Illinois

#### Richard F. Greminger, M.D.

Associate Professor of Surgery (Plastic), Albany Medical College; Adjunct Staff, Cleveland Clinic South Florida, Pembroke Pines, Florida

#### Henry K. Kawamoto, Jr., M.D., D.D.S.

Division of Plastic and Reconstructive Surgery, University of California, Los Angeles, UCLA School of Medicine, UCLA Medical Center, Los Angeles, California

#### Roger K. Khouri, M.D.

Assistant Professor of Surgery, Division of Plastic Surgery, Washington University School of Medicine, St. Louis, Missouri

#### Thomas J. Krizek, M.D.

The University of Chicago, Pritzker School of Medicine, The University of Chicago Burn Center, Section of Plastic and Reconstructive Surgery, Department of Surgery, Chicago, Illinois

#### Raphael C. Lee, M.D., Sc.D.

The University of Chicago, Pritzker School of Medicine, The University of Chicago Burn Center, Section of Plastic and Reconstructive Surgery, Department of Surgery, Department of Organismal Biology and Anatomy, Chicago, Illinois

#### Olga L. Mardach, M.D.

Division of Plastic and Reconstructive Surgery, University of California, Los Angeles, UCLA School of Medicine, UCLA Medical Center, Los Angeles, California

#### Cary G. Mellow, M.B.Ch.B., F.R.A.C.S.

Clinical Fellow and Instructor, Department of Plastic Surgery, Eastern Virginia Graduate School of Medicine, Norfolk, Virginia

#### Thomas A. Mustoe, M.D.

Assistant Professor of Surgery, Division of Plastic Surgery, Washington University School of Medicine, St. Louis, Missouri

#### C. Douglas Phillips, M.D.

Assistant Professor, Department of Radiology, Division of Neuroradiology, University of Virginia School of Medicine, University of Virginia Health Sciences Center, Department of Radiology, Charlottesville, Virginia

#### Alan S. Rapperport, M.D.

Associate Professor, University of Miami School of Medicine, Department of Plastic & Reconstructive Surgery, Miami, Florida

#### Stephen A. Sohn, M.D.

New England Baptist and Deaconess Hospitals, The Vendome, Boston, Massachusetts

# A Special Message From the Editor

I am sure that those who follow up Advances in Plastic and Reconstructive Surgery® realize that the Advances always appears to be ready to be reviewed by the subscribers and all those interested at the time of the American Society of Plastic and Reconstructive Surgeons meeting. However, this year, we were faced with a very unusual situation with the war that took place in the Persian Gulf. Some of us had to be called up for active duty, including your Editor-in-Chief, and had to put our lives, activities, and patients "on hold" in order to be trained and prepared for deployment. Some of us were deployed to the Middle East, some to Germany, and some were used in the United States for deployment to different posts and also as back-fills. That disruption in our usual routine activities caused some of the delays in manuscripts, reviews, and other aspects that eventually showed its toll in the delays in the publication of the Advances in Plastic and Reconstructive Surgery®, volume 8.

However, with the superb support and activities from the publisher, we were able to catch up in a way and get all the manuscripts reviewed, prepared, and ready to go by the time the war was over. I hope our readers will excuse us for the delay this year, and that we will be able to catch up with our routines by the next volume.

We were also faced with another aspect in that the meeting at which we usually released the book, which is the ASPRS meeting, was moved earlier this year.

We are all looking forward to a nice and peaceful future so we can complete our first anniversary and our silver anniversary in the coming years.

Mutaz B. Habal, M.D., F.R.C.S.C. Editor-in-Chief

# **Statement of Purpose**

The eighth volume of Advances in Plastic and Reconstructive Surgery<sup>®</sup> offers another series of new and innovative topics and introduces these advances to the practicing plastic surgeon.

Time has passed so fast since we started our first series almost 10 years ago. At that time, we felt that we would be going over some topics that were new and controversial two or maybe three times. However, we are still seeing more and more advances coming our way in plastic and reconstructive surgery. Some of these will be noted in this volume and others will be forthcoming in future volumes.

As the surgical specialty is getting more and more focused into regions, techniques, and procedures, the scope continues to widen for the plastic surgeon. There is a wide variety of techniques and the process is still fascinating and exciting. It is of utmost importance that even though we now have specialized people in our specialty of plastic and reconstructive surgery, we still thrive on being able to perform a wide variety of plastic and reconstructive surgery and yet have the ability to focus into one area and excel, which is almost a must for every plastic surgeon who is just starting out in the field now.

In this issue, as we have promised in the past, even though most of the chapters are invited authors, we are still open for those who may feel they have something of interest which they would like to present. The process is the same: a short abstract is written and reviewed, and then a chapter is formulated and also peer-reviewed before it is accepted for publication. We have one such chapter selected in this issue and we hope that in the future we will always have a mix between those invited and those that are authored by this selective process of strict peer review by the editorial board.

It is also of interest to note that in striving for excellence, we continue to be a "matrix" specialty, crossed with many other specialties for different treatment modalities. In this issue, it is well noted in the embolization chapter where the skill of a plastic surgeon and a radiologist helped alleviate some of the problems that patients encounter with large vascular malformations.

Whether in basic science or clinical application, Advances in Plastic and Reconstructive Surgery will exhibit such advances that will continue to be placed under one cover as a forum of communication in the future.

If a topic is very controversial, we will have a point/counterpoint presentation and leave the final judgment of which method, technique, or treatment plan to use to the practicing plastic surgeon's experience.

Mutaz B. Habal, M.D., F.R.C.S.C. Editor-in-Chief

## **Preface**

This year, Advances in Plastic and Reconstructive Surgery®, volume 8, brings to us a variety of topics that are of interest to the practicing plastic surgeon. Specifically, the topics are a mixture of clinical and also basic science with its applications. The basic science data is of importance to most of us dealing with thermal injury.

The first chapter, by Lee and associates, shows us the biophysiology, pathophysiology, mechanics, and physics behind electrical thermal injuries. As this becomes more evident on the scientific level, discussions of the treatment and treatment plans followed.

Bob Flowers and his associates bring us Bob's experience of many years in eyelid reconstruction. Even though the early part of his experience was working on aesthetic eyes, the various uses and techniques used in eyelid reconstruction with the new advances are all noted. It is of great interest to note that when eyelid surgery was initially performed, it was merely an excision of redundant skin with primary closure. Now, it is extensive, artistic work with muscle physiology and plastic surgery to give the patient the best possible outcome.

Jim Carraway, who also has vast experience on this topic, brings us both his experiences and the advances made.

Steve Sohn has a profound interest in cosmetic surgery. He started working many, many years ago with Dr. Skoog and ended up with his practice in Boston. He brings us some of the ancillary points in cosmetic surgery.

Mustoe and Khori bring us new advances in scar therapy. The application is the same, however their experience is well demonstrated through different parts of the text, and the future of such modalities and applications will be dependent on how long they stand the test of time.

Kawamoto demonstrates to us the application of craniofacial surgical techniques in aesthetic surgery, stressing the importance of knowing the anatomy of the skeleton well for application of patient treatment.

Rapperport and his colleagues bring us their experience with direct modalities of iontophoresis in the treatment of patients with extensive topical and extensively localized infection by regional application. An example is the improvement of a well known modality with widening of its application.

So, we now progress in our knowledge and application, continuing to follow the Osler dogma of utilizing our knowledge from reading, experience, and teachings for application in patient care to pursue excellence and achieve the best possible outcome with the highest standard of care available.

Mutaz B. Habal, M.D., F.R.C.S.C. Editor-in-Chief

# Contents

Contributors						7
A Special Message from the Editor						9
Statement of Purpose						11
Preface	٠	٠	•	÷	•	13
Pathophysiology and Clinical Manifestations of Tis Injury in Electrical Trauma.		ıe				
By Raphael C. Lee, Lawrence J. Gottlieb, and Thomas J. Krizek						1
Background Physiology and Biophysics						1
Electrical Conduction						1
Dielectric Breakdown: Arcing						3
Sensory and Neuromuscular Responses to Current.						4
Joule Heating						5
Cellular Response to Supraphysiologic Temperatures						6
Electroporation						9
Induced Transmembrane Potential by Electric Fields						11
Pathogenesis						13
Role of Thermal vs. Nonthermal Effects						13
Duration of Contact						20
Classification of Injury						21
Clinical Manifestations						21
Co-Morbid Factors						21
Cutaneous Injury	: •1					21
Nerve Injury						23
Skeletal Muscle Injury		•		÷	٠	23
Summary and Conclusions			,			26
Acknowledgments						27
Cosmetic Blepharoplasty—State of the Art.						
By Robert S. Flowers						31
Unsolved Problems			×	74	•	33
The New Blepharoplasty	•			٠	•	34
State-of-the-Art Modification of Eyelid and Periorbital						
Appearance	٠		ž			37
Anatomic Discoveries						37
The Brow as it Relates to Orbital Aesthetics						38
The Functional Significance of Brow Positioning	1.0			7.0		38

	Guides for Determining Long-term Effects of Brow			20
	Elevation		٠	39 41
	Selection of Type of Lift			
	Repair Through Upper Lid Blepharoplasty			42
	Blepharoplasty Without Skin Excision			42
	Designs For Skin Excision			45
	Bony Encroachment and Protruding Orbital Rim			48
	Exophthalmos			50
	Medial Epicanthal Folds			50
	The Lower Eyelids and Inferior Orbital Region			51
	Hypotonicity, Lowered Posture, and Antimongoloid Tilt			
	The Problems With Traditional Lower Blepharoplasty			
	Routine Canthopexy With Lower Blepharoplasty	ž		53
	Canthopexy Without Disinsertion of Lateral Canthal			F.0
	Tendons			
	Type II Canthopexy			
	Canthopexy and Lid Crowding			
	Canthopexy via Coronal Incisions			57
	Skin and Muscle Removal on the Lower Eyelids			
	Deficiencies of the Infraorbital Rim and Hemiexophthalmos			60
	Secondary Corrections			
	Prophylaxis			64
T	he Role of Interventional Neuroradiology in Selected			
V	ascular Lesions of the Head and Neck.			
B	y C. Douglas Phillips and Robert D.G. Ferguson			
	Technique			73
	Tissue/Lesion Type			74
	Embolic Material			75
	Angioarchitecture			75
	Functional Testing			75
	Delivery System Selectivity/Proximity to Lesion			
	Nature and Timing of Adjunctive Procedures			
	Materials			76
	Delivery Systems	÷		76
	Embolic Agents	,		78
	Vascular Neoplasms			80
	Vascular Malformations			82
Ír	nnovations in Blepharoptosis Surgery.			
В	y James H. Carraway and Cary G. Mellow			85
	Anatomy			
	Classification			
	A - (CL33111) CH3CH1			

History.	91
History, Examination and Evaluation	92
Surgical Treatment	
Anesthesia	150 (550)
Levator Aponeurosis Repair	94
Levator Advancement	
Frontalis Suspension	
Discussion	
Acknowledgments	
_	).T.o.X.s.T.l
The Aging Face and Total Facial Rejuvenation. By Stephen A. Sohn and Thomas C. Cochran, Jr	103
Relevance of Performing Facial Rejuvenation	
Facial Beauty	
Facial Aging.	
The Hair	
The Forehead	
The Eyebrows	
Eyelids	
Nose	
Lips	
Cheeks and Malar Eminences	
Chin	
The Neck	115
Ideal Candidate	116
The Tools for Facial Rejuvenation	
Blepharoplasty	
Browlift	
Facelift	
Rhinoplasty	
Chin Augmentation	
Malar and Submalar Augmentation	123
Chemical Peeling	
Collagen	125
Conclusions	126
Trends in the Treatment of Hypertrophic Scars.	
By Roger K. Khouri and Thomas A. Mustoe	129
Epidemiology	
Etiology	
Ischemia	
Mechanical Theory	131

Immune Theory												•					131
Mast Cell Theory									,	•		•					132
Hormonal Factors .						ä			•			٠	•				132
Growth Factors					¥	ě			ě			×				8	132
Clinical Manifestations.																	
Pathology																	133
Treatment				•										5.00			134
Surgery							•							7.00			134
Keloids																	
Hypertrophic Scars					8												135
Laser Therapy	į.	÷		٠	÷	ŧ	٠			•	•						135
Keloids					ġ.		٠	4.		ě							135
Hypertrophic Scars																	
Dermabrasion																	
Keloids																	
Hypertrophic Scars															•		136
Pressure																	
Keloids																	
Hypertrophic Scars																	
Radiation Treatment																	
Steroids																	
Hypertrophic Scars																	
Keloids																	
Retinoic Acid																	
Silicone Gel																	
Other																	
Interferon $\alpha 2b$						2											
Zinc Oxide																	145
β-aminopropionitril																	
Colchicine																	
Author's Approach .																	
Conclusion																	
he Impact of Craniofa																	
urgery.				-													
y Števen R. Cohen, Hen lardach	iry	K.	K	aw	an	ot	0,	Jr.	, a	nd	0	lga	ιL	•:			153
Anatomic Assessment of																	
Orbital and Nasal Reg																	
Facial Width and the																	
Highlight-Lowlight Re	Sic	115	٠	•	8								•			•	15/

Lip-Tooth Relationships	•			158
Profile Analysis				161
Vertical Proportions		•	2	162
Sagittal Dimensions	÷	٠	٠	162
Psychological Considerations				
Implant Biomaterial		•		
Silicone			•	
Proplast	•	4		166
Methylmethacrylate				00.00.0
Porous Hydroxyapatite				
Osteotomies				
Surgical Procedure by Anatomic Location				167
Forehead, Temporal Regions, and Supraorbital Ridge .				
Palpebral Fissures				
Malar-Midface Structures				
Mandibular Body and Angle				171
The Chin	٠	•	•	1/4
<b>Iontophoresis in Plastic Surgery.</b> By Alan S. Rapperport and Richard F. Greminger				181
What is Iontophoresis?				181
Setting Up the Iontophoresis System				184
Iontophoresis Technique (With Penicillin)				
Clinical Applications in Plastic Surgery				
Treatment Technique				
Applications by Region and Disease	•	•		
The Ear				
The Hand				
Vascular Ulcers				
Osteomyelitis and Chondritis				202
Discussion				203
Summary and Conclusions				205
The Management of Breast Cancer With Immediate or				
Delayed Reconstruction.				
By R. Robinson Baker		•		209
Indications				209
The Role of the General Surgeon in Breast Reconstruction			*	211
The Technical Aspects of Breast Reconstruction				213
Contralateral Breast Procedures				213
Silicone Implants				21/

#### xx / Contents

Myocutane	ou	s F	Flap	os	ě	•		ě										•				216
Nipple/Are	ola	r F	Rec	on	str	uc	tior	١.						•				•		o <b></b>		219
Timing		7.	•			7.00				•								¥			ž	220
Summary						•		•		•	÷	•	<b>.</b>	÷	,	٠		•	ě	•	ě	221
Index	٠					*		÷	•	ě		(*)	•			•	ŭ.				v	225

# Pathophysiology and Clinical Manifestations of Tissue Injury in Electrical Trauma

## Raphael C. Lee, M.D., Sc.D.

The University of Chicago, Pritzker School of Medicine, The University of Chicago Burn Center, Section of Plastic and Reconstructive Surgery, Department of Surgery, Department of Organismal Biology and Anatomy, Chicago, Illinois

#### Lawrence J. Gottlieb, M.D.

The University of Chicago, Pritzker School of Medicine, The University of Chicago Burn Center, Section of Plastic and Reconstructive Surgery, Department of Surgery, Chicago, Illinois

#### Thomas J. Krizek, M.D.

The University of Chicago, Pritzker School of Medicine, The University of Chicago Burn Center, Section of Plastic and Reconstructive Surgery, Department of Surgery, Chicago, Illinois

The high-voltage electrical burn is often a thoroughly devastating injury. Extensive skeletal muscle, neural and vascular tissue injury may occur, and the damage is characteristically scattered in its distribution along the current path. The victim frequently suffers permanent disability. The pathogenic mechanisms underlying electrical trauma have not been well understood. Recent research indicates that strong electric fields damage tissues by more than heating alone, involving direct damage to cell membranes. Despite recent progress, there are many unresolved questions. This review will focus on the current state of biophysical and clinical understanding of electrical trauma as well as touch on aspects of clinical management.

#### **Background Physiology and Biophysics**

#### **Electrical Conduction**

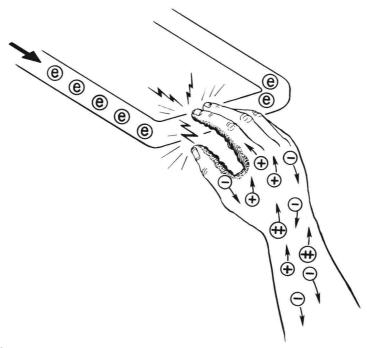
Although in metallic conductors current is carried by electrons, the charge carriers in aqueous solutions are mobile ions. During electric shock, electrons are converted to ions by electrochemical reactions across the metal-

skin interface (Fig 1). This generates heat and toxic chemical by-products that alter tissue oxygen and pH and may contribute to local tissue injury.

Pure water is tenfold more resistant to electrical current than is physiologic saline. The addition of salt provides mobile ions to carry the current, which raises conductivity to approximately 1 siemens\*/m for physiologic saline. Because saline is such a good electrical conductor, the body in contact with a 60-Hz source behaves like a pure resistive load.

When current passes through the body, the epidermal layer and the metal-skin surface contact impedances dominate the initial resistance. The epidermis is very thin, typically a 100- to 500- $\mu m$  thick layer of fused squamous epithelial cells that covers the body surface, forming a thin electrically insulating closed shell. Depending on its state of hydration, the resistance of 1 cm² of epidermis may range from 50,000 to 500,000  $\Omega$ . In the palms of the hands and soles of the feet, the epidermis can build up to double or triple that thickness, resulting in two or three times greater resistance. There is little difference in the measured resistance between adja-

\*1 siemens = 
$$\frac{1}{\text{ohm }(\Omega) \times \text{volt }(V)}$$



**FIG 1.** Electrical current is carried by electrons in metal conductors or by dissolved ions in aqueous solutions. The conversion of electrons to ions occurs by an electrochemical process that causes pH changes and heat generation.

cent fingers on one hand and between two fingers on opposite hands because the epidermis dominates the electrical resistance to current passage through the body.

Conduction of current in tissues is altered by the presence of cells. Cell membranes are very insulating, thus the current tends to pass around and between them. In effect, this reduces the tissue area available for ion flux. The result is that tissue conductivity is less than that of physiologic saline and varies according to cell density, cell size, and cell orientation. For example, the conductivity of muscle parallel to the long axis of the muscle cells is greater than the conductivity perpendicular to the major axis. Table 1 lists the electrical conductivity of the most abundant human tissues.

#### Dielectric Breakdown: Arcing

When the electric field strength within a material exceeds the critical value above which the force on atoms in the field pulls the electrons out of their orbital shells, the material becomes very conductive. This event is called dielectric breakdown and is manifested by a bright flash (arc) as electrons give off photons. The dielectric strength of a material is the maximum electric field strength a material will withstand before breakdown. For air, it is roughly  $2 \times 10^6$  V/m; for other materials it has a different value (Table 2).

The temperature of the arc is roughly in the range of 3,000° C. Arc burns frequently occur on the skin of victims of high-voltage shock. How-

TABLE 1.					
Electrical and	<b>Thermal</b>	<b>Properties</b>	of Viable	Human	<b>Tissues</b>

Tissue	Electrical Conductivity (siemens/m)*	Thermal Conductivity (W/m° C)	Heat Capacity (J/m³° C)
Saline	1.3	0.59 - 0.66	$4.13 \times 10^{6}$
Skin (dry)	$\sim \! 10^{-4}$	0.2	$3.2 \times 10^{6}$
Skin (normal)	0.038	0.5 - 0.6	$3.6 \times 10^{6}$
Fat	0.05	0.1 - 0.4	$1.98 \times 10^{6}$
Muscle	0.4 (L)	0.385	$3.8 \times 10^{6}$
	0.14 (T)		
Major nerve	0.47 - 0.72 (L)	_	_
	0.083 (T)		
Bone cortex	0.054	2.2	$4.13 \times 10^{6}$
Bone marrow	0.180	0.385	$\sim 4.14 \times 10^6$
Blood	0.65	0.53	$\sim 4.14 \times 10^6$
Glycerine	$10^{-8}$	0.28	$3.5 \times 10^{6}$
Mercury	$10^{6}$	8.0	$1.9 \times 10^{6}$

<sup>\*</sup>L = longitudinal to the long axis of the fibers, T = Transverse to the long axis of the fibers.