

Making Everything Easier!™

Catholic Mass

FOR
DUMMIES®

Learn to:

- Understand the history, symbolism, meaning, and language of the Mass

Get a handle on the order of standard Sunday Mass, weddings, funerals, holiday services, and more

Grasp the Catholic faith through its expression in the Mass

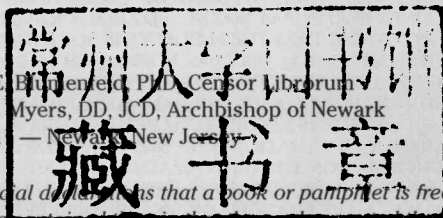
Rev. John Trigilio, Jr.
Rev. Kenneth Brighenti
Rev. Monsignor James Cafone



Catholic Mass FOR **DUMMIES®**

**by Rev. John Trigilio, Jr.,
Rev. Kenneth Brighenti,
Rev. Monsignor James Cafone**

Nihil Obstat: Rev. Donald E. Blumentfeld, PhD, Censor Librorum
Imprimatur: Most Rev. John J. Myers, DD, JCD, Archbishop of Newark
January 19, 2011 — Newark, New Jersey



The Nihil Obstat and Imprimatur are official declarations that a book or pamphlet is free of doctrinal or moral error. No implication is contained herein that those who granted the Nihil Obstat and the Imprimatur agree with the contents, opinions, or statements expressed.



Wiley Publishing, Inc.

Catholic Mass For Dummies®

Published by
Wiley Publishing, Inc.
111 River St.
Hoboken, NJ 07030-5774
www.wiley.com

Copyright © 2011 by Wiley Publishing, Inc., Indianapolis, Indiana

Published by Wiley Publishing, Inc., Indianapolis, Indiana

Published simultaneously in Canada

No part of this publication may be reproduced, stored in a retrieval system or transmitted in any form or by any means, electronic, mechanical, photocopying, recording, scanning or otherwise, except as permitted under Sections 107 or 108 of the 1976 United States Copyright Act, without either the prior written permission of the Publisher, or authorization through payment of the appropriate per-copy fee to the Copyright Clearance Center, 222 Rosewood Drive, Danvers, MA 01923, (978) 750-8400, fax (978) 646-8600. Requests to the Publisher for permission should be addressed to the Permissions Department, John Wiley & Sons, Inc., 111 River Street, Hoboken, NJ 07030, (201) 748-6011, fax (201) 748-6008, or online at <http://www.wiley.com/go/permissions>.

Trademarks: Wiley, the Wiley Publishing logo, For Dummies, the Dummies Man logo, A Reference for the Rest of Us!, The Dummies Way, Dummies Daily, The Fun and Easy Way, Dummies.com, Making Everything Easier, and related trade dress are trademarks or registered trademarks of John Wiley & Sons, Inc. and/or its affiliates in the United States and other countries, and may not be used without written permission. All other trademarks are the property of their respective owners. Wiley Publishing, Inc., is not associated with any product or vendor mentioned in this book.

LIMIT OF LIABILITY/DISCLAIMER OF WARRANTY: THE PUBLISHER AND THE AUTHOR MAKE NO REPRESENTATIONS OR WARRANTIES WITH RESPECT TO THE ACCURACY OR COMPLETENESS OF THE CONTENTS OF THIS WORK AND SPECIFICALLY DISCLAIM ALL WARRANTIES, INCLUDING WITHOUT LIMITATION WARRANTIES OF FITNESS FOR A PARTICULAR PURPOSE. NO WARRANTY MAY BE CREATED OR EXTENDED BY SALES OR PROMOTIONAL MATERIALS. THE ADVICE AND STRATEGIES CONTAINED HEREIN MAY NOT BE SUITABLE FOR EVERY SITUATION. THIS WORK IS SOLD WITH THE UNDERSTANDING THAT THE PUBLISHER IS NOT ENGAGED IN RENDERING LEGAL, ACCOUNTING, OR OTHER PROFESSIONAL SERVICES. IF PROFESSIONAL ASSISTANCE IS REQUIRED, THE SERVICES OF A COMPETENT PROFESSIONAL PERSON SHOULD BE SOUGHT. NEITHER THE PUBLISHER NOR THE AUTHOR SHALL BE LIABLE FOR DAMAGES ARISING HEREFROM. THE FACT THAT AN ORGANIZATION OR WEBSITE IS REFERRED TO IN THIS WORK AS A CITATION AND/OR A POTENTIAL SOURCE OF FURTHER INFORMATION DOES NOT MEAN THAT THE AUTHOR OR THE PUBLISHER ENDORSES THE INFORMATION THE ORGANIZATION OR WEBSITE MAY PROVIDE OR RECOMMENDATIONS IT MAY MAKE. FURTHER, READERS SHOULD BE AWARE THAT INTERNET WEBSITES LISTED IN THIS WORK MAY HAVE CHANGED OR DISAPPEARED BETWEEN WHEN THIS WORK WAS WRITTEN AND WHEN IT IS READ.

Excerpts from the English translation of The Roman Missal © 2010, International Commission on English in Liturgy Corporation (ICEL); excerpts from the English translation of Rites of Baptism for Children © 1969, ICEL; excerpts from the English translation of Rite of Marriage © 1969, ICEL; excerpts from the English translation of Rite of Confirmation (Second Edition) © 1975, ICEL; excerpts from the English translation of Pastoral Care of the Sick; Rites Anointing and Viaticum © 1982, ICEL; excerpts from the English translation of Order of Christian Funerals © 1985, ICEL. All rights reserved.

For general information on our other products and services, please contact our Customer Care Department within the U.S. at 877-762-2974, outside the U.S. at 317-572-3993, or fax 317-572-4002.

For technical support, please visit www.wiley.com/techsupport.

Wiley also publishes its books in a variety of electronic formats. Some content that appears in print may not be available in electronic books.

Library of Congress Control Number: 2010943065

ISBN: 978-0-470-76786-3

Manufactured in the United States of America

10 9 8 7 6 5 4 3 2 1



About the Authors

Rev. John Trigilio, Jr., PhD, ThD: A native of Erie, Pennsylvania, Father Trigilio serves as the pastor of Our Lady of Good Counsel (Marysville, Pennsylvania) and St. Bernadette Catholic Churches (Duncannon, Pennsylvania). He is the president of the Confraternity of Catholic Clergy and executive editor of its quarterly journal, *Sapientia* magazine. Father Trigilio cohosted several weekly TV series on the Eternal Word Television Network (EWTN): *Web of Faith*, *Council of Faith*, *Crash Course in Catholicism*, and *Crash Course in Pope John Paul II*. He also serves as a theological consultant and online spiritual advisor for EWTN. He is a Cooperator in Opus Dei, was listed in *Who's Who in America* and *Who's Who in Religion*, and is a member of the Fellowship of Catholic Scholars. He was ordained a priest for the Diocese of Harrisburg (Pennsylvania) in 1988.

Rev. Kenneth Brighenti, PhD: A native of New Britain, Connecticut, Father Brighenti is the Director of Pastoral Field Education and an assistant professor at Mount Saint Mary University and Seminary (Emmitsburg, Maryland). He is the managing editor of *Sapientia* magazine and a member of the Board of Directors for the Confraternity of Catholic Clergy, and he cohosted three weekly TV series on Eternal Word Television Network (EWTN). Father Brighenti also served as a U.S. Naval Reserve Chaplain for ten years and was ordained a priest for the Diocese of Metuchen (New Jersey) in 1988. He and Father Trigilio coauthored *Catholicism For Dummies* (2003), *The Everything Bible Book* (2004), *Women in the Bible For Dummies* (2005), *John Paul II For Dummies* (2006), and *Saints For Dummies* (2010), and he authored *Marriage as Covenant* (2009). Fathers Brighenti and Trigilio are also Knights of Columbus and members of the Order Sons of Italy of America (OSIA) and the National Italian American Foundation (NIAF).

Rev. Msgr. James Cafone, STD: A native of Belleville, New Jersey, Msgr. Cafone serves as tenured assistant professor in the Religion Department of Seton Hall University, South Orange, New Jersey. He is the vice-chair of its Board of Trustees and a member of the Board of Regents and the Committee on Mission and Identity. He teaches full-time at the university and serves as minister to the 47 members of the Priest Community at Seton Hall. He also serves as chaplain to the Alumni Board of the university. Monsignor wrote the foreword to *John Paul II For Dummies* (2006), written by Frs. Brighenti, Toborowsky, and Trigilio.

Dedication

This book is dedicated . . .

In honor of the Blessed Virgin Mary, under the title Our Lady of the Blessed Sacrament, whose maternal intercession and guidance helped us throughout the research, writing, and editing of this project.

In honor of St. Joseph, Spouse of the Virgin Mary, Head of the Holy Family, and Patron of Universal Church, for his paternal protection on our ourselves, our families, and our friends.

In honor of St. Thomas Aquinas, OP, whose love of the Holy Eucharist inspired us throughout our seminary formation and continuing into our priesthood.

In memory of Pope Pius XII, who initiated the reform and restoration of many aspects of Divine Worship in the Sacred Liturgy.

To the members of the Confraternity of Catholic Clergy, a national association of priests and deacons, which seeks to foster ongoing spiritual, theological, and pastoral formation of the ordained in a fraternal environment so as to be better prepared and equipped to serve the needs of the souls entrusted to our care.

To the priests and deacons, seminarians, and faculty of Mount St. Mary Seminary, Emmitsburg, Maryland, for their dedication to forming competent, orthodox, pastoral, and reverent men to serve Holy Mother Church and the People of God.

A very special note of admiration and gratitude goes to his Holiness, Pope Benedict XVI and to his Master of Ceremonies, Msgr. Guido Marini, for their efforts and example to offer true, fitting, and reverent worship of God through the Holy Sacrifice of the Mass. As priests who celebrate the Mass daily, we are edified and encouraged by Pope Benedict's love and appreciation of the Sacred Eucharistic Liturgy, which is the source and summit of the Catholic faith.

Authors' Acknowledgments

Monsignor Cafone and Fathers Brighenti and Trigilio would like to express their deep appreciation and gratitude to the following persons:

Archbishop John J. Myers, JCD, DD (Newark); Archbishop Edwin F. O'Brien, STD, DD (Baltimore); Bishop Michael P. McFadden, DD (Harrisburg); Bishop Paul G. Bootkoski, DD (Metuchen); Msgr. Steven Rohlf; Fr. Robert J. Levis, PhD; Cordelia Cafone (mother); Percy and Norma Brighenti (parents); Elizabeth Trigilio (mother); Priscilla Brighenti Collin (sister); Mark Trigilio (brother); Lou and Sandy Falconeri (friends); Drs. Keith and Christina Burkhart (friends); Thomas and Bridgette McKenna; Michael Drake; Dr. Elizabeth Frauenhoffer; and Dr. Helen Hull Hitchcock.

And special mention to Mother Angelica of the Poor Clare Nuns in Hanceville, AL, and foundress of EWTN (Eternal Word Television Network), as well as to all the sisters at Our Lady of the Angels, Monastery; Sister Servants of the Eternal Word at Casa Maria Retreat House, Irondale, AL; Discalced Carmelite Nuns, Erie, PA; Cloistered Dominican Nuns of the Perpetual Rosary, Lititz, PA; Pontifical Institute of the Religious Teachers Filippini (Maestre Pie Filippini), Morristown, NJ.

Publisher's Acknowledgments

We're proud of this book; please send us your comments through our Dummies online registration form located at <http://dummies.custhelp.com>. For other comments, please "contact our Customer Care Department within the U.S. at 877-762-2974, outside the U.S. at 317-572-3993, or fax 317-572-4002.

Some of the people who helped bring this book to market include the following:

Acquisitions, Editorial, and Media Development

Senior Project Editor: Tim Gallan

Acquisitions Editor: Tracy Boggier

Copy Editor: Caitlin Copple

Technical Editor: Rev. Patrick Beidelman

Assistant Editor: David Lutton

Editorial Manager: Michelle Hacker

Editorial Assistants: Jennette ElNaggar,
Rachelle S. Amick

Art Coordinator: Alicia B. South

Cover Photo: ©Emerka / Dreamstime.com

Cartoons: Rich Tennant
(www.the5thwave.com)

Composition Services

Project Coordinator: Nikki Gee

Layout and Graphics: Claudia Bell,
Carl Byers

Proofreaders: Rebecca Denoncour,
Betty Kish

Indexer: Dakota Indexing

Publishing and Editorial for Consumer Dummies

Diane Graves Steele, Vice President and Publisher, Consumer Dummies

Kristin Ferguson-Wagstaffe, Product Development Director, Consumer Dummies

Ensley Eikenburg, Associate Publisher, Travel

Kelly Regan, Editorial Director, Travel

Publishing for Technology Dummies

Andy Cummings, Vice President and Publisher, Dummies Technology/General User

Composition Services

Debbie Stailey, Director of Composition Services

Contents at a Glance

<i>Introduction</i>	1
<i>Part I: The Lord Be with You: Welcome to Mass</i> ...	7
Chapter 1: Understanding the Mass.....	9
Chapter 2: The Foundations of Mass	21
Chapter 3: The Liturgical Year.....	31
Chapter 4: Meet the Players: Liturgical Ministers.....	51
<i>Part II: Forms of Catholic Worship</i>	61
Chapter 5: Ordinary Form of the Mass	63
Chapter 6: Extraordinary Form: Traditional Latin Mass	81
Chapter 7: Variations in the Ordinary Form	117
Chapter 8: Extending the Mass: Liturgy of the Hours and Eucharistic Devotions	133
Chapter 9: Eastern Catholic Divine Liturgy.....	143
Chapter 10: Other Catholic Rites.....	181
<i>Part III: Tools of the Trade</i>	193
Chapter 11: Liturgical Books.....	195
Chapter 12: Liturgical Vestments	201
Chapter 13: Liturgical Vessels, Altar Linens, and Artifacts	213
Chapter 14: Architecture, Art, and Music	225
<i>Part IV: The Part of Tens</i>	245
Chapter 15: Ten Special Places of Eucharistic Miracles.....	247
Chapter 16: Ten Saintly Commentaries on the Holy Sacrifice of the Mass.....	255
<i>Index</i>	263

Table of Contents

.....

Introduction..... 1

About This Book	1
Conventions Used in This Book	3
What You're Not to Read	4
Foolish Assumptions	4
How This Book Is Organized	5
Part I: The Lord Be with You: Welcome to Mass	5
Part II: Forms of Catholic Worship	5
Part III: Tools of the Trade.....	5
Part IV: The Part of Tens.....	5
Icons Used in This Book.....	5
Where to Go from Here	6

Part 1: The Lord Be with You: Welcome to Mass.... 7

Chapter 1: Understanding the Mass.....9

Introducing the Catholic Mass	9
What Mass Means to Catholics	10
Different Catholics, Different Masses	12
Western Rite	13
Eastern Rite	14
Changes to the Mass Over the Years	17
The early days.....	17
The Middle Ages and Renaissance	18
Adapting in the 20th century	18
Getting the Most Out of Mass.....	19
The job of the priest and his crew.....	19
The role of the congregation.....	20

Chapter 2: The Foundations of Mass21

Old Testament: Roots of Judaism	21
Genesis and the creation story	22
Sacrifice of Abel	23
Sacrifice of Abraham	23
Sacrifice of Melchizedek	23
Passover (Seder) meal	24
Sacrifice by Levite priests in the Temple	25
Biblical covenants	26
New Testament: Origin of Christianity.....	26
Making a new covenant at the Last Supper.....	27
Seeing how the New Covenant changes things.....	28
Remembering the covenant and the Last Supper	28

Discovering the Real Presence.....	29
Other New Testament foundations	30

Chapter 3: The Liturgical Year31

Worshipping through the Temporal Cycle.....	32
Preparing for Christ Our Light: Advent and Christmas	32
Advent	33
Christmas.....	35
Celebrating Christ Our Life: Lent, Holy Week, and Easter	38
Lent.....	39
Holy Week.....	41
Easter	45
Filling in the Gaps with Ordinary Time	46
Honoring Saints in the Sanctoral Cycle.....	48
Feasts of the Virgin Mary.....	48
Feasts of the saints	49

Chapter 4: Meet the Players: Liturgical Ministers . . . 51

Identifying the Celebrants.....	51
Bishop	52
Priest	53
Deacon	53
The Non-Ordained Ministers	54
Acolyte	54
Extraordinary ministers of Holy Communion	55
Lector	56
Reader	56
Psalmist/cantor.....	56
Organist/music director	56
Choir.....	57
Commentator	57
Altar servers	57
Ushers	58
Master of ceremonies.....	58
Sacristan	59
Ministers in the Extraordinary Form of the Roman Mass.....	59
Acolytes	59
Lectors	60
Subdeacon	60
Deacon	60

Part 11: Forms of Catholic Worship 61

Chapter 5: Ordinary Form of the Mass63

Introductory Rites.....	63
Greeting.....	64
Rite of Sprinkling or Penitential Rite	65

Confiteor	66
Kyrie	66
Gloria	66
Opening Prayer (Collect)	67
Liturgy of the Word	67
First reading	67
Psalm	68
Second reading	68
Gospel	69
Homily	70
Profession of Faith (Creed)	70
Prayer of the Faithful (General Intercessions)	72
Liturgy of the Eucharist	73
Preparation of Gifts (Offertory)	73
Offertory Prayer	74
Preface and Sanctus	75
Eucharistic Prayer	75
Pater Noster (Our Father or Lord's Prayer)	78
Sign of Peace	78
Fraction Rite — Agnus Dei (Lamb of God)	79
Communion Rite	80
Prayer after Communion	80
Concluding Rite	80
Chapter 6: Extraordinary Form:	
Traditional Latin Mass	81
Introducing the Extraordinary Form of the Mass	81
Discovering the origins of the Extraordinary form	81
Replacing and restoring the Extraordinary form	82
Celebrating the Extraordinary Mass today	83
A Rundown of the Entire Mass	83
Asperges (Sprinkling of holy water)	84
Mass of the Catechumens	84
Mass of the Faithful	94
Prayers after Low Mass	114
Chapter 7: Variations in the Ordinary Form	117
Nuptial (Wedding) Mass	117
Introductory rites	118
Liturgy of the Word	118
Declaration of intention	118
Exchange of consent	119
Blessing and exchange of rings	119
Liturgy of the Eucharist	119
Nuptial Blessing	120
Requiem (Funeral) Mass	121
Introductory rites	121
Liturgy of the Word	122

Liturgy of the Eucharist	122
Final Commendation	123
Mass with Baptism.....	123
Reception of the child	123
Anointing.....	124
Blessing of baptismal water	125
Renunciation of Sin and Profession of Faith	125
Baptism	126
Second anointing	126
Clothing with the white garment	126
Lighting the candle	126
Confirmation Mass.....	127
Renewal of baptismal promises	127
Laying on of hands	128
Anointing with chrism (Sanctum Chrism).....	128
Mass for Anointing of the Sick.....	129
Opening prayer	130
Anointing.....	130
Eucharistic Prayer	131
Final prayer.....	132
Weekday Mass	132
Holy Day Mass (Solemnities).....	132
Chapter 8: Extending the Mass: Liturgy of the Hours and Eucharistic Devotions	133
The Liturgy of the Hours.....	133
Matins.....	135
Lauds	135
Vespers	136
Compline.....	136
Eucharistic Devotions	137
Eucharistic Exposition and Benediction.....	137
Eucharistic processions.....	138
The Feast of Corpus Christi.....	139
40 Hours Devotion	140
Eucharistic congresses	140
Perpetual adoration chapels	141
Chapter 9: Eastern Catholic Divine Liturgy.....	143
History of the Byzantine Rite and Liturgy of St. John Chrysostom.....	144
Liturgy of Preparation	145
Kairon (Prayers before the Holy Doors).....	146
Vesting of the deacon.....	149
Vesting of the priest	149
Washing of the hands.....	151

Prothesis (Ceremony of preparation of the oblations).....	151
Blessing of the Holy Gifts.....	156
The Great Doxology and troparian.....	157
Liturgy of Catechumens.....	158
Liturgy of the Faithful.....	166

Chapter 10: Other Catholic Rites.....181

Eastern Catholic Churches.....	181
Alexandrian Rite.....	182
Antiochian (West Syrian) Rite.....	184
Armenian Rite.....	186
Chaldean (East Syrian) Rite.....	187
Western Catholic Churches.....	188
Latin (Roman) Rite.....	188
Ambrosian Rite.....	189
Dominican Rite.....	190
Anglican Use.....	191

Part III: Tools of the Trade..... 193

Chapter 11: Liturgical Books.....195

Lectionary.....	195
The Scripture during the Mass.....	196
The readings cycles.....	196
Book of the Gospels.....	197
Roman Pontifical.....	197
Roman Ritual.....	197
Sacramentary (Missal).....	198
Eastern Catholic Books.....	200

Chapter 12: Liturgical Vestments.....201

The Origins of Liturgical Vestments.....	201
What's Worn Today.....	202
Shared vestments in both the East and the West....	202
Western Rite vestments.....	204
Liturgical colors in the West.....	209
Eastern Rite vestments.....	211
Liturgical colors in the East.....	212

Chapter 13: Liturgical Vessels, Altar Linens, and Artifacts.....213

Common Items for Both East and West.....	213
Altar.....	214
Tabernacle.....	214
Candles.....	215

Vessels, Artifacts, and Linens in the Latin Rite.....	217
Chalice.....	217
Ciborium	217
Paten.....	218
Monstrance.....	218
Candlesticks	218
Thurible	219
Bells	219
Missal stand.....	220
Lavabo bowl	220
Cruets	220
Crosier.....	221
Processional cross.....	221
Latin Rite altar linens	222
Eastern Rite Vessels, Artifacts, and Linens	223
Chapter 14: Architecture, Art, and Music	225
Meeting in Sacred Spaces: Church Buildings	226
Parish churches	227
Chapels, shrines, and oratories	228
Cathedrals.....	228
Basilicas	229
Architectural Styles	231
Roman basilica.....	232
Byzantine	232
Romanesque.....	233
Gothic	233
Renaissance.....	235
Baroque.....	235
Neoclassical.....	236
19th- and 20th-century revivals	237
Modern.....	237
Postmodern	238
Music in Worship	238
Looking at the early use of music	238
Chanting: Pope Gregory's legacy.....	239
Reforming music in the Counter-Reformation	240
Using music in the modern Church.....	240
Art in Churches	241
Frescoes.....	242
Iconography	242
Paintings	242
Mosaics	243
Statues.....	243
Stained glass.....	244

Part IV: The Part of Tens 245

Chapter 15: Ten Special Places of Eucharistic Miracles 247

Lanciano, Italy, 750	248
Santarem, Portugal, Early 1200s.....	248
Bolsena-Orvieto, Italy, 1263	249
Siena, Italy, 1330.....	250
Blanot, France, 1331.....	251
Amsterdam, Holland, 1345.....	251
Seefeld, Austria, 1384.....	252
Ludbreg, Croatia, 1411	252
Ettiswil, Switzerland, 1447	253
Alcala, Spain, 1597	253

Chapter 16: Ten Sainly Commentaries on the Holy Sacrifice of the Mass 255

St. Ignatius of Antioch	255
St. Justin Martyr.....	256
St. Ambrose.....	256
St. Cyril of Jerusalem.....	257
St. Hilary of Poitiers	258
St. Gaudentius of Brescia	259
St. Augustine.....	259
St. Fulgentius of Ruspe	260
St. Thomas Aquinas	261
St. Elizabeth Ann Seton	262

Index..... 263

Introduction

The very heart and soul of Catholic Christianity is the Holy Mass, yet it's also one of the most mysterious and often misunderstood rituals of human history. Going back 2,000 years, this religious ceremony is considered the most sacred and precious of all rites by Catholics around the world. For the believer, it's a direct pipeline to God's divine grace. Catholicism teaches its members that the Mass is a reenactment of both the Last Supper, when Jesus gathered on Holy Thursday with his Apostles the night before he died, and Jesus's crucifixion, when he died on Good Friday at Calvary.

Because Catholicism is practiced all over the world, Mass is said in many languages. It also takes a variety of forms based on tradition and custom. The two main classifications of Catholic worship are East (also called *Oriental*) and West (also sometimes called *Roman* or *Latin*). This division goes back to the days of the ancient Roman Empire, which was divided in half between east and west.

The skeletons of these two forms are the same, but the skin is different. The Latin Mass (celebrated in the Western Church) and the Greek Divine Liturgy (celebrated by the Eastern Church) are the same in that both are centered on the celebration of the Word — reading of Sacred Scripture, the Bible — and the celebration of the Eucharist — praying over the bread and wine by the priest with the words Jesus spoke at the Last Supper.

Lex orandi, lex credendi is an ancient axiom that translates to “the law of prayer is the law of belief.” In other words, to understand what Catholicism is about, to appreciate its moral and doctrinal teachings, the best source to go to is the heart and soul of Catholic prayer. The Holy Mass is the highest prayer of the Church and it incorporates all doctrine and dogma as well as Catholic spirituality and piety. Understanding the Mass is understanding Catholicism.

About This Book

This book isn't just for Catholics to better understand the Mass; it's for all Christians, Jews, Muslims, and people of any other religion, as well as for those with no religious affiliation whatsoever. It's intended for anyone who has an interest in the Mass with all its various differences within the Catholic tradition. Whether you regularly attend Mass or have never set foot in a Catholic church,

this book will give you insight into the practices, history, and significance of Catholic Mass.

The old, more traditional Extraordinary form of the Roman Rite is explained, as is the newer and recently retranslated Ordinary form. More subtle differences between Masses are examined, too, like the unique rituals and prayers performed at a Catholic funeral Mass as opposed to a regular Sunday parish Mass. Confirmation, Ordination, and wedding (Nuptial) Masses are explained, as are more rare celebrations such as Canonization, Beatification, and Coronation.

Mass has existed for two millennia, but plenty of changes have taken place during that time. For instance, Mass was allowed to be spoken only in Latin until the Second Vatican Council (1962–1965) made adaptations to the Roman Rite. Since 1970, most Catholics have been familiar with the vernacular Mass (Mass said in their native tongue). The Byzantine and other Eastern Catholic traditions retained the ancient practice of having the priest face east, but the Western Church now allows the priest to face the congregation. Another change for Western Catholics took place under Pope John Paul II (1978–2005) and continues under Pope Benedict XVI (2005–), both of whom opened up access to the Extraordinary form of the Roman Rite (previously called the Tridentine Latin Mass). Until 1988, it was rare to find public celebrations of the old Mass, because only elderly priests who were ordained before Vatican II, that is, before 1962, were allowed to say it. The new Mass, Ordinary form, became normative in 1970. Pope John Paul II broadened the usage of the Extraordinary form, and Pope Benedict XVI made it accessible to any priest in 2007.

Whereas the Ordinary form (New Mass, *Novus Ordo*, or Mass of Paul VI) was a result of the Second Vatican Council, the Extraordinary form dates to the Council of Trent in the 16th century. The former can be and is usually celebrated in the vernacular tongue of the local area while the latter is only and always celebrated in Latin.

The changes taking place the First Sunday of Advent (November 27, 2011), are not as major as those following Vatican II. These corrections are to the English translation from the Latin. They restore some reverence and conform to the accurate authentic text as well as make the English coincide with the other modern language translations.

This book looks at the old and the new; the changes and the unchanging facets of Mass. It covers the Latin and English Masses and peers into the new translations that will become the official norm in the Western Church. It also examines the richness of culture, tradition, music, and art in the Church, as well as offering an explanation of the various duties and assignments performed during the ceremonies and rituals of Mass.