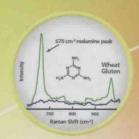
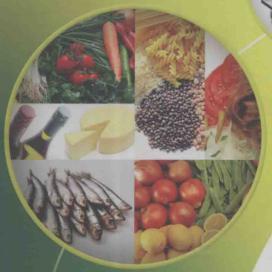
Eunice C. Y. Li-Chan, Peter R. Griffiths and John M. Chalmers







# Applications of Vibrational Spectroscopy in Food Science

Volume I Instrumentation and Fundamental Applications



# **Applications of**

# Vibrational Spectroscopy

### in Food Science

**Volume I: Instrumentation and Fundamental Applications** 

**Editors** 

Eunice C. Y. Li-Chan

University of British Columbia, Vancouver, E

Peter R. Griffiths

University of Idaho, Moscow, ID, USA

John M. Chalmers

VS Consulting, Stokesley, UK





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#### **Preface**

The quality, authenticity and safety of the foods and beverages that we consume on a daily basis are of critical importance to society. Food scientists and technologists working in industry, government, or academia all over the world therefore are actively engaged in analysis of foods and beverages in order to both ensure their safety and maximize their quality, as well as to address the longer term goal of discovering new information that will enhance their product development and process optimization.

To meet these analytical needs, the approach most commonly adopted by food scientists has typically involved steps for isolation and separation, such as solvent extraction, high-performance liquid chromatography, or gas chromatography, followed by detection using ultraviolet-visible spectroscopy, fluorescence, mass spectrometry, and so on, but traditionally, relatively rarely using vibrational spectroscopy. In practice, students in many food science programs are given very little exposure to vibrational spectroscopy, except perhaps for the isolated organic chemistry laboratory experiment in which the purified product of a chemical reaction might be subjected to mid-infrared (mid-IR) spectroscopy for identification. It is therefore not surprising that for most of the last century, vibrational spectroscopy was not commonly a part of the "analytical toolbox" of most food scientists and technologists, and there were only a few reported applications of vibrational spectroscopy in food science.

This situation changed beginning in the 1970s and 1980s with the pioneering work of Karl Norris (at the Instrumentation Research Laboratory of the United States Department of Agriculture in Beltsville, Maryland) and Phil Williams (at the Canadian Grain Commission in Winnipeg, Manitoba) and their colleagues in establishing near-infrared (NIR) spectroscopy for the expedient analysis of cereals and soy beans. Since this early work, there have been dramatic advances in the technologies for measuring NIR spectra, as well as in the development of algorithms for preprocessing and multivariate statistical analysis (chemometrics) of NIR spectral data in order to obtain accurate and reproducible quantitative information on the components of foodstuffs. Even more significant advances have been made in the instrumentation for mid-IR and Raman spectroscopy. These techniques are highly complementary to NIR spectroscopy, in that their spectra are more amenable to interpretation without the need for chemometrics—although chemometric algorithms are also being used commonly now to process mid-IR and Raman spectra—but are less suitable for very fast on-line measurements. The advantages of minimal sample preparation, rapid analysis, and a "green" methodology have led to a surge of intense interest in exploring vibrational spectroscopy for the analysis of food composition, detection of adulteration and contamination, and prediction of sensory, nutritional, or physical properties. At the same time, the growing recognition of the usefulness of vibrational spectroscopy for food quality assessment and process monitoring has generated interest in developing commercially available instruments dedicated to "user-friendly", routine analysis of specific food commodities.

As with many other analytical techniques, vibrational spectroscopy has both advantages and tremendous potential, but also limitations and challenges. The purpose of this book is to provide information on the fundamental theoretical basis underlying vibrational spectroscopic techniques as well as on practical tips and pointers to generate meaningful spectral data. We hope that the information in this book will enable both the novice as well as the experienced user to adopt these techniques and furthermore to consider innovative ways in which vibrational spectroscopy may be applied to address specific analytical and research needs in food science.

We would like to stress, however, that despite the enormous success of NIR spectroscopy for the rapid analysis of cereals and other raw materials, this book is not just about NIR spectroscopy; it is about the three prime techniques of vibrational spectroscopy. Our goal was to show how each of these—NIR, mid-IR, and Raman spectroscopy—plays a role in food science. For example, a fundamental investigation into the changes that occur on treating foods, whether by cooking, freezing, or irradiation, would be difficult to carry out by NIR spectroscopy as the spectra are far less amenable to visual interpretation than mid-IR and Raman spectra. We hope that our choice of subject matter will allow the reader to obtain an appreciation of when a given type or combination of vibrational spectroscopy approaches is the most appropriate.

The book is organized as five parts in two volumes, with Volume 1 (Parts 1 to 3) on instrumentation, techniques and fundamental research applications, and Volume 2 (Parts 4 to 5) illustrating the applications to food, drink and related materials. In Part 1, after a general introduction to the application of vibrational spectroscopy in food science, the theory, instrumentation, sampling techniques, and data processing algorithms that are used for mid-IR, NIR, and Raman spectroscopy are described in some detail. Several of the more recent instrumental developments, such as mid-IR and Raman imaging, confocal Raman microspectroscopy, and surface-enhanced Raman spectroscopy, are then introduced in Part 2, along with examples of their application to the analysis of foods.

Part 3 describes the ways in which vibrational spectroscopy is used for the study of chemical changes to components such as oils and lipids, carbohydrates and proteins in various foods including meat and fish, and also to food packaging, that occur as a consequence of storage or process treatments, such as thermal processing, exposure to air, heat, cold and irradiation. Most of these studies require the interpretation of often quite subtle spectral changes and thus involve the use of mid-IR and Raman spectroscopy in view of the relative ease with which these spectra can be interpreted as compared with NIR spectra.

The chapters in Part 4 cover the analysis of bulk materials such as cereals, rice and oilseeds, fruit and vegetables, fish, meat, milk, cheese and other fermented dairy products, wine and alcoholic beverages, as well as ingredients and additives such as edible fats and oils, sweeteners, polysaccharides, and proteins. Here, both because many products can be analyzed with either no or minimal sample preparation and because chemometric techniques obviate the need for spectral interpretation, NIR spectroscopy plays a major role. However, the other vibrational spectroscopies also give key information on or insights into these commodities. For example, following the chapter on the analysis of wheat by NIR spectroscopy, the information that can be obtained by mid-IR microspectroscopy is described.

The final chapters in Part 5 cover aspects related to the application of vibrational spectroscopy techniques for compositional analysis in the context of regulatory compliance,

adulteration, authenticity, and traceability, as well as for the detection of spoilage or pathogenic microorganisms and chemical contaminants germane to food safety.

During the time that we were preparing this book, it became very clear that many papers that have been published on the application of vibrational spectroscopy in food science contain errors that have been propagated over many years to the point that they have become lore. Some of these simply refer to the nomenclature. An example is labeling the abscissa of mid-IR and Raman spectra as "Wavenumbers (cm<sup>-1</sup>)" rather than the correct "Wavenumber (cm<sup>-1</sup>)". This is like labeling an axis as "Distances (km)" or "Times (s)"! Unfortunately, several instrument manufacturers label their spectra in this manner, which makes it difficult to persuade authors that it is incorrect. Another very common error involves calling reflection spectra "reflectance spectra", even though the same author will usually refer to a transmission spectrum correctly. Again, this error is frequently propagated in manufacturers' literature. We have tried to apply all terms used in this book in the correct manner. To this end, we have drawn on the nomenclature that is recommended in the journal *Applied Spectroscopy*, which can be found at the following URL:

http://www.s-a-s.org/media/pdf/2010/03/17/apls-64-01-136.pdf.

We also noted that some bands in the mid-IR and Raman spectra of the components of foods were frequently assigned incorrectly, and that once these assignments had been published in the food science literature, those assignments were usually taken as "gospel" in subsequent papers. We have made a strong effort to check that all bands that have been assigned in the various chapters of this book are in agreement and consistent with the assignments published in authoritative books on the interpretation of IR and Raman spectra.

When one of us (PRG) told colleagues that he is coediting a book on the applications of vibrational spectroscopy in food science, the usual reaction was "Oh, not another book on NIR spectroscopy." In fact, many food scientists who routinely apply NIR spectroscopy in their work are surprised to learn how much information is contained in mid-IR and Raman spectra. We hope that the material in this book proves that mid-IR and Raman spectroscopy have their place alongside NIR in the study of foods and beverages and that all three techniques need to be considered before settling on the optimum approach.

Eunice C. Y. Li-Chan Peter R. Griffiths John M. Chalmers May 2010

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Eunice C. Y. Li-Chan Peter R. Griffiths John M. Chalmers May 2010

#### **Contributors**

Ouissam Abbas Walloon Agricultural Research Centre (CRA-W), Gembloux, Belgium

Nils Kristian Afseth Nofima Mat AS, Ås, Norway

**Sergio Armenta** Universidad de Valencia, Burjassot, Spain

Maria José Ayora-Cañada University of Jaén, Jaén, Spain

**Hormoz Azizian** NIR Technologies, Oakville, Ontario, Canada

**Vincent Baeten** Walloon Agricultural Research Centre (CRA-W), Gembloux, Belgium

Malgorzata Baranska Jagiellonian University, Krakow, Poland

**António S. Barros** Universidade de Aveiro, Aveiro, Portugal

**Ozlem Bozkurt** Middle East Technical University, Ankara, Turkey

Lauren R. Brewer Kansas State University, Manhattan, KS, USA

**Robert Burling-Claridge** FullSpectrum Ltd., Ohaupo, New Zealand

Mercedes Careche Instituto de Ciencia y Tecnología de Alimentos y Nutrición (ICTAN), Madrid, Spain

**Pedro Carmona** Consejo Superior de Investigaciones Científicas (CSIC), Madrid, Spain

**John M. Chalmers** VS Consulting, Stokesley, UK

**Siu-Mei Choi** University of Hong Kong, Hong Kong, PR China

Manuel A. Coimbra Universidade de Aveiro, Aveiro, Portugal

**Daniel Cozzolino** The Australian Wine Research Institute, Adelaide, South Australia, Australia

Robert G. Dambergs The Australian Wine Research Institute, Adelaide, South Australia, Australia and Tasmanian Institute of Agricultural Research, Hobart, Tasmania, Australia

**Pierre Dardenne** Walloon Agricultural Research Centre (CRA-W), Gembloux, Belgium

Eric Da Silva Ryerson University, Toronto, Ontario, Canada

**Frédéric Dehareng** Walloon Agricultural Research Centre (CRA-W), Gembloux, Belgium **Ivonne Delgadillo** Universidade de Aveiro, Aveiro, Portugal

**Ana Domínguez-Vidal** University of Jaén, Jaén, Spain

**Alexander Enfield** *McGill University, Ste-Anne-de-Bellevue, QC, Canada* 

Colette C. Fagan University College Dublin, Dublin, Ireland

**Stuart Farquharson** Real-Time Analyzers, Inc., Middletown, CT, USA

**Salvador Garrigues** Universidad de Valencia, Burjassot, Spain

**Andrew Ghetler** *McGill University, Ste-Anne-de-Bellevue, QC, Canada* 

Mark Gishen Gishen Consulting, Aldgate, South Australia, Australia

**Peter R. Griffiths** University of Idaho, Moscow, ID, USA

**Miguel de la Guardia** Universidad de Valencia, Burjassot, Spain

**Thomas M. Hancewicz** Unilever Discover, Trumbull, CT, USA

**Ana M. Herrero** Consejo Superior de Investigaciones Científicas (CSIC), Madrid, Spain

**David S. Himmelsbach** Light Light Solutions, LLC, Athens, GA, USA

**Frank Inscore** Real-Time Analyzers, Inc., Middletown, CT, USA

**Ashraf A. Ismail** McGill University, Ste-Anne-de-Bellevue, QC, Canada

Francisco Jiménez-Colmenero Consejo Superior de Investigaciones Científicas (CSIC), Madrid, Spain

**Kjetil Jørgensen** TINE Research and Development Center, Stavanger, Norway

**Achim Kohler** Nofima Mat AS, Ås, Norway

John K.G. Kramer Agriculture and Agri-Food Canada, Guelph, Ontario, Canada

Jose M. Lagaron Institute of Agrochemistry and Food Technology (IATA), CSIC, Burjassot (Valencia), Spain

**Jeroen Lammertyn** Catholic University of Leuven, Leuven, Belgium

**Bernhard Lendl** Vienna University of Technology, Vienna, Austria

Eunice C.Y. Li-Chan University of British Columbia, Vancouver, British Columbia, Canada

Mengshi Lin University of Missouri, Columbia, MO, USA

**A. Lopez-Rubio** Institute of Agrochemistry and Food Technology (IATA), CSIC, Burjassot (Valencia), Spain

**Xiaonan Lu** Washington State University, Pullman, WA, USA Ching-Yung Ma University of Hong Kong, Hong Kong, PR China

**Harald Martens** Nofima Mat AS, Ås, Norway

**Julie Moss** United States Food and Drug Administration, College Park, MD, USA

Magdi M. Mossoba United States Food and Drug Administration, College Park, MD, USA

Matthew P. Nelson ChemImage Corporation, Pittsburgh, PA, USA

**Bart M. Nicolaï** Catholic University of Leuven, Leuven, Belgium

**Alexandra Nunes** Universidade de Aveiro, Aveiro, Portugal

**Colm P. O'Donnell** University College Dublin, Dublin, Ireland

Emiko Okazaki National Research Institute of Fisheries Science, Yokohama, Japan

**David Lee Phillips** University of Hong Kong, Hong Kong, PR China

**Juan Antonio Fernández Pierna** Walloon Agricultural Research Centre (CRA-W), Gembloux, Belgium

**Evgeny Polshin** Catholic University of Leuven, Leuven, Belgium

Jürgen Popp Friedrich-Schiller-Universität Jena, Jena, Germany and Institute of Photonic Technology, Jena, Germany Ryan J. Priore ChemImage Corporation, Pittsburgh, PA, USA

**Paul D.A. Pudney** Unilever Discover, Colworth, Sharnbrook, UK

Åshild Randby Norwegian University of Life Sciences, Ås, Norway

Barbara Rasco Washington State University, Pullman, WA, USA

Luis E. Rodriguez-Saona Ohio State University, Columbus, OH, USA

**Dérick Rousseau** Ryerson University, Toronto, Ontario, Canada

**Daniel E. Rubio-Diaz** Ohio State University, Columbus, OH, USA

Claudia Ruíz-Capillas Consejo Superior de Investigaciones Científicas (CSIC), Madrid, Spain

**Isabel Sánchez-Alonso** Consejo Superior de Investigaciones Científicas (CSIC), Madrid, Spain

**Hartwig Schulz** Federal Research Centre for Cultivated Plants, Quedlinburg, Germany

**Jacqueline Sedman** *McGill University, Ste-Anne-de-Bellevue, QC, Canada* 

**Atanu Sengupta** Real-Time Analyzers, Inc., Middletown, CT, USA

**Feride Severcan** Middle East Technical University, Ankara, Turkey

Chetan Shende Real-Time Analyzers, Inc., Middletown, CT, USA

**Georges Sinnaeve** Walloon Agricultural Research Centre (CRA-W), Gembloux, Belgium

Marion Strehle Friedrich-Schiller-Universität Jena, Jena, Germany and Institute of Photonic Technology, Jena, Germany

Patrick J. Treado ChemImage Corporation, Pittsburgh, PA, USA

Musleh Uddin Albion Fisheries Limited, Vancouver, BC, Canada Philippe Vermeulen Walloon Agricultural Research Centre (CRA-W), Gembloux, Belgium

**David L. Wetzel** Kansas State University, Manhattan, KS, USA

**Phil Williams** PDK Projects, Inc., Nanaimo, British Columbia, Canada

Sze-Nga Yuen University of Hong Kong, Hong Kong, PR China

# **Contents**

Volume I: Instrumentation and Fundamental Applications		Part Two: Advances in Instrumentation for Food Analysis	
Preface	v	Infrared Imaging: Principles and Practices	109
Acknowledgments	ix	Jacqueline Sedman, Andrew Ghetler, Alexander Enfield and Ashraf A. Ismail	
List of Contributors	$\mathbf{x}\mathbf{v}$	Ashraj A. Ishan	
Part One: Introduction and Basic Concepts		The Role of Confocal Raman Spectroscopy in Food Science Paul D.A. Pudney and Thomas M. Hancewicz	133
Introduction to Vibrational Spectroscopy in Food Science Eunice C.Y. Li-Chan	3	Raman Spectroscopic Imaging Patrick J. Treado, Ryan J. Priore and Matthew P. Nelson	167
Introduction to the Theory and Instrumentation for Vibrational Spectroscopy  Peter R. Griffiths	31	Surface-enhanced Raman Spectroscopy: Theory and Application to the Analysis of Chlorpyrifos in Orange Juice Chetan Shende, Frank Inscore, Atanu Sengupta and Stuart Farquharson	195
Vibrational Spectroscopy: Sampling Techniques and Fiber-optic Probes John M. Chalmers and Peter R. Griffiths	47	Part Three: Fundamental Research to Elucidate Properties and Processing- induced Changes	
Chemometrics in Biospectroscopy Achim Kohler, Nils Kristian Afseth and Harald Martens	89	Application of Vibrational Spectroscopy for the Study of Heat-induced Changes in Food Components Daniel E. Rubio-Diaz and Luis E. Rodriguez-Saona	213

Chemical Changes during Freezing and Frozen Storage of Fish Investigated by Vibrational Spectroscopy Pedro Carmona, Isabel Sánchez-Alonso and Mercedes Careche	229	The Role and Potential of Vibrational Spectroscopy in the Study and Characterization of Traditional and Novel Food Packaging Structures  Jose M. Lagaron and A. Lopez-Rubio	329	
Application of Vibrational Spectroscopy to Investigate Radiation-induced Changes in Food	241	Volume II: Analysis of Food, Drink and Related Materials Part Four: Examples of		
Feride Severcan and Ozlem Bozkurt		Applications for Food Analysis and Quality Assurance		
The Potential of Mid-infrared Spectroscopy for Monitoring Changes in Polysaccharides and Other Carbohydrates during Processing Manuel A. Coimbra,	261	The Analysis of Wheat by Near-infrared Spectroscopy Phil Williams In situ Fourier Transform Infrared	349	
Alexandra Nunes, António S. Barros and Ivonne Delgadillo		Microspectroscopy and Imaging of Wheat Kernels and Other Grains David L. Wetzel and Lauren R. Brewer	367	
Monitoring Oxidation of Lipids in Edible Oils and Complex Food Systems by Vibrational Spectroscopy Maria José Ayora-Cañada,	277	The Analysis of Rice by Vibrational Spectroscopy  David S. Himmelsbach	387	
Ana Domínguez-Vidal and Bernhard Lendl		Applications of Vibrational Spectroscopy to Oilseeds Analysis Malgorzata Baranska, Hartwig Schulz, Marion Strehle	397	
Raman Spectroscopy for the Study of Molecular Order, Thermodynamics, and Solid-Liquid Transitions in Triacylglycerols Eric Da Silva and Dérick Rousseau	297	and Jürgen Popp  Vibrational Spectroscopy Techniques in the Quality Assessment of Fruits and Vegetables	421	
Ana M. Herrero, Pedro Carmona,	315	Evgeny Polshin, Jeroen Lammertyn and Bart M. Nicolaï  Applications of Vibrational Spectroscopy to the Analysis of Fish and Other Aquatic Food		
Francisco Jiménez-Colmenero and Claudia Ruíz-Capillas		Products  Musleh Uddin and Emiko Okazaki	439	

Quantifying Meat Properties Using Near-infrared Spectroscopy Robert Burling-Claridge	461	Part Five: Applications Related to Food Safety and Regulator Compliance	
Quality Analysis of Milk by Vibrational Spectroscopy Achim Kohler, Nils Kristian Afseth, Kjetil Jørgensen, Åshild Randby and Harald Martens	483	Regulatory Considerations in Applyi Vibrational Spectroscopic Methods for Quality Control Vincent Baeten, Juan Antonio Fernán Pierna, Frédéric Dehareng, Georges Sinnaeve and Pierre Dardenne	or 595 ndez
Applications of Vibrational Spectroscopy to the Study of Cheese and Other Fermented, Solid and Semi-solid Dairy Products Colette C. Fagan and Colm P. O'Donnell	501	Authentication and Traceability of Agricultural and Food Products Using Vibrational Spectroscopy Philippe Vermeulen, Juan Antonio Fernández Pierna, Ouissam Abbas, Pierre Dardenne and Vincent Baeten	609
Progression to Fatty Acid Profiling of Edible Fats and Oils Using Vibrational Spectroscopy Hormoz Azizian, John K.G. Kramer and Magdi M. Mossoba	519	Potential and Challenges of Applying Vibrational Spectroscopy to the Analysis of Trans Fats in Foods for Regulatory Compliance in the USA Magdi M. Mossoba, Julie Moss,	g 631
The Analysis of Grapes, Wine, and Other Alcoholic Beverages by Infrared Spectroscopy  Mark Gishen, Daniel Cozzolino	539	John K.G. Kramer and Hormoz Azizian  The Application of Surface-enhanced	ī
and Robert G. Dambergs  Analysis of Caffeine, Sweeteners, and Other Additives in Beverages by Vibrational Spectroscopy	557	Raman Spectroscopy to Identify and Quantify Chemical Adulterants or Contaminants in Foods  Mengshi Lin	649
Salvador Garrigues, Sergio Armenta and Miguel de la Guardia		Detection of Melamine in Foodstuffs by Vibrational Spectroscopy Peter R. Griffiths	663
Applications of Vibrational Spectroscopy to the Analysis of Polysaccharide and Hydrocolloid Ingredients Siu-Mei Choi, Sze-Nga Yuen, David Lee Phillips and	577	Investigating Food Spoilage and Pathogenic Microorganisms by Mid-infrared Spectroscopy Xiaonan Lu and Barbara Rasco	675
Ching-Yung Ma		Index	695

# Part One Introduction and Basic Concepts