LABORATORY MANUAL

HOLE'S

# JUMAN ANATOMY SEPHYSIOLOGY

DAVID SHIER

JACKIE BUTLER

RICKI LEWIS



TERRY R. MARTIN



### LABORATORY MANUAL

HOLE'S

# HUMAN ANATOMY PHYSIOLOGY

DAVID SHIER

JACKIE BUTLER

RICKI LEWIS

## TERRY R. MARTIN KISHWAUKEE COLLEGE



Boston, Massachusetts Burr Ridge, Illinios Dubuque, Iowa Madison, Wisconsin New York, New York San Francisco, California St. Louis, Missouri

### WCB/McGraw-Hill

A Division of The McGraw-Hill Companies

### **Book Team**

Editor *Colin H. Wheatley*Developmental Editor *Kristine Noel*Production Editor *Julie L. Wilde*Art Editor *Brenda A. Ernzen*Photo Editor *Janice Hancock*Permissions Coordinator *Vicki Krug* 

President and Chief Executive Officer Beverly Kolz
Vice President, Publisher Kevin Kane
Vice President, Director of Sales and Marketing Virginia S. Moffat
Vice President, Director of Production Colleen A. Yonda
National Sales Manager Douglas J. DiNardo
Marketing Manager Graig S. Marty
Advertising Manager Janelle Keeffer
Production Editorial Manager Renée Menne
Publishing Services Manager Karen J. Slaght
Royalty/Permissions Manager Connie Allendorf

Copyedited by Laura Beaudoin

Cover photo © Mark Lewis/Tony Stone Images

The credits section for this book begins on page 451 and is considered an extension of the copyright page.

Copyright © 1996 by Times Mirror Higher Education Group, Inc. All rights reserved

ISBN 0-697-20961-X

No part of this publication may be reproduced, stored in a retrieval system, or transmitted, in any form or by any means, electronic, mechanical, photocopying, recording, or otherwise, without the prior written permission of the publisher.

Some of the laboratory experiments included in this text may be hazardous if materials are handled improperly or if procedures are conducted incorrectly. Safety precautions are necessary when you are working with chemicals, glass test tubes, hot water baths, sharp instruments, and the like, or for any procedures that generally require caution. Your school may have set regulations regarding safety procedures that your instructor will explain to you. Should you have any problems with materials or procedures, please ask your instructor for help.

Printed in the United States of America

## **PREFACE**

The Laboratory Manual for Hole's Human Anatomy and Physiology was prepared to be used with the textbook Hole's Human Anatomy and Physiology, 7th edition, by David Shier, Jackie Butler, and Ricki Lewis. As with the textbook, the laboratory manual is designed for students with minimal backgrounds in the physical and biological sciences who are pursuing careers in allied health fields.

The laboratory manual contains sixty-two laboratory exercises and sixty-one reports, which are integrated closely with the chapters of the text-book. The exercises are planned to illustrate and review anatomical and physiological facts and principles presented in the textbook and to help students investigate some of these ideas in greater detail.

Often the laboratory exercises are short or are divided into several separate procedures. This allows an instructor to select those exercises or parts of exercises that will best meet the needs of a particular program. Also, exercises requiring a minimal amount of laboratory equipment have been included.

The laboratory exercises include a variety of special features that are designed to stimulate interest in the subject matter, to involve students in the learning process, and to guide them through the planned activities. These special features include the following:

### MATERIALS NEEDED

This section lists the laboratory materials that are required to complete the exercise and to perform the demonstrations and optional activities.

### **SAFETY**

A list of safety guidelines is included inside the front cover. Each lab session that requires special safety guidelines has a safety section following Materials Needed. Your instructor might require some modifications of these guidelines.

### INTRODUCTION

The introduction briefly describes the subject of the exercise or the ideas that will be investigated.

### **PURPOSE OF THE EXERCISE**

The purpose provides a statement concerning the intent of the exercise—that is, what will be accomplished.

### **LEARNING OBJECTIVES**

The learning objectives list in general terms what a student should be able to do after completing the exercise.

### **PROCEDURE**

The procedure provides a set of detailed instructions for accomplishing the planned laboratory activities. Usually these instructions are presented in outline form so that a student can proceed through the exercise in stepwise fashion. Frequently, the student is referred to particular sections of the textbook for necessary background information or for review of subject matter presented previously.

The procedures include a wide variety of laboratory activities and, from time to time, direct the student to complete various tasks in the laboratory reports.

### LABORATORY REPORTS

A laboratory report to be completed by the student immediately follows each exercise. These reports include various types of review activities, spaces for sketches of microscopic objects, charts for recording observations and experimental results, and questions dealing with the analysis of such data.

It is hoped that as a result of these activities, students will develop a better understanding of the structural and functional characteristics of their bodies and will increase their skills in gathering information by observation and experimentation. Some of the exercises also include demonstrations, optional activities, and useful illustrations.

### DEMONSTRATIONS

Demonstrations appear in separate boxes. They describe specimens, specialized laboratory equipment, or other materials of interest that an instructor may want to display to enrich the student's laboratory experience.

### **OPTIONAL ACTIVITIES**

Optional activities also appear in separate boxes. They are planned to encourage students to extend their laboratory experiences. Some of these activities are open-ended in that they suggest that the student plan an investigation or experiment and carry it out after receiving approval from the laboratory instructor.

### **ILLUSTRATIONS**

Diagrams from the textbook and diagrams similar to those in the textbook often are used as aids for reviewing subject matter. Other illustrations provide visual instructions for performing steps in procedures or are used to identify parts of instruments or specimens. Micrographs are included to help students identify microscopic structures or to evaluate student understanding of tissues.

In some exercises, the figures include line drawings that are suitable for students to color with colored pencils. This activity may motivate students to observe the illustrations more carefully and help them to locate the special features represented in the figures. Students can check their work by referring to the corresponding full-color illustrations in the textbook.

#### **ACKNOWLEDGMENTS**

I would like to express my sincere gratitude to all users of the laboratory manual who provided suggestions for its improvement. I am especially grateful for the contributions of Chris Christopher, Santa Rosa Junior College, Drusilla B. Jolly, Forsyth Technical Community College, Kevin C. Lyon, Jones County Junior College, Veena Sallan, Owensboro Community College, Clarence C. Wolfe, Northern Virginia Community College, The Scope Shoppe, Elburn, IL, who kindly reviewed the manual and examined the manuscript of the new edition. Their thoughtful comments and valuable suggestions are greatly appreciated.

### FEATURES NEW TO THIS EDITION

This new edition of the laboratory manual has been made more user-friendly. Many of the changes are a result of evaluations and suggestions from anatomy and physiology students. Numerous suggestions from users of the sixth edition, and reviewers of the seventh edition, have been incorporated. The most notable changes include the following:

- To meet the need for clearer and more definite safety guidelines, a safety list has been included inside the front cover, and safety sections have been added to the appropriate labs.
- 2. A section called Study Skills for Anatomy and Physiology has been added to the front material. This

- section was written by students enrolled in a Human Anatomy and Physiology course.
- 3. The Materials Needed section has been moved to the beginning of the laboratory exercise to enable greater ease for laboratory preparations.
- 4. Many of the leader lines on the figures have been improved by using more brackets for regional labels and enhanced for clarity. All of the X-ray labels have been clarified.
- 5. The microscope laboratory exercise has been updated with typical equipment utilized at many colleges. Instructions for student care of microscopes has been included to reduce repair and maintenance costs.
- 6. The sequence of exercises has been modified to correspond to the seventh edition of the textbook.
- 7. More data collection has been included. Examples include Laboratory Exercises 4 and 36.
- 8. Several of the reference plates of the cat dissection have been replaced, and additional labels have been included.
- 9. The second color has been changed to enhance the clarity of the illustrations. Additional color has been included for blood cell identification and color-blindness reference plates.
- 10. The Instructor's Manual for Laboratory Manual to Accompany Hole's Human Anatomy and Physiology has been revised and updated. Frame numbers for additional Slice of Life VI images are included.
- 11. Two assessment tools (rubrics) for laboratory reports have been developed and included in Appendix 2.
- 12. A supplement of four computerized physiology labs with laboratory reports using Intelitool products is available.
- 13. Barcodes and frame numbers that correspond to images from the Slice of Life VI (and future revisions) videodisc are included for many laboratory exercises. This enables review and enrichment of some of the laboratory material.

### Images From Slice of Life VI

Laboratory Exercise 3: Cellular Structure Mitochondrion Endoplasmic reticulum and ribosomes

Golgi apparatus

Cilia and microtubules

Cells, squamous epithelium

Laboratory Exercise 5: The Cell Cycle Metaphase

Early anaphase

Late anaphase and cytokinesis

Laboratory Exercise 6: Epithelial Tissues Epithelium, simple squamous

Epithelium, simple cuboidal

Epithelium, stratified squamous

Epithelium, ciliated pseudostratified columnar

Epithelium, simple columnar, ileum Epithelium, transitional

Laboratory Exercise 7: Connective Tissues

Loose fibrous connective tissue

Dense fibrous connective tissue, regular, tendon

Reticular connective tissue

Cartilage, elastic

Fibrocartilage

Cartilage, hyaline

Adipose tissue

Bone tissue

Blood tissue

Laboratory Exercise 8: Muscle and Nervous

Tissues

Skeletal muscle

Skeletal muscle, enlarged

Skeletal muscle, cross section

Smooth muscle, longitudinal section

Cardiac muscle

Neuron and neuroglia

Laboratory Exercise 9: Integumentary System

Skin, model

Skin, epidermis

Melanin in skin

Skin, thick, stratum basale

Skin, sweat gland

Skin, hair structures

Skin layers and fascia, arm

Pacinian corpuscle, model

Meissner's corpuscle, model

Laboratory Exercise 12: The Skull

Skull, anterolateral view

Skull, lateral view, left

Skull, frontal view

Skull, inferior view with mandible

Skull, sutures

Fontanels

Skull, superior view of cranial floor

Orbital bones

Cranium, anterior, disarticulated

Cranium, lateral, disarticulated

Sphenoid bone, anterior view

Sella turcica, X-ray

Ethmoid bone, anterior view

Ethmoid bone, superior view

Ossicles

Laboratory Exercise 13: Vertebral Column and Thoracic Cage

Cervical vertebrae, posterior view

Axis

Thoracic cage

Sacrum and coccyx, posterior view

Laboratory Exercise 14: Pectoral Girdle and Upper Limb

Shoulder girdle, anterior view

Shoulder girdle, posterior view

Upper limb bones, posterior view

Elbow joint, posterior view

Hand, anterior view

Hand, X-ray

Laboratory Exercise 15: Pelvic Girdle and

Lower Limb

Coxal bone, lateral view

Pelvis, inlet

Foot bones, inferior view

Pelvic girdle and proximal femur, X-ray

Foot, X-ray

Laboratory Exercise 20: Muscles of the Face,

Head, and Neck

Facial muscles, model

Facial muscles

Muscles of face and neck

Muscles of the head and neck, lateral view

Laboratory Exercise 21: Muscles of the Chest,

Shoulder, and Upper Limb

Torso, posterior view

Torso, anterior view

Back muscles

Shoulder muscles

Shoulder muscles

Chest muscles

Upper limb model, anterior view

Upper limb model, posterior view

Laboratory Exercise 22: Muscles of the Deep Back, Abdominal Wall, and Pelvic Outlet

Torso, posterior view

Torso, anterior view

Back muscles

Abdominal wall muscles

Laboratory Exercise 23: Muscles of the Hip

and Lower Limb Hip muscles with sciatic nerve, model

Hip and thigh muscles, posterior view

Thigh muscles, anterior view

Torso, deep abdominal

Iliopsoas group

Lower limb, anterior view, model

Lower limb, lateral view, model

Lower limb, posterior view, model

Lower limb, medial view, model

Laboratory Exercise 25: Nervous Tissue Neuron and neuroglia

Oligodendrocyte

Microglia

Astrocyte

Ependymal cells Purkinje cells

Schwann cells

Node of Ranvier

Neuromuscular junction Laboratory Exercise 28: The Meninges and

Spinal Cord Dura mater over spinal cord, cervical

Antehnoid mater over spinal cord

Pia mater over spinal cord Spinal cord, gray matter

Dorsal and ventral roots, model

Dorsal roots, spinal cord, and dura mater

Laboratory Exercise 29: The Brain and

Cranial Nerves

Brain, dura mater present

Dura mater, partly removed

Brain, ventral surface

Cranial nerves I-XII

Brain, right lateral surface Brain, midsagittal view, right

Thalamus, brain stem, midsagittal

Brain stem and cerebellum

Choroid plexus Third ventricle, section

Laboratory Exercise 32: Senses of Smell

and Taste

Olfactory epithelium

Taste buds

Taste buds, enlarged

Laboratory Exercise 33: The Ear and Hearing Ear divisions

Tympanic membrane, otoscopic view

Auditory tube

Inner ear, model Cochlea, section

Cochlear nerve and cochlea

Organ of Corti

Laboratory Exercise 35: The Eye

Eve muscles, model, lateral view

Eye muscles, posterior view

Eye model, anterior view

Eye, longitudinal section

Retina

Photoreceptor cells

Laboratory Exercise 37: Endocrine System Pituitary attached to ventral brain

Pituitary, anterior and posterior

Pituitary, anterior lobe Pituitary, posterior lobe

Thyroid gland

Thyroid gland, unfixed

Parathyroid gland

Parathyroid gland, oxyphil cell

Islets of Langerhans Adrenal gland, cortex

Adrenal gland, medulla

Adrenal gland, unfixed

Pineal gland

Laboratory Exercise 38: Blood Cells

Red blood cells, platelets, and neutrophil

Neutrophil, band form

Neutrophil, segmented form

Eosinophil Basophil

Lymphocyte

Monocyte

Laboratory Exercise 41: Structure of the Heart

Pericardium

Heart, anterior view

Coronary arteries

Heart, four chambers

Heart, comparison of ventricle walls

Aortic valve

Pulmonary artery and valve

Pulmonary arteries and veins

Heart valves, all four

Tricuspid valve

Foramen ovale, patent with probe

Laboratory Exercise 42: The Cardiac Cycle

S-A node

Bundle branches

Purkinje fibers

Blood flow in heart chambers, model

ECG, normal

ECG, P-R interval

ECG, QRS duration Laboratory Exercise 44: Blood Vessels

Artery, cross section

Capillary

Valve in vein

Laboratory Exercise 48: Lymphatic System

Thoracic duct

Lymphatic vessel with valve

Cervical nodes, illustration

Lymph node, micrograph

Thymus gland, micrograph

Spleen, micrograph

Laboratory Exercise 49: Organs of the

Digestive System

Parotid gland, micrograph

Esophagus, barium swallow, X-ray

Esophagus, stomach, and duodenum

Rugae, stomach

Pancreas, unfixed

Pancreas, micrograph

Liver, unfixed

Gallbladder

Villus, small intestine, micrograph

Cecum and appendix

Appendix, section, micrograph

Large intestinal wall, micrograph

Laboratory Exercise 52: Organs of the

Respiratory System

Mediastinum and lungs

Bronchi and lungs with lobes, posterior,

model

Larynx, anterior, model

Larynx, posterior, model

Thyroid and cricoid cartilages and

hyoid bone

Respiratory epithelium, trachea

Lung tissue

Alveolus

Laboratory Exercise 56: Structure of the Kidney

Kidney, model

Kidney

Kidney, coronal cut

Kidney, cortex and medulla, micrograph

Kidney, cortex, micrograph

Nephron, model

Nephron, model, enlarged

Laboratory Exercise 57: Urinalysis

Epithelial cells, urinalysis

Hyaline cast, urinalysis

Cast, granular

Cystinuria, crystals of cystine

Uric acid crystal in acute gout

Laboratory Exercise 59: Male Reproductive

System

Male reproductive model

Male reproductive model

Testes, unfixed

Prostate gland, unfixed

Seminiferous tubule, micrograph

Interstitial cells, micrograph

Epididymis, micrograph

Laboratory Exercise 60: Female Reproductive System

Female reproductive model

Female reproductive organs, unfixed

Ovary and uterine tube, unfixed

Secondary follicle

Mature follicle with oocyte

Uterine tube, cross section

Endometrium

Laboratory Exercise 62: Fertilization and

Early Development

Fetus, gravid uterus

Placenta

Fetus, placenta, and amniochorionic

membrane

### ABOUT THE AUTHOR

This seventh edition introduces Terry R. Martin of Kishwaukee College as a new author. Terry's teaching experience of over twenty-nine years, his interest in students and love for college teaching, and his innovative attitude and appreciation for technology based learning enhance the solid tradition of John Hole's laboratory manual. Among his awards are the 1972 Kishwaukee College Outstanding Educator, 1977 Phi Theta Kappa Outstanding Instructor Award, and 1989 Kishwau-

kee College ICCTA Outstanding Educator Award. Terry's professional memberships include the National Association of Biology Teachers, Illinois Association of Community College Biologists, Human Anatomy and Physiology Society, Chicago Area Anatomy and Physiology Society (founding member), Phi Theta Kappa (honorary member), DeKalb Country Prairie Stewards, and Nature Conservancy. In addition to writing many publications, he coproduced with Hassan Rastegar a

videotape entitled Introduction to the Human Cadaver and Dissection, published by Wm. C. Brown Publishers in 1989. During 1994, Terry was a faculty exchange member in Ireland. He has also been involved in his community, most notably as District Commissioner for Boy Scouts of America. We are pleased to have Terry continue the tradition of John Hole's laboratory manual.

The Editor.

## TO THE STUDENT

The exercises in this laboratory manual will provide you with opportunities to observe various anatomical parts and to investigate certain physiological phenomena. Such experiences should help you relate specimens, models, microscope slides, and your own body to what you have learned in the lecture and read about in the textbook.

The following list of suggestions may help to make your laboratory activities more effective and profitable.

- 1. Prepare yourself before attending the laboratory session by reading the assigned exercise and reviewing the related sections of the textbook. It is important to have some understanding of what will be done in the laboratory before you come to class.
- Bring your laboratory manual and textbook to each laboratory session. These books are closely integrated and will help you complete most of the exercises.
- 3. Be on time. During the first few minutes of the laboratory meeting, the instructor often will provide verbal instructions. Make special note of any changes in materials to be used or procedures to be followed. Also listen carefully for information concerning special techniques to be used and precautions to be taken.
- 4. Keep your work area clean and your materials neatly arranged so that you can locate needed items quickly. This will enable you to proceed efficiently and will reduce the chances of making mistakes.
- 5. Pay particular attention to the purpose of the exercise, which states what you are to accomplish in general terms, and to the learning objectives, which list what you should be able to do as a result of the laboratory experience. Then, before you leave the class, review the objectives and make sure that you can meet them.
- 6. Follow the directions in the procedure precisely and proceed only when you understand them clearly. Do not improvise procedures unless you have the approval of the laboratory instructor. Ask questions if you do not understand exactly what you are supposed to do and why you are doing it.

- Handle all laboratory materials with care. These materials often are fragile and expensive to replace. Whenever you have questions about the proper treatment of equipment, ask the instructor.
- 8. Treat all living specimens humanely and try to minimize any discomfort they might experience.
- Although at times it will be necessary for you to work with a laboratory partner, try to remain independent when you are making observations, drawing conclusions, and completing the activities in the laboratory reports.
- Record your observations immediately after making them. In most cases, such data can be entered in spaces provided in the laboratory reports.
- 11. Read the instructions for each section of the laboratory report before you begin to complete it. Think about the questions before you answer them. Your responses should be based on logical reasoning and phrased in clear and concise language.
- 12. At the end of each laboratory period, clean your work area and the instruments you have used. Return all materials to their proper places and dispose of wastes, including glassware or microscope slides that have become contaminated with human blood or body fluids, as directed by the laboratory instructor. Wash your hands thoroughly before leaving the laboratory.

### STUDY SKILLS FOR ANATOMY AND PHYSIOLOGY

My students have found that certain study skills worked well for them while enrolled in Human Anatomy and Physiology. Although each individual has a somewhat different learning style, there are techniques that work well for the majority of students. Utilizing some of the skills listed here could make your course more enjoyable and rewarding.

 Note taking: Look for the main ideas and express them briefly in your own words. Organize, edit, and review your notes soon after the lecture. Add textbook information to your notes as you reorganize them.

- Underline or highlight with different colors the important points, major headings, and key terms. Study your notes daily, as they provide sequential building blocks of the course content.
- 2. **Chunking:** Organize information into logical groups or categories. Study and master one chunk of information at a time. For example, study the bones of the upper limb, lower limb, trunk, and head as separate study tasks.
- 3. Mnemonic devices: An acrostic is a combination of association and imagery to aid your memory. It is often in the form of a poem, rhyme, or jingle in which the first letter of each word corresponds to the first letters of the words you need to remember. So Long Top Part, Here Comes The Thumb is an example of such a mnemonic device to remember the eight carpals in the correct sequence. Acronyms are words that are formed by the first letters of the items to remember. IPMAT is an example of this type of mnemonic device to help remember the phases of the cell cycle in the correct sequence. Try some of your own.
- 4. **Study groups:** Small study groups that meet periodically to review course material and compare notes have helped and encouraged many students. However, keep the group on the task at hand. Work as a team and alternate leaders. This group often becomes a support group.
- 5. Recording and recitation: An auditory learner can benefit by recording lectures and review sessions with a cassette recorder. Many students listen to the taped sessions as they drive or just before going to bed. Reading your notes aloud can help also. Explain the material to anyone (even if there are no listeners). Talk about anatomy and physiology in everyday conversations.
- 6. Note cards/flash cards: Make your own. Add labels and colors to enhance the material. Keep them with you in your pocket or purse. Study them frequently and for short periods of time. Concentrate on a small number of cards at one time. Shuffle your cards and have someone quiz you on their content. As you become familiar with the material, you can set aside cards that don't require additional mastery.

7. **Time management:** Prepare a monthly, weekly, and daily schedule. Include dates of quizzes, exams, and projects on the calendar. On your daily schedule, budget several short study periods. Daily repetition alleviates cramming for exams. Prioritize your time so that you still have time for work and leisure activities. Find an appropriate study atmosphere with minimum distractions.

Best wishes on your anatomy and physiology endeavor.

## CONTENTS

Preface vi Laboratory Exercise 12 THE SKULL 76 To the Student ix Laboratory Report 12 81 Laboratory Exercise 13 VERTEBRAL COLUMN **Fundamentals of Human Anatomy** AND THORACIC and Physiology CAGE 85 Laboratory Report 13 92 1 BODY ORGANIZATION Laboratory Exercise AND TERMINOLOGY 1 Laboratory Exercise 14 PECTORAL GIRDLE Laboratory Report 1 9 AND UPPER LIMB 94 Laboratory Report 14 101 2 CARE AND USE Laboratory Exercise OF THE COMPOUND Laboratory Exercise 15 PELVIC GIRDLE MICROSCOPE 14 AND LOWER LIMB 104 Laboratory Report 2 21 Laboratory Report 15 112 Cells Laboratory Exercise 16 THE JOINTS 115 Laboratory Report 16 120 Laboratory Exercise 3 CELLULAR STRUCTURE 23 Muscular System Laboratory Report 3 27 Laboratory Exercise 17 SKELETAL MUSCLE **4 MOVEMENTS THROUGH** Laboratory Exercise STRUCTURE 124 **CELL MEMBRANES 30** Laboratory Report 17 127 Laboratory Report 4 33 Laboratory Exercise 18 DEMONSTRATION 5 THE CELL CYCLE 36 Laboratory Exercise OF PHYSIOLOGICAL Laboratory Report 5 39 RECORDING **EQUIPMENT** 129 Tissues Laboratory Exercise 19 SKELETAL MUSCLE 6 EPITHELIAL TISSUES 43 Laboratory Exercise **CONTRACTION 132** Laboratory Report 6 44 Laboratory Report 19 135 7 CONNECTIVE TISSUES 48 Laboratory Exercise Laboratory Exercise 20 MUSCLES OF THE FACE, Laboratory Report 7 50 HEAD, AND NECK 137 Laboratory Report 20 140 **8** MUSCLE AND NERVOUS Laboratory Exercise TISSUES 55 Laboratory Exercise 21 MUSCLES OF THE CHEST, Laboratory Report 8 56 SHOULDER, AND UPPER **LIMB 142 Integumentary System** Laboratory Report 21 147 9 INTEGUMENTARY Laboratory Exercise Laboratory Exercise 22 MUSCLES OF THE DEEP SYSTEM 59 BACK, ABDOMINAL Laboratory Report 9 63 WALL, AND PELVIC Skeletal System OUTLET 152 Laboratory Report 22 155 Laboratory Exercise 10 STRUCTURE AND CLASSIFICATION Laboratory Exercise 23 MUSCLES OF THE HIP OF BONE 66 AND LOWER LIMB 156 Laboratory Report 10 69 Laboratory Report 23 162

Laboratory Exercise 11 ORGANIZATION

OF THE SKELETON 74

Laboratory Report 11 74

Laboratory Exercise 24 CAT DISSECTION:

MUSCULATURE 165

Laboratory Report 24 179

Cat Dissection Reference Plates Found between pages 166 and 167		Cardiovascular System		
Nervous Syste	n	Laboratory Exercise 38	B BLOOD CELLS 274	
Laboratory Exercise 2	5 NERVOUS TISSUE 182 Laboratory Report 25 187	Laboratory Exercise 39	Laboratory Report 38 278  BLOOD TESTING—	
Laboratory Exercise 2	5 NERVE IMPULSE STIMULATION 190		A DEMONSTRATION 281 Laboratory Report 39 287	
	Laboratory Report 26 192	Laboratory Exercise 40	BLOOD TYPING 289 Laboratory Report 40 292	
Laboratory Exercise 2	THE REFLEX ARC AND REFLEXES 194 Laboratory Report 27 196	Laboratory Exercise 4		
Laboratory Exercise 2	THE MENINGES AND SPINAL CORD 198 Laboratory Report 28 203	Laboratory Exercise 42	Laboratory Report 41 300  THE CARDIAC CYCLE 302	
Laboratory Exercise 2	THE BRAIN AND CRANIAL NERVES 205 Laboratory Report 29 210	Laboratory Exercise 43	Laboratory Report 42 305  B FACTORS AFFECTING THE CARDIAC CYCLE 309	
Laboratory Exercise 3	D DISSECTION OF THE SHEEP BRAIN 214		CYCLE 308 Laboratory Report 43 311	
	Laboratory Report 30 219	Laboratory Exercise 44	BLOOD VESSELS 314 Laboratory Report 44 318	
Somatic and Special Senses			DITIES DATE AND BLOOD	
Laboratory Exercise 3	AND SOMATIC SENSES 221	Laboratory Exercise 43	PULSE RATE AND BLOOD PRESSURE 321 Laboratory Report 45 323	
Laboratory Exercise 3:	Laboratory Report 31 224  2 SENSES OF SMELL AND TASTE 227	Laboratory Exercise 46	MAJOR ARTERIES AND VEINS 325 Laboratory Report 46 335	
Laboratory Exercise 3	Laboratory Report 32 231  3 THE EAR AND HEARING 235 Laboratory Report 33 240	Laboratory Exercise 47	CAT DISSECTION: CARDIOVASCULAR SYSTEM 337 Laboratory Report 47 344	
Laboratory Exercise 34 SENSE OF Lymphatic		Lymphatic Syst	System	
Laboratory Exercise 3	EQUILIBRIUM 242 Laboratory Report 34 244		Laboratory Report 48 350	
Laboratory Exercise 3	THE EYE 246 Laboratory Report 35 252	Digestive System		
Laboratory Exercise 30	VISUAL TESTS AND DEMONSTRATIONS 255 Laboratory Report 36 259	Laboratory Exercise 49	ORGANS OF THE DIGESTIVE SYSTEM 352 Laboratory Report 49 362	
Endocrine System		Laboratory Exercise 50	CAT DISSECTION: DIGESTIVE SYSTEM 365 Laboratory Report 50 369	
Laboratory Exercise 32	SYSTEM 262	Laboratory Exercise 51	ACTION OF A DIGESTIVE	

ENZYME 371 Laboratory Report 51 373

Laboratory Report 37 270

### **Respiratory System**

Laboratory Exercise **52 ORGANS OF THE RESPIRATORY SYSTEM 375** 

Laboratory Report 52 380

Laboratory Exercise 53 CAT DISSECTION: RESPIRATORY SYSTEM 382

Laboratory Report 53 384

Laboratory Exercise 54 BREATHING AND RESPIRATORY VOLUMES AND CAPACITIES 386

Laboratory Report 54 391

Laboratory Exercise **55 CONTROL OF BREATHING 393** 

Laboratory Report 55 396

### **Urinary System**

Laboratory Exercise 56 STRUCTURE OF THE KIDNEY 398

Laboratory Report 56 402

Laboratory Exercise **57 URINALYSIS 405**Laboratory Report 57 409

Laboratory Exercise 58 CAT DISSECTION: URINARY SYSTEM 411

Laboratory Report 58 413

Reproductive Systems and Development

Laboratory Exercise **59 MALE REPRODUCTIVE SYSTEM 414** 

Laboratory Report 59 419

Laboratory Exercise 60 FEMALE REPRODUCTIVE SYSTEM 422

Laboratory Report 60 428

Laboratory Exercise 61 CAT DISSECTION: REPRODUCTIVE SYSTEMS 432

Laboratory Report 61 437

Laboratory Exercise 62 FERTILIZATION
AND EARLY
DEVELOPMENT 439

Laboratory Report 62 443

Appendix 1 Preparation of Solutions 446
Appendix 2 Assessments of Laboratory Reports 448
Credits 450
Index 452

### LABORATORY EXERCISE 1

# BODY ORGANIZATION AND TERMINOLOGY

### **MATERIALS NEEDED:**

dissectible torso (manikin)
variety of specimens or models sectioned along various
planes

The major features of the human body include certain cavities, a set of membranes associated with these cavities, and a group of organ systems composed of related organs. In order to communicate effectively with each other about the body, scientists have devised names to describe these body features. They also have developed terms to represent the relative positions of body parts, imaginary planes passing through these parts, and body regions.

### PURPOSE OF THE EXERCISE

To review the organizational pattern of the human body, to review its organ systems and the organs included in each system, and to become acquainted with the terms used to describe the relative position of body parts, body sections, and body regions.

### LEARNING OBJECTIVES

After completing this exercise, you should be able to

- locate and name the major body cavities and identify the membranes associated with each cavity;
- 2. name the organ systems of the human organism;
- 3. list the organs included within each system and locate the organs in a dissectible torso;
- 4. describe the general functions of each system;
- define the terms used to describe the relative positions of body parts;
- define the terms used to identify body sections and identify the plane along which a particular specimen is cut;
- 7. define the terms used to identify body regions.

## PROCEDURE A—BODY CAVITIES AND MEMBRANES

- 1. Review the sections entitled "Body Cavities" and "Thoracic and Abdominopelvic Membranes" in chapter 1 of the textbook.
- 2. As a review activity, label figures 1.1, 1.2, and 1.3.
- 3. Locate the following features on the reference plates on pages 29–35 of the textbook and on the dissectible torso:

### dorsal cavity

cranial cavity

vertebral canal (spinal cavity)

### ventral cavity

thoracic cavity

mediastinum

pleural cavity

abdominopelvic cavity

abdominal cavity

pelvic cavity

### diaphragm

### smaller cavities

oral cavity

nasal cavity

orbital cavity

middle ear cavity

### membranes and cavities

pleural cavity

parietal pleura

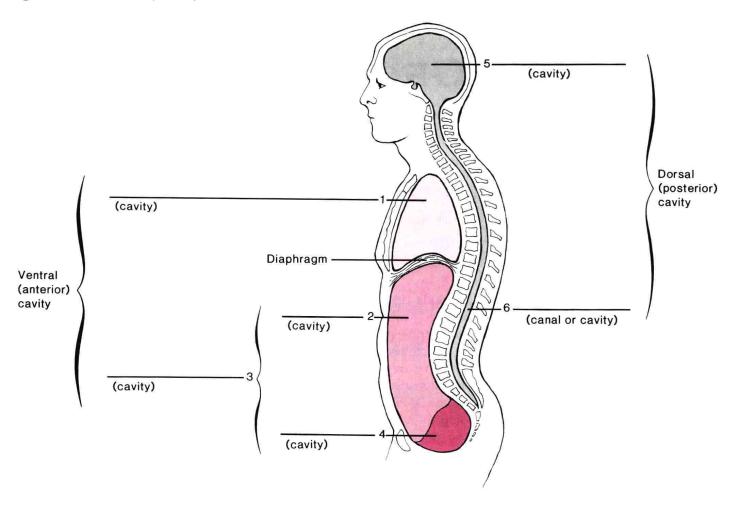
visceral pleura

pericardial cavity

parietal pericardium

visceral pericardium

Figure 1.1 Label the major body cavities.



peritoneal cavity

parietal peritoneum

visceral peritoneum

4. Complete Parts A and B of Laboratory Report 1.

### PROCEDURE B—ORGAN SYSTEMS

- 1. Review the section entitled "Organ Systems" in chapter 1 of the textbook.
- 2. Use the reference plates on pages 29–35 of the textbook and the dissectible torso to locate the following organs:

### integumentary system

skin (epidermis and dermis)

accessory organs such as hair, nails, and sweat glands

### skeletal system

bones

ligaments

cartilages

### muscular system

skeletal muscles

tendons

### nervous system

brain

spinal cord

nerves

### endocrine system

pituitary gland

thyroid gland

parathyroid glands

adrenal glands

pancreas

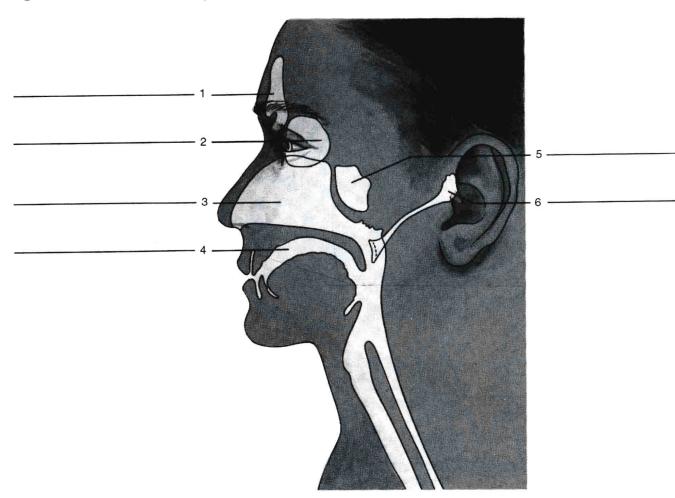
ovaries

testes

pineal gland

thymus gland

Figure 1.2 Label the smaller body cavities and sinuses within the head.



### cardiovascular system

heart

arteries

veins

### lymphatic system

lymphatic vessels

lymph nodes

thymus gland

spleen

tonsils

### digestive system

mouth

tongue

teeth

salivary glands

pharynx

esophagus

stomach

liver

gallbladder

pancreas

small intestine

large intestine

### respiratory system

nasal cavity

pharynx

larynx

trachea

bronchi

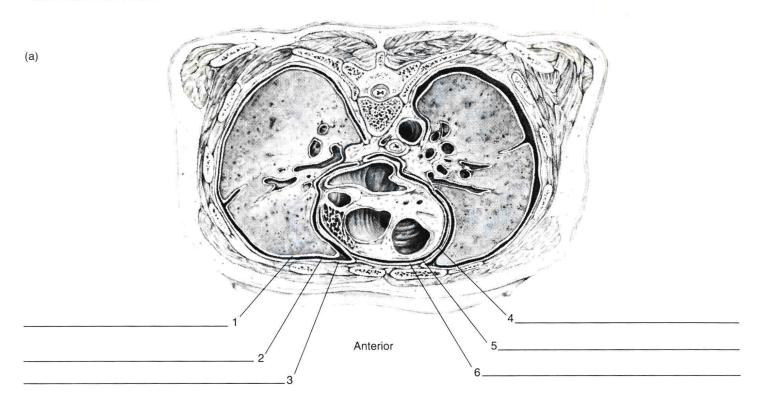
lungs

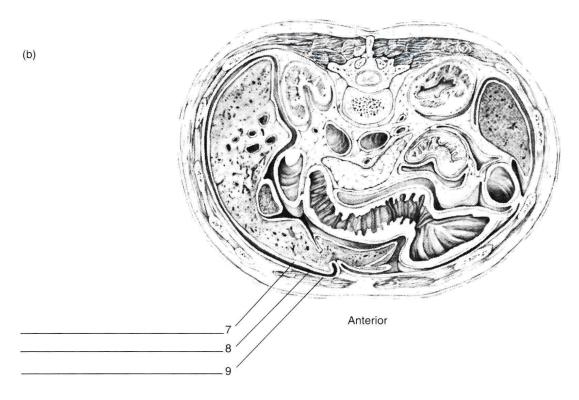
### urinary system

kidneys

ureters

Figure 1.3 Label the thoracic membranes and cavities in (a) and the abdominopelvic membranes and cavity in (b) as shown in these transverse sections.





urinary bladder

urethra

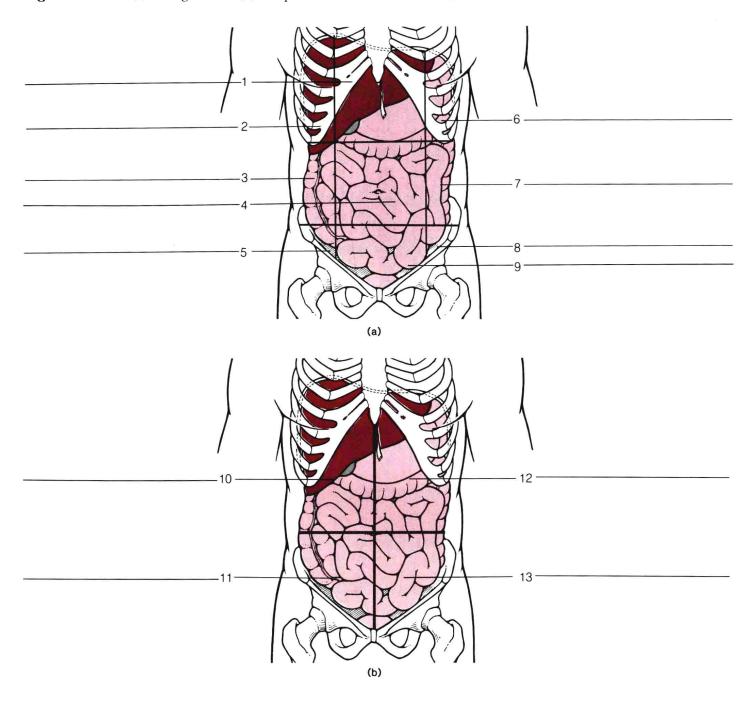
### male reproductive system

scrotum

testes

epididymides
vasa deferentia
seminal vesicles
prostate gland
bulbourethral glands

Figure 1.4 Label (a) the regions and (b) the quadrants of the abdominal area.



penis

urethra

### female reproductive system

ovaries

uterine tubes

uterus

vagina

clitoris

vulva

3. Complete Parts C and D of the laboratory report.

## PROCEDURE C—RELATIVE POSITIONS, PLANES, SECTIONS, AND REGIONS

- 1. Review the section entitled "Anatomical Terminology" in chapter 1 of the textbook.
- 2. As a review activity, label figures 1.4, 1.5, and 1.6.
- Examine the sectioned specimens on the demonstration table, and identify the plane along which each is cut.
- 4. Complete Parts E, F, G, H, and I of the laboratory report.

Figure 1.5 Label the planes represented in this illustration.

