SPEAKER'S HANDBOOK

SIXTH EDITION

FREE
with every new book: the award-winning
SPEECHMAKER
CD-ROM

DOUGLAS STUART

The Speaker's Handbook

Sixth Edition

Jo Sprague San Jose State University

Douglas Stuart





Executive Editor: Deirdre Anderson

Publisher: Holly J. Allen

Development Editor: Eric Carlson Assistant Editor: Nicole George Editorial Assistant: Mele Alusa Technology Project Manager:

Jeanette Wiseman

Marketing Manager: Kimberly Russell Marketing Assistant: Neena Chandra Advertising Project Manager: Shemika Britt

COPYRIGHT © 2003 Wadsworth, a division of

Thomson Learning, Inc. Thomson Learning™ is a trademark used herein under license.

ALL RIGHTS RESERVED. No part of this work covered by the copyright hereon may be reproduced or used in any form or by any means—graphic, electronic, or mechanical, including but not limited to photocopying, recording, taping, Web distribution, information networks, or information storage and retrieval systems—without the written permission of the publisher.

Printed in the United States of America 1 2 3 4 5 6 7 06 05 04 03 02

For more information about our products, contact us at:
Thomson Learning Academic Resource Center

1-800-423-0563
For permission to use material

COPYRIGHT 2003 Thomson Learning, Inc. All Rights Reserved. Thomson Learning WebTutor™ is a trademark of Thomson Learning, Inc.

ISBN 0-15-5046314

Project Manager, Editorial Production:
Mary Noel
Print Madie Review Veren Hunt

Print/Media Buyer: Karen Hunt Permissions Editor: Joohee Lee

Production Service: Vicki Moran, Publishing

Support Services

Copy Editor: Thomas L. Briggs Cover Designer: Carole Lawson Compositor: R&S Book Composition

Printer: Phoenix Color, BTP

Wadsworth/Thomson Learning 10 Davis Drive Belmont, CA 94002-3098 USA

Asia

Thomson Learning 5 Shenton Way #01-01 UIC Building Singapore 068808

Australia

Nelson Thomson Learning 102 Dodds Street South Melbourne, Victoria 3205 Australia

Canada

Nelson Thomson Learning 1120 Birchmount Road Toronto, Ontario M1K 5G4 Canada

Europe/Middle East/Africa

Thomson Learning High Holborn House 50/51 Bedford Row London WC1R 4LR United Kingdom

Latin America

Thomson Learning Seneca, 53 Colonia Polanco 11560 Mexico D.F. Mexico

Spain

Paraninfo Thomson Learning Calle/Magallanes, 25 28015 Madrid, Spain



The Speaker's Handbook, Sixth Edition, is at once a reference guide for the individual speaker and a textbook for use in the public speaking course. It is a compendium of principles, examples, and exercises that covers the issues one commonly confronts in preparing and delivering a speech. What distinguishes *The Speaker's Handbook* from other books on public speaking, though, is its flexibility: Each of the thirty chapters stands by itself, so that speakers need consult only those parts of the book covering the aspects of speechmaking with which they need further help.

About the Handbook Approach

In a sense, a book about public speaking is a contradiction. Public speaking is a lived, performed, embodied event that draws its special qualities from the immediate context, the personality of a particular speaker, and the response of a certain audience. Is there really any useful general advice about so specific an act?

Apparently so. For as long as people have felt the need to speak in public, they have turned to others for advice on how to do so more effectively. Early evidence from Egyptian tombs shows that leaders gave serious thought to the choices they faced in speaking to their followers. The oral tradition captured in Homeric legend hints that the giving and taking of this advice predated the written word. The increasing supply of information about the ancient cultures of China, India, and the Americas shows that these peoples had culturally distinctive ways of speaking, which some analyzed and discussed. These observers then formulated advice for others in their culture. Such advice usually came in two forms: Those who had vast experience as speakers told stories about what worked for them; others looked beyond what worked and theorized about why it worked.

Both forms of guidance are still present. Leading platform speakers write books about their experiences. The popularity of such books year after year suggests that people find benefit in the personal and experiential approach. At the same time, university libraries continue to accumulate academic treatises on rhetoric and communication. Here, too, the vitality of these lines of

research after thousands of years suggests that much is left to be said and investigated.

There is a third form, one that we differentiate from both those kinds of books and place within another venerable tradition that is over two thousand years old. This form is neither a narrative account of personal success stories nor a scholarly theoretical tome. This is the *handbook*. The first written handbooks for speakers were probably produced by the Sophists in the Greece of 200 B.C.E. In any field, a handbook represents a particular blending of theory and practice displayed in a concise format. There are scouting handbooks, birding handbooks, managing handbooks, and meditation handbooks. In all these cases, a handbook is a distillation of the experience and theory of many people and many eras.

The particular usefulness of handbooks can be found in their characteristics.

Handbooks are brief.

They fit in a person's hand. They are supposed to be as small as practicable to remove the impediment of size for easy carrying, storing, and referencing. The implication of this is that we have tried to distill the most meaningful advice, avoiding bulking the book out. The sample speeches on the Web site are called on over and over again in the text in both examples and exercises. Putting in as many sample speeches as usual in standard textbooks, interspersed throughout the body of the book, would defeat the advantages offered by the handbook format. Cartoons and photographs, likewise, take up too much space.

Handbooks are reference books.

The contents of a handbook are meant to be used in any order. The progression of the chapters, as we have arranged them, is not random, but then again, a reader or teacher does not necessarily have to follow that order. We have written the chapters to be as self-contained as possible to make the book adaptable to the differing needs of its various users. Long before the information superhighway or menu-driven computers or the invention of the term *random access*, people liked to learn things as they needed them.

Adult learners have their own way of designing their learning programs, whether they are setting up a computer or understanding a new job. Most people who buy a computer do not take a course on how to use it. They try a few things, glance at the manual, and work until they get into trouble. Then they look at the manual again, but only for the specific information they need to get beyond the current problem. In effect, they don't worry about the things they don't have to worry about, but they won't know that a thing to

worry about exists until they discover it. Public speaking is like that. Until people start speaking, they cannot be sure of all the areas in which they may need improvement. Therefore, users should approach this handbook with a spirit of flexibility, taking what they need in the order they need it. Each teacher brings to the classroom a different experience set and an understanding of the values, needs, and capabilities of the students who attend a particular institution. Therefore, each teacher may choose to assign chapters in an order that fits his or her perception of the best way to increase the skills of those students. Whether users are teachers, students, or professional persons, we think that they will find some benefit in every chapter of this handbook, but we don't dictate to them in what order they will find that benefit.

Handbooks are handy.

When people haul out the book that came with their computer, they want to find the section on changing printer types quickly, not read about the architecture of the system to find the bit that refers to communications between the computer and printer. A good user guide compartmentalizes related information and then tries to make that information as accessible as possible through a variety of pointers and references, using design tools to make things easy to find. We have included aids to let users get to where they want to be, from the quick index and checklists on the endpapers to the use of color and typeface weight in the text itself.

With this compartmentalization, users do not have to read everything at once. A student may be preparing to give an informative speech for a class and is thinking of including some humor. The student could jump ahead and read section 18a(4). It is not that long. A businessperson may be giving a presentation to the board on the adoption of new technology but feel uncertain if he or she has covered everything and in the most effective order. That person could read chapter 9 on transforming his or her ideas into points and chapters 21 and 22 on informative and persuasive strategies.

We do have a few specific recommendations, however, on preliminary steps that will help students and other readers get the most out of this book. First, such users should read chapter 1. It provides an orientation to communication and helps them crystallize their self-definition as speakers. It helps them diagnose their skill level and gives them an approach to mapping out a skill-development plan for themselves. The format of this book is based on the assumption that speakers cannot be conscious of everything at once. In designing a skill-development program, speakers should *not* be conscious of everything at once. Trying to do everything in parallel will frustrate their purpose and inhibit their skill-building. As we say in 1d, speakers should

avoid being overly conscious of their manner of speaking or their message's exact language. But if a speech is different from just another conversation, as we also say, how do public speakers become *just enough more conscious* of the craft of speaking to improve their skill without breaking the conversational bond? The secret lies in having a very clear plan of what their priorities are and in deciding on a limited number of goals to pursue consciously at any one time. The handbook approach lets users pick one or two important skills to work on, and when those are mastered, move to another set.

About Writing This Book

We approached this writing task with an unusual combination of perspectives. In her thirty years of teaching public speaking, visiting the classes of other teachers, and consulting, Jo Sprague has observed that there are many "right ways" to approach a course. Doug Stuart, as a vice president of a technical and marketing publications department and a director of a creative development department, has learned how to take even the most complex material and make it clear and accessible to readers. It became evident to us that there was a need for a different kind of book on speaking, one based on what we knew about how adults learn. *The Speaker's Handbook* proceeds from the premise that people like to focus first on the area of greatest concern and then design their own learning experience outward from that point.

About the Sixth Edition

We have been gratified with the response to the first five editions of The Speaker's Handbook. And we are pleased that the handbook format worked for students and their instructors, as well as for people who give presentations in their business or community. In this edition, we have once again responded to user suggestions on how to make the information even more accessible. The sample speeches, once in an appendix, are now available on the Handbook's Web site. We have added a new chapter on listening that pulls together material previously dispersed throughout the book and adds several new recommendations for listeners. A second new chapter replaces Guidelines for Special Occasions and introduces the notion of speech contexts in their wide variety. The new chapter 23 presents the norms and expectations for several business, professional, political, civic, social, and ceremonial contexts. Perhaps more important, since no two contexts are alike, it guides readers through the steps they might use in analyzing any speaking context. It casts speakers as leaders who have the power to shape contexts in constructive ways and thus improve the level of discourse in society.

For this new edition, important new resources are now available:

InfoTrac® College Edition A free four-month subscription to this extensive online library is enclosed with every new copy of *The Speaker's Handbook*, Sixth Edition. This easy-to-use database of reliable, full-length articles (not abstracts) from hundreds of top academic journals and popular sources is ideal for opening whole new worlds of information and research. To help you use the this tool effectively, key exercises throughout the text are linked to InfoTrac College Edition.

The *SpeechMaker* CD-ROM, packaged free with every new text, brings together text, full-motion video, sound, and the Internet to create a dynamic exploration of the steps involved in the speechmaking process.

The Speaker's Handbook Web site, containing additional InfoTrac College Edition exercises, sample speeches, and Web links focusing on technology in communication, research, documentation, and more can be found at http://www.communication.wadsworth.com.

Thomson Learning WebTutorTM Advantage, 2.0 for WebCT and Blackboard is a Web-based teaching and learning tool that takes a course beyond classroom boundaries to an anywhere, any time environment. WebTutor for *The Speaker's Handbook* corresponds chapter-by-chapter and topic-by-topic with the book, including practice quizzes and online tutorials. Instructors can use WebTutor to provide virtual office hours, post syllabi, set up threaded discussions, and track student progress on the practice quizzes.

Instructor's resources include

Instructor's Resource Manual with Test Bank, by Jo Sprague, Doug Stuart, and Neeley Silberman has proved to be an invaluable resource for instructors. It features a wealth of teaching resources including discussions on issues in teaching public speaking, basic course materials including sample syllabi, speech outlines, critique forms, test questions, and much more.

ExamView is a fully integrated collection of test creation, delivery, and classroom management tools that feature all of the test items found in the Instructor's Resource Manual.

Finally, though we have received compliments on the inclusiveness of the first five editions, we strive to make each subsequent edition of the *Handbook* more attuned to the diversity of contemporary life. In our treatment of language, reasoning, and vocal and physical delivery, we attempt to show how social forces shape, and are shaped by, speech. What is appropriate, or clear, or persuasive constantly changes as society changes. The effective speaker will be open to the subtle cultural variations in speech situations. If there were no differences between people, communication would be unnecessary. If there were no similarities, it would be impossible. The great strength of oral communication is that its many dimensions offer people ways to seek

out connections in the midst of difference; its immediacy allows for on-the-spot adjustments.

Acknowledgments

From the vantage point of this sixth edition we cast back in time to the first edition and once again acknowledge Peter Dougherty, who initially approached us with the idea for *The Speaker's Handbook*. The Wadsworth team for the sixth edition proved to be enthusiastic, attentive, dedicated, and professional—and through their efforts and vigilance made it easier for us to be enthusiastic, attentive, dedicated, and professional as well. Working closely with Deirdre Anderson, Executive Editor for Speech Communication, and Eric Carlson, Senior Development Editor, has been a pleasure. Along with Deirdre and Eric, others at Wadsworth who were involved in this edition are Mary Noel, Production Project Manager, Jeanette Wiseman, Senior Technology Project Manager, and Kimberly Russell, Marketing Manager. Vicki Moran, at Publishing Support Services, and copy editor Tom Briggs provided expert production guidance.

We are grateful to Becki Bowman, Dalton State College, Ellen Bremen, Darton College, Judith A. Deisler, Pasco-Hernando Community College, James E. Reppert, Southern Arkansas University, Laura L. Young, Southern Oregon University, and Tonette Long, Southern Oregon University, who provided helpful comments and suggestions for this edition. In addition, there are many loyal users of the *Handbook* who have generously shared their comments with us. Without them, we might have changed too much. Thanks for letting us know what works, as well as what can be improved. Neeley Silberman has once again provided great service by taking the lead on the sixth edition of the accompanying *Instructor's Resource Manual*.

Whenever a book revision comes into our lives it overlays an already complex set of responsibilities, interactions, and deadlines. Were it not for the combination of nudges, cheerleading, opinions, and creative selflessness from our partners, Gary Ruud and Samantha Schoenfeld, we might not have been able to untangle ourselves enough to give this project its due. For this, and much more, we stress our love and thanks.

Jo Sprague Douglas Stuart

Brief Contents

Part 1. Foundation	1
Chapter 1. Understanding Speaking	4
Chapter 2. Listening	18
Chapter 3. Speaking Ethics	28
Chapter 4. Overcoming Fear of Speaking	38
Part 2. Preparation	47
Chapter 5. Planning	49
Chapter 6. Topic Selection and Analysis	57
Chapter 7. Audience Analysis	75
Chapter 8. Research	88
Part 3. Organization	105
Chapter 9. Transforming Ideas Into Speech Points	108
Chapter 10. Arranging Points	120
Chapter 11. Outlining	128
Chapter 12. Transitions	142
Chapter 13. Introductions	147
Chapter 14. Conclusions	161
Part 4. Development	169
Chapter 15. Supporting Materials	172
Chapter 16. Reasoning	190
Chapter 17. Language and Style	226
Chapter 18. Attention and Interest	243
Chanter 19 Credibility	252

Brief Contents

Chapter 20. Motivational Appeals	260
Chapter 21. Informative Strategies	271
Chapter 22. Persuasive Strategies	277
Chapter 23. Adapting to Speaking Contexts	297
Part 5. Presentation	321
Chapter 24. Modes of Delivery	325
Chapter 25. Practice Sessions	334
Chapter 26. Vocal Delivery	347
Chapter 27. Physical Delivery	361
Chapter 28. Visual Aids	367
Chapter 29. Adapting to the Speech Situation	378
Chanter 30 Answering Questions	385

Par	t 1.	. Foundation	1
Cha	pte	r 1. Understanding Speaking	4
1a.	Und	derstand what it means to be a speaker	4
1b.	in a	ound your approach to effective public speaking meaning-centered view of communication. Do not confine your view of communication to information	5
	(2)	transmission and reception. Think of communication as the joint creation of meaning.	5 6
1c.		proach public speaking by drawing on three familiar nmunicative resources.	7
	(1) (2) (3)	Draw on your conversation skills. Draw on your writing skills. Draw on your performance skills. Combine some features of these three communicative resources	7 8 9
		for an effective speech. Avoid relying exclusively or excessively on any one of these resources.	10 11
1d.	Un	derstand the role of consciousness in skill learning.	12
1e.	spe	ware of common misconceptions about public eaking that may interfere with efficient mastery the skill.	14
	(1)	Misconception 1: Good speakers are born, not made. Misconception 2: Good speaking should be easy right away. Misconception 3: Speaking will always be as difficult as it is when	14 15
	(4)	you are first learning it. Misconception 4: There are simple formulas for effective speaking.	15 15
Cha	pte	er 2. Listening	18
2a.		cognize the relationship between effective speaking d listening.	18
2b.	(1) (2)	epare to listen. Banish distractions and get physically set to listen. Stop talking.	19 19 19 19

2c.	When listening as an audience member, be both	
	curious and critical.	19
	(1) Show respect for the speaker.	20
	(2) Be open to the speaker's point of view.	20
	(3) Consciously follow the structure of the speech.	20
	(4) Critically assess the speaker's claims.	21
	(5) At the designated time, ask questions.	21
2d.	When listening as a consultant to a speaker, use the	
	principles of constructive feedback.	21
	(1) Start with the positive.	22
	(2) Make important comments first.	22
	(3) Be specific.	22 22
	(4) Give suggestions, not orders.(5) Be realistic about the amount and kind of feedback a speaker	22
	can receive.	22
	(6) Use the 90/10 principle.	23
-		
2e.	When gathering information for your speech, listen to optimize your learning.	23
	(1) Paraphrase.	24
	(2) Ask follow-up questions for clarification.	24
	(3) Take notes.	24
25	When conducting audience analysis listen helistically	. 24
2f.	When conducting audience analysis, listen holistically (1) Listen at multiple levels.	. 24 25
	(2) Listen between the lines.	25
	(3) Listen to the silences.	25
-	A: d listoniaitfelle	25
2g.	Avoid common listening pitfalls.	25
	(1) Daydreaming, doodling, and disengaging(2) Allowing yourself to be distracted by superficial qualities	25
	of the speaker	26
	(3) Uncritically accepting a message	26
	(4) Prematurely or totally rejecting a message	26
	(5) Planning your response or rebuttal to a speech instead of	
	listening to it	26
	(6) Failing to monitor your nonverbal behaviors as a listener	27
Cha	pter 3. Speaking Ethics	28
3a.	Be aware of the ethical implications of all human	
	choices and the way these play out in public speaking	. 29
	(1) Recognize that every action has an ethical dimension.	29
	(2) Recognize that ethical decisions are rarely clear-cut.	29
	(3) Recognize that ethical decisions vary with context.	30

3b.	Respect the integrity of your own core values.	30
3c.	Respect the integrity of your audience.	30
3d.	Respect the integrity of ideas. (1) Don't plagiarize. (2) Don't lie. (3) Don't oversimplify.	31 31 32 33
3e.	Understand that ethical decisions often involve weighing complex factors and competing goals. (1) Balance the value of using language in a lively and forceful manner against the risk of causing pain and offense.	33
	(2) Balance the importance of appealing to your audience at an emotional level against the risk of abusing emotional appeals.(3) Balance the right to use compelling persuasive appeals against	33
Cha	the obligation to avoid simplistic persuasive techniques. apter 4. Overcoming Fear of Speaking	34 38
4a.	Put your fear of speaking into perspective. (1) Accept some fear as normal. (2) Analyze your fear as specifically as possible.	38 38 39
4b.	Build your confidence through thorough preparation and practice.	41
4c.	Cope with the physical effects of fear by using techniques of relaxation and tension release.	41
4d.	Use positive self-suggestion to combat your anxiety. (1) Visualize success. (2) Replace negative internal statements with positive ones.	42 43
4e.	If none of the preceding suggestions works, seek assistance beyond this book.	44
Paı	rt 2. Preparation	47
Cha	pter 5. Planning	49
5a.	To design a unique message, allow time for the four phases of creativity.	49
5b.	Make a realistic timetable for your speech preparation.	50

	(1)	List the tasks you will need to complete to prepare the speech, and estimate the time needed for each.	50
	(2)	Determine which tasks depend on the prior completion	50
		of other tasks.	51
	(3)	Set intermediate deadlines for the major stages of preparation and practice.	52
5c.		ke your speech preparation an oral and aborative process.	52
5d.	ent	present a speech that achieves the flavor of nanced conversation, focus on different resources lifferent phases of preparation.	54
5e.	Avo	oid these planning pitfalls.	55
		No time for incubation	55
	(2)	No margin for error	55
		"Writer's" block	55
	(4)	"Speaker's" block	56
Cha	pte	r 6. Topic Selection and Analysis	57
6a.	Sel	ect a speech topic.	57
		Draw the topic from your own experience, expertise, and interests.	58
		Select a topic appropriate to the audience and occasion.	60
	(3)	Select a topic that is both timely and timeless.	60
6b.	Na	rrow your topic.	62
		Determine the number of ideas you can cover in the time allotted.	62
	(2)	Select a few main ideas based on thorough analysis of the	
		audience, the occasion, and your strengths as a speaker.	63
6c.	Cla	rify the purpose of your speech.	64
		Identify the general purpose of your speech.	64
	(2)	Determine the specific purpose of your speech.	6
	(3)	Specify the desired outcomes you seek from your listeners.	60
6d.	De	velop a clear thesis statement to guide your analysis	
		the topic.	69
	(1)	Frame a thesis statement as a single declarative sentence that	1121
	(2)	states the essence of your speech content.	69
	(2)	Analyze your topic by breaking your thesis statement into a list of questions to be answered.	7
6e.	lf n	ecessary, select a speech title.	72

Cha	pter 7. Audience Analysis	75
7a.	Develop an understanding of your audience by seeking information through as many channels as possible. (1) Use direct observation. (2) Do systematic data collection. (3) Conduct selected interviews/focus groups. (4) Talk with the contact person. (5) Use intelligent inference and empathy.	76 76 76 77 77
7b.	Analyze the demographic characteristics of your audience as an aid to predicting their orientation. (1) Age/generation (2) Sex/gender (3) Race/ethnicity	78 79 80 82
7c.	Try to understand what is meaningful to your audience.	83
7d.	Determine the audience's attitudes toward your topic.	84
7e. Cha	Anticipate your audience's expectations by gathering details about the specific speech situation. (1) What do they know about your topic? (2) What do they think about you? (3) What is the history of your audience as a group? (4) What is the program surrounding your speech? apter 8. Research	85 86 86 86 87
8a.	 Have a research strategy. Fit your research to the time allotted. Approach your topic so that you progress from the general to the specific. Develop a lexicon of the terminology peculiar to your topic. Use your analysis questions to direct your research. 	88 89 89 90
8b.	Use the library.(1) Talk to a librarian.(2) Use library resources to locate books and articles on your topic.	91 92 92
8c.	Use electronic information retrieval.	93
8d.	Seek information directly from other people. (1) Locate human resources. (2) Conduct interviews.	96 96 99

8e.	Maintain a complete record of your sources.	100
8f.	Capture the information and ideas in discrete units to facilitate retrieval and organization. (1) Notecards from print and electronic sources (2) Notecards from interviews and surveys (3) Grouping your cards	101 101 103 103
Par	t 3. Organization	105
Cha	pter 9. Transforming Ideas Into Speech Points	108
9a.	Assemble all the possible ideas and information that could go into your speech.	108
9b.	Use a variety of organization tools to identify potential points and examine their relationships. (1) Create a rudimentary, working outline. (2) Use concept mapping. (3) Manipulate movable components.	109 109 110
9c.	Choose main points that, taken together, correspond exactly to your thesis statement.	112
9d.	Select main points that are mutually exclusive.	113
9e.	Have at least two, but not more than five, main points in the average speech.	116
9f.	 Express main points and subpoints to reflect coordinate and subordinate relationships. (1) Subordinate points and subpoints should fit inside, or support, a larger idea. (2) Coordinate points and subpoints should be of equal importance. (3) Each subpoint should directly relate to the point it supports. 	116 117 118 118
Cha	apter 10. Arranging Points	120
10a	 Arrange main points in a pattern that arises inherently from the subject matter or from the requirements of the thesis statement. (1) Use the chronological pattern to order ideas in a time sequence. (2) Use the spatial pattern to arrange points by location. 	120 121 121