

Nabeya · Hanaoka · Nogami (Eds.)

Recent Advances in

**DISEASES
OF THE
ESOPHAGUS**



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K. Nabeya · T. Hanaoka · H. Nogami (Eds.)

Recent Advances in Diseases of the Esophagus

Selected Papers in 5th World Congress of the
International Society for Diseases of the Esophagus
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With 446 Figures

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Preface

The Fifth World Congress of the International Society for Diseases of the Esophagus was held in the historic city of Kyoto, Japan, from August 5 through 8, 1992. Approximately 40 countries throughout the world participated and roughly 500 presentations were made. Excellent authors were selected and they were requested to send in their manuscripts for publication of this book. It is our ardent hope that this book will prove to be beneficial to the doctor interested in the esophagus and that it will provide the reader with first-hand information from leading scientists and clinicians in this field.

The incidence of esophageal diseases vary greatly from country to country and in recent years, worldwide interest in these diseases has resulted in various international studies. The International Society for Diseases of the Esophagus was inaugurated by Professor Komei Nakayama in 1979 and since that time it has actively contributed to the exchange of information regarding these diseases and has made endeavors in bringing about advancement in the struggle against diseases of the esophagus in every way possible.

It is my firm belief, that discussions and presentations made at congresses such as these, make great contributions in the progress of medicine, and communications between young promising researchers and the older experienced generation is truly significant. The "March in Medicine" must go on and it is my fervent wish that seeds sowed at this congress will flourish and that this book comprised of presentations made at the Fifth World Congress may serve as a tool to cultivate those seeds.

Lastly, but not leastly, I would like to express my heartfelt appreciation to all the people involved in making this publication possible, especially to those who generously gave of their time and cooperation in editing this book: Dr. Tateo Hanaoka, Dr. Hiroshi Nogami, and the doctors of the Second Department of Surgery of Kyorin University School of Medicine.

KIN-ICHI NABEYA
Congress President
The Fifth World Congress of
the International Society
for Diseases of the Esophagus

Foreword

Every three years the world's top esophagologists convene at different locations all over the world under the leadership of the International Society for Diseases of the Esophagus. The ISDE world congress has meanwhile come to occupy a solid position as an international scientific forum.

Most recently, the congress was held in Kyoto, Japan, thus returning to its country of birth: In 1980, the first session of the ISDE world congress was convened in Tokyo. The decision to meet in Japan for a second time may be seen as a gesture of reverence on the part of the Society to a country whose achievements in esophagology research have been of great merit.

The international community of scientists involved in esophagology research came to Kyoto to present its newest investigational results and to discuss them with the experts in this field. The quintessence of their findings is presented in this book, which could perhaps be described as documenting the "Olympics of esophagology". For all those interested in keeping up with the "state of the art" of current esophagology research, this book will therefore be the definitive source of information.

The ISDE and its president would like to extend their thanks to Professor Nabeya, whose outstanding hospitality made this congress unforgettable. This book will be a tribute to the congress and to him.

J. RÜDIGER SIEWERT
President of the ISDE 1989–1992

Foreword

In August, 1992 the fifth triennial Congress of the International Society for Diseases of the Esophagus was held in Kyoto. In the twelve years since the first Congress took place in Tokyo in 1980, ISDE, founded by Professor Komei Nakayma, has become a robust and healthy international organization. At the time of the Kyoto Congress there were approximately 650 official participants representing 45 different countries. The Congresses held previously in Tokyo, Rome, Munich, and Chicago were scheduled every three years to provide sufficient time for major advances and accomplishments to be made in the interim, thus enabling each Congress to offer many new and original presentations. This was the theme at the 1992 Congress under the leadership of Congress President Professor Kin-ichi Nabeya and ISDE President Professor Rüdiger Siewert. Professor Nabeya's Scientific Committee was able to select a superb program from more than 500 abstracts submitted from countries around the world. A series of first-rate paper and poster presentations filled the days in Kyoto, and the social programs scheduled for the evenings were equally memorable.

As has been the case following previous ISDE Congresses, the outstanding presentations were compiled and edited for presentation in book form. This volume offers the highlights of what is new and exciting in the management of esophageal disease in 1992. The triennial ISDE volumes have become the standard reference works for students of esophageal disease and define the "state of the art" in the interim between Congresses. This volume admirably serves this important purpose.

While ISDE has always encouraged participation from various specialties that have a strong interest in esophageal disorders, the major portions of the Congresses have usually reflected surgical approaches. At the 1992 Congress it was decided to make a concerted effort to broaden the membership and scope of the organization in order to develop a more balanced program among gastroenterologists, oncologists, radiologists, and pathologists as well as thoracic and general surgeons. This book will be of interest to all of these specialists, and the

next Congress scheduled for Milan in September 1995 promises to have an even larger representation of original work presented from a variety of disciplines that are contributing to advances in knowledge concerning the esophagus.

DAVID B. SKINNER
President of the ISDE

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