

VOLUME 3

ENCYCLOPEDIA OF
**SPORTS
MEDICINE**

LYLE J. MICHELI, M.D., EDITOR

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**SPORTS
MEDICINE**

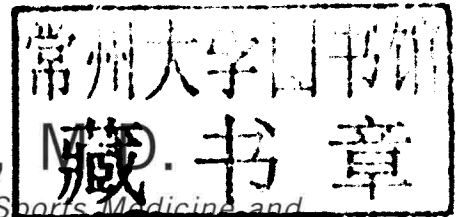
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3

EDITOR

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ENCYCLOPEDIA OF
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 Handlebar Palsy
 Headache, Exercise-Induced
 Hyponatremia, Exercise-Associated
 Lightning Injuries
 Muscle Cramps
 Organ Injuries
 Pectoralis Strain
 Referred Pain
 Rhinitis, Exercise-Induced
 Side Stitch
 Sports Injuries, Acute
 Sports Injuries, Overuse
 Strains, Muscle
 Stress Fractures
 Sudden Cardiac Death
 Tendinitis, Tendinosis
 Tendinopathy
 Trigger Finger
 Trunk Injuries

Abdomen

Abdominal Injuries
 Bowel Injury
 Epstein-Barr Virus, Infectious Mononucleosis,
 and Splenomegaly

Gastrointestinal Problems
 Genitourinary Injuries
 Hepatic Injury
 Pancreatic Injury
 Renal Injury
 Splenic Injury

Ankle

Accessory Navicular
 Ankle, Osteochondritis Dissecans of the
 Ankle Fracture
 Ankle Impingement
 Ankle Injuries
 Ankle Instability
 Ankle Instability, Chronic
 Ankle Sprain
 Apophysitis
 Foot and Ankle Injuries, Surgery for
 Peroneal Tendinitis
 Peroneal Tendon Subluxation
 Posterior Tibial Tendinitis

Back and Lumbar Spine

Back Injuries, Surgery for
 Cervical and Thoracic Fractures and Traumatic
 Instability
 Cervical Brachialgia
 Intervertebral Disk Disease
 Klippel-Feil Syndrome
 Lower Back Contusion
 Lower Back Injuries and Low Back Pain
 Lower Back Muscle Strain and Ligament Sprain
 Rhomboid Muscle Strain and Spasm
 Slipped Disk
 Spinal Cord Injury
 Spondylolysis and Spondylolisthesis

Cervical and Thoracic Spine

Cervical and Thoracic Disk Disease
 Cervical and Thoracic Fractures and Traumatic
 Instability
 Cervical and Thoracic Spine Injuries
 Cervical Brachialgia
 Cervical Disk Degeneration
 Cervical Facet Syndrome
 Costosternal Syndrome (Costochondritis)
 Intervertebral Disk Disease

Os Odontoideum
 Scheuermann Kyphosis
 Scoliosis

Chest Wall

Bruised Ribs
 Chest and Chest Wall Injuries
 Rib Fracture and Contusions
 Rib Stress Fracture
 Rib Tip Syndrome
 Sternal Fracture
 Sternoclavicular (SC) Joint, Separation of

Elbow and Forearm

Biceps Tendinitis
 Biceps Tendon Rupture
 Elbow, Osteochondritis Dissecans of the
 Elbow and Forearm Injuries
 Elbow and Forearm Injuries, Surgery for
 Elbow Bursitis
 Elbow Dislocations
 Elbow Fractures
 Elbow Sprain
 Forearm Fracture
 Little League Elbow
 Medial Apophysitis of the Elbow
 Medial Epicondyle Avulsion Fractures of the
 Elbow
 Olecranon Stress Injury
 Panner Disease
 Posterior Impingement Syndrome
 Posterolateral Rotatory Instability
 Ulnar Neuropathy

Foot

Arch Pain
 Athlete's Foot
 Black Nail
 Blisters
 Bruised Foot
 Bunions
 Calluses
 Corns
 Foot and Ankle Injuries, Surgery for
 Foot Fracture
 Foot Injuries
 Foot Stress Fracture

Hammertoe
Ingrown Toenail
Metatarsalgia
Morton Neuroma
Overpronating Foot
Oversupinating Foot
Plantar Fasciitis and Heel Spurs
Retrocalcaneal Bursitis
Sesamoiditis
Sever Disease
Turf Toe
Warts (Verrucae)

Hand and Finger

Carpal Fractures
Finger Dislocation
Finger Fractures: Bennett Fracture, Boxer's Fracture
Finger Fractures: Overview
Finger Sprain
Hand and Finger Injuries
Hand and Finger Injuries, Surgery for
Jersey Finger
Mallet Finger
Proximal Interphalangeal Joint Dislocation
Thumb Sprain
Volkmann Contracture

Head and Neck

Cervical Nerve Stretch Syndrome
Concussion
Craniofacial Injuries
Dental Injuries
Detached Retina
Diffuse Axonal Injury
Ear Infection, Outer (Otitis Externa)
Ear Injuries
Epidural Hematoma
Eye Injuries
Facial Injuries
Head Injuries
Intracerebral Hematoma
Intracranial Hemorrhage
Malignant Brain Edema Syndrome
Neck and Upper Back Injuries
Neck Spasm
Nose Injuries

Punch Drunk Syndrome
Skull Fracture
Subarachnoid Hemorrhage
Subdural Hematoma
Torticollis, Acute

Hip, Pelvis, and Groin

Avascular Necrosis of the Femoral Head
Avulsion Fractures
Femoral Neck Stress Fracture
Femoroacetabular Impingement
Genitourinary Injuries
Gluteal Strain
Groin Pain
Groin Strain
Groin Tendinitis
Groin/Inguinal Hernia
Hip, Pelvis, and Groin Injuries
Hip, Pelvis, and Groin Injuries, Surgery for
Hip Contusion
Hip Dislocation
Hip Flexor Strain
Hip Flexor Tendinitis
Hip Fracture
Hip Stress Fracture
Osteitis Pubis
Pelvic Avulsion Fractures
Pelvic Bursitis
Pelvic Fracture
Pelvic Stress Fracture
Perineal Numbness and Erectile Dysfunction
Piriformis Syndrome
Sacroiliac Pain
Sciatica
Slipped Capital Femoral Epiphysis
Snapping Hip Syndrome
Tailbone (Coccyx) Injuries

Knee

Anterior Cruciate Ligament Tear
Articular and Meniscal Cartilage Regeneration and Repair
Chondromalacia Patella
Cyst, Baker
Discoid Meniscus
Extensor Mechanism Injury
Iliotibial Band Syndrome

Juvenile Osteochondritis Dissecans of the Knee
 Knee, Osteochondritis Dissecans of the
 Knee Bursitis
 Knee Injuries
 Knee Injuries, Surgery for
 Knee Ligament Sprain, Medial and Lateral
 Collateral Ligaments
 Knee Plica
 Kneecap, Subluxating
 Meniscus Injuries
 Osgood-Schlatter Disease
 Patellar Dislocation
 Patellar Tendinitis
 Patellofemoral Pain Syndrome
 Posterior Cruciate Ligament Injuries
 Quadriceps Tendinitis
 Tibial Tubercle Avulsion Fracture

Lower Leg

Achilles Bursitis
 Achilles Tendinitis
 Achilles Tendon Rupture
 Acromioclavicular (AC) Joint, Separation of
 Calf Strain
 Compartment Syndrome, Anterior
 Lower Leg Injuries
 Lower Leg Injuries, Surgery for
 Medial Tibial Stress Syndrome
 Peroneal Strain
 Tibia and Fibula Fractures
 Tibia and Fibula Stress Fractures

Shoulder

Frozen Shoulder
 Glenoid Labrum Tear
 Little League Shoulder
 Rotator Cuff Tears, Partial
 Rotator Cuff Tendinopathy
 Shoulder Arthritis
 Shoulder Bursitis
 Shoulder Dislocation
 Shoulder Impingement Syndrome
 Shoulder Injuries
 Shoulder Injuries, Surgery for
 Shoulder Instability
 Shoulder Subluxation
 Superior Labrum From Anterior to Posterior
 (SLAP) Lesions

Skin

Abrasions and Lacerations
 Allergic Contact Dermatitis
 Angioedema and Anaphylaxis
 Athlete's Nodules
 Dermatology in Sports
 Friction Injuries to the Skin
 Frostbite and Frost Nip
 Fungal Skin Infections and
 Parasitic Infestations
 Insect Bites and Stings
 Irritant Contact Dermatitis
 Jock Itch
 Jogger's Nipples
 Pressure Injuries to the Skin
 Prickly Heat
 Puncture Wounds
 Skin Conditions in Wrestlers
 Skin Disorders, Metabolic
 Skin Infections, Bacterial
 Skin Infections, Viral
 Skin Infestations, Parasitic
 Sunburn
 Sunburn and Skin Cancers
 Toenail Fungus
 Urticaria and Pruritus
 Warts (Verrucae)

Thigh

Hamstring Strain
 Legg-Calvé-Perthes Disease
 Proximal Hamstring Syndrome
 Quadriceps Strain
 Thigh Contusion
 Thigh Injuries
 Thighbone Fracture
 Trochanteric Bursitis

Thorax

Cardiac Injuries (Comotio Cordis,
 Myocardial Contusion)
 Lung Injuries

Wrist

Carpal Tunnel Syndrome
 Colles Fracture
 Kienböck Disease