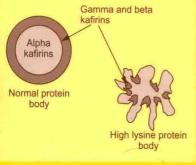


# Using cereal science and technology for the benefit of consumers

Proceedings of the 12th International ICC Cereal and Bread Congress 23 – 26th May 2004, Harrogate, UK



Edited by Stanley P. Cauvain, Susan S. Salmon and Linda S. Young





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Campden & Chorleywood Food Research Association Chipping Campden, UK



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### **PREFACE**

The Cereal & Bread Congresses which are run under the auspices of the International Association for Cereal Science & Technology (ICC) have a long and distinguished history. They take place every four years in different locations around the world.

The UK was chosen to host the 12<sup>th</sup> Cereal & Bread Congress and brought together cereal scientists, technologists, millers, bakers, plant breeders, nutritionists, engineers, equipment and ingredients suppliers from around the world to exchange their knowledge through verbal and poster presentations (the contents of this publication), exhibitions and informal networking.

The ICC congresses provide a unique opportunity to learn from others working in the many different fields of cereal science and technology and their associated disciplines. I have attended quite a few in my career and have never failed to come away impressed with the scale and quality of the work in cereal science. I have always found that my own thinking has been challenged, adjusted and strengthened by the experience. I have always enjoyed the occasion and the 12<sup>th</sup> such event was no exception.

The Congress theme – Using cereal science and technology for the benefit of consumers - was chosen with the aim of getting presenters to think about the process from beginning to end, 'plough to plate' or 'farm to fork' are much used phrases in this context. However, while such grand visions fit well with the modern jargon of 'joined-up thinking' or 'joined-up business' they tend to over-simplify the process and the link to the consumer.

Even the concept of 'the consumer' has been hijacked to be the 'person in the street'. Surely if you have a product then the 'consumer' is the next person/company in the chain. So millers consume wheat supplied by the farmer, at least in the sense of taking wheat and modifying into another form, bakers become the consumers of the miller's product and the people in the street consumers of the baker's product.

Who then is the 'consumer' of the product of cereal scientists and technologists? Their product is knowledge and so we are all consumers of that product, wherever we fit in the 'grain chain'. Ultimately if we are to benefit we need access to that knowledge and it must be provided in a readily assimilated form. Conferences provide one form but then we cannot attend all of these and so access to their proceedings provide another form.

We hope that you, as a consumer of knowledge, will gain benefit from accessing the proceedings of the 12th ICC Cereal & Bread Congress and be encouraged to attend the next event in 2008.

Please note that abstracts **only** are included for the following papers in this collection: Integrated development of *Amaranthus* as a high-value commercial grain (p. 68); The role of cereals in the diet (p. 89); The effects of dough mixing on GMP reaggregation and dough elasticity during dough rest (p. 187); Measure of damaged starch by an improved amperometric method (p. 259); Quality control with BRABENDER instruments (p. 260); Adding an acoustic note to texture analysis (p. 283); Predicting grain, flour, and bread quality using NIR spectroscopy (p. 303); Fibre by the slice: bringing consumer value and market leadership (p. 370).

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# PART I KEYNOTE LECTURES

### **CONGRESS WELCOME ADDRESS**

### Lord Plumb of Coleshill President of the CCFRA

It is perhaps appropriate to invite a humble son of the soil and grain grower to open your 12<sup>th</sup> International Cereals and Bread Congress before you hear the views on experts in science and technology. In the political world it is important to have a warm-up speaker before the real actors take the stage.

My concern through most of my life as a farmer has been to grow two ears of corn where one grew before, make a profit, and follow the motto of my ancestors: - "leaving the land in better shape than I found it". The Common Agricultural Policy in the EU was so successful because it became possible to achieve the sentiments of such a motto. Now we are encouraged to grow less, set land aside and become more environmentally friendly.

Your theme 'Using cereal science and technology for the benefit of consumers' which brings together wheat breeders, farmers, technologists, millers, bakers, nutritionists, engineers, equipment and ingredient suppliers, and consumers from over 30 countries is very commendable, and as a farmer I would like to pay tribute to the scientists and technologists who through years of research have contributed to the advancement of cereal science through your collaborative effort. So much is taken for granted as the consumer scans the supermarket shelves, and I am sure that this Conference will fully identify the current issues at a domestic and international level about biodiversity and the environment, food safety and quality and GMOs. All are central to the debate surrounding food production, processing and distribution.

These issues often hit the news headlines in a scaremongering way, yet evidence in the shops belies this concern: price, appearance, convenience and all-year-round availability still appear to be the major factors in purchasing decisions. This contradictory evidence has often resulted in a dialogue of the deaf generating more sound than light. We can produce the tenderest, tastiest, highest welfare food from cereal or grass-fed animals but if the consumer wants fish – so be it!

The changes that have been taken place in what consumers can purchase, and what and where they eat are nothing short of phenomenal. During the past 50 years, as incomes rose so demand switched from a cereal-based diet to one based on higher protein foods. This increased the pressure on land availability due principally to the poorer conversion rate of cereal into meat.

China is a striking example of this cause and effect. The higher standard of living there has led to a greatly increased demand for cereals and to a doubling of shipping rates over the last six months as they import more grain. There has been a huge increase in food miles and lower food processing costs in Thailand and Brazil enabling them to supply cheaper products like poultry and pig meat to European and U.S. markets. Migration is accelerated affecting not just the poor and deprived but exacerbating the problems in their home countries.

We are all aware that food security such as that in sub-Saharan Africa is literally a matter of life and death – an economic issue of great importance. While the discoveries of agronomists like Norman Borlang sparked the Green Revolution and saved literally millions of lives, rising global populations, increased expectations among consumers and climate change on which Dr King, the UK's government's Chief Scientist said recently – "global warming poses a greater threat to the stability of the world than does international terrorism", all have their impact of food production.

4 Welcome address

There is an obvious need to make policy changes that counters these risks and much more co-ordinated work which I am sure will be highlighted in this Congress. It is often said that there is enough food in the world to feed everyone but droughts and disease can dramatically affect yield. I note, however, that current total stocks of wheat and coarse grain shows that the world had only sufficient grain in store to last 63 days at the end of 2003 compared with 104 days at the end of 1999 – a reduction of 37%. The so-called European butter mountains are now reduced to 6 days' supply.

But food security is also about quality and in a fiercely competitive market, most of the money consumers spend rewards activities that take place after the product has left the farm gate. Catering services are an increasing part of food expenditure – in the U.K. they represent £ 62 billion of a total £ 133 billion. While in many developed countries, food consumption is a declining part of consumer expenditure and farm output a declining part of the total consumer cost of food, bread is still the staff of life. As Marie Antoinette said "if they have no bread give them cake!"

So the giants in terms of added value are the manufacturers, retailers and caterers, adding eight times the added value and employing five times more people than the producers. In these days, caterers do the washing-up as well!

None of this development would succeed without cereals-related research and we have a fine example of the development of new wheat varieties and improved agricultural practices in the U.K. through the work of our HGCA and our cereals authority is a government-industry partnership which fosters closer links between producers and users encouraging quality assurance.

I am aware that support for this event, held for the first time in the U.K, comes from the HGCA together with CCFRA, whose staff form the backbone of the organising committee for this Conference. CCFRA has a history of cereal based research going back to 1926 and it has a significant international reputation for excellence for the development and application of cereal science and technology. Their pioneering work on breadmaking led to many innovations encouraging the greater use of home grown wheat, and their innovative traditions established originally at Chorleywood have been maintained at Chipping Campden. They remain at the forefront of cereal science and technology with close links to cereal based industries worldwide and I am deeply proud to be associated with such a fine organisation.

I am sure that your individual contributions at this Congress will add value to the knowledge of all those who are prepared to listen or read the outcome of your deliberations making good sense with science.

I wish you well.

### **OPENING TECHNICAL ADDRESS**

# SUPPORTING THE PATH FROM WHEAT GENOMICS TO A SLICE OF BREAD

P. V. Biscoe Chief Executive

HGCA, London N1, England

### INTRODUCTION

The organisers of this Congress have set the challenge that 'advancing our knowledge of cereal science and technology has limited value unless we can use it to benefit consumers'. This then raises the predictable question of 'how can that knowledge improve the availability and quality of cereal based products for consumers?'

How should this challenge be addressed? The approach adopted in this paper is to demonstrate how HGCA, from a UK perspective, is supporting the production and delivery of cereal-based products through to the consumer.

### THE PATH

The achievement of consumer benefit from *Triticum* genotypes is a complex path, involving all of the scientific disciplines and technologies represented at this Congress. To be successful, the path requires the transfer of knowledge in both directions between adjacent steps while product moves efficiently from breeder via grower and processor to consumer.

HGCA is actively involved in knowledge transfer and interaction in both directions along the whole path and only by ensuring that this knowledge is understood and implemented is it possible to ensure that there is every opportunity for having the right product in the right place at the right time. HGCA's aim is to improve the effectiveness and efficiency of transfer of both knowledge and product to achieve maximum consumer benefits.

### ABOUT HGCA

HGCA was established in 1965. Its major purpose is to improve the production and marketing of cereals. This improvement is achieved by providing high quality services, which are cost effective and meet the needs of its customers (levy-payers), and take account of both consumer and environmental requirements.

HGCA has an annual income of about £10 million derived from levies collected from the growers, dealers and processors of cereals throughout the UK. The collection of levies from steps along the path affords HGCA the opportunity for direct interaction with organisations involved with each step and hence, a unique opportunity to support the industry by improving the transfer of knowledge and product between those different steps. This approach is reflected in HGCA's activities, which cover variety evaluation, research and development, marketing services, product development, grain and product export and nutrition.