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# COMMUNICATION **MATTERS**

**Kory Floyd** 

ARIZONA STATE UNIVERSITY 中心





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# Dear Readers:

I can still recall how my family reacted when I told them I wanted to study communication. "You already know how to communicate," I remember one relative saying. Communication seemed like common sense to my family members, so they weren't entirely sure why I needed a PhD just to understand it.

As it turns out, my relatives are like a lot of other people in this regard. Because each of us experiences communication in some form nearly every day, it's hard not to think of communication as completely intuitive. What can we possibly learn from research and formal study that we don't know from our lived experience? Aren't we all experts in communication already?

For the sake of argument, let's say we are. Why, then, do we so often misunderstand one another? Why is the national divorce rate so high? How come it seems at times as if women and men are speaking different languages? What explains the popularity of self-help books, relationship counselors, and afternoon talk shows? If we're all experts at communicating, why do we often find it so challenging? Maybe communication isn't as intuitive as we might think.

My goal for *Communication Matters* is to help readers see how communication not only affects their social relationships but also influences their happiness, career objectives, and quality of life. *Communication Matters* guides readers through their **personal** experience of communication and illuminates the value of engaging in a **critical** investigation of communication processes and behaviors. *Communication Matters* targets those goals while encouraging readers to **actively** use both the program's content and its pedagogical tools to relate the course material to their own life experiences.

In short, Communication Matters makes the study of communication a meaningful endeavor that readers can positively extend to daily living. I hope you will find Communication Matters to comprise a fresh, contemporary, well-integrated program of materials for the introductory course.



Name: Kory Floyd

Education: I got my undergraduate degree from Western Washington University, my Masters degree from the University of Washington, and my PhD from the University of Arizona.

Current jobs: Professor, book writer

Favorite job growing up: Singing busboy

Worst childhood memory: Getting sent to the principal's office in third grade. (It's possible I haven't told my parents about that.)

Best childhood memory: The birth of my sister and brother

Hobbies: Playing piano, singing, reading, traveling, playing Wii tennis

Pets: I have a kitty, whose name is Kitty. I also have a family of goldfish in the pond in my back yard.

Favorite recent book: Outliers, by Malcolm Gladwell

Favorite TV show: NCIS (the original one)

Places I love: New Zealand, Starbucks, my parents' house

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With Communication Matters, students move beyond their intuitive appreciation of communication to examine the discipline's core principles. By helping students to take **personal** responsibility for their communication, by encouraging **critical** reflection about communication behavior, and by **actively** applying the key concepts to the challenges of contemporary living, *Communication Matters* builds understanding of the many important ways that communication principles matter in personal relationships, classrooms, careers, and communities both real and virtual.

#### PERSONALLY.

Communication Matters invites students to explore the ways in which their personal background and circumstances influence communication behavior, and the processes by which they make sense of that behavior.

#### **Personal Diversity**

Communication Matters probes the ways that students' personal roots and contexts, and those of their communication partners, affect their communication. To set the foundation for this central theme, Chapter 2, "Communication and Culture," introduces the topics of culture and co-culture and surveys the crucial role of culture in communication. That chapter also illuminates how differences in individuals' mental and physical abilities can be the basis of a co-culture—examining, for example, the values and customs of the deaf community and the impact of those factors on members' communication. Other chapters consider the communicative diversity of socially marginalized groups such as the elderly, the homeless, and sexual minorities.

#### The Dark Side of Communication

The "dark side" of human communication, as it is called in the research literature, is a significant area of interest for both scholars and the public at large. The dark side encompasses the array of negative emotions and behaviors that can play a role in individuals' relational experiences. In each chapter, a Dark Side of Communication feature takes a close-up look at a specific dark side topic and promotes discussion of mature, effective ways of dealing with the challenges the issue presents to the lives (and communicative experiences) of individuals. For example, in Chapter 7, this feature investigates the serious problem of cyberbullying, and in Chapter 10 the selection looks at how the use of coercive power in communication can sometimes constitute emotional abuse.

# THE DARKS DE of Commun cat on Tell Me Lies: Misrepresentation in Online Bating Profiles Online dating services—such as Match.com and Chemistry.com—have become enormously popular in recent years as a venue for meeting people and starting new relationships. On many such sites, participants create individual profiles for others to view. Profiles commonly include one or more photographs of the participants are vall as information about the person's age, height and weight, profession, and interests. Erowaing the profiles for other such as of the profiles who were profiles of their pearticipants can help us determine whom we might contact and communicate with, but how do we know whether the information in a profile is true? Bearach has shown—perhaps no susprisingly—that a large proportion of online date-seekers put false information in their profiles, usually to make themselves appear more attractive to potential partners. In fact, usually to make themselves appear more attractive to potential partners. In fact, when the profile is the profile is true? Bearach has shown in the profile of a potential dating partner. Since in the profile is the profile of a potential dating partner. Since in the profile is the profile of a potential dating partner.

#### CRITICALLY.

Communication Matters encourages students to think analytically, to question their assumptions, and to use their insights to communicate successfully with others.

#### Fact or Fiction?

When it comes to forming perceptions, is more information always better? Is it always possible to resolve a conflict? The Fact or Fiction? selections in Chapter 3 and Chapter 10 challenge students to consider those intriguing questions. Showcased in every chapter, Fact or Fiction? fosters reflective analysis about applied research and issues related to communication. Ask Yourself questions are included for class discussion or homework.

## Fact or Fiction











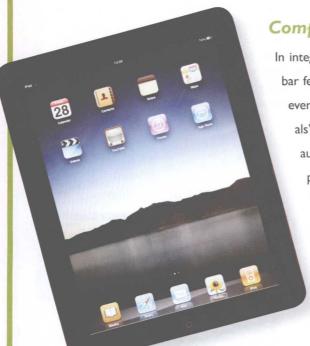
#### **Small Groups Can Aid Weight Loss**

People who want to lose weight often choose to undertake that task in a small group. With others in the group to encourage them and share their struggle, many people believe the support and accountability they will receive from the group will help them lose more weight than they could on their own. Is that belief an illusion, or will people in a weight-loss group actually lose more weight than those working individually?

According to research, taking part in a weight-loss group is more effective than trying to lose weight individually. In one study, overweight adults worked with a weight-loss counselor for 26 weeks either on their own or in groups of 8 to 12. During each group session, participants reported on their progress and the counselor led a group discussion focused on rewarding progress and overcoming obstacles. Participants were also weighed and instructed in proper diet and exercise strategies. Those who worked with a counselor individually received all the same information and encouragement, just not in a group setting. By the end of the study, the participants who worked in groups had reduced their weight and body mass significantly more than had the participants who worked individually. Studies have similarly found that people more successfully quit using nicotine and cocaine when they take part in small groups designed to help them achieve those goals than when they try to quit alone.

#### ASK YOURSELF

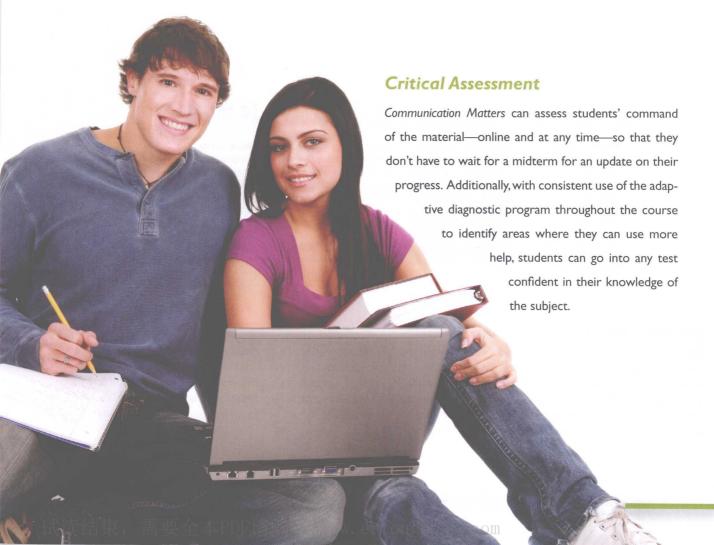
- Why do you suppose working in small groups helps people improve their health more than working alone?
- What health problems, if any, do you think most people would solve more effectively alone than in groups?



#### Computer-Mediated Communication

In integrated examples in every chapter, as well as in various side-bar features and illustrations, *Communication Matters* analyzes how ever-evolving communication technologies are impacting individuals' sense of identity, expanding their communication choices and audiences, reshaping interactions in the workplace, and raising provocative new issues. The text critically investigates—and gives students invaluable insight into—the safe and responsible use of electronic media and resources, along with the ethical dimensions of using the new technologies.





#### **ACTIVELY.**

Communication Matters makes students active participants in their learning. The fifteen chapters, including five chapters dedicated to public speaking skills and strategies, provide students with hands-on experience in applying communication principles to everyday communicative tasks—from personal conversation to public speaking, from the classroom to the community to cyberspace, and more.

Being a l	<b>lentor</b>
One of the most you already? For	important skills for socializing new members to groups is mentoring. How good a mentor are each of the following statements, indicate how well it describes you by assigning a number at all') and 7 ("very well").
Lenjoy he	lping people.
People fr	equently turn to me for advice.
I like to ta	ke someone "under my wing" and help him or her succeed.
I feel bad	if a new person in my group seems uncomfortable.
I am a go	od listener.
Supporti	ng people intellectually and emotionally makes me feel good.
People to	Il me I am good at giving guidance.
I like to "s	how people the ropes" when they are new to a group or situation.
I try to be	the kind of person that others can trust.
I take my	responsibilities toward other people seriously.
suggests that m do so. If you sco to be a mentor,	shed, add up your scores. Your total score should fall between 10 and 70. A score of 10–25 entoring is a skill you can build, and learning about small group communication is one way to red between 25 and 55, you are fairly good at mentoring, and as you have more opportunity ou can improve this skill even more. If you scored above 55, you are probably an experienced As a result, you are well poised to help socialize new members into the small groups to which

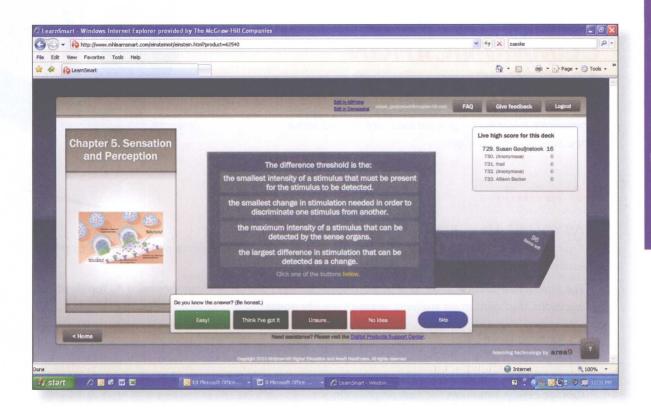
### The Competent Communicator

One way for students to improve their communication skills and ability is to think about how they communicate now. Featured in every chapter of Communication Matters, The Competent Communicator presents students with a self-assessment of a particular communication skill or tendency. For example, the selection in Chapter 4 invites students to explore how well they can distinguish opinions from factual claims; Chapter 10's example quizzes them on whether they are a high or low self-monitor.



#### **Putting Communication to Work**

Communication is an exciting major and a versatile field that is a springboard to a wide range of careers. *Communication Matters* explores career options for communication students through Putting Communication to Work selections that profile the diverse careers of former communication students—such as Chapter 4's interview with a managing editor at a multimedia publishing company and Chapter 15's conversation with a director of films, music videos, and commercials. The interviewees offer invaluable advice and insight on their career choices, as well as tips on how students can actively pave the way to their own career success.



#### **Active Assessment**

Communication Matters puts students in charge of their learning with an adaptive diagnostic tool that generates a study plan specifically designed to address each student's strengths and weaknesses. Interwoven with the text content, the online assessment directs students to the exact section or paragraph where they need to clarify and reinforce their understanding. Once students demonstrate mastery of the topic at hand, they move on to the other concepts in their personal learning plan.

# LEARNING WITH COMMUNICATION MATTERS

The practical, outcomes-oriented pedagogical elements of *Communication Matters* forge a personal, critical, and active connection with the content.



#### Personally.

#### AS YOU READ ... FOR REVIEW

A set of three As You Read questions following the chapter-opening vignette points students to the essential ideas of each chapter.

The For Review section at the end of the chapter answers the three chapter-opening As You Read questions, thus reinforcing students' grasp of the key points.

#### TESTYOURSELF

A set of Test Yourself review questions at the end of each main text section allows students to pause and check their understanding of important take-away ideas. This recurrent feature serves as a handy tool for review, retention, and test preparation.

#### POP QUIZ

The chapter-ending Pop Quiz allows students to assess their understanding of the chapter as a whole and to prepare for tests.

#### Critically.

#### THOUGHT BUBBLES

These recurring questions, suitable for class discussion and journaling assignments, call on students to reflect analytically on the book's central concepts and ideas and to apply their learning to their own experiences.

#### BYTHE NUMBERS

Interspersed throughout the chapters, By the Numbers presents statistically-based fun facts related to the topic at hand. This thought-provoking feature is suitable for generating class discussions and launching lectures.

#### Actively.

#### SHARPEN YOUR SKILLS

These regularly occurring, stand-alone skill-builders comprise active-learning exercises that may be carried out in a group or individually.

#### SHARPEN Your Skills

With a few students from your class, role-play a conversation in which you must decide on a policy for a controver-sial issue, such as stem-cell research or the use of prisoner torture during interrogations. Encourage your fellow students to voice their opinions even if others disagree. If conflict arises during the discussion, take note of when it arises and how the group deals with it. After the conversation, allow time for each student to assess how the group

handled conflict during the role-play.



# **TEACHING WITH**COMMUNICATION MATTERS

The complete content of *Communication Matters* is available to instructors and students in traditional print format, as well as online with integrated and time-saving tools that involve students personally, critically, and actively.

The online tools, collectively called Connect Communication, make managing assignments easier for instructors—and make learning and studying more motivating and efficient for students.

- Adaptive Diagnostic This tool helps students "know what they know"—while guiding
  them to experience and learn what they don't know through interactive exercises and readings. Instructors using Connect report that their students' performance has jumped by a letter
  grade or more.
- Speech Videos More than two hours of student speech videos and video excerpts with
  assessment are featured, along with links to YouTube videos that illustrate communication concepts in action (with accompanying questions). In addition, Reel Interpersonal videos dramatize
  key concepts in interpersonal relationships.
- Connect Speech Tools Web-based speech preparation tools help students to select an
  appropriate speech topic, to outline effectively, and to conduct research geared toward analyzing their audience. Speech Capture allows students to upload their speech online for instructor
  review, grading, and feedback. Instructors have the option to assign peer review for the rest of
  the class.
- Real-time Reports These printable, exportable reports show how well each student (or section) is performing on each course segment. Instructors can use this feature to spot problem areas before they crop up on an exam.
- Learning Objectives Every assignment and every course resource can be sorted by learning objective, with point-and-click flexibility. Instructors can use this feature to customize the content and course materials to meet the particular needs of their syllabus.
- Instructor's Manual Written by Meredith K. Ginn of Georgia Highlands College, this rich
  resource provides learning objectives, ideas for lectures and discussions, key terms, additional
  readings, and websites. The Instructor's Manual incorporates tips for both new and experienced instructors.
- PowerPoint Slides Developed by Communication Matters author Kory
  Floyd, the PowerPoint slides present the key points of each chapter and
  include charts and graphs from the text. A time-saving organizational and
  navigational tool, the slides are integrated with examples and activities
  from an expert teacher. The selections can be used as is or modified to
  meet the needs of individual instructors.
- Application & Assessment Source Written by Marcie Pachter of Palm Beach State College—Lake Worth, this resource offers 70 multiple-choice and 20 scenario-based application questions for each chapter. Sample midterm and final exams are also included, and all test items are tied to Bloom's taxonomy. McGraw-Hill's computerized EZ Test allows the instructor to create customized exams using the publisher's supplied test items or the instructor's own questions. A version of the test bank is also provided in Microsoft Word files for instructors who prefer that format. Additional questions are available for use with inclass clicker systems through the Classroom Performance System (CPS), a wireless polling system that provides immediate feedback from every student in the class. A CPS tutorial is available at <a href="https://www.einstruction.com">www.einstruction.com</a>.





#### **Tegrity Campus**

Tegrity Campus is a service that makes class time available all the time by automatically capturing every lecture in a searchable format for students to review when they study and complete assignments. With a simple one-click start-and-stop process, you capture all computer screens and corresponding audio. Students replay any part of any class with easy-to-use browser-based viewing on a PC or Mac.

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