HANDBOOK OF NEUROCHEMISTRY

Edited by Abel Lajtha

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STRUCTURAL NEUROCHEMISTRY

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Edited by Abel Lajtha

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VOLUME II STRUCTURAL NEUROCHEMISTRY

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5

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PREFACE

That chemicals (although not always called by this name) affect the brain and its functions, such as behavior, has been known for thousands of years. It is therefore surprising that the concept that chemical mechanisms are at least partially responsible for the complex functions of the brain is so recent. Investigation of the closely interlinked biophysical and biochemical properties of the nervous system has achieved many notable successes in recent years and is the most exciting development in 20th-century science.

Although all the morphology, the activity, and the alteration of the brain, whether bioelectric, biochemical, pathological, or structural, constitute an organic and indivisible whole, the ambition of the *Handbook* is to look at only a few aspects of this whole and to focus the discussions on the experiments that the neurochemists have performed.

Neurochemical study of the nervous system has, perhaps of necessity, gone through several phases: the first phase was more analytical and involved study of the composition of the tissue; the second, more recent phase clarified many of the metabolic sequences that occur in this tissue. Clearly, both were essential, but they showed that additional approaches are necessary. The present phase seems to be the study of control processes; present interest focuses on what determines, in a qualitative and quantitative fashion, the processes occurring in the nervous system. Perhaps the next phase will be the study of function, the study of the final stage of integration.

With the great speed of advance of knowledge in our field, it is difficult not to be an optimist. We now talk about things even as complex (and not so long ago seemingly unapproachable) as memory, learning, sleep, emotion, discrimination, and pain, and we not only talk about them but also devise meaningful experiments to study these extremely complex phenomena.

Not only can we study such complex phenomena as outside observers, but also we can manipulate them in a number of ways in order to understand them. It is hardly necessary to emphasize here that it may be too ambitious even at our present stage of knowledge to hope that this book will help in understanding the complexities of the nervous system; what we can hope is that it will help to formulate further research.

The divisions of the various volumes of the *Handbook* are not very sharp; still, the present volume emphasizes structural aspects of neurochemistry. Structural aspects are hardly more important or more complex in any other

x Preface

organ than in the nervous system. This seems to be not only one of the most structurally complex organs, but also one whose structure obviously has great significance for its function and whose mechanisms clearly cannot be understood without understanding the various structures where these mechanisms proceed. Life in all its aspects has great unity, and the facts we learn not only are clearly important for brain research in particular, or for the function of the nervous system, but also have a broader meaning for our concepts of living organisms as a whole. Therefore, from structural as well as other aspects, the results of brain research are applicable to, and contribute to, other disciplines.

It was pointed out in the first volume of this Handbook—and, unfortunately, it can be pointed out in any of the future volumes as well—that because of the practical necessity to limit the size of the volumes a great many important contributions could be only very briefly discussed, some not at all. The decision of what to include or exclude was often somewhat arbitrary. For this, mostly the editorial scissors (or short-sightedness) can be blamed, but perhaps it will serve as an excuse that the book is planned as a starting point of, rather than a substitute for, the future search for the wealth of information that has been written in the original publications or in the many reviews.

Among the purposes of the *Handbook* is to attract new talent to the field of brain research by giving to the reader a brief look at what the workers in this area have found out and what questions have been asked, even in a tentative way. Hopefully, many will carry this work further, at times even proving that in the past the wrong questions were asked.

The task, of course, is formidable. The structure proves to be more complex the more we investigate it: the more we find out about the brain, the more we realize what there is to be found out. But what is most significant, the task ahead, which not so long ago seemed impossible, seems less forbidding. We still know very little, but all the facts that seem to be established seem to form a reasonable complex, where all the parts fit and where what we have found so far seems to make sense. There is very little, if any, evidence that would indicate that it is impossible to understand brain function in even its most intricate details. Obviously, the neurochemists who wrote the chapters of these volumes hope that their work will contribute to this understanding. The editor has no doubt that it will and that the fuller understanding of the brain will be one of mankind's greatest achievements.

Abel Laitha

New York, New York February 1969

CONTENTS OF VOLUME I: Chemical Architecture of the Nervous System

Chapter 1

Inorganic Constituents by Donald B. Tower

Chapter 2

Carbohydrates by H. S. Bachelard

Chapter 3

Amino Acids by Williamina A. Himwich and Harish C. Agrawal

Chapter 4

Peptides by John J. Pisano

Chapter 5

Proteins by Samuel Bogoch

Chapter 6

Acidic Proteins by Blake W. Moore

Chapter 7

Nucleic Acids by D. A. Rappoport, R. R. Fritz, and J. L. Myers

Chapter 8

Lipids by George Rouser and Akira Yamamoto

Chapter 9

Myelin by Lewis C. Mokrasch

Chapter 10

Sterols by R. Paoletti, E. Grossi-Paoletti, and R. Fumagalli

Chapter 11

Glycoproteins by Eric G. Brunngraber

Chapter 12

Mucopolysaccharides by Richard U. Margolis

Chapter 13

Iron by Ole J. Rafaelsen and Bent Kofod

Chapter 14

Gray-White Matter Differences by Jørgen Clausen

Chapter 15

Cerebral Metabolism in Vivo by William Sacks

Chapter 16

Enzymes by N. Seiler

Appendix

Subject Index

CONTENTS OF VOLUME III: Metabolic Reactions in the Nervous System

Chapter 1

Carbohydrate Metabolism by R. Balázs

Chapter 2

Glycogen Metabolism by R. V. Coxon

Chapter 3

Cytochromes and Oxidative Phosphorylation by C. L. Moore and P. M. Strasberg

Chapter 4

Phosphatases by S. R. Cohen

Chapter 5

Peptide Hydrolases by N. Marks

Chapter 6

Biochemistry of Selected Amino Acids by H. J. Strecker

Chapter 7

Metabolism of Aromatic Amino Acids by G. Guroff and W. Lovenberg

Chapter 8

Sulfur Amino Acids by M. K. Gaitonde

Chapter 9

γ-Aminobutyric Acid by C. F. Baxter

xxvii

xxviii

Chapter 10

Glutamate and Glutamine by C. J. Van den Berg

Chapter 11

Glycine: Its Metabolic and Possible Transmitter Roles by M. H. Aprison, R. A. Davidoff, and R. Werman

Chapter 12

Deamination of Nucleotides and the Role of Their Deamino Forms in Ammonia Formation from Amino Acids by H. Ch. Buniatian

Chapter 13

Cerebrosides and Sulfatides by N. S. Radin

Chapter 14

Gangliosides by L. Svennerholm

Chapter 15

Sphingomyelin: Enzymatic Reactions by A. Rosenberg

Chapter 16

Metabolism of Phosphoglycerides by R. J. Rossiter and K. P. Strickland

Chapter 17

Metabolism of Phosphoinositides by J. N. Hawthorne and M. Kai

Chapter 18

Lipid Haptens by M. M. Rapport

Chapter 19

Fatty Acids by A. F. D'Adamo, Jr.

Chapter 20

Cholesterol Metabolism by A. N. Davison

Chapter 21

Metabolism of Myelin Constituents by F. N. LeBaron

FURTHER VOLUMES

VOLUME IV: Control Mechanisms in the Nervous System VOLUME V: Metabolic Turnover in the Nervous System
VOLUME VI: Alterations of Chemical Equilibrium in the Nervous System
VOLUME VII: Pathological Chemistry of the Nervous System

CONTENTS

| Chapter | | |
|---|---|----------|
| Water S | paces | |
| hv Hani | na M. Pannius | |
| | Introduction | 1 |
| II. | Definition of Spaces |] |
| III. | Problems of Methodology A. General B. Experiments in Vivo C. Experiments in Vitro | 2 |
| IV. | Chemically Determined Spaces A. Spaces in Vivo. B. Spaces in Vitro. C. Summary. | 3 |
| V. | Extracellular Space Determined by Electrical Impedance Measurements | : · 7 |
| VI. | Electron Microscopy and Extracellular Spaces in Cerebral Tissues | 8 |
| VII. | Abnormal Spaces | 8 |
| | Conclusion | g |
| | References | 9 |
| <i>Chapter</i> Water M by Robe | | 11 |
| | Analogy with Lipid Bilayers | 11 |
| | Diffusion of Labeled Water Between Blood and Brain | 12 |
| | Flux of Water Between Blood and Brain Under Hydrostatic or Osmotic Pressure Gradients | 12 |
| IV. | Comparison of Osmotic and Diffusional Flow | 13 |
| | Effect of Volume Diffusion on Half-Times. | 15 |

| xii | Contents |
|-----|----------|
| *** | JJ |

| VI. | Prediction of Effects of Osmotic Treatments | 16 |
|-----------------|--|----------|
| VII. | Relationship of Changes in Brain Water to Changes in Intracranial Pressure—Clinical Applications | 20 |
| VIII. | References | 21 |
| a. | | |
| | rebrospinal Fluid | 23 |
| Ĭ. | Location | 23 |
| II. | Origin and Fate | 23 |
| III. | Functional Insulation from Blood | 25 |
| IV. | Chemical Composition | 26 |
| | A. Protein | 27 |
| | B. Crystalloids | 27 |
| V. | Relation of Cerebrospinal Fluid to Brain and Cold | 30 |
| | A. Regional Variations in Composition | 32 33 |
| | C. Secretion of Extracellular Fluid | 33 |
| | D. Lymphatic Role of the Cerebrospinal Fluid | 35 |
| VI. | Blood-Brain Barrier | 38 |
| | A. Goldmann's Experiments | 39 |
| | B. Sugars and Amino Acids | 40 |
| | C. Cerebral Edema | 41 |
| VII. | General Conclusions | 43 |
| VIII. | References | 43 |
| Chanta | . 4 | |
| Chapter Choroid | Plexus | 49 |
| by T. Z | . Csáky | •- |
| | Introduction | 49 |
| | A. Morphology | 49 |
| | B. Metabolism and Enzyme Content | 51 51 |
| 11 | | - |
| 11. | Experimental Techniques | 52 52 |
| | B. In Vivo Technique | 53 |
| 111 | Blood-to-CSF Transport. | 53 |
| | Mechanism of CSF Formation by the Choroid Plexus | 54 |
| • * | | 55 |

.

| Conten | ts | xii |
|---------|--|----------|
| VI | Apparent Uphill Movement of Water | 56 |
| | Transport of Electrolytes | 56 |
| | A. Sodium | 56 |
| | B. Potassium | 57 |
| | C. Calcium and Magnesium D. Chloride | 58 58 |
| | E. Iodine, Bromides, and Thiocyanate. | 59 |
| VIII. | Transport of Nonelectrolytes | 59 |
| IX. | Energy-Dependent Accumulation of Substances in the Choroid Plexus | |
| Χ. | Transport from the CSF into the Blood | 61 |
| XI. | Pinocytosis | 62 |
| XII. | Effects of Drugs on Choroidal Transport | 62 |
| | A. 2,4-Dinitrophenol (DNP) | 63 |
| | B. Digitalis | 63 |
| | C. Acetazolamide (Diamox) | 64 |
| XIII. | References | 65 |
| by Giul | Cord | 71 71 |
| | Inorganic Constituents | 71 |
| | Carbohydrates | 73 |
| | A. Carbohydrate Levels and Transport | 73 |
| | B. Enzymes of Glucose and Glycogen Metabolism | 75 |
| | C. Enzymes of Krebs Cycle and Respiratory Enzymes— | |
| *** | O ₂ Uptake | 75 |
| IV. | Lipids | 76 |
| | A. Lipid Composition of Spinal Cord B. Developmental Changes in Spinal Cord Lipids. | 76 79 |
| | C. Phosphorylated Compounds Related to Phospholipids | 79 |
| | D. Prostaglandins | 82 |
| V. | Proteins | 82 |
| | A. Amino Acids. | 82 |
| | B. Peptides. C. Proteins. | 84 85 |
| VI. | Phosphorus, Labile Phosphates, and Nucleic Acids | 87 |
| | Pharmacologically Active Substances | 88 |
| | A. Acetylcholine and Related Enzymes | 88 |
| | B. Monoamines and Related Enzymes | 89 |
| | C. Polyamines | 92 |

| xiv | Contents |
|-----|----------|
| | |

| VIII. | Hydrolases and Carbonic Anhydrase A. Phosphohydrolases B. Nonspecific Esterases. | 92 92 93 |
|---------|---|----------------|
| | C. Carbonic Anhydrase | 93 |
| IX. | Vitamins | 93 |
| | Concluding Remarks | 94 |
| XI. | References | 95 |
| Chapter | 6 | 102 |
| | of Brain Slices | 103 |
| by K. A | . C. Elliott Introduction | 103 |
| | Permissible Thickness | |
| | Preparation and Weighing of Slices | |
| | Suspending Media | |
| | Methods of Study. | |
| | Criticism | |
| | Types of Information Gained with Slices | |
| | Further Developments | |
| | References | |
| Chapter | 7 | 115 |
| h Inha | al Phenomena and Isolated Tissues from the Brain | |
| l. | Introduction | 115 |
| | Techniques | |
| | A. Tissue Preparation | 115 |
| | B. Incubation Conditions | |
| | C. Calculations | |
| 111. | Ion Exchange | |
| | B. Ion Content and Fluxes Under Normal ConditionsC. Effects of Electrical Stimulation on Ion Movement— | 125 |
| | Recovery | |
| 137 | D. Associated Phenomena | |
| | Consequent Metabolic Changes | |
| V. | A Specifical Membrane Potential | |
| | A. Resting Membrane Potential B. Electrical Responses to Stimulation | |
| VI | References | |
| ₹ 1 | | |

Contents

| Chapter | | |
|--------------------|--|-------------|
| | letabolism and Cell Proliferation | 137 |
| by Jose | ph Altman | |
| 1. | Introduction | |
| | Brain | |
| II. | Biochemical Studies of DNA Metabolism | 143 |
| | A. Estimates of Cell Concentration in the Brain | 143 |
| | B. Some Shortcomings of the Technique | |
| III. | Thymidine-3H Autoradiography | 146 |
| | A. Technique of Thymidine- ³ H Autoradiography | 147 |
| | B. Evaluation of Autoradiograms. | |
| IV. | Cell Proliferation in the Embryonic Nervous System | 153 |
| | A. Cell Proliferation in the Primitive Neuroepithelium | 153 |
| | | 155 |
| V. | Regional Studies of Postnatal Cell Proliferation in the Brain. | 158 |
| | A. Postnatal Neurogenesis | i 58 |
| | B. Postnatal Gliogenesis. C. Meninges, Capillaries, and Choroid Plexus | 167 |
| 377 | | |
| VI. | Conditions Altering Cell Proliferation in the Brain | 169 |
| | A. Pathological Effects B. Behavioral Effects | 170 |
| 3/11 | References | |
| V 11. | References | 1/4 |
| Chapter Neurons | and Glia: Separation Techniques and Biochemical Inter- | 183 |
| | en P., R. Rose | 100 |
| I. | Introduction | 183 |
| | Methodology | 183 |
| | A. Separation | 184 |
| | B. Isolation | 184 |
| | C. Nature of the Isolated Cells: Comparison with Micro- | |
| | · | 185 |
| 111 | | 186 |
| 111. | A C1 1 1 TO 100 | 186 |
| | | 186 187 |
| | | 188 |
| IV. | A TOTAL CONTRACTOR OF THE CONT | 189 |
| | NT - 15 11 m - a | |
| VI | | 191 |
| | | 191 |
| V 11. | References | 191 |