

# 50 COLLEGE ADMISSION DIRECTORS SPEAK TO PARENTS

Sandra F. MacGowan Sarah M. McGinty

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ABCDE

To Barbara, John, and Jule

---S.F.M.

To my father

---S.M.M.

#### Acknowledgments

The field of college admission is a complex network—teachers, counselors, admission staff, alumni, testing services, federal agencies, parents, college administrators—all striving to ease and improve the process of education for young people. The admission professionals—especially the more than fifty here who became our collaborating colleagues—are a special group who impressed us with their concern for students. We acknowledge and thank them for their time, ideas, and writing talent. We also thank Elizabeth DeLaHunt, college counselor at the Latin School of Chicago, for being so very blunt and smart. Nor could we have completed the task without the assistance and tact of John McClintock, Nancy Donehower, Susan Moriarty, Marisa Casari, and Ellen Graham. Special thanks to our editors, Emily Thompson and Diane Sterling. And thanks and love to Linda, John, and Kim.

Dear Parents of College-Bound Students	1
2	
Grasping the World of College Admission	4
<u> </u>	
Getting Started on Choosing Colleges	9
Susan P. Staggers, Dean of Admission and Financial Aid Mount Holyoke College "We're just getting started on the college selection process with our teen and already we're in the middle of a family crisis. Are other parents having as difficult a time as we are?"	
Robert H. Thornton, Director of Admission New College of the University of South Florida "We haven't thought about college in twenty years! What should we do to help our child start choosing one?"	

Herbert F. Dalton, Jr., Director of Enrollment Planning Middlebury College
Help Your Child Deal with the Stress of Applying to College

William M. Shain, Dean of Admission Macalester College

"We don't want our child to make a mistake in selecting a college. Where do students usually go wrong in the process?"

William C. Hiss, Dean of Admission and Financial Aid Bates College

One Admission Professional Reflects on Some Memorable College Applications

Alberta E. Meyer, Director of Admission Trinity University (Texas)

"This is our first child to go through the college admission process. Could you give us a 'calendar' of how and when we should be involved?"

"What to Do When" College Calendar for Parents and Students



Narrowing the Choices: Reaches, Probables, Safeties

35

Douglas Paschall, Professor of English and Former
Director of Admission
The University of the South
"Our son is obsessed with getting into one college. How

can he be open-minded about other choices?"

G. Gary Ripple, Dean of Admission
College of William and Mary
"Our daughter says we're meddling with her college choices. How can we help without interfering?"

Guide to the Guides: Admission Directors Rate the College Guidebooks

Duncan C. Murdoch, Dean of Admission and Financial Aid Harvey Mudd College

"Our child is inundated with mailings from colleges! How do we begin to read them, and are they all useful?"

Katharine S. Popenoe, Senior Admission Officer Princeton University

"Should our son apply to all the Ivy League colleges and hope that one will accept him?"

Calendar of College Application Deadlines



#### Admission Committees: The Inside Story

63

Nancy Donehower, Assistant Dean of Admission Reed College

"Divine Providence or Dirty Harry? Who makes those college admission decisions anyway?"

Stirling L. Huntley, Director of Admission California Institute of Technology

"Are college admission committees all alike? Should our child consider the committee's makeup when filling out an application?"

Computer Admission at the University of Texas at Austin

Lawrence J. Momo, Associate Director of Admission Columbia University

"Not every college hopeful has perfect credentials. How do admission committees settle borderline application cases?"

Applications Admission Counselors Love to Hate

Daniel Murray, Director of Admission Boston University

"We'd love to eavesdrop on a college admission committee. How will they discuss our child's application folder?"

#### J. Leon Washington, Director of Admission Oberlin College

"We know college admission directors are only human, but how much do their personalities influence how they choose candidates?"

David L. Evans, Senior Admission Officer Harvard and Radcliffe Colleges "How can our child get into Harvard?"



#### Testing: The Hard Numbers

92

James W. Wickenden, Jr., Wickenden Associates
Princeton, New Jersey
Former Dean of Admission at Princeton University
"How do admission committees view SAT scores? Are they a deciding factor in selecting applicants?"

James H. Rogers, Director of Admission Brown University

"Our child has marvelous college entrance test scores but a shaky high school record. What will this mean for acceptance?"

Brown's Rank in Class and SAT Score Spread for 1987

William C. Hiss, Dean of Admission and Financial Aid Bates College

"Why did some colleges drop the SAT as a requirement for admission?"

Dona Schwab, Interim Acting Assistant Principal
Bronx High School of Science
A Guidance Counselor's View of SAT Coaching Courses:
Do They Pay Off?

7

#### The Competitive High School Record

112

Richard Steele, Director of Undergraduate Admission Duke University

"Our child is not a straight A student. Just how important are grades and how good do they have to be?"

Rae Lee Siporin, Director of Undergraduate Admission University of California, Los Angeles
We Don't Need More Broccoli!

Lawrence A. Groves, Associate Dean of Admission University of Virginia

"Our child went to a public high school. Do students from private schools have an edge in the application process?"

Linda Davis Taylor, Dean of Admission Amherst College

"How do highly selective colleges make their decisions about applicants, and why do they seem at times unfair?"

Anthony R. Strickland, Associate Director of Admission University of North Carolina at Chapel Hill "How important are the recommendations of teachers and counselors? Will they affect our child's chances of acceptance at college?"

Philip F. Smith, Director of Admission Williams College

"Does it help to send extra material with the college application?"

The Common Application: What Is It and How Does It Work?



#### The Elusive College Essay

137

William T. Conley, Director of Admission Drew University

"Our daughter is ready to write college application essays but needs some basic advice on how to begin. Where should she start?"

Theodore O'Neill, Director of College Admission University of Chicago

"Why do kids have to write application essays? Our son is going nuts—and so are we—trying to think of what famous person from history he'd like to have lunch with!"

Karl M. Furstenberg, Dean of Admission and Financial Aid Wesleyan University

"Can the college application essay make a difference in our child's chances of acceptance?"

John Bunnell, Associate Dean of Admission Stanford University

"We heard about a kid who got into Yale with an essay about socks lost in the dryer! Will only a high-risk essay get our teen into a highly selective school?"

Ten Common Essay Topics Colleges Pose



Making the Most of Interviews, Campus Visits, and Outside Help

155

M. Beverly Morse, Associate Director of Admission Kenyon College

"How can our daughter prepare for the college interview? She's very shy and needs some coaching."

Herbert F. Dalton, Jr., Director of Enrollment Planning Middlebury College

"Some colleges offer visits to the campus. Would such a visit help our child get accepted?"

Edward B. Wall, Gibbs and Wall Educational Consultants Amherst, Massachusetts

"What is an independent college counselor?"

Joan Dorman Davis, College Admission Counselor Seattle, Washington

"We're thinking about hiring an independent college counselor for our child. Are they worth the cost?"

Credentials for Independent College Consultants



#### The Financial Aid Hurdle

177

Robert P. Jaycox, Director of Student Aid
Colgate University
"How has the financial aid picture changed

"How has the financial aid picture changed during the last twenty years?"

Suzanne Schlager, Director of Financial Aid Sarah Lawrence College

"What kinds of financial aid are available at colleges, and how can our child apply for them?"

Milosh B. Mamula, Director of Student Aid Allegheny College

"Our child doesn't qualify for a need-based scholarship. Can you suggest some 'creative financing' to help pay for college?"

Richard Black, Director of Financial Aid
University of California at Berkeley
"How does financial aid work for residents versus out-ofstaters?"

xiii

David G. Erdmann, Dean of Admission and Financial Aid Rollins College

"What are merit scholarships? Do many colleges offer them?"

Scott F. Healy, Assistant Vice President and Director of Admission, and Andrew J. Burgess, Admission Assistant Pennsylvania State University

"Our soccer player has started for four years and been All-State for two years. Last year the team won both division and conference. Will all this help get him into college?"

Sample Student Loan Application

## 

Special Schools and Programs for Special Students

202

Elizabeth G. Vermey, Director of Admission, and Debra J. Thomas, Director of Public Information Bryn Mawr College

"We're not sure our daughter should attend an all-women's college. Will she get a good education there?"

Aline A. Rivers, Acting Dean of Students Spelman College

"Do schools with limited populations handicap graduates? Our daughter is thinking about attending a private college for black women."

Patricia Hall Carver, Director of Admission Stockton State College

"As a minority, how can our child get the best guidance on getting into college?"

Anthony Canchola-Flores, Assistant Director of the Office of Minority Education

Massachusetts Institute of Technology

"Our son wants to major in engineering but his SAT scores as a junior aren't very strong. What can he do now to strengthen his chances of acceptance?"

Organizations That Help Minority Students Academically and Financially

John Christensen, Director of Admission St. John's College

"Our daughter is interested in some colleges with unconventional programs, but we're afraid they'll hurt her chances for graduate school. Aren't these schools just for artsy people?"

Richard Wood, Director of Admission Colorado College "How does a college with special programs choose its applicants?"

College Programs for the Learning Disabled



Acceptance: The Moment of Decision

227

David Finney, Director of Admission
New York University
"We don't understand the different kinds of college acceptance. Which one should our child consider?"

William Mason, Director of Admission Bowdoin College

"How does 'early decision' acceptance work? Does applying for early acceptance have drawbacks our child should consider?"

Choosing Among Several College Acceptances

Linda M. Kreamer, Director of Admission
University of Vermont
"What is wait-listing? What are the real chances of being

what is wait-listing? What are the *real* chances of being accepted off a wait list?"

#### What to Do If Your Teen Doesn't Get in Anywhere

Letitia W. Peterson, Associate Dean of Admission Georgetown University

"What do colleges look for in transfer applicants? Do transfer applicants have a tougher time getting accepted than freshman applicants?"

When Your Child's Favorite College Says No

### 13

#### After Acceptance: What Next?

249

Susan H. Murphy, Dean of Admission and Financial Aid Cornell University

"Is there life after April 15? What does our child do now that the waiting is over?"

Michael Donahue, Associate Director of Admission University of Michigan

"Now that our child has been accepted, what can we do to help ease the academic transition from high school to college?"

F. Sheppard Shanley, Senior Associate Director of Admission Northwestern University

"What social adjustments will our child face in college?"

John W. Greene, M.D., Director of Student Health Vanderbilt University

"Our son is nervous about going to college. How can we help him cope with college stress?"

## 14

Congratulations! Your Child Is Going to College

264

Parents' Questions Update

269



# Dear Parents of College-Bound Students

"I was rather literary in college—one year I wrote a series of very solemn and obvious editorials for the Yale News—and now I am going to bring back all such things into my life and become again . . . the 'well-rounded' man."

-F. SCOTT FITZGERALD

Twenty years ago, if either of us had been asked why we chose our undergraduate colleges, we might have said, "We didn't get in anywhere else!" Looking back, we both received some poor guidance about choosing colleges. One of us did have the benefit of visiting many colleges. Her father personally drove her to a dozen colleges, and she was given the family car to visit other schools with two friends. After serious investigation, she applied to three schools, without much advice or support from her guidance counselor, and got these results: wait-listed at an all-women's Ivy League college, wait-listed at an Ivy League urban university, accepted at a highly selective liberal arts college. Because her guidance counselor advised her that she would never get off either wait list, she went to the liberal arts college. It

was an excellent school, but years later her choices seem to have been a bit limited. If she was wait-listed at two Ivy League colleges, there probably was another she should have been advised to apply to that would have accepted her strong high school record and combined verbal and math SAT score of 1410. She received a first-class education at the college she attended and went on to graduate school.

The other of us visited no colleges before she applied to the one home state university her parents said she should apply to. Their friends had a daughter who went to the state university, and her parents were intimidated by the prospect of investigating other schools and applying for financial aid. Of course, her A average and combined SAT score of 1304 made her a shoe-in at the state university, where, for more challenge, she found time to complete the requirements for two degrees in the four years it takes others to complete one. Had she been encouraged by her guidance counselor, she might have applied to other schools besides the state university. Nevertheless, she received an innovative education there in a newly formed writing option of the English department, and then she, too, went on to graduate school.

Our futures and careers developed as they did because we took advantage of opportunities presented to us, but both of us could have made more informed college choices had we received better advice. If you're on the brink of beginning the college selection process with your teen, you can recognize your own signs of "advice starvation" when—

- ☐ You plan to spend three hours a night for the next four months reading eighteen college guide books cover to cover—with a yellow highlighter.
- O You skip the salmon mousse at the Reynolds' cocktail party for the chance to discuss the difference between "early decision" and "rolling admission" with a Princeton alumnus.
- You start wondering if hefty alumni contributions would have improved your child's application chances.
- ☐ You experience a strange queasiness in the pit of your stomach every time you wait at a traffic light behind a car with two college decals.

#### Dear Parents of College-Bound Students

Sound advice is the key to getting through the college selection process with your teen. When we decided to write this book, we asked ourselves what parents might fantasize about doing to help their teens get into college—talk directly to college admission directors and ask them all the pressing, curious, silly, serious, demanding, even embarrassing questions they dreamt of asking about college selection. Because calling the admission directors of a few dozen colleges on the telephone is impractical, we came up with the next best thing—we asked fifty admission directors of colleges across the country to answer the questions on the minds of many parents we spoke to. Each gives a detailed answer to one of fifty different questions you and other parents have on your minds.

As you read the admission directors' advice, write down the questions that occur to you on the "Parents' Questions Update" at the back of the book. Then forward them to us. We hope to pass these questions on to other admission directors who will answer them in a future edition. If your first teen is college bound this year, these new queries may help your younger children when it's their turn to choose colleges. If you don't have younger college-bound children, the questions may help the people you know who do.

A word of caution: Discussions with your teen during these times can be nerve-racking. If a particular college admission director hits home about a problem you and your teen are having right now, give the director's article as a peace offering to your teen. Then pick up your heated conversation after you both have read the director's advice.

This book is for all parents of college-bound teenagers. We're on your side, and so are the college admission directors.