



JOHN L. VOGEL

THINKING ABOUT PSYCHOLOGY

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Preface

People travel to wonder at the height of mountains, at huge waves of the sea, at the long courses of rivers, at the vast compass of the ocean, at the circular motion of the stars; and they pass by themselves without wondering. (St. Augustine, *The Confessions*, 339 A.D., quoted in *Psychology Today*, July 1979, p. 18.)

St. Augustine's words aptly express my purpose in writing *Thinking About Psychology*: to share in the act of wondering. St. Augustine's point is an important one: We so often overlook all that is fascinating about our own selves. *Thinking About Psychology* presents a unique blend of scientific and humanistic perspectives in psychology. At the same time, it encourages us to think about the material's relation to the individual reader. The organization of the text, its writing style, and the textual learning aids were selected not only to help you learn the material, but to learn more yourself and those around you.

Coverage

Thinking About Psychology will involve you in the exciting and meaningful journey of psychological concepts. All major topics are covered in a comprehensive manner, with psychological terms clearly defined. A distinctive feature of Thinking About Psychology is that it presents a solid research base and a discussion of statistical and research methods early on in the text (Chapter 2). An instructor may choose to omit this chapter, or cover it later on in the course. However, the placement of scientific methods at the beginning of the book should convey to you the important role of statistical and research methods to the study of psychology. You will also find expanded coverage of development in chapters 4 and 5. Throughout the book, you will find a unique blend of old and new citations, dating from 1885 to the present. The many illustrations and photographs you will find in Thinking About Psychology

were carefully selected to strengthen the discussion and provide you with real-life examples.

Acknowledgments

This book has been many years in the writing, absorbing much of my time and energy, and there are many people I wish to thank, both personally and professionally. The following people significantly contributed to the development of this book as consultants and reviewers, and I wish to express my thanks for their important suggestions: Dr. Charles Croll, Broome Community College; Dr. Michael Dwyer, Baldwin-Wallace College; Dr. John Johnson, Weatherford College; Dr. William McReynolds, University of Tampa; Dr. Thomas Mehle, University of Nebraska—Lincoln; Dr. Joseph Palladino, Indiana State University—Evansville; Dr. John Pennachio, Adirondack Community College; Dr. Terry Pettijohn, Ohio State University—Marion; Dr. Andrea Weiss, Drexel University; Dr. Lee Whiteman, Baldwin-Wallace College.

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For personal reasons, I have a special warmth of feeling for people who publish and sell books. I wish to thank John Michel, Nedah Abbott, and Elizabeth A. Poor. I wish to express special gratitude to Alison Podel and Arlene Katz. This team supervised, step by wearisome step, every stage of production. More recently, Ron Warncke and Dick Epler — both at Nelson-Hall — have put the finishing touches on a long and difficult process. All of these people have been complete professionals, demanding precision, but always warmly supportive. My thanks to all of you!

Coming closer to home, I need to take note of the colleagues, administrators, and students at Baldwin-Wallace College. They were kind and supportive throughout the writing of *Thinking About Psychology*. I am proud to be part of such a community.

Finally, there are the kin—and the kindred spirits—some of whom have not lived to read these lines. There were parents, teachers, friends . . . they were people who thought better of me than I thought of myself. I remember and am grateful.

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