THE CHEMICAL FORMULARY

A COLLEON ON OF VALUABLE, TIMELY, PRACTICAL COMMERCIAL FORMULAE AND RECIPES FOR MAKING THOUSANDS OF PRODUCTS IN MANY FIELDS OF INDUSTRY

VOLUME V

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PREFACE

Chemistry as taught in our schools and colleges is confined to synthesis, analysis and engineering—and properly so. It is part of the proper foundation for the education of the chemist.

Many a chemist on entering an industry soon finds that the bulk of the products manufactured by his concern are not synthetic or definite chemical compounds but are mixtures, blends or highly complex compounds of which he knows little or nothing. The literature in this field, if any, may be meagre, scattered or antiquated.

Even chemists, with years of experience in one or more industries, spend considerable time and effort in acquainting themselves on entering a new field. Consulting chemists, similarly, have problems brought to them from industries foreign to them. A definite need has existed for an up-to-date compilation of formulae for chemical compounding and treatment. Since the fields to be covered are many and varied, an editorial board was formed, composed of chemists and engineers in many industries.

Many publications, laboratories, manufacturing companies and individuals have been drawn upon to obtain the latest and best information. It is felt that the formulae given in this volume will save chemists and allied workers much time and effort.

Manufacturers and sellers of chemicals will find in these formulae new uses for their products. Non-chemical executives, professional men and others, who may be interested, will gain from this volume a "speaking acquaintance" with products which they may be using, trying, or with which they are in contact.

It often happens that two individuals using the same ingredients in the same formula get different results. This may be the result of slight deviations or unfamiliarity with the intricacies of a new technique. Accordingly, repeated experiments may be necessary to get the best results. Although many of the formulae given are being used commercially many have been taken from patent specifications and the literature. Since these sources are often subject to various errors and omissions, due regard must be given to this factor. Wherever possible it is advisable to consult with other chemists or technical workers regarding commercial production. This will save time and money and avoid "headaches."

It is seldom that any formula will give exactly the results which one requires. Formulae are useful as starting points from which to work out one's own ideas. Formulae very often give us ideas which may help us in our specific problems. In a compilation of this kind errors of omission, commission and printing may occur. We shall be glad to receive any constructive criticism in this, our first attempt.

To the layman, it is suggested that he arrange for the services of a chemist or technical worker familiar with the specific field in which he is interested. Although this involves an expense it will insure quicker and better formulation without wastage of time and materials.

H. BENNETT

PREFACE TO VOLUME

Sufficient new formulae have been gathered to compile a fifth volume of the Chemical Formulary—an addition which will broaden and bring up-to-date the contents of volumes I, II, III and IV. Because the board of editors feels that information of this nature, to be most helpful, should be released as soon as possible and since we have had hundreds of inquiries as to when Volume V would be ready, an early publication date was decided upon.

Schools and colleges in increasing numbers seem to find it advisable to use the Chemical Formulary as an aid in promoting a practical interest in chemistry. By its use, students learn to make cosmetics, inks, polishes, insecticides, paints and countless other products. The result is that chemistry becomes an extremely interesting practical and useful subject. This interest often continues even when the students reach the theoretical or less interesting phases of this subject.

Since some mature users of this book have not had the good fortune to have had previous training or experience in the art of chemical compounding, the simple introductory chapter of directions and advice has been included. This chapter should be studied carefully by all beginners (and some more experienced workers) and some of the preparations given therein should be made before attempting to duplicate the more complex formulae in the succeeding chapters.

An enlarged directory of sources of chemicals and supplies has been added. This should prove useful in locating new as well as old materials and products.

It is a sincere pleasure to acknowledge the valuable assistance of the members of the board of editors and others who have given of their time and knowledge in contributing the special formulae which have made this volume possible.

H. BENNETT

NOTE

All the formulas in volumes I, II, III, IV and V are different. Thus, if you do not find what you are looking for in this volume, you may find it in one of the others.

ABBREVIATIONS

amp ampere
amp./dm ² amperes per square decimeter
amp./sq. ftamperes per square foot
anhydranhydrous
avoiravoirdupois
Bé Baumé
b.pboiling point
CCentigrade
°C degrees Centigrade
cccubic centimeter
c.dcurrent density
cmcentimeter
cm ³ cubic centimeter
concconcentrated
c.pchemically pure
cpscentipoises
cu. ft
cu. in
cwthundredweight
ddensity
dildilute
dm decimeter
dm ² square decimeter
drdram
The standard
EEngler
FFahrenheit
°F degrees Fahrenheit
f.f.cfree from chlorine
f.f.p.afree from prussic acid
fl. drfluid dram
fl. ozfluid ounce
f.p freezing point
ftfoot ft. ² square foot
ft. ² square foot
ggram
galgallon
grgrain
hl hectoliter
hrhour
ininch
kgkilogram
lliter
lbpound
liqliquid
mmeter
min minim, minute
ml milliliter—cubic centimer
mmmillimeter
m.p melting point
Nnormal
N.FNational Formulary
ozounce
pHhydrogen-ion concentration
p.p.mparts per million
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CHAPTER I

INTRODUCTION

At the suggestion of a number of teachers of chemistry and home economics

the following introductory matter has been included.

The contents of this section are written in a simple way so that anyone. The contents of this section are written in a simple way so that anyone. regardless of technical education or experience, can start making simple products without any complicated or expensive machinery. For commercial productions, however, suitable equipment is necessary.

Chemical specialties en masse are composed of pigments, gums, resins, solvents, oils, greases, fats, waxes, emulsifying agents, water, chemicals of great diversity, dyestuffs, and perfumes. To compound certain of these with some of the others requires certain definite and well-studied procedure, any departure from which will inevitably result in failure. The successful steps are given with the formulas. Follow them explicitly. If the directions require that A should be added to B, carry this out literally, and not in reverse fashion. In making an emulsion, the job is often quite as tricky as the making of mayonnaise. In making mayonnaise, you add the oil to the egg, slowly, with mayonnaise. In making mayonnaise, you add the oil to the egg, slowly, with constant and even and regular stirring. If you do it correctly, you get mayonnaise. If you depart from any of these details: if you add the egg to the oil, or pour the oil in too quickly, or fail to stir regularly, the result is a complete disappointment. The same disappointment might be expected if the prescribed procedure of any other formula is violated,

The next point in importance is the scrupulous use of the proper ingredients. Substitutions are sure to result in inferior quality, if not in complete failure. Substitutions are sure to result in interior quality, it not in complete failure. Use what the formula calls for. If a cheaper product is desired, do not obtain it by substituting a cheaper material for the one prescribed: resort to a different formula. Not infrequently a formula will call for some ingredient which is diffic. It to obtain: in such cases, either reject the formula or substitute a signilar material only after preliminary experiment demonstrates its usability. There is a limit to which this rule may reasonably be extended. In some instances the substitution of an equivalent ingredient may legitimately be made. For example: when the formula calls for white wax (beeswax), yellow wax can be used, if the color of the finished product is a matter of secondary importance. Yellow beeswax can often replace white beeswax, making due allowance for color: but paraffin will not replace beeswax, even though its light color recommends it above yellow beeswax.

and this leads to the third point: the use of good quality ingredients, and ingredients of the correct quality. Ordinary landin is not the same thing as anhydrous landin: the replacement of one for the other, weight for weight, will give discouragingly different results. Use exactly what the formula calls for: if you are unacquainted with the material and a doubt arises as to just what is meant, discard the formula and use one that you understand. Buy your materials from reliable sources. Many ingredients are obtainable in a number of different grades; if the formula does not designate the grade it is underof different grades: if the formula does not designate the grade, it is understood that the best grade is to be used. Remember that a formula and the stood that the best grade is to be used. Remember that a formula and the directions can tell you only a part of the story. Some skill is often required to attain success. Practice with a small batch in such cases until you are sure of your technique. Many instances can be cited. If the formula calls for steeping quince seed for 30 minutes in cold water, your duplication of this procedure may produce a mucilage of too thin a consistency. The originator of the formula may have used a fresher grade of seed, or his conception of what "cold" water means may be different from yours. You should have a feeling for the right degree of mucilaginousness, and if steeping the seed for 30 minutes fails to produce it, steep them longer until you get the right kind of mucilage.

If you do not know what the right kind is, you will have to experiment until you find out. Hence the recomme dation to make small experimental batches until successful results are arrived at. Another case is the use of dyestuffs for coloring lotions, and the like. Dyes vary in strength: they are all very powerful in tinting value: it is not always easy to state in quantitative terms how much to use. You must establish the quantity by carefully adding minute quantities until you have the desired tint. Gum tragacanth is one of those products which can give much trouble. It varies widely in solubility and bodying power: the quantity prescribed in the formula may be entirely unsuitable for your grade of tragacanth. Hence a correction is necessary, which can only be made after experiments to determine how much to correct.

In short, if you are completely inexperienced, you can profit greatly by gaining some experience through recourse to experiment. Such products as mouth washes, hair tonics, astringent lotions, need little or no experience, because they are as a rule merely mixtures of simple liquid and solid ingredients, the latter dissolving without difficulty and the whole being a clear solution that is ready for use when mixed. On the other hand, face creams, tooth pastes, lubricating greases, wax polishes, etc., which require relatively elaborate procedure and which depend for their usability on a definite final viscosity, must be made with the exercise of some skill, and not infrequently some

experience.

Figuring

Some prefer proportions expressed by weight, volume or in terms of percentages. In different industries and foreign countries various systems of weights and measures are used. For this reason no one set of units could be satisfactory for everyone. Thus divers formulae appear with different units in accordance with their sources of origin. In some cases, parts instead of percentages or weight or volume is designated. On the pages preceding the index, tables of weights and measures are given. These are of use in changing from one system to another. The following examples illustrate typical units:

Ink for Marking Glass
Glycerin 40 Ammonium Sulphate 10
Barium Sulphate 15 Oxalic Acid 8
Ammonium Bifluoride 15 Water 12

Ammonium Bifluoride 15 Water 12
Here no units are mentioned. When such is the case it is standard practice to use parts by weight, using the same system throughout. Thus here we may use ounces or grams as desired. But if ounces are used for one item then ounces must be the unit for all the other items in the particular formula.

Flexible Glue
Glue, Powdered 30.9 % Glycerin 5.15%
Sorbitol (85%) 15.45% Water 48.5 %

Where no units of weight or volume but percentages are given then forget the percentages and use the same instructions as given under Example No. 1. Example No. 3

Petrolatum 16 parts Benzoic Acid 1 part Coconut Oil 12 parts Chlorthymol 1 part Salicylic Acid 1 part

The same instructions as given under Example No. 1 apply to Example No. 3.

It is not wise in many cases to make up too large a quantity of material until one has first made a number of small batches to first master the necessary technique and also to see whether it is suitable for the particular outlet for which it is intended. Since, in many cases, a formula may be given in proportions as made up on a commercial factory scale, it is advisable to reduce the proportions accordingly. Thus, taking the following formula:

Example No. 4

Neutral Cleansing Cream

Mineral Oil 80 lb. Water 90 lb.

Spermaceti 30 lb. Glycerin 10 lb.

Glyceryl Monostearate 24 lb. Perfume to suit

Here, instead of pounds, grams may be used. Thus this formula would then read:

Water

Mineral Oil

90 2.

Dimeral On	OV 5.	11 0005	7 T 🕶
Spe-maceti	30 g.	Glycerin	10 g.
Glyceryl Monostearate	24 g.	Perfume	to suit
Reduction in bulk may	also be obtai	ned by taking the	same fractional part
or portion of each ingredie	nt in a form	ula. Thus in the fo	ollowing formula:
Example No. 5			
	Vinegar F	ace Lotion	
Acetic Acid (80%)	20	Alcohol	44 0
Glycerin	20	Water	500
Perfume	20		
We can divide each an	nount by ten	and the finished	bulk is only 1/10th of
the criginal formula. Thus	it becomes:		

Alcohol Acetic Acid (80%) Water Glycerin Perfume Apparatus

For most preparations pots, pans, china and glassware, such as is used in every household, will be satisfactory. For making fine mixtures and emulsions a "malted-milk" mixer or egg-beater is necessary. For weighing, a small, low priced scale should be purchased from a laboratory supply house. For measuring of fluids, glass graduates or measuring glasses may be purchased from your local druggist. Where a thermometer is necessary a chemical thermometer should be obtained from a druggist or chemical supply house.

Methods

To better understand the products which you intend making, it is advisable that you read the complete section covering such products. Very often an important idea is thus gotten. You may learn different methods that may be used and also avoid errors which many beginners are prone to make.

Containers for Compounding Where discoloration or contamination is to be avoided (as in light colored, or food and drug products) it is best to use enameled or earthenware vessels. Aluminum, as well, is highly desirable in such cases but it should not be used with alkalies as the latter dissolve and corrode this metal.

Heating To avoid overheating, it is advisable to use a double boiler when temperatures below 212° F. (temperature of boiling water) will suffice. If a double below 212° F. (temperature of boiling water) will sunice. It a double belier is not at hand, any pot may be filled with water and the vessel containing the ingredients to be heated is placed therein. The pot may then be heated by any fiame without fear of overheating. The water in the pot, however, should be replenished from time to time as necessary—it must not be allowed to "go dry." To get uniform higher temperatures, oil, grease or wax is used in the puter container in place of water. Here of course care must be taken to stop heating when thick fumes are given off as these are inflammable. When higher uniform temperatures are necessary, molten lead may be used as a heating medium. Of course, where materials melt, uniformly and stirring is possible. medium. Of course, where materials melt uniformly and stirring is possible,

direct heating over an open flame is permissible.

Where instructions indicate working at a certain temperature, it is important that the proper temperature be attained—not by guesswork, but by the use of a thermometer. Deviations from indicated temperatures will usually result in spoiled preparations.

Temperature Measurements

In Great Britain and the United States, the Fahrenheit scale of temperature measurement is used. The temperature of boiling water is 212° Fahrenheit (212° F.); the temperature of melting ice is 32° Fahrenheit (32° F.).

In scientific work and in most foreign countries the Centigrade scale is used.

On this scale of temperature measurement, the temperature of boiling water is 100 degrees Centigrade (100° C.) and the temperature of melting ice is 0 degrees Centigrade (0° C.).

The temperature of liquids is measured by a glass thermometer. The latter is inserted as deeply as possible in the liquid and is moved about until the temperature remains steady. It takes a little time for the glass of the thermometer to come to the temperatures of the liquid. The thermometer should not be placed against the bottom or side of the container, but near the center of the liquid in

the vessel. Since the glass of the bulb of the thermometer is very thin, it can be broken easily by striking it against any hard surface. A cold thermometer should be warmed gradually (by holding over the surface of a hot liquid) before immersion. Similiarly the hot thermometer when taken out should not be put not cold water suddenly. A sharp change in temperature will often crack he glass.

Mixing and Dissolving

Ordinary solution (e.g. sugar in water) is hastened by stirring and warming. Where the ingredients are not corrosive, a clean stick, bone or composition fork or spoon is used as a mixing device. These may also be used for mixing thick creams or pastes. In cases where most efficient stirring is necessary (as in making mayonnaise, miky polishes, etc.) an egg-beater or a malted-milk mixer is necessary

Filtering and Clarification

When dirt or undissolved particles are present in a liquid, they are removed by settling or filtering. In the former the solution is allowed to stand and if the particles are heavier than the liquid they will gradually sink to the bottom. The upper liquid may be poured or siphoned off carefully and in some cases is then of sufficient clarity to be used. If, however, the particles do not settle out then they must be filtered off. If the particles are coarse they may be filtered or strained through muslin or other cloth. If they are very small particles then filter paper is used. Filter papers may be obtained in various degrees of fineness. Coarse filter paper filters rapidly but will not, of course, take out extremely fine particles. For the latter, it is necessary to use a very fine grade of filter paper. In extreme cases even this paper may not be fine enough. Here it will be necessary to add to the liquid 1-3% of infusorial earth or magnesium carbonate. The latter clog up the pores of the filter paper and thus reduce their size and hold back undissolved material of extreme fineness. In all such filtering, it is advisable to take the first portions of the filtered liquid and pour them through the filter again as they may develop cloudiness in standing.

Decolorizing

The most commonly used decolorizer is decolorizing carbon. The latter is added to the liquid to the extent of 1-5% and heated with stirring for ½ hour to as high a temperature as is feasible. It is then allowed to stand for a while and filtered. In some cases bleaching must be resorted to. Examples of this are given in this book.

Pulverizing and Grinding

Large masses or lumps are first broken up by wrapping in a clean cloth and placing between two boards and pounding with a hammer. The smaller pieces are then pounded again to reduce their size. Finer grinding is done in a mortar with a pestle.

Spoilage and Loss
All containers should be closed when not in use to prevent evaporation or contamination by dust; also because, in some cases, air affects the material adversely. Many materials attack or corrode the metal containers in which they are received. This is particularly true of liquids. The latter, therefore, should be transferred to glass bottles which should be as full as possible. Corks should be covered with aluminum foil (or dipped in melted parafilm wax when alkalies are present).

Materials such as glue, gums, oilve oil or other vegetable or animal products may ferment or become rancid. This produces discoloration or unpleasant odors. To avoid this, suitable antiseptics or preservatives must be used. Too great stress cannot be placed on cleanliness. All containers must be cleaned thoroughly

before use to avoid various complications.

Weighing and Measuring
Since, in most cases, small quantities are to be weighed, it is necessary to get
a light scale. Heavy scales should not be used for weighing small amounts as
they are not accurate for this type of weighing.

For measuring volume (liquids) measuring glasses or cylinders (graduates) should be used. Since this glassware cracks when heated or cooled suddenly it

should not be subjected to sudden changes of temperature.

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Caution

Some chemicals are corrosive and poisonous. In many cases they are labeled

as such. As a precautionary measure, it is advised not to smell bottles directly, but only to sniff a few inches from the cork or stopper. Always work in a well ventilated room when handling poisonous or unknown chemicals. If anything is spilled, it should be wiped off and washed away at once.

Where to Buy Chemicals and Apparatus

Many chemicals and most glassware can be purchased from your druggist. A list of suppliers of all products will be found at the end of this book.

ADVICE

This book is the result of co-operation of many chemists and engineers who have given freely of their time and knowledge. It is their business to act as consultants and, for a fee, to give advice on technical matters. As publishers, we do not maintain a laboratory or consulting service to compete with them.

Please, therefore, do not ask us for advice or opinions, but confer with a

chemist in your vicinity.

Extra Reading

Keep up with new developments of new materials and methods by reading technical magazines. Many technical publications are listed under references in the back section of this book.

Calculating Costs

Purchases of raw materials, in small quantities, are naturally higher in price than when bought in large quantities. Commercial prices, as given in the trade papers and catalogs of manufacturers, are for quantities such as barrels, trade papers and catalogs of manufacturers, are for quantities such as driving drums or sacks. For example, a pound of epsom salts, bought at retail, may cost 10 or 15 cents. In barrel lots its price today is about 2 to 3 cents per pound.

Typical Costing Calculation

Formula for Beer- or Milk Pipe Cleaner

Soda Ash. 25 lb. @ .02½ per lb. = \$0.68

Sodium Perborate 75 lb. @ .16 per lb. = 12.00

Total 100 lb.

Total \$12.63 If 100 lb. cost \$12.63, 1 lb. will cost \$12.63 divided by 100 or about \$0.126 per

lb. for raw materials, assuming no loss.

Always weigh the amount of finished product and use this weight in calculating costs. Most compounding results in some loss of material because of spillage, sticking to apparatus, evaporation, etc. Costs of making experimental lots are always high and should not be used for figuring costs. To meet competitue of the c tion, it is necessary to buy in larger units and costs should be based on the latter.

Elementary Preparations

The recipes that follow have been gotten up in a very simple way. Only one of each type is given so as to avoid confusion. These have been selected because of their importance and because they can be made readily.

The succeeding chapters go into greater detail and give many different types and modifications of these and other recipes for home and commercial

use.

Cleansing Creams

Cleansing creams as the name im-plies serve as skin cleaners. Their basic ingredients are oils and waxes which are rubbed into the skin. When wiped off they carry off dirt and dead skin. The liquefying type of cleansing cream contains no water and melts or liquefies when rubbed on the skin. To suit different climates and likes and dirlikes harder or softer products can be made.

Cleansing Cream (Liquefying) Liquid Petrolatum (White

Mineral Oil) 5½ oz. Paraffin Wax 2½ oz. Petrolatum (Vaseline) oz.

Melt together with stirring in an aluminum or enamelled dish and allow to cool. Then stir in a dash of perfume oil. Allow to stand until a haziness appears and then pour into jars, which should be allowed to stand un*disturbed* over night.

Cold Creams

The most important facial cream is cold cream. This type of cream consists of a mineral oil and wax which are emulsified in water with a little borax or glycosterin. The function of a cold cream is to furnish a greasy film which takes up dirt and waste tissue which are removed when the skin is wiped thoroughly. Many modifications of this basic cream are enountered in stores. They vary in color, odor, and

in claims but, essentially, they are no more useful than this simple cream. The latest type of cold cream is the non-greasy cold cream which is of particular interest because it is non-alkaline and therefore non-irritating to sensitive skins.

Cold Cream Liquid Petrolatum (White

52 g. Mineral Oil) 14 g. White Beeswax

Heat the above in an aluminum or enamelled double boiler (the water in the outer pot should be brought to a boil). In a separate aluminum or enamelled pot dissolve.

Borax 33 c.c. Water and bring this to a boil. Add this in a thin stream, to the melted wax, while stirring vigorously in one direction only, to the melted wax mixture. Use a fork for stirring. When the mixture turns to a smooth thin cream, im-merse the bottom of the thermometer in it from time to time, stirring continuously. When the temperature drops to 140° F. add ½ c.c. of perfume oil and continue stirring until the temperature drops to 120° F. At this point pour into jars where the cream will "set" after a while. If a harder cream is desired, reduce the amount of liquid petrolatum. If a softer cream is wanted increase it.

Cold Cream (Non-Greasy)
White Paraffin Wax 14 oz. 1½ oz. Petrolatum (Vaseline) Glycosterin or Glyceryl 21/4 oz. Monostearate

Liquid Petrolatum (White Mineral Oil)

Heat the above in an aluminum or enamelled double boiler (the water in the outer pot should be boiling). Stir until clear. To this slowly add, while stirring vigorously with a fork,

Water (boiling) Continue stirring until smooth and then add with stirring, a little perfume oil. Pour into jars at 110-130° F. and cover the jars as soon as possible.

Vanishing Creams

Vanishing creams are non-greasy creams, soapy in nature. Some are white and others have a very beautiful pearly appearance. This type of cream depends on its sompiness for its

cleansing character and is useful as a powder base.

Vanishing Cream

Stearic Acid 18 oz. Melt the above in an aluminum or enamelled double boiler (the water in the outer pot must be boiling). To the above add, in a thin stream, while stirring vigorously with a fork, the following boiling solution made in an aluminum or enamelled pot:

Potassium Carbonate 14 OZ. Glycerin 61/2 oz. Water

Continue stirring until the temperature falls to 135° F., then stir in a little perfume oil and stir from time to time until cold. Allow to stand over night and stir again the next day. Pack into jars which should be closed tightly.

Hand Lotions

Hand lotions are usually clear or milky liquids or salves which are useful in protecting the skin from roughness and redness because of exposure to cold, hot water, soap and other ma-terials. "Chapped" hands are a common occurrence. The use of a good hand lotion keeps the skin smooth, soft, and in a normally healthy condition. The lotion is best applied at night, rather freely, and cotton gloves may be worn to prevent soiling. During the day it should be put on sparingly and the excess wiped off.

Hand Lotion (Salve)

Boric Acid √1 oz. Glycerin 6 oz.

Warm the above in an aluminum or enamelled dish and stir with a clean wooden stick until dissolved (clear). Then allow to cool and work into the with a following mixture potato masher, or rounded stick, adding only a little of the above liquid at a time to the mixture below and not adding a further portion until it is fully absorbed.

Lanolin 6 oz. Petrolatum or "Vaseline"

If it is desired to impart a pleasant odor to this lotion a little perfume may be added and worked in.

Hand Letion (Milky Liquid) Lanolin 4 teaspoonful Glycosterin or Glyceryl Monostearate

Tincture of

1 oz.

Benzoin 2 oz. Witch Hazel 25 oz.

Melt the first two items together in an aluminum or enamelled double boiler. If no double boiler is at hand improvise one by standing the dish in a small pot containing boiling water. When the mixture becomes clear remove from the double boiler and add slowly, while stirring vigorously with a fork or stick, the tincture of benzoin and then the witch hazel. Continue stirring until cool and then put into one or two large bottles and shake vigorously. The finished lotion is a beautiful milky liquid comparable to the best hand lotions on the market sold at high prices.

Brushless Shaving Créams

Brushless or latherless shaving creams are soapy in nature and do not require lathering or water. The formula given below is of the latest type being free from alkali and non-irritating. It should be borne in mind, however, that certain beards are not softened by this type of cream and require the old-fashioned lathering shaving cream.

Brushless Shaving Cream White Mineral Oil 10 oz. Glycosterin or Glyceryl

Monostearate 10 oz. Water 50 oz.

Heat the first two ingredients together in a pyrex or enamelled dish to 150° F. and into this run slowly, while stirring with a fork, the water which has been heated to boiling. Allow to cool to 105° F. and while stirring add a few drops of perfume oil. Continue stirring until cold.

Mouth Washes

Mouth washes and oral antiseptics are of practically negligible value. Many, however, insist on their use because of their refreshing taste and deodorizing value

Mouth Wash

Benzoic Acid % oz.
Tincture of Rhatany 3 oz.
Alcohol 20 oz.
Peppermint Oil % oz.
Just shake together in a dry bottle
until it is dissolved and it is ready.
A teaspoonful is used to a small wineglassful of water.

Tooth Powders

Tooth powders depend for their cleansing action on soap and mild abrasives such as precipitated chalk and magnesium carbonate. The anticeptic present is practically of no value. The flavoring ingredients mask the taste of the soap and give the user's mouth a pleasant after-taste.

Tooth Powder	
Magnesium Carbonate	420 g.
Precipitated Chalk	565 g.
Sodium Perborate	55 g.
Sodium Bicarbonate	45 g.
Soap, Powdered White	50 g.
Sugar, Powdered	90 g.
Wintergreen Oil	8 cc.
Cinnamon Oil	2 cc.
Menthol	1 g.
The state of the s	i

Dissolve the last three ingredients together and then rub well into the sugar. Add the soap and perborate mixing in well. Add the chalk with good mixing and then the sodium bicarbonate and magnesium carbonate. Mix thoroughly and sift through a fine wire screen. Keep dry.

Foot Powders

Foot powders consist of a filler such as talc or starch with or without an antiseptic or deodorizer. In the following formula the perborates liberate oxygen when in contact with perspiration which tends to destroy unpleasant odors. The talc acts as a lubricant and prevents friction and chafing.

Foot Powder

Sodium Perborate 3 oz.
Zinc Peroxide 2 oz.
Talc 15 oz.

Shake together thoroughly in a dry container until uniformly mixed. This powder must be kept dry or it will spoil.

Liniments

Liniments usually consist of an oil and an irritant such as methyl salicylate or turpentine. The oil acts as a solvent and tempering agent for the irritant. The irritant produces a rush of blood and warmth which is often slightly helpful.

Liniment, Sore Muscle
Olive Oil 6 fl. oz.
Methyl Salicylate 3 fl. oz.
Shake together and keep in a well
stoppered bottle. Apply externally but
do not apply to chafed or cut skin.

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