

总登记号: 302599

H<sub>1.7</sub> 分类号:

作者: Gordon, L.

# Moral Directors Rehearsal and Performance Guide

### by Lewis Gordon

What really distinguishes a first-rate choral program is the motivation and skill of individual chorus members, and the ability of their conductor to lead them. With the practical strategies and expert guidance you'll find in this book, you will be able to inspire and guide your group through one successful performance after another.

Here you'll discover how to set goals for your choral group, establish rapport among your members, and inspire individuals to sing their best. You'll find suggestions to help you conduct productive rehearsals, establish a pleasing repertoire, use your budget more wisely, raise money more effectively, use publicity to benefit your group, and much more. And the suggestions for evaluating your program enable you to quickly pinpoint and correct any problems your singers may have.

#### ABOUT THE AUTHOR-



Dr. Lewis Gordon studied choral conducting at the Juilliard School and in 1980 completed his Doctorate of Musical Arts at Temple University. With 30 years of experience in choral directing, he is currently a member of the Fine Arts faculty at Saint Joseph's University and is the Choral Director at Villanova University. Dr. Gordon is also the author of The Choral Director's Complete Handbook (Parker Publishing Co.).

horal Director's

# CHORAL DIRECTOR'S REHEARSAL AND PERFORMANCE GUIDE

Lewis Gordon

#### c 1989 by

#### PARKER PUBLISHING COMPANY West Nvack, New York

All rights reserved. No part of this book may be reproduced in any form or by any means, without permission in writing from the publisher.

10 9 8 7 6 5 4 3 2 1

Most of the illustrations have been taken from *Choral Director's Complete Handbook*, Lewis Gordon. 

1977, published by Parker Publishing Company, Inc., West Nyack, New York. Used by permission of the publisher.

#### Library of Congress Cataloging-in-Publication Data

Gordon, Lewis, [date]

Choral director's rehearsal and performance guide / Lewis Gordon.

p. cm.

Includes index.

ISBN 0-13-133398-4

1. Conducting, Choral. 2. Choirs (Music) 3. Choral singing-

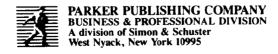
-Instruction and study. I. Title.

MT85.G74 1989

782.5'145—dc20

89-8831 CIP MN

ISBN 0-13-133398-4



Printed in the United States of America

## **ABOUT THIS GUIDE**

The purpose of the *Choral Director's Rehearsal and Performance Guide* is to give you practical suggestions and solutions for establishing and developing a quality choral program in any school, church, or community setting. It provides a unique compendium of concepts and ideas for planning, organizing, executing, and evaluating rehearsal and performance activities.

Included is basic as well as more advanced information for all choral directors. New directors will find guidelines and procedures presented in a logical sequence—to assist them in building their first choral program from preliminary planning to guiding singers through performances. More seasoned leaders will find advanced conducting techniques as well as insights based on thirty years of personal experience and dialogue with successful conductors.

The *Guide* deals with some of the more challenging issues facing today's vocal ensemble leaders, including:

- How can you size up your choral situation in terms of the group itself, the rehearsal facility, the repertoire, and funding? Chapter 1, "Surveying the Choral Program," discusses these and other considerations.
- What role should popular taste and public entertainment play in the selection of repertoire? Chapter 2, "Laying the Foundation," offers perspectives.
- What kind of reputation do you have as a businessperson? Chapter 3, "Managing the Program," details specifics for establishing and managing your choral program.
- Do you use proper body posture when conducting? Chapter 4, "Establishing Rudiments of Conducting," outlines the components of correct posture as well as the basic conducting patterns.
- What skills are needed to combine chorus with orchestra? Chapter 5, "Developing Expressive Conducting Techniques," provides suggestions for working with instrumentalists.
- Do your rehearsals follow a logical sequence? Find out about rehearsal preparation, execution, and culmination in Chapter 6, "Conducting Rehearsals."
- How do you motivate your choral groups in both rehearsals and

- performances? Guidelines are given in Chapter 7, "Motivating the Ensemble."
- What skills do you need to achieve a superior choral sound? Chapter 8, "Working With Singers," acquaints you with the mechanics of singing and offers exercises for working with groups and individuals.
- How do you get an amateur choir to perform an avant garde work with conviction? Concepts are discussed in Chapter 9, "Developing Authentic Style."
- How do you "teach music" varying widely from "serious" to "light"? Strategies based on recent research are presented in Chapter 10, "Learning Music."
- How do you begin the refinement process that's needed for a concert performance? Chapter 11, "Polishing and Interpreting Music," offers suggestions for improving choral diction, coordinating the ensemble, and developing expressivity.
- What technical resources should you consider for having the best possible choral performance? Chapter 12, "Preparing for Performance," suggests guidelines.
- Does concert performance success equate with overall choral program success? Chapter 13, "Evaluating the Choral Program and Its Participants," suggests methods for assessment.

In short, the Choral Director's Rehearsal and Performance Guide provides a comprehensive source of ideas and concepts necessary to bring your choral program up to maximum effectiveness. Checklists and charts are provided for direct access to important topics. Examples, illustrations, and situations based on actual experiences are included for clarification. I hope all this information will help you and your choral groups have one successful performance after another!

**Lewis Gordon** 

# **ABOUT THE AUTHOR**

Dr. Lewis Gordon is Professor of Fine and Performing Arts at Saint Joseph's University. He is also choral director at Villanova University, whose ensembles he has lead in performances throughout the eastern United States and in Ireland.

Previously he taught music at Mount Union College in Ohio where his Concert Choir was selected to perform several world premieres at the 1981 College Music Society National Convention.

From 1977 to 1980, Lewis Gordon was choral director at Stockton State College in New Jersey. While there he toured Poland with the Stockton Chorale under the auspices of the Friendship Ambassadors Foundation.

Dr. Gordon is a graduate of The Juilliard School where he studied choral conducting with Abraham Kaplan and voice with Jennie Tourel. In 1980 he completed his Doctorate of Musical Arts at Temple University.

Lewis Gordon is author of Choral Director's Complete Handbook, published by Parker Publishing Company. He is also a tenor soloist, performing actively in concerts and recitals.

# **CONTENTS**

Chapter 1	SURVEYING THE CHORAL PROGRAM 1
	Director, Know Thyself! • 3  Making Preliminary Estimates • 5  Clarifying the Ensemble's Role • 7  Choosing Singers • 9
	Selling the Program 9 Why Audition? 10 Setting Up Auditions 11 Determining Audition Procedures 13 Constructing an Audition Test 16
Chapter 2	LAYING THE FOUNDATION19
	Setting Goals • 21 Achievement Levels 22
	Planning Performances • 23  Matching the Ensemble with the Performance 25 Setting Up the Concert Season 26  The Planning Calendar 27 Computing Rehearsal Time 27
	Selecting Music • 28  Guidelines for Choosing Repertoire 29
	Program Construction • 30  Formats 31 An Approach to Planning 33
Chapter 3	MANAGING THE PROGRAM35
	Establishing Business Procedures • 37
	Setting-Up Shop 37 Get with the Action! 39 Management Is an Ongoing Process 40

viii Contents

	Building Public Relations • 41
	Organizing for Public Relations 42 The Ingredients of Good Publicity 42 Developing a Nose for News 43 Preparing the Press Release 43 Printed Materials 44 Choosing a Logo 44
	The Printed Program • 44
	Program Appeal 48 Supervising the Printing of the Programs 49
	Music, Wardrobe, and Equipment • 50
	Music Purchasing and Handling 51 Ordering Music 51 Disseminating and Accounting for Music 52 Storing Music 53 Wardrobe 53 Assigning and Storing Wardrobe 55 Equipment 55 Risers 55 Video and Sound Recording Equipment 55 Maintenance 56
	Raising Money • 56
	Sources 57 Methods 58
	Officers—Figureheads or Crucial Workers? • 59  Are Officers Really Necessary? 59 Officers' Individual Responsibilities 59 Guidelines for Effectual Operation 60
Chapter 4	ESTABLISHING RUDIMENTS OF CONDUCTING
	Basic Conducting—What It Must Accomplish • 63
	Gesticulation 63 The Baton 63 Conducting Patterns 64
	Physical Readiness for Conducting • 65
	The Components of Good Posture 65 Evaluating Your Readiness for Conducting 66
•	Conducting Basic Patterns • 66
	General Characteristics of Conducting Patterns 66 Establishing the Field of Beating 67

	The One Pattern 68 The Two Pattern 69 The Three Pattern 70 The Four Pattern 71 The Five Pattern 72 The Six Pattern 73 The Twelve Pattern 74 Additional Practice Problems 75
	Controlling and Modifying Patterns • 76  The Release 76 The Fermata 77  Subdivision 77
	Using the Left Hand • 78  Cueing 78 Dynamics 79 Changes in Tempo 79
Chapter 5	DEVELOPING EXPRESSIVE CONDUCTING TECHNIQUES81
	Shaping Patterns and Gestures • 83  Conducting with Compatibility 83 Melding 84 Modifying Horizontal and Vertical Elements of the Pattern 85 Employing Passive Gestures 87 Developing Left-Hand Independence 90
	Working With Singers • 92 "Drawing Power" 93
	Expression Through Body Language • 93  Kinesics—The Science of Nonverbal Communication 93 Avoiding Masking and Shielding 93 Developing Body Language Through Empathy 95
	The Choral Conductor and the Orchestra • 97  Some Guidelines for Directing the Instrumental  Ensemble 97
Chapter 6	CONDUCTING REHEARSALS99
	A Planning Guide • 101 Coordinating Activities • 103

	Choosing Strategies 104 - A Daily Rehearsal Plan 104
	Establishing Standard Operating Procedures • 106  Rehearsal Principles 107 Mechanics of Operation 108
	Seating Arrangements • 109 Suggestions for Seating Configurations 111
Chapter 7	MOTIVATING THE ENSEMBLE 115
	Some Facts About People and Groups • 117
	The Individual Singer 117 The Choral Group 119
	Establishing a Viable Rapport • 121  Develop an Environment Conducive to Making  Music 121 Establish Necessary Guidelines  and Rules 123 Observe the Basic Principles  of Leadership 124
	Leadership Development • 126  Achieving Personal Authority 126
	Group Dynamics—The Key to Success • 128 Organizational Self-Motivation 128 Organizational Cohesion 129 Organizational Morale 130
Chapter 8	WORKING WITH SINGERS 133
	Establishing Vocal Concepts • 135  Posture 135 Breathing and Support 136  Phonation 137 Quality 138 Range 139  Agility 139
	Choosing Effective Warm-Ups • 140  Some Facts About Exercises 140 Planning Daily Exercises 141 A Typical Warm-Up Procedure 143

Contents xi

	Ensemble Performance Requires Teamwork 145 Five Key Vocal Areas 146
	Sections and Individuals • 150  The Soprano Voice 151 The Alto Voice 151 The Tenor Voice 152 The Bass Voice 153 The "In-Between Voice": How to Make the Best of It" 153
	Vocal Hygiene • 154  Provide Singers with a Health Checklist 154  Watch for Faulty Singing 155 Work Around  Vocal Ailments 155
Chapter 9	DEVELOPING AUTHENTIC STYLE 159  Music to 1600 • 163
	Gregorian Chant 163 Sacred Polyphonic Music 165 Secular Polyphonic Music 168
	The Baroque Era • 170 The Classical Period • 173 Romanticism • 175 Impressionism • 177 Twentieth-Century Music • 178
	Expressionism 178 Tonal-Oriented Music 179 Neoclassicism 180 Neoromanticism 180 Experimental Music 181
Chapter 10	LEARNING MUSIC 183
	Analyzing the Score • 185
	What the Score Communicates 186 Becoming Acquainted with the Score 186 Examining the Score for Overall Form and General Content 187 Interpreting the Text 189 Introducing Character Analysis 190 Marking the Score 192

	Choosing Proper Remedies 193 Reading Problems 194 Intonation Problems 195 Technical Problems 195
	Note Learning and Technical Mastery • 196  Synthesis 197 Analysis 198 Synthesis 199 Technical Mastery 200
	Feeling Rhythm Through Body Movement • 200  Body Movement Exercises 201
Chapter 11	POLISHING AND INTERPRETING MUSIC 203
	Choral Diction • 205
	The Necessity of Specialized Study 205 The Reasons for Good Choral Diction 206 Proper Pronunciation 206 Improving Enunciation 209
	Coordinating the Ensemble • 210 Developing Expressivity • 214  What Is Interpretation? 214 Cultivating Expression of the Text 214 Observing the Music's Expressive Features 215 Adding Subjective Nuances 216
Chapter 12	PREPARING FOR PERFORMANCE 217
	Completing Ensemble Preparation • 219
	Memorization 219 Stamina 220 Sitting, Standing, and Moving 221 Appearance 223 Mental Preparation 223
	Coordination of Musical Elements • 224
	Preparing Soloists 224 Combining the Choral Ensemble with Instruments 225 Preparing the Ensemble for Another Conductor 226 Giving Pitches 227

Troubleshooting for Potential Problems • 193

	Concert Facility Arrangements • 227
	Choosing Technical Resources 228 Personnel Requirements 229
	Conducting the Dress Rehearsal • 229
	Organization of Nonmusical Activities 230 Coordination of Light and Sound 230 Nonstop Musical Rehearsal 231
	Pre-Concert Activities • 232 Minimizing Performance Errors • 234  Develop Concert Sign Language 234
	Maintain Mental Alertness 234
Chapter 13	EVALUATING THE CHORAL PROGRAM AND ITS PARTICIPANTS
	Assessing the Program • 239  Long-Range Review 240 Intermediate  Evaluation 241 Daily Assessment 242
	Choral Directing Demands Continual Assessment • 243
	Evaluating Musical Skills and Knowledge 244 Pursuing Avenues of Growth 247 Broadening Perspective 249
	Evaluating and Testing Singers • 250
	Informal Evaluation 250 Grading 250
INDEV	253

# CHAPTER 1

# SURVEYING THE CHORAL PROGRAM



A surveyor inspects a tract of land to determine its location, boundaries, and features. Choral directors also need to "get a lay of the land" when establishing and developing their vocal programs. Quite often it's even a good idea to conduct a "self survey," to weigh one's own strengths and weaknesses against a new or existing choral position.

The profession of choral directing can be a risky business. It's one thing to possess musical talent and skill; it's quite another to be really effective within a given situation. Vocal ensembles, like their directors, have distinct personalities. Some traits are changeable; others "come with the territory." Here are two important points to keep in mind when considering a new choral position.

- Regardless of differences between the director and the group, there
  must be a basis for compatibility if success is to occur.
- When a conductor grabs at an opportunity without regard to compatibility, choice may be doomed to failure.

#### **DIRECTOR, KNOW THYSELF!**

The following statements were made by two eminently successful choral directors:

I have never heard in any rehearsal such snafued enunciation or such careless, perverse, and dispirited rhythm.<sup>1</sup>

Under no circumstances should the conductor display any impatience even when things do not go as well as they should.<sup>2</sup>

<sup>&</sup>lt;sup>1</sup>Shaw letter quoted in Joseph A. Mussulman, *Dear People . . . Robert Shaw* (Bloomington: Indiana University Press, 1979), p. 51.

<sup>&</sup>lt;sup>2</sup>Kurt Thomas, *The Choral Conductor*, English adaptation by Alfred Mann and William H. Reese. (New York: Associated Music Publishers, 1971), p. 76.