

J A M E S D R E W E

THE YANG TÀIJÍ 24-STEP SHORT FORM

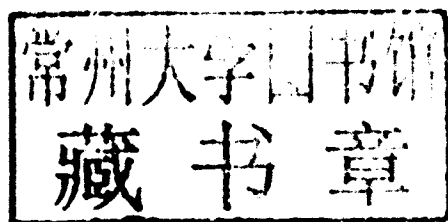
A STEP-BY-STEP GUIDE FOR ALL LEVELS



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Outer expression can *lead* to inner experience, but it can never substitute for it. Yet when inner experience leads to outer expression, the circle is complete – and this is the purpose of Life, and the function of the World, and of the entire Universe as well.

Neale Donald Walsh

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