THE IMPOTENCE EPIDEMIC

men's medicine and sexual desire in contemporary china

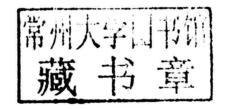
The Impotence Epidemic

MEN'S MEDICINE AND SEXUAL DESIRE

IN CONTEMPORARY CHINA

Everett Yuehong Zhang

DUKE UNIVERSITY PRESS Durham and London 2015



© 2015 Duke University Press

All rights reserved

Printed in the United States of America on acid-free paper ⊗

Typeset in Carter & Cone Galliard by Tseng Information Systems, Inc.

Library of Congress Cataloging-in-Publication Data

Zhang, Everett.

The impotence epidemic : men's medicine and sexual desire in

contemporary China / Everett Yuehong Zhang. pages cm—(Critical global health)

Includes bibliographical references and index.

ISBN 978-0-8223-5844-2 (hardcover : alk. paper)

ISBN 978-0-8223-5856-5 (pbk. : alk. paper)

ISBN 978-0-8223-7574-6 (e-book)

1. Impotence—Treatment—China. 2. Men—Sexual behavior—China.

3. Medicine, Chinese. 1. Title. 11. Series: Critical global health.

RC889.Z48 2015

616.6'92200951-dc23

2014025037

Cover design by Natalie F. Smith

THE IMPOTENCE EPIDEMIC

Critical Global Health

Evidence, Efficacy, Ethnography

A SERIES EDITED BY VINCANNE ADAMS AND JOÃO BIEHL

To Arthur Kleinman

This book is a result of working with many, many people in various ways. My authorship of this book is the materialization of inspirations, collaborations, conversations, and help I have received in a period of more than a decade.

I am very grateful to the people for telling me about their bodily experiences and their struggles in life. Many encouraged me to probe into the pain and joy in their private lives that shed light on the changing China. In order to protect their privacy, I could not list their names here. But, my deep thanks go to every one of them.

From the very beginning of this project to its publication, I have been very fortunate to receive encouragement. Without the encouragement, this project would not have been brought to fruition. My proposal for this project was first greeted with enthusiasm and firm support from my advisers and teachers at Berkeley. Lawrence Cohen passionately encouraged me to explore in an open-minded way the topic that sounded much odder and therefore much more difficult than it does today. He made me realize that any marginal or tabooed topic can become an exciting and precious anthropological opportunity. Aihwa Ong provided sound analytical and emotional support that, among other uplifting implications, helped solidly define this project from the perspective of gender politics. Lydia Liu offered comments on the issues of the Chinese body and deserves my thanks. I want to thank Paul Rabinow for stimulating me to learn theories and be concerned about the issue of modernity.

Arthur Kleinman's timely and farsighted guidance on conducting research has become an integral part of this book. His studies of neurasthenia in China in the aftermath of the Cultural Revolution were an immediate inspiration for me to think about the rise of impotence as a new epidemic in the reform China. His vision and moral support have sustained me throughout the crucial times when I experienced ups and downs with my efforts to tell the story of China through the body. I am also indebted to James (Woody) L. Watson, Rubie Watson, Byron Good, and Mary-Jo Good for kindly offering a wide range of advice and support.

This project opened up a horizon for intellectual exploration. Just as I was compelled to engage with the social and biological body, so was I lured into the learning of traditional Chinese medicine (TCM). Many doctors—of both Chinese medicine and biomedicine—have stirred up my passion about every detail of medical practices. Among them, Ma Xiaonian, Zhang Shuwu, Wang Jiuyuan, Wang Qi, Cao Kaiyong, Qin Guozheng, Chang Degui, and Wang Zhitian made my fieldwork a rewarding process of learning, both about the practice and about the textual tradition. Zheng Jingsheng and Zhu Jianping in the Chinese Academy of TCM (now the Chinese Academy of Chinese Medical Science) shared with me their conceptual and historical insights.

In the traditions of social, historical, and anthropological studies of Chinese medicine in English, I have benefited greatly from having conversations with Charlotte Furth and Judith Farquhar and engaging with their works.

I benefited from conversations with Pan Suiming, along with Ma Xiaonian, both having played an important role in promoting the studies of sexuality in China.

I am indebted to Robert Weller for my early education in anthropology and for his continuous support for my projects. My development of the topic was due in part to Mayfair Yang's suggestion on studying Chinese masculinity. Her help with my writing of early drafts is appreciated as well.

My research received encouragement and moral support from many teachers, colleagues, and friends on various occasions. Some of them read the drafts, some of them discussed ideas with me and made suggestions, some of them invited me to give a talk on behalf of their institutions, some of them shared their experience of teaching part of the book manuscript that was either published or not, and some of them offered moral support. I thank them all. They are Vincanne Adams, Stephen Bokenkamp, Stanley Brandes, Pheng Cheah, Chen Bo, Nancy Chen, Thomas Csordas, Dai Jinhua, Virginia Dominguez, Wilt Edema, Fan Lizhu, Didier Fassin, Michael Fischer, Sara Friedman, Duana Fullwiley, Merle Goldman, Susan Green-

halgh, Matthew Gutmann, Marta Hanson, Gail Hershatter, Michael Herzfeld, Sandra Hyde, Michael Kimmel, Matthew Kohrman, Shigehisa Kuriyama, Jender Lee, Li Dahua, Liang Xiaoyan, Sean Lei, Liu Xin, Liu Xun, Margaret Lock, Richard Madsen, Keith McMahon, Pan Tianshu, Elizabeth Perry, Louisa Schein, Nancy Scheper-Hughes, Shu-mei Shih, Kaja Silverman, Anna Sun, Giovanni Vitiello, the late Frederic Wakeman, Wang Mingming, Jung-Kwang Wen, Ara Wilson, Wu Fei, Xiao Yang, Xu Xinjian, Yunxiang Yan, Yang Yusheng, Paola Zamperini, Zhang Lan, Zhao Xudong, and Xueping Zhong.

At different institutions, I was fortunate to be with groups of colleagues and friends during my writing. At Berkeley, conversations with Damani Partridge and Alberto Sanchez were helpful. In the writing group, I benefited from communication with Angela Beattie, Nana Yaw Boailtey, Karen Greene, Uriel Grazenkovsky, Anand Pandian, and Rashimi Sadana. I thank Berkeley's Center for Studies of Sexual Culture for offering the writing fellowship. At Harvard, conversations with postdoctoral fellows Sarah Pinto, Sarah Horton, Chris Dole, Erica James, Carlos Rojas, Shelley Hawks, Eileen Otis, Hsiu-hua Shen, and Dan Shao contributed to the development of this project. I was fortunate to develop friendships with Yao Guizhong, Chen Jue, Cheng Wenhong, Albert S. Yeung, and Lawrence Park. Shared interests in traditional Chinese medicine resulted in productive communications with T. J. Hinrichs, Bridie Andrews, and Ted Kaptchuck. For my time at SUNY Buffalo, I want to thank Donald Pollock, Barbara Tedlock, Dennis Tedlock, Roger des Forges, Yu Jiyuan, and Vasiliki Neofotistos for their support.

At Princeton, I have been very fortunate to be part of the vibrant intellectual community. I am particularly indebted to Benjamin Elman and Susan Naquin for kindly offering intellectual and moral support. Ben has offered guidance and encouragement for my development. Sue has been very kind to offer advice in many aspects. João Biehl has offered great help in refining the manuscript with his intellectual spirit, his keen attention to critical issues, and his kindness. His suggestion about the book title is appreciated. Dave Leheny kindly offered meticulous comments on a part of the manuscript and important support. Carol Greenhouse has paid attention to my development and always kindly offers encouragement. I want to thank Amy Borovoy and Steven Chung for sharing the experience of teaching a chapter of this book in the published form and their support. I want to thank my colleagues in EAS—Janet Chen, Martin Collcutt, Thomas Conlan, Shel-

don Garon, David Howell, Martin Kern, Seiichi Makino, Willard Peterson, and Atsuko Ueda for conversations and support. I thank Chih-p'ing Chou for expressing his encouragement about the progress of the book and his support. I also thank John Borneman, Thomas Christensen, Angela Creager, Janet Currie, Lisa Davis, Jill Dolan, William Jordan, Stanley Katz, Jerome Silbergeld, Stephen Teiser, Keith Wailoo, and Lynn White for various support.

I am indebted to Didier Fassin for his generous efforts to support my development while I was a member of the Institute for Advanced Study. I also thank Joan Scott, Michael Walzer, Nicola de Cosmo, and Danielle Allen for conversations and support.

The three anonymous reviewers at Duke University Press offered very perceptive, meticulous, and sharp comments on the manuscript, and generated inspiring insights that helped strengthen this book.

Many, many of my schoolmates and friends in China deserve my special thanks for all kinds of support they offered when I was conducting fieldwork, particularly in some of the difficult times. I very much depended on the networks of many of my friends to extend my contact with people and approach such a difficult topic. But the list is too long to be included here in full. My wholehearted thanks go to everyone.

Ken Wissoker at Duke University Press has demonstrated intellectual passion and professional acumen that helped me turn the manuscript into what he would call "a smart book." I hope this result measures up to his appraisal and his expectation. I also want to thank Jade Brooks for all the assistance she has offered.

My son Kai's (Keyang in Chinese) birth and growing-up have offered much joy and inspiration for my intellectual development. My parents deserve thanks for being always concerned about my work, even though they never expected me to say so.

I am indebted to Linda Forman for her fine copyediting of the manuscript.

An early version of chapter 1 was published in *American Ethnologist*, a part of chapter 2 was published in *Body and Society*, and a part of chapter 6 was published in *Medical Anthropology*.

CONTENTS

ix	Acknowledgments
----	-----------------

1 Introduction: The Impotence Epidemic in China

PART I: SOCIETY AND THE STATE

- 29 CHAPTER 1. The Birth of Nanke (Men's Medicine)
- 51 CHAPTER 2. Sexual Repression
- 71 CHAPTER 3. One Thousand Bodies of Impotence
- 101 CHAPTER 4. Impotence, Family, and Women

PART II: POTENCY AND LIFE

- 135 CHAPTER 5. The Loss of *Jing* (Seminal Essence) and the Revival of *Yangsheng* (the Cultivation of Life)
- 166 CHAPTER 6. Bushen (Nourishing the Kidney), Shugan (Smoothing out the Liver), or Taking the Great Brother (Viagra)
- 198 CHAPTER 7. Potency Is Fullness of Life
- 221 Conclusion: "If Shen (the Kidney) Is Strong, Life Is Good"
- 229 Notes
- 251 References
- 277 Index

INTRODUCTION

The Impotence Epidemic in China

In both Beijing and Chengdu in the late 1990s, concern about yangwei (陽痿, the shrinking of yang, i.e., male sexual impotence) was more visible and "contagious" than it had been during the Maoist period more than twenty years earlier. Flyers on lampposts along city streets advertised clinics that specialized in curing sexually transmitted diseases and male sexual dysfunction, and commercials appeared in the media touting zhuangyang, herbal tonics to cure impotence. Discussions of impotence in the media and on the Internet had become common. In the early 2000s, on a television program showcasing useful gadgets, the inventor of a new type of bicycle seat with a hole in its center boasted that the design would help reduce the risk of male impotence and make a huge contribution to Chinese people's sex lives, given that China is such a bicycle-oriented country.¹

One Sunday afternoon in late 1999, I observed an especially vivid illustration of this "contagion" in public spaces, when *Television Clinic*, a call-in show on Beijing Television (BTV), aired a special program on erectile dysfunction (ED). The program was sponsored primarily by Pfizer, the pharmaceutical company. Three nationally known urologists answered callers' questions on two hotlines. During the one-hour program, they were inundated with calls and, unable to respond to all of the questions being raised, could only direct many callers to hospitals in Beijing where they could seek consultation or medical treatment for impotence. I observed the live broadcast from inside the TV studio. Four male assistants took the phone calls, jotting down callers' questions and then passing them on to an employee of Pfizer's Beijing office. He selected questions for the three urologists to answer. The four assistants later chatted with each other about their brief conversations with callers who had sounded especially eager for advice. One imitated a



Figure 1.1: Three nationally known sexual education experts or urologists answering questions about male sexual dysfunction through a hotline on the program "Television Clinic" of Beijing Television Station (BTV). The anchor person is on the far left and the two persons on the far right are taking phone calls.

caller who lamented, "My situation is bad . . . I can't do it, however pretty she is!" Another assistant said, "Many women called in, asking about their husbands' problems!" As the phone calls had poured into the studio, one of the three camera operators, a middle-aged man, exclaimed to me, "ED is becoming an epidemic!"

Various lines of evidence confirm the growing prominence of male impotence in post-Mao China. First, although they appeared as far back as the 1970s, the clinic flyers mentioned above had, by the 1990s, become common sights in the urban landscape. The clinics advertised by the flyers were often back-alley operations. Those who ran them were uncertified doctors, considered by many as, at best, *jiming goudao zhi tu* (those who crow like a cock or snatch like a dog, i.e., get up to petty tricks) or, at worst, *jianghu pianzi* (charlatans fooling round). A strong stigma was attached to such clinics.

They were not impotent men's only recourse, however. Since the 1980s, nanke (men's medicine), a new division of Chinese medicine that specialized in treating impotence and other male sexual problems, had emerged in hospitals throughout the country. By the end of the 1990s, nanke had become





Figure 1.2: An advertisement for a zhuangyang patent capsule. The central lines read: "Taking only three pills, you could get it up."

Figure 1.3:
An advertisement for a clinic on a lamppost in a back alley in Beijing, touting rapid efficacy of curing impotence, premature ejaculation, and sexually transmitted diseases.

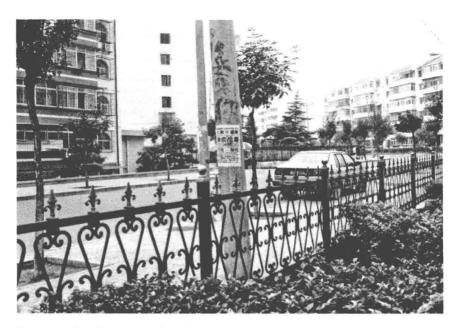


Figure 1.4: An advertisement for a clinic in Beijing.

a widely established specialty, bringing the concern about impotence out of back alleys and into mainstream hospitals.

A second line of evidence involves literary representations of impotence. In the early 1980s, the well-known novel *Half a Man Is Woman*, by Zhang Xianliang, portrayed a political prisoner's experience of impotence in the Maoist period. Since then, such portrayals have proliferated. In movies such as *Furongzhen*, *Qiuju daguansi*, and *Ermo* and in novels such as *The Rabbit in the Grassy Ground of de Gaulle International Airport*, *The Defunct Capital*, and *Shanghai Baby*, impotence is evoked as a symbol not only of damaged masculine capacity but also of the crises experienced by different groups of people during the post-Mao reform, indexing the shifting social context in which impotence has occurred.

A third line of evidence is the marked increase in sexual joking, or *kouyin xianxiang* (the phenomenon of the lustful mouth, i.e., intensely erotic conversations). The sharing of erotic jokes has in recent years become a veritable fad thanks to cell phone text messaging. The joking often focuses on impotence. For example, one private entrepreneur joked, "Xianzai shi wanshang ying bushui, zaoshang ying buqi" (Nowadays, men just do not want to go to bed in the evening and have difficulty getting up in the morning). "Getting

4 INTRODUCTION