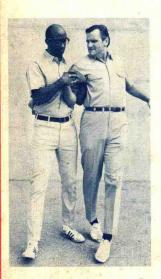
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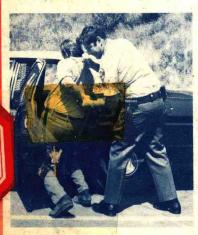
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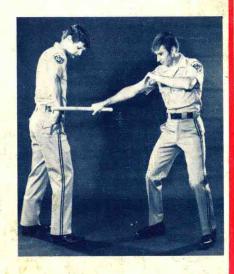
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- **BASIC SELF-DEFENSE**
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WEAPONLESS DEFENSE & CONTROL 28 OFFENSE/DEFENSE 28 HAND BLOWS 29 EDGE-OF-HAND BLOW (CHOP) 30 HEEL-OF-PALM BLOW 32 ELBOW BLOWS 32 FOREARM THRUST 32 PARRIES: ONE-HANDED, TWO-HANDED, FOREARM 34 BLOCKING FOUR BLOWS: A TRAINING PROCEDURE 36 STEP AND DODGE 38 STOPPING A FIST ATTACK 39 IS KICKING BRUTAL? 39 EDGE-OF-SHOE SNAP KICK 40 LONG RANGE KICK 41 SCRAPE/STAMP 42 KICK BLOCKING 42 DISTRACTION & FEINTING 44 WHERE TO STRIKE: NERVE CENTERS & PRESSURE POINTS FOR HAND & FOOT BLOWS 46 PAIN VS. CONTROL 47 FRONT BODY TARGETS: PHOTO 50 48 BACK BODY TARGETS: PHOTO 51 52 CONTACT & ACCURACY BLOWS: PRACTICE PROCEDURES OFF BALANCE 56 BODY SPIN 57 KNEE-BUCKLE TAKEDOWN 58 STRAIGHT-LEG TRIP 60 STANCES: PRO AND CON 61 ALERT STANCES	53

CONTENTS

STOPPING A FORWARD REACH BACK ATTACK: AWARENESS PROCEDURES 65 ESCAPES & RELEASES 67 BACK GRAB RELEASE 67 FOREARM CHOKE RELEASE 68 WRIST GRIP RELEASE ARM PIN RELEASE 71 FINGER CHOKE RELEASE FULL NELSON ESCAPE DEFENSE FROM GROUND STOPPING A FIGHT 77 TWO ASSAILANTS 78 GRIPS 82 BASIC ARM BAR 82 WRIST LOCK 84 REAR BENT-ARM LOCK BASIC GUIDE-ALONG 87 CHOKE HOLD PRACTICE SAFETY 91 NECK LOCK CONTROL: AGAINST CAROTID ARTERY 92 VARIATION OF NECK LOCK CONTROL 95 APPLYING HOLDS WALKING: A PRACTICE PROCEDURE FRONT BENT-ARM LOCK 98 SEARCH & ARREST, PRISONER TRANSPORT, INSTITUTIONAL CONTROL 99 SEARCH PROCEDURES 99 HANDCUFFS 101 HANDCUFFING AGAINST RESISTANCE 102 CUFFING ON THE GROUND 104 REMOVAL FROM VEHICLE/CAROTID CONTROL HOLD REMOVAL FROM VEHICLE/ARM BAR & TWIST 104 PLACING INTO VEHICLE/CAROTID CONTROL HOLD ARM BAR 107 HANDCUFFED 108 TWO SUBJECTS 109 PASSIVE RESISTANCE 110 BAR GRIP RELEASE/HANDCUFF 111 BAR GRIP/CONTROL HOLD PRISONER SEATED 113 ONE PASSIVE, ONE ASSAULTING 114 BOTH ASSAULTING 116 STOPPING A FIGHT 117 PUNCHING ATTACK 118 BLANKET FOR CONTROL 119 CONTROLLING TWO WITH BLANKET 121 UNARMED DEFENSES AGAINST WEAPONS DEFENSES AGAINST BLUDGEON KNIFE THREAT 126 KNIFE DEFENSES: WITH CHAIR, JACKET, BLANKET 128 FLEXIBLE WEAPONS: CHAIN, ROPE, SAP, BELT, ETC. PREVENTING WEAPON DRAWING 131 UNARMED DEFENSE AGAINST GUNS 132 CLOSE-IN THREAT: BASIC TACTICS GUN AT HIP 136 GUN AT BACK 138 GUN AT HEAD 140 DEFENSE AGAINST RIFLE OR SHOTGUN AT BACK 142

BATON TECHNIQUES 143

THE MIDDLE FORCE 143
TEACHING METHOD 144

GROMMET OR THONG? 144

THE ALTERNATIVE 145

LOOPING THE THONG: CORRECT PROCEDURE 146

KEEPING A LOW PROFILE 146

ONE-HAND SNAP BLOW 148

BLOCKING WITH A SNAP BLOW 153

ONE-HAND FORWARD JAB 154

TWO-HAND GRIP 154 SLIP-THRUST 156

TENSION BLOWS 156

QUICK RESPONSE/LOW PROFILE 158

MID-GRIP BLOWS 159

TWO-HAND SNAP 160

STRIKING AREAS 162

FRONT: PHOTO 385 163 BACK: PHOTO 386 165

QUICK DRAW & STRIKING PRACTICE 167

RELEASING THE GRIPPED STICK 174

CONTROL HOLDS WITH BATON 176

ARM BAR/BATON 176

REAR BENT-ARM LOCK/BATON 178

ARM TWIST WITH NECK LEVER/BATON 178

QUICK DRAW & ARM TWIST 180

SOLO PRACTICE ROUTINE 182

PRACTICE PROCEDURES/FLEXIBILITY & QUICK RESPONSE 185

MOVING OBJECT PRACTICE PROCEDURE 187

CHOOSING A STICK WEAPON 189

INDEX 190

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62