

Freeze-drying of pharmaceutical and food products

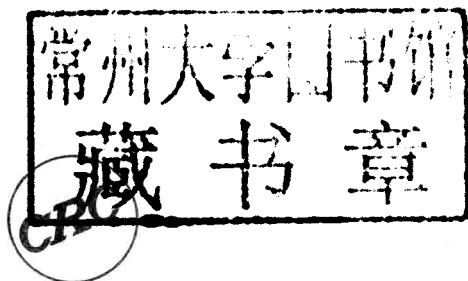
Tse-Chao Hua, Bao-Lin Liu
and Hua Zhang



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Preface

Freeze-drying is a kind of preservation technology, by which the material is cooled below its eutectic temperature or glass transition temperature firstly to be solidified completely, then dried in vacuum space at low temperature by sublimation drying and desorption drying till 95%—99% of moisture is removed. The product can be stored at room temperature or 4 °C for a long time. Freeze-drying has become a most important technique for the preservation of heat-sensitive pharmaceuticals and foods. Meanwhile, the process of freeze drying may greatly affect the quality of the products.

Freeze-drying technology has found many applications, such as preservation of foods, micro-organisms, biological pharmaceuticals, human cells, and preparation of various superfine powders. Freeze-dried food has marked advantages: keeping fresh color, smell and taste; avoiding loss of nutritional ingredients and surface hardening. It is light in weight and easy to rehydrate; it is a high value-added product. Freeze drying of biological pharmaceuticals has become the most important application in the freeze drying industry in the past 10 years, and it is a field of most concern and with largest investment in freeze-drying. The pharmaceutical products made by freeze drying have the following characteristics: structural stability, basically unchanged biological activity, almost no loss of volatile ingredients and heat sensitive ingredients, porous structure and good therapeutic effectiveness, high water loss of 95%—99%, convenient storage at room temperature or in the refrigerator for long time.

Freeze-drying has become a most important technique for the preservation of heat-sensitive pharmaceuticals and foods. Meanwhile, the process of freeze drying may greatly affect the quality of the products.

Although the method of freeze drying was known quite early, it was still in its primary “rough” stage till the 1990s. Back to the 1990s, the appearance and development of biological pharmaceutical products proposed many “harsh”

demands to the freeze-drying technology, forcing it developing to its “delicate” stage. At the same time, the “Solution vitrification theory” and “Food polymer science theory” had provided some theoretical foundation to the development of freeze drying technology.

The authors have been involved the field of cryopreservation since 1980, and doing some researches in freeze drying of foods, pharmaceuticals and human cells from 1996 on. A Chinese book with the same title was edited and published by Science Publisher in 2006.

The book contains 8 chapters. They are introduction, fundamentals, heat-mass transfer analyses and modeling, equipment, freeze-drying of food, protective agent and additives, freeze-drying of pharmaceuticals, disinfection sterilization and valuation. Since the temperature history of freeze and drying processes has great effects on the quality of product and the time & energy consumption, more attention is paid in this book to the mechanism and the parameters controlling of freeze drying process.

In this English edition, translation and some amendments have been made by the authors, Chapters 1—3 by Hua T C; Chapter 4 by Zhang H; Chapters 5—8 by Liu B L. Our colleague Hua K F has made improvement in English; and graduate students, Li M, Shi M J, Zhou Y, Zhou N, Zhou C M, Yang M have taken part some work. The authors wish to acknowledge their assistance. The authors wish to acknowledge the supports of projects (S30503, NCET-07-0559, NSFC and USST).

The authors

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Introduction

1.1 Brief history of freeze-drying technology

When washed clothes are put outside in the sun in severely cold winter with temperature below 0°C , they will be frozen very quickly; however through a period of time, they will be dried, since the moisture frozen in the clothes is sublimated to the air. The drier the air, or the lower the partial pressure of vapor in the atmosphere, the quicker the sublimation drying goes.

The method of freeze-drying food was known a little to the ancient Chinese and Peruvian Incas. In order to store meat longer and to get better flavor, the ancient Chinese put the meat outside in cold winter. The meat was firstly frozen, and then dried. The ancient Incas stored potatoes and other some crops on the mountain heights above Machu Picchu. The cold mountain temperature froze the food and the water inside slowly sublimated under the low pressure of the high altitudes. Freeze-dried food is light and can last longer than other preserved food.

The above phenomena may be taken as examples of “freeze-drying”. However as a part of science and technology, “freeze-drying” is only a matter of recent 80 years.

There were three events which had the milestone significance in the early development in freeze-drying technology:

(1) Earl W. Flosdorf and Stuart Mudd from University of Pennsylvania successfully preserved the human serum by freeze-drying using glass apparatus in 1933^[1].

(2) During World War II, the freeze-drying process was developed commercially when it was used to preserve blood plasma and penicillin. Howard Walter Florey and Ernst Boris Chain, the scientists who followed up most successfully on Alexander Fleming's discovery of penicillin in 1928, devised the method to store the penicillin by freeze-drying in 1938, and made