

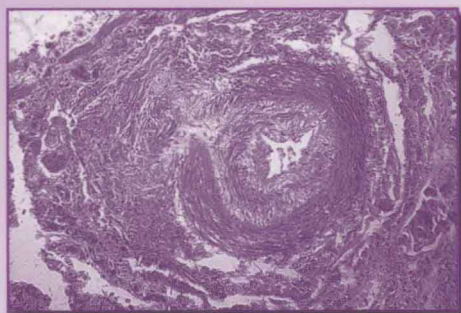
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Volume 222

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Clinical Management of Chronic Obstructive Pulmonary Disease

Second Edition



edited by

Stephen I. Rennard
Roberto Rodríguez-Roisin
Gérard Huchon
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Clinical Management of Chronic Obstructive Pulmonary Disease

Second Edition

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Clinical Management of Chronic Obstructive Pulmonary Disease

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The opinions expressed in these volumes do not necessarily represent the views of the National Institutes of Health.

We are pleased to dedicate this second edition of
Clinical Management of Chronic Obstructive Pulmonary Disease
to four major contributors to the advancement
of COPD research and care:

Mitchell Friedman, Romain Pauwels,
Paul Vermeire, and Maurizio Vignola.

Each was deeply appreciated
and all will be missed.

Introduction

In 1978, one year after the initiation of this series of monographs, *Lung Biology in Health and Disease* presented a volume (#9) titled *Chronic Obstructive Pulmonary Disease*, edited by Dr. Thomas L. Petty. In the following three decades we have witnessed extraordinary successes in the fight against COPD—as it is globally called today.

Since the publication of the first volume on COPD, the series published no less than fifteen volumes on many aspects or topics about this disease. In addition, many other monographs were published which, in part, covered topics relevant to the understanding of COPD or to its treatment regimens, albeit palliative. The rationale behind so many volumes was simply to follow and report the very productive avenues for both fundamental and clinical research which were being pursued in the United States and abroad with the support of the respective governments and of the pharmaceutical industry. The many outcomes of this research have been augmenting our understanding of COPD at a very fast pace, and patients have started to receive very positive and significant benefits from this research. Of course, it was, and still is recognized, that these benefits are temporary and that no cure is in sight. But, yet, so much can be of help to these patients. As per the slogan for World COPD Day, these patients are “Breathless, not Helpless.”

Thus, it was inevitable that one of the volumes on COPD in this series would eventually focus on the *Clinical Management of Chronic Obstructive Lung Disease*. It appeared in 2002 and was edited by Thomas Similowski, William A. Whitelaw, and Jean-Philippe Derenne. But since, progress has marched on, actually at a faster pace, and it became evident that more research outcomes could be explained and comprehensively translated into a “practical” source that could help and enhance

clinical practice. This is what led to this new volume, now titled *Clinical Management of Chronic Obstructive Pulmonary Disease*. This volume, edited by Stephen I. Rennard, Roberto Rodríguez-Roisin, Gérard Huchon, and Nicolas Roche, is more than just a second edition, it is a new phase in the journey of COPD. It is a tool to provide even better care to the patients.

COPD research today is a very global goal, simply because the disease has no frontiers and it affects all peoples and nations. The editors are well aware of this situation and, in response, they called on contributors of many nations so that all advances from can be presented to the readership.

As the Executive Editor of the series of monographs Lung Biology in Health and Disease, I am very proud to introduce this volume to our readers, and am very thankful to the editors and the contributors that they gave us the opportunity to include this volume in the series.

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Foreword

The first edition of *Clinical Management of Chronic Obstructive Pulmonary Disease*, the 165th volume of the Lung Biology in Health and Disease series edited by Claude Lenfant, was published during the spring of 2002. The first letters to putative authors had been sent out by the editors, Jean-Philippe Derenne, William Whitelaw, and myself, early in 1998. The Global Initiative for Obstructive Lung Disease (GOLD) had been launched in 1997, and the first version of the Global Initiative for Obstructive Lung Disease guidelines was issued during the fall of 2001. In a way, the first edition of this book therefore marked the end of an era, during which COPD was the preoccupation of a minority of clinicians and researchers. In that era, the disease was considered in a rather nihilistic manner, and although pathophysiological studies had disentangled many of its mechanisms, few therapeutic approaches had been the object of "serious" studies (none of which would currently meet publication standards). Among other things, full realization of the inflammatory nature of the disease was lacking, as well as clear awareness of its systemic impact.

In a very few years, the COPD landscape has changed dramatically. The disease has become the focus of much attention. As underlined in the editors' preface, this enormous amount of attention has led to a better understanding of the epidemiology and burden of the disease, has permitted the dissection of the mechanisms of dyspnea, the main COPD-related symptom, and, beyond that, of the determinants of exercise limitation. It has made us realize that COPD is a global disease and not a mere set of lung and bronchi lesions, has provided us with a more complete image of what exacerbations are and represent from a prognostic point of view, and has led to the rationalization of available treatments and to the conception of new ones, among them practical tools soon to come from genetic research. Very clearly, there is still a long