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Vascular Surgery

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Arterial Duplex Scanning

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PREFACE

The fifth edition of *Vascular Surgery* comes at the millennium, a time when everyone tends to reflect on changes occurring over the past century, the past 25 years, or at least the past decade. I will spare the reader this and will focus primarily on the changes that have occurred in the practice of vascular surgery since the fourth edition and their impact on the current edition.

The inevitable trend of more vascular surgery being done by fewer but better-trained surgeons, who are more committed to this field as their primary or sole activity, has continued. This is just as well, for it offsets other negative trends. The pressure from superimposed cost-containment measures has resulted not only in more conservative indications for intervention, which is mostly appropriate, but also in far less compensation per procedure, which is not. Vascular surgery, dealing as it does primarily with an elderly population (e.g., Medicare participants) has never been compensated on the same scale as some other surgical specialties with which it has been targeted. Endovascular procedures, on the other hand, have not suffered the same fate, even though their relative costs have climbed because of the new technology involved (e.g., better imaging equipment, special devices, catheters and introducers, and other improvements). While the overall number of traditional (i.e., open) vascular surgical procedures might have declined, from the inroads made by managed care and endovascular procedures, this has been offset, for the most part, in the majority of vascular surgery practices by the dwindling numbers of part-time or "occasional" vascular surgeons, the aging of the population, and the increasing degree to which vascular surgeons in North America and Europe have acquired the necessary skills with which to perform endovascular interventions themselves or in collaboration with interventional radiologists. This latter trend was given a boost by the advent of endografts that, at the outset at least, required involvement by vascular surgeons but that also honed their skills at manipulations under fluoroscopic monitoring to the point where balloon dilations and stenting and other simpler procedures were reasonably within reach.

This change is reflected in this new edition in an expanded coverage of endovascular procedures and alternative imaging options in addition to angiography, topics written principally by surgeons. New chapters are devoted to the various types of endovascular grafts, to the endovascular treatment of abdominal aortic aneurysms (AAAs), to the complications of angiography and of endovascular interventions, and to endovascular interventions for lower extremity occlusive disease. Endovascular treatments are also presented in other chapters dealing with the management of variceal hemorrhage, renovascular disease, acute deep venous thrombosis, and chronic large vein obstruction.

Despite the inroads made by imaging-based radiologists into the field of noninvasive vascular diagnosis, vascular surgeons have managed to keep a firm control on duplex scanning by showing the way in extending and standardizing its clinical applications (e.g., as the sole preoperative imaging method for most cases of carotid endarterectomy and in selected cases of lower extremity revascularization). Vascular surgeons have also demonstrated the continued value of certain of the indirect physiologic tests, which are less expensive than duplex scans but foreign to most radiologists. Nevertheless, in this edition separate chapters describe peripheral arterial and venous duplex scanning, and the application in the diagnosis of mesenteric and renal disease has been given expanded coverage.

Other trends that had just surfaced during the writing of the last edition have continued. Thrombolytic therapy has continued to flourish and has become an integral part of the management of acute arterial thromboses, even though several randomized trials have had difficulty in showing advantages, in overall results, over surgery. These disappointing trial results are partly due to a higher than expected (but "real life?") failure to gain access and achieve lysis (i.e., initial technical failure) and to flaws in protocol design, particularly the linking of thrombolysis with the ultimate treatment of the underlying lesion by percutaneous transluminal angioplasty (PTA), even when surgery would have been more effective. Post hoc analysis has helped to identify the settings in which catheter-directed thrombolysis is likely to be of benefit and demonstrated the clear need for careful case selection. Two chapters address these issues, and another one fully discusses the use of catheterdirected thrombolysis in deep venous thrombosis.

Angioaccess, particularly for hemodialysis, continues to play a major role in the practice of many vascular surgeons, and new techniques that improve the opportunity to create autogenous fistulae and enhance the patency of prosthetic shunts have been introduced. Periodic surveillance of surgical and endovascular revascularizations has become a standard of care, even though appropriate reimbursement for these efforts has lagged shamefully behind. The criteria for identifying critical restenoses and the most cost-effective monitoring intervals need to be better defined, but reasonable options have been identified. The advantages and limitations of PTA and stenting for renal artery stenosis have become better recognized, and its relative role vis à vis surgical revascularization has been better delineated. However, the preferred techniques for renal revascularization have clearly shifted away from a clear dominance by aortorenal vein bypass to relatively more endarterectomies, prosthetic grafts, and extra-anatomic bypasses, each used selectively in certain settings.

Carotid endarterectomy has survived its challenge from