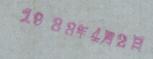
Volume One

Pediatric Orthopaedics

Second Edition

edited by
Wood W. Lovell, M.D.

Robert B. Winter, M.D.





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edited by

Wood W. Lovell, M.D.

Medical Director
Nemours Children's Hospital
Jacksonville, Florida

and

Robert B. Winter, M.D.

Professor of Orthopaedic Surgery
University of Minnesota Medical School
Minneapolis, Minnesota
Chief of Spine Service
Gillette Children's Hospital
St. Paul, Minnesota

with 45 contributors



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Indexer: Angela Holt
Art Director: Tracy Baldwin
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Cover Design: Anthony Frizano
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Philadelphia

London Mexico City New York St. Louis Skie Paulo

Contributors

Behrooz A. Akbarnia, M.D.

Associate Professor of Orthopaedic Surgery and Pediatrics, and Director, Orthopaedic Surgery, Cardinal Glennon Children's Hospital, St. Louis, Missouri

olitigen: De sovers, and Profession of Ordania Swigery Jeffercok, Medical Paless, of Swig

Loui G. Bayne, M.D.

Clinical Professor of Orthopaedics, Emory University, and Director, Hand Clinic, Scottish Rite Hospital, Atlanta, Georgia.

Anthony J. Bianco, Jr., M.D., M.S.

Professor of Orthopaedic Surgery, Mayo Medical School, Rochester, Minnesota

Walter P. Bobechko, M.D.

Assistant Professor of Surgery, University of Toronto, and Chief of Orthopaedic Surgery, Hospital for Sick Children, Toronto, Ontario

Joyce Brink, M.D.

Associate Clinical Professor of Pediatrics, University of Southern California School of Medicine, Los Angeles, California, and Chief, Department of Pediatrics, Rancho Los Amigos Hospital, Downey, California

Wilton H. Bunch, M.D., Ph.D

Dean of Medical Affairs, and Professor, Department of Surgery (Orthopaedics), University of Chicago, Chicago, Illinois

William P. Bunnell, M.D.

Assistant Medical Director and Director of Orthopaedics, Alfred I. duPont Institute, Wilmington, Delaware, and Associate Professor of Orthopaedic Surgery, Jefferson Medical College of Thomas Jefferson University Philadelphia Pennsylvania

Jonathan Cohen, M.D.

Professor of Orthopaedic Surgery, Tufts University School of Medicine, Senior Orthopaedic Surgeon, Children's Hospital Medical and Kennedy Memorial Hospital for Children, and Deputy Editor, Journal of Bone and Joint Surgery, Boston, Massachusetts

Sherman S. Coleman, M.D.

Chief of Staff, Shriner's Hospital for Crippled Children, and Professor of Orthopaedic Surgery, University of Utah College of Medicine, Salt Lake City, Utah

Henry R. Cowell, M.D., Ph.D

Surgeon-in-Chief, Alfred I. auPont Institute, Wilmington, Delaware, and Editor, Journal of Bone and Joint Surgery, Boston, Massachusetts

Alvin H. Crawford, M.D.

Chief of Orthopaedics, Cincinnati Children's Hospital, Cincinnati, Ohio

Jose de la Garza, M.D.

Orthopaedic Surgeon, University of Monterrey, Nuevo Leon, Mexico

F. Denis, M.D., F.R.C.S. (C)

Assistant Professor of Orthopaedic Surgery, University of Minnesota, Minneapolis, Minnesota, Stuff, Spine Service, Gillette Children's Hospital, St. Paul, Minnesota, and Staff, Spine Service, Shrines's Hospital, Minneapolis, Minnesota

Samuel H. Doppelt, M.D.

Assistant in Orthopaedic Surgery, Massachusetts General Hospital, and Assistant Professor of Orthopaedic Surgery, Harvard Medical School, Boston, Massachusetts

James C. Drennan, M.D.

Assistant Professor, Department of Orthopaedic Surgery, University of Connecticut School of Medicine, Farmington, Connecticut, Assistant Clinical Professor, Department of Orthopaedic Surgery, Yale University School of Medicine, New Haven, Connecticut, and Director of Orthopaedics, Newington Children's Hospital, Newington, Connecticut

J. William Fielding, M.D.

Clinical Professor of Orthopaedic Surgery, Columbia University College of Physicians and Surgeons, and Director of Orthopaedic Surgery, St. Luke's Hospital, New York, New York

Robert E. Florin, M.D.

Assistant Professor of Neurological Surgery, University of Southern California School of Medicine, Los Angeles, California, and Consulting Neurological Surgeon, Rancho Los Amigos Hospital, Downey, California

Paul P. Griffin, M.D.

Professor of Orthopaedic Surgery, Harvard Medical School, and Orthopaedic Surgeon-in Chief, Children's Hospital, Boston, Massachusetts

Richard J. Hawkins, M.D.

Clinical Assistant Professor of Orthopaedic Surgery, University of Western Ontario Faculty of Medicine, St. Joseph's Hospital, London, Ontario

Robert Hensinger, M.D.

Professor, Department of Surgery, Section of Orthopaedics, University of Michigan Medical School, Ann Arbor, Michigan

M. Mark Hoffer, M.D.

Professor and Chief of Orthopaedics, University of California at Irvine, Irvine, California, and Chief, Children's Orthopaedic Surgery, Rancho Los Amigos Hospital, Downey, California

Linda Krach, M.D.

Staff Physician, St. Paul-Ramsey Medical Center, and Medical Director, St. Paul Rehabilitation Center, Attending Staff, Codirector of Head Injury Services, and Medical Director of Rehabilitation, Gillette Children's Hospital, St. Paul, Minnesota and Instructor, Physical Medicine and Rehabilitation, University of Minnesota, Minneapolis, Minnesota

Henry LaRocca, M.D.

Associate Professor of Orthopaedic Surgery, Tulane University School of Medicine, New Orleans, Louisiana

Wood W. Lovell, M.D.

Medical Director, Nemours Ghildren's Hospital, Jacksonville, Florida

Newton C. McCollough III, M.D.

Professor and Chairman, Department of Orthopaedics and Rehabilitation, University of Miami School of Medicine, and Chief, Orthopaedics and Rehabilitation, Jackson Memorial Hospital, Miami, Florida

G. Dean MacEwen, M.D.

Medical Director, Alfred I. duPont Institute, Wilmington, Delaware, and Professor of Orthopaedic Surgery, Jefferson Medical College of Thomas Jefferson University, Philadelphia, Pennsylvania

Henry J. Mankin, M.D.

Orthopaedist-in-Chief, Massachusetts General Hospital, and Edith F. Ashley Professor of Orthopaedic Surgery, Harvard Medical School, Boston, Massachusetts

John S. Marsh, M.D.

Assistant Clinical Professor of Neurological Surgery, University of Southern California School of Medicine, Los Angeles, California

Peter L. Meehan, M.D.

Director of Pediatric Orthopaedic Education, Scottish Rite Hospital, Atlanta, Georgia

Lyle J. Micheli, M.D.

Director of Sports Medicine, and Professor of Orthopaedic Surgery, The Children's Hospital, Boston, Massachusetts

Colin F. Moseley, M.D., C.M., F.R.C.S. (C)

Assistant Professor of Surgery, University of Toronto, and Orthopaedic Surgeon, Hospital for Sick Children and Ontario Crippled Children's Centre, Toronto, Ontario

Audrey M. Nelson, M.D.

Assistant Professor of Internal Medicine, Mayo Medical School, and Consultant in Rheumatology and Pediatric Rheumatology, Mayo Clinic, Rochester, Minnesota

Kurt M.W. Niemann, M.D.

John D. Sherill Professor of Orthopaedic Surgery, and Director, Division of Orthopaedic Surgery, University of Alabama School of Medicine, Birmingham, Alabama

Hamlet A. Peterson, M.D.

Professor of Orthopaedics, Mayo Medical Center, Rochester, Minnesota

Charles T. Price, M.D.

Pediatric Orthopaedic Surgeon, Orlando Regional Medical Center, Orlando, Florida

Paul L. Ramsey, M.D.

Former Associate Surgeon, Alfred I. duPont Institute, Associate Professor of Pediatric Orthopaedics, Indiana University, Past Chief of Surgery, St. John's Medical Center, Anderson, Indiana, and Past Chief of Staff, Community Hospital, Anderson, Indiana

Mercer Rang, M.D., F.R.C.S. (C)

Associate Professor, University of Toronto, Orthopaedic Surgeon, Hospital for Sick Children, and Orthopaedic Surgeon, Hugh MacMillan Medical Centre, Toronto, Canada

Daniel C. Riordan, M.D.

Professor of Clinical Orthopaedics, Tulane University School of Medicine, Professor of Clinical Orthopaedics, Louisiana State University School of Medicine, New Orleans, Louisiana, and Consultant in Hand Surgery, Shriner's Hospital for Crippled Children, Shreveport, Louisiana

Marvin B. Rothenberg, M.D.

Director, Growth and Metabolic Clinic, Scottish Rite Hospital, Atlanta, Georgia

Ronald Silver, M.D.

Director of Sports Medicine and Attending Orthopaedic Surgeon, Michael Reese Medical Center, Chicago, Illinois

Frank H. Stelling, M.D.

Associate Clinical Professor of Orthopaedic Surgery, Medical University of South Carolina College of Medicine, Charleston, South Carolina, Assistant Clinical Professor of Orthopaedic Surgery, Duke University School of Medicine, Durham, North Carolina, and Chief Surgeon, Shriners Hospital for Crippled Children, Greenville, South Carolina

Robert E. Tooms, M.D.

Professor, Department of Orthopaedics, University of Tennessee Center for the Health Sciences, and Active Staff, Campbell Clinic, Memphis, Tennessee

Chester M. Tylkowski, M.D.

Associate Professor of Pediatric Orthopaedics and Pediatrics, Department of Orthopaedics, and Director, Gait Analysis Laboratory, University of Florida, Gainesville, Florida

Robert B. Winter, M.D.

Professor of Orthopaedic Surgery, University of Minnesota Medical School, Chief of Spine Service, Gillette Children's Hospital, St. Paul, Minnesota

David J. Zaleske, M.D.

Assistant in Orthopaedic Surgery, Massachusetts
General Hospital, and Instructor of Orthopaedic
Surgery, Harvard Medical School, Boston, Massachusetts

Preface

The intent of the authors in the second edition of *Pediatric Orthopaedics* is to make available to the reader an update in the field of children's orthopaedics.

It is hoped that orthopaedic surgeons and pediatricians as well as others will find this

book to their liking.

In the first edition of *Pediatric Orthopaedics*, we attempted to express our sincere gratitude to the contributors. We would again like to acknowledge our deep and sincere appreciation to all these individuals. They, as well as the new contributors, will be responsible for any success that we hope this book will enjoy.

Each contributor is a recognized authority and possesses unique qualifications.

Five new chapters have been added to the second edition. These include Assessment of Gait in Children and Adolescents, Partial Growth Plate Arrest and Its Treatment, Overuse Injuries in Children, Neurofibromatosis, and The Role of the Orthopaedic Surgeon in Child Abuse.

We would be remiss if we did not express our thanks to our publisher and its dedicated staff for their cooperation and guidance.

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Wood W. Lovell, M.D.
Robert B. Winter, M.D.

Preface to the First Edition

The field of pediatric orthopaedics has changed significantly in recent years. In the main, textbooks have kept abreast of change, to the extent that there is now a broad and useful literature addressed to the techniques of treatment of the orthopaedic disorders of children. The editors believe, however, that their fellow surgeons will have increasingly shared the desire for a work focused especially upon the decision-making process that precedes and governs the selection of surgical technique. Basic research and clinical specialization have had a dual effect upon clinical decision making: They have broadened the field of choice, and at the same time have made judicious choice more difficult.

Chapters that will aid the reader at the critical junctures at which decisions must be made have been contributed by authorities of eminence, persons who have long and successful experience dealing with the conditions

about which they have written. The reader will notice that each topic is covered in depth, and that the emphasis on decision-making will facilitate his assessment of the indications and contraindications for a particular treatment approach.

Although we have attempted to match depth with breadth, children's fractures have not been included because the subject is well covered in other textbooks that have recently

appeared.

We would like to state that our task has been made not only worthwhile but pleasurable by the continued thoughtful and kind cooperation of the contributors whose names appear in the pages of this book. They have our deepest thanks.

Wood W. Lovell, M.D. Robert B. Winter, M.I.

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Embryology of the Neuromusculoskeletal Apparatus

Henry LaRocca

The field of pediatric orthopaedics includes a host of challenges for the clinician owing to the diversity of the problems to which the developing human organism is prone. Disorders in the growing child share the unique feature of being affected by growth and development, which tend, in many cases, to magnify their significance with the passage of time. Even though the child has enormous capacities for bodily restitution following exogenous injury or insult, he is unusually vulnerable when there has been interference with an essential point in the sequence of development. In general, the more rapid the development or the earlier the stage when an insult occurs the more profound will be the derange-

Many of the presenting clinical problems represent outcomes of events that occurred before birth, and their evolving complexities tax the ingenuity of those who would manage them. Recognition of the nature of these disorders requires a proper understanding of the development of the neuromusculoskeletal apparatus, which must begin with an awareness of the developmental sequence through which it passes from its initial establishment to its ultimate assumption of definitive form and function.

THE PROCESS OF ONTOGENY*

Ontogeny, the development of the individual organism, begins with fertilization of the ovum. at which time two haploid gametes are united to form a diploid zygote, which has imprinted in its chromosomal material all the information necessary to convert one cell into a complex organism. In the human, fertilization occurs in the fallopian tube; the zygote then moves down the tube toward the uterine cavity, taking several days for this migration. As it moves, the zygote undergoes cell division, the process being known specifically as "cleavage." Progressive division leads to the formation of a 32-cell sphere known as the morula, which is the form in which the structure reaches the uterine cavity (Fig. 1-1). The total size of the morula is equal to the size of the original ovum, because cleavage cell division results in increasing numbers of cells with progressively smaller sizes. As the cells of the morula continue to divide, fluid from the uterine cavity penetrates within and displaces cells to the periphery, thus forming the blastocyst. This structure is a sphere of cells surrounding a

^{*}The contents of this section have been extracted from Hamilton WJ, Mossman HW (eds): Human Embryology, 4th ed. Baltimore, Williams & Wilkins, 1972.