FONSECA MARCIANI TURVEY

ORAL AND MAXILLOFACIAL SURGERY

Second Edition

Orthognathic Surgery
Esthetic Surgery
Cleft and Craniofacial Surgery



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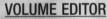
Turvey Scully Waite Ruiz Costello

ORAL AND MAXILLOFACIAL SURGERY

SECOND EDITION

VOLUME III

Orthognathic Surgery
Esthetic Surgery
Cleft and Craniofacial Surgery



Timothy A. Turvey DDS

Professor and Chairman

Department of Oral and Maxillofacial Surgery

School of Dentistry

University of North Carolina

Chapel Hill, North Carolina

SECTION EDITORS

J. Robert Scully DDS, MS Peter D. Waite, MPH, DDS, MD Bernard J. Costello DMD, MD Ramon L. Ruiz DMD, MD







11830 Westline Industrial Drive St. Louis, Missouri 63146

ORAL AND MAXILLOFACIAL SURGERY, VOLUME III

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DEDICATION

To my wife, Martha, and my children, Samantha, Amanda, Blake, and Mackenzie for their patience and understanding.

Timothy A. Turvey

To Bonnie, Amanda, and Johnny for always believing in me.

And to Ray, the wind beneath my wings.

J. Robert Scully

The art and science of cosmetic maxillofacial surgery is one of the most intriguing aspects of my clinical and academic career. I am proud of the contributors and thank them for their hard work. I also thank my wife, Sallie, and my children for the time I spent on this prestigious project.

Peter D. Waite

To my family—Jackie, Mia, and Michael, who inspire me every day. To my parents, for giving me every opportunity. To my mentors, including Drs. Jeffrey Posnick, Raymond Fonseca, and Peter Quinn, for the opportunity to experience their uncommon knowledge, skill, and compassion. To my colleagues and students, for the ever-present scholarly challenge.

Bernard J. Costello

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Ramon L. Ruiz

SECTION EDITORS

J. Robert Scully DDS, MS

Oral and Maxillofacial Surgery Private Practice Asheville, North Carolina

Peter D. Waite MPH, DDS, MD

Professor and Chairman
Department of Oral and Maxillofacial Surgery
Endowed Charles McCallum Chair
University of Alabama
Birmingham, Alabama

Bernard J. Costello DMD, MD

Associate Professor and Program Director
Chief, Division of Craniofacial and Cleft Surgery
Department of Oral and Maxillofacial Surgery
University of Pittsburgh School of Dental Medicine
Chief, Pediatric Oral and Maxillofacial Surgery
Children's Hospital of Pittsburgh
Pittsburgh, Pennsylvania

Ramon L. Ruiz DMD, MD

Director, Pediatric Craniomaxillofacial Surgery
Pediatric Oral and Maxillofacial Surgery
Arnold Palmer Hospital for Children
Orlando, Florida
Clinical Assistant Professor, Oral and Maxillofacial Surgery
University of North Carolina
Chapel Hill, North Carolina
Adjunct Instructor, Oral and Maxillofacial Surgery
University of Florida
Gainesville, Florida

Timothy A. Turvey DDS

Professor and Chairman
Department of Oral and Maxillofacial Surgery
School of Dentistry
University of North Carolina
Chapel Hill, North Carolina



CONTRIBUTORS

John P. Amato, DDS, MD

Fellow, Posnick Center for Facial Plastic Surgery

Chevy Chase, Maryland

Chapter 45 Craniofacial Dysostosis Syndromes: Evaluation and Staging

of Reconstruction

Chapter 47 Treacher Collins Syndrome: Evaluation and Staging

of Reconstruction

Michael R. Bailey, MD, DDS

Private Practice

Boise, Idaho

Chapter 28 Liposuction and Fat Transfer

William H. Bell, DDS, FACD

Oral and Maxillofacial Surgeon

University of Texas Southwestern Medical Center

Department of Oral and Maxillofacial Surgery

Dallas, Texas

Chapter 15 Intraoral Distraction Osteogenesis

Norman J. Betts, DDS, MS

Private Practice

Chelsea, Ann Arbor and Plymouth, Michigan

Chapter 10 Transverse Maxillary Distraction Osteogenesis

Scott M. Blyer, MD DDS

Medical Director and Surgeon

CAMEO Surgery PLLC

New York, New York

Chapter 33 Facial Implants in Cosmetic Surgery

John F. Caccamese, Jr., DMD, MD

Assistant Professor and Program Director, Department of Oral and

Maxillofacial Surgery

University of Maryland Medical Center

R. Adams Cowley Shock Trauma Center

University of Maryland Hospital for Children

Baltimore, Maryland

Chapter 46 Oculoauriculovertebral Spectrum: Staged Reconstruction

Chapter 48 Craniomaxillofacial Surgery for Pathology in the Pediatric Patient

Bernard J. Costello, DMD, MD

Associate Professor, Program Director and Chief, Division of Craniofacial and

Cleft Surgery

Department of Oral and Maxillofacial Surgery

Chief, Pediatric Oral and Maxillofacial Surgery

Children's Hospital of Pittsburgh

Pittsburgh, Pennsylvania

Chapter 35 Comprehensive Management of Facial Clefts

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Surgical Techniques

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Chapter 46 Oculoauriculovertebral Spectrum: Staged Reconstruction

Angelo Cuzalina, MD, DDS

Private Practice

Tulsa Surgical Arts

Tulsa, Oklahoma

Chapter 26 Endoscopic Forehead and Brow Lift

Enif Dominguez, DDS

Private Practice

Santa Rosa Maxillofacial Surgery Center

Caracas, Venezuela

Chapter 15 Intraoral Distraction Osteogenesis

Stephanie Drew, DMD

Private Practice

The New York Center for Orthognathic and Maxillofacial Surgery

West Islip, New York

Chapter 21 Ambulatory Orthognathic Surgery

Sean P. Edwards, DDS, MD, FRCD(C)

Assistant Professor and Chief, Pediatric Oral and Maxillofacial

Surgery

C.S. Mott Children's Hospital

University of Michigan Health System

Ann Arbor, Michigan

Chapter 37 Cleft Palate Repair—Concepts and Controversies

Bruce N. Epker, DDS, MSD, PhD

Private Practice

Aesthetic Facial Surgical Center

Weatherford, Texas

Chapter 1 Evaluation of the Face

Joseph J. Fantuzzo, DDS, MD

Assistant Professor

Residency Program Director

Oral and Maxillofacial Surgery

University of Rochester Medical Center

Rochester, New York

Chapter 42 Revision Surgery for Cleft Malformations

Tirbod Fattahi, DDS, MD, FACS

Professor and Chief, Division of Oral and Maxillofacial Surgery

University of Florida Health Science Center

Jacksonville, Florida

Chapter 25 Blepharoplasty

Fabrianne Figueroa, DDS

Private Practice

Santa Rosa Maxillofacial Surgery Center

Caracas, Venezuela

Chapter 15 Intraoral Distraction Osteogenesis

Raymond J. Fonseca, DMD

Private Practice

Oral and Maxillofacial Surgery

Asheville, North Carolina

Clinical Professor, Department of Oral and Maxillofacial Surgery

University of North Carolina

Chapel Hill, North Carolina

Chapter 2 The Biologic, Physiologic and Psychosocial Basis of Facial

Skeletal Surgery

David E. Frost, DDS, MS

Private Practice

Oral and Maxillofacial Surgery Associates

Chapel Hill. North Carolina

Chapter 21 Ambulatory Orthognathic Surgery

Ghali E. Ghali, DDS, MD, FACS

Jack W. Gamble Professor and Chair

Department of Oral and Maxillofacial Surgery

Louisiana State University Medical Center

Shreveport, Louisiana

Chapter 22 Rhytidectomy

Reginald H.B. Goodday, DDS, MSc, FRCD(C)

Chair, Department of Oral and Maxillofacial Sciences

Dalhousie University

District Chief, Department of Oral and Maxillofacial Surgery

Queen Elizabeth II Health Sciences

Halifax, Nova Scotia, Canada

Chapter 14 Orthognathic Surgery for Obstructive Sleep Apnea

Marianela Gonzalez, DDS, MS, MD

Assistant Professor, Department of Oral and Maxillofacial Surgery

Director of Undergraduate Studies and Undergraduate Oral Surgery Clinic

Baylor College of Dentistry

Dallas, Texas

Private Practice

Santa Rosa Maxillofacial Surgery Center

Caracas, Venezuela

Chapter 15 Intraoral Distraction Osteogenesis

Cesar A. Guerrero, DDS

Consultant Professor, Orthodontics and Oral Surgery Postdoctoral Program

Central University of Venezuela

Director, Santa Rosa Maxillofacial Surgery Center

Caracas, Venezuela

Chapter 15 Intraoral Distraction Osteogenesis

Brian C. Harsha, DDS, MD

Private Practice

Coastal Facial Aesthetic and Laser Surgery

Myrtle Beach, South Carolina

Chapter 23 Laser Skin Resurfacing

Maximo A. Hernandez, DDS

Professor, Department of Oral and Maxillofacial Surgery

Valparaiso University

Valparaiso, Chile

Chapter 8 Le Fort I Segmental Osteotomy

Bruce B. Horswell, MD, DDS, MS, FACS

Medical Director, FACES

Women and Children's Hospital, CAMC

Department of Surgery

Charleston Area Medical Center

Charleston, West Virginia

Chapter 36 Repair of the Unilateral Cleft Lip: A Comparison of Surgical Techniques

Donald J. Hull, DDS

Chief Resident, Department of Oral and Maxillofacial Surgery

University of North Carolina

Chapel Hill, North Carolina

Chapter 2 The Biologic, Physiologic, and Psychosocial Basis of Facial

Skeletal Surgery

Carlos R. Ibañez, DDS

Assistant Professor, Division of Oral and Maxillofacial Surgery

Department of Craniofacial Science

University of Connecticut School of Dental Medicine

Farmington, Connecticut

Chapter 18 Perioperative Patient Management

T. Matthew Jacks, DDS

Chair, Department of Oral and Maxillofacial Surgery

National Naval Medical Center

Bethesda, Maryland

Chapter 18 Perioperative Patient Management

Joaquin Jaramillo, DDS

Assistant Professor, Department of Oral and Maxillofacial Surgery

Valparaiso University

Valparaiso, Chile

Chapter 8 Le Fort I Segmental Osteotomy

James Koehler, MD, DDS

Private Practice, Tulsa Surgical Arts

Oklahoma Cosmetic Surgery Center

Tulsa, Oklahoma

Chapter 24 Basic Rhinoplasty

Elizabeth Kutcipal, DMD

Fellow, Pediatric Oral and Maxillofacial/Craniofacial Surgery

Department of Oral and Maxillofacial Surgery

University of Pittsburgh School of Dental Medicine

Pittsburgh, Pennsylvania

Chapter 37 Cleft Palate Repair—Concepts and Controversies

Jessica J. Lee, DDS

Assistant Professor, Residency Program Director, Department of Oral and

Maxillofacial Surgery

University of Washington

Seattle, Washington

Chapter 7 Maxillary Osteotomies: Le Fort I Osteotomy

Jeffrey S. Lewis, MD, DMD

Clinical Assistant Professor

University of Rochester School of Medicine and Dentistry

Director, Cleft Palate and Facial Deformities Team and Clinic

Cayuga Medical Center at Ithaca

Ithaca, New York

Chapter 27 Trichophytic Forehead and Brow Lift

Chapter 31 Facial Chemical Peels, Botox, and Skin Enhancement

Patricia E. Lopez, DDS

Consultant Professor, Oral Surgery Postdoctoral Program

Central University of Venezuela

Private Practice

Santa Rosa Maxillofacial Surgery Center

Caracas, Venezuela

Chapter 15 Intraoral Distraction Osteogenesis

James R. Macholl, DDS, MD

Walter Reed Army Medical Center

Washington, D.C.

Chapter 31 Facial Chemical Peels, Botox, and Skin Enhancement

C. Douglas Milton, DDS, MD

Resident, Department of Oral and Maxillofacial Surgery

Louisiana State University Medical Center

Shreveport, Louisiana

Chapter 22 Rhytidectomy

Mark P. Mooney, PhD

Professor and Vice Chair, Department of Oral Biology

Director of Student Research, School of Dental Medicine

Professor, Departments of Anthropology, Surgery-Plastic and Reconstructive

Surgery, and Orthodontics

University of Pittsburgh

Pittsburgh, Pennsylvania

Chapter 43 Craniomaxillofacial Surgery in the Pediatric Patient: Growth and

Development Considerations

Joe Niamtu III, DMD

Private Practice

Cosmetic Facial Surgery

Richmond, Virginia

Chapter 29 Injectable Fillers in Cosmetic Facial Surgery

Robert A. Ord, MD, DDS, MS, BDS, FRACS, FACS

Professor and Chief, Oral and Maxillofacial Surgery

University of Maryland School of Medicine

Greenebaum Cancer Center

Baltimore, Maryland

Chapter 48 Craniomaxillofacial Surgery for Pathology in the Pediatric Patient

Felice O'Ryan, DDS

Director, Oral and Maxillofacial Surgery

Kaiser Permanente Hospital

Oakland Medical Center

Oakland, California

Chapter 20 Complications with Orthognathic Surgery

Todd G. Owsley, DDS, MD

Private Practice

Carolina Surgical Arts

Greensboro, North Carolina

Chapter 32 Otoplastic Surgery for the Protruding Ear

Hyung-Sik Park, DDS, MSD, PhD

Professor, Department of Oral and Maxillofacial Surgery

College of Dentistry

Yonsei University

Seoul, Korea

Chapter 4 Transoral Vertical Ramus Osteotomy (TOVRO)

Ceib Phillips, MPH, PhD

Professor, Department of Orthodontics

University of North Carolina

Chapel Hill, North Carolina

Chapter 2 The Biologic, Physiologic and Psychosocial Basis of Facial

Skeletal Surgery

Jeffrey C. Posnick, DMD, MD, FRCS(C), FACS

Director, Posnick Center for Facial Plastic Surgery

Chevy Chase, Maryland

Clinical Professor, Surgery and Pediatric

Georgetown University

Washington, D.C.

Adjunct Professor of Orthodontics, Baltimore College of Dental Surgery

University of Maryland

Baltimore, Maryland

Chapter 45 Craniofacial Dysostosis Syndromes: Evaluation and Staging

of Reconstruction

Chapter 47 Treacher Collins Syndrome: Evaluation and Staging

of Reconstruction

David S. Precious, CM, DDS, MSc, FRCDC, FACD, FRCS (England)

Dean and Professor, Oral and Maxillofacial Surgery

Dalhousie University

Halifax, Nova Scotia, Canada

Chapter 5 Genioplasty

Johan P. Reyneke, BChD, MChD, FCMFOS(SA), PhD

Honorary Professor, Department of Oral and Maxillofacial Surgery

Faculty of Health Sciences

University of Witwatersrand

Johannesburg, South Africa

Clinical Professor, Department of Oral and Maxillofacial Surgery

University of Oklahoma

Oklahoma City, Oklahoma

Chapter 12 Rotation of the Occlusal Plane

Pat Ricalde, DDS, MD

Director, St. Joseph's Children's Craniofacial Center

Tampa, Florida

Adjunct Professor, Department of Oral and Maxillofacial Surgery

University of Maryland

Baltimore, Maryland

Chapter 40 Management of the Cleft Maxilla

Ann M. Ritter, MD

Clinical Attending, Pediatric Neurosurgery

Virginia Commonwealth University Health System

Richmond, Virginia

Chapter 44 Nonsyndromic Craniosynostosis: Diagnosis and Contemporary Surgical Management

Ramon L. Ruiz, DMD, MD

Director, Pediatric Craniomaxillofacial Surgery

Pediatric Oral and Maxillofacial Surgery

Arnold Palmer Hospital for Children

Orlando, Florida

Clinical Assistant Professor, Oral and Maxillofacial Surgery

University of North Carolina

Chapel Hill, North Carolina

Adjunct Instructor, Oral and Maxillofacial Surgery

University of Florida

Gainesville, Florida

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Chapter 46 Oculoauriculovertebral Spectrum: Staged Reconstruction

Rafael Ruiz-Rodriguez, DDS

Professor and Chair, Department of Oral and Maxillofacial Surgery

Universidad Nacional Autonoma de Mexico (UNAM)

Mexico City, Mexico

Chapter 36 Repair of the Unilateral Cleft Lip: A Comparison of Surgical Techniques

Andrew T. Ruvo, DMD, MD

Private Practice

Oral and Maxillofacial Surgery Associates

Chapel Hill, North Carolina

Chapter 16 Model Surgery

Debra Sacco, DMD, MD

Private Practice

Oral and Maxillofacial Surgery Associates

Chapel Hill, North Carolina

Chapter 21 Ambulatory Orthognathic Surgery

Andrew R. Salama, DDS, MD

Assistant Professor, Baltimore College of Dental Surgery

University of Maryland Dental School

Baltimore, Maryland

Chapter 48 Craniomaxillofacial Surgery for Pathology in the Pediatric Patient

Nick Savastano, DMD

Private Practice

Orthodontics

Orlando Cleft Lip and Palate Team

CMS Cleft Lip and Palate Team

Lake Mary, Florida

Chapter 40 Management of the Cleft Maxilla

Stephen A. Schendel, MD, DDS, FACS

Professor Emeritus of Surgery

Division of Plastic Surgery

School of Medicine

Stanford University

Palo Alto, California

Chapter 17 Soft-Tissue Changes and Predictions of Orthognathic Surgery

Paolo Scolozzi, DMD, MD

Associate Professor, Division of Oral and Maxillofacial Surgery

Centre Hospitalier Universitaire Vaudois

Lausanne, Switzerland

Associate Professor, Division of Maxillofacial and Oral Surgery

Hôpitaux Universitaire de Genève

Genève, Switzerland

Research Fellow, Stanford University School of Medicine

Palo Alto, California

Chapter 17 Soft-Tissue Changes and Predictions of Orthognathic Surgery

J. Robert Scully, DDS, MS

Oral and Maxillofacial Surgery

Private Practice

Asheville, North Carolina

Chapter 10 Transverse Maxillary Distraction Osteogenesis

Chapter 16 Model Surgery

M. Brent Seagle, MD

Division Chief, Plastic and Reconstructive Surgery

College of Medicine

University of Florida

Gainesville, Florida

Chapter 37 Cleft Palate Repair—Concepts and Controversies

Imad E. Shami, DMD, DDS

Former Fellow in Craniofacial Surgery

Charleston Area Medical Center

Charleston, West Virginia

Private Practice

Minneapolis, Minnesota

Chapter 36 Repair of the Unilateral Cleft Lip: A Comparison of

Surgical Techniques

Jocelyn M. Shand, MBBS, MDSc, BDS, FRACDS(OMS), FDSRCS(Eng)

Department of Plastic and Maxillofacial Surgery

The Royal Children's Hospital of Melbourne

Victoria, Australia

Chapter 43 Craniomaxillofacial Surgery in the Pediatric Patient: Growth and Development Considerations

Alessandro Silva, DDS, MS, PhD

Fellow, Division of Maxillofacial Surgery

Kaiser Permanente Hospital

Oakland Medical Center

Oakland, California

Private Practice

San Paulo, Brazil

Chapter 20 Complications with Orthognathic Surgery

Kevin S. Smith, DDS

Clinical Associate Professor and Residency Program Director

Department of Oral and Maxillofacial Surgery

University of Oklahoma

Co-Director

J.W. Keys Cleft and Craniofacial Clinic

Oklahoma City, Oklahoma

Chapter 36 Repair of the Unilateral Cleft Lip: A Comparison of Surgical

Techniques

Chapter 38 Presurgical Dentofacial Orthopedic Treatment for Clefting

Chapter 49 Distraction Osteogenesis of the Craniomaxillofacial Skeleton

R. Gregory Smith, MD, DDS

Director, Ponte Vedra Cosmetic Surgery

Adjunct Clinical Assistant Professor, Maxillofacial Surgery

University of Florida and Shands Hospital

Jacksonville, Florida

Chapter 30 Hair Transplantation

Kathleen K. Sulik, PhD

Professor, Department of Cell and Development Biology

University of North Carolina

Chapel Hill, North Carolina

Chapter 34 Orofacial Embryogenesis: A Framework for Understanding

Clefting Sites

Tinerfe J. Tejera, DMD, MD

Private Practice

Southwest Florida Oral and Facial Surgery

Fort Myers, Florida

Chapter 32 Otoplastic Surgery for the Protruding Ear

Paul S. Tiwana, DDS, MD, MS

Assistant Professor, Oral and Maxillofacial Surgery, School of Dentistry Associate, Departments of Surgery and Pediatrics, School of Medicine Chief, Pediatric Oral and Maxillofacial Surgery, Kosair Children's Hospital The University of Louisville

Louisville, Kentucky

Chapter 9 Subcranial Le Fort III Osteotomy and Modified Le Fort III
Osteotomy

Chapter 41 Cleft Orthognathic Surgery

Timothy A. Turvey, DDS

Professor and Chair, Department of Oral and Maxillofacial Surgery

School of Dentistry

University of North Carolina

Chapel Hill, North Carolina

Chapter 2 The Biologic, Physiologic, and Psychosocial Basis of Facial Skeletal Surgery

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Edwin R. Valencia, DDS, MSc

Professor and Chairman, Department of Oral and Maxillofacial Surgery

University of Valparaiso

Valparaiso, Chile

Chapter 8 Le Fort I Segmental Osteotomy

Joseph E. Van Sickels, DDS

Professor and Division Chief, Oral and Maxillofacial Surgery

College of Dentistry

University of Kentucky

Lexington, Kentucky

Chapter 11 Combined Maxillary and Mandibular Osteotomies

Brian A. Vandersea, DDS

Private Practice

Oral and Maxillofacial Surgery Associates

Adjunct Assistant Professor

Department of Oral and Maxillofacial Surgery

University of North Carolina

Chapel Hill, North Carolina

Chapter 16 Model Surgery

Peter D. Waite, MPH, DDS, MD

Professor and Chairman

Department of Oral and Maxillofacial Surgery

Endowed Charles McCallum Chair

University of Alabama

Birmingham, Alabama

Ingeborg M. Watzke, DMD, MD, PhD

Professor and Chair, Department of Oral and Maxillofacial Surgery

Mund- Kiefer- und Gesichtschirurgie

SMZ-Ost Donauspital

Vienna, Austria

Chapter 3 Sagittal Split Osteotomy

Michael J. Will, DDS, MD, FACS

Medical Director, Will Surgical Arts

Urbana, Maryland

Chapter 31 Facial Chemical Peels, Botox, and Skin Enhancement

Larry M. Wolford, DMD

Clinical Professor, Department of Oral and Maxillofacial Surgery

Texas A&M University System Health Science Center

Baylor College of Dentistry

Dallas, Texas

Chapter 13 Facial Asymmetry: Diagnosis and Treatment Considerations

Chapter 19 Postsurgical Patient Management

David J. Zajac, PhD, CCC-SLP

Associate Professor, University of North Carolina Craniofacial Center Chapel Hill, North Carolina

Chapter 39 Evaluation and Management of Speech Disorders for the Patient with Cleft Palate

FOREWORD

The breadth and scope of this book in three volumes evokes wonderful memories of another era for me. When I first became head of the oral surgery residency program at our institution in 1956, there were no guidelines, as we have today, for the educational content or range of surgical procedures to be included in the curriculum. Knowledge and procedures were usually taught at the level of practice in the community. The most worthy surgeon and author at the time was Kurt Thoma, whose two volume second edition of Oral Surgery, 1952, comprised of 10 parts that included 47 chapters on contemporary and leading-edge oral surgery, was in every respectable practitioner's library. The book included fresh information relative to everyday office needs and just enough edgy, bold surgery, such as open reductions of fractures and condyles, to make for engrossing reading. There was nothing in that age to even closely rival his monumental and inspirational work. I kept the table of contents of Thoma's book before me at all times. If a surgical procedure or treatment method was included in the book, it became a part of the training of our residents. It became our curriculum. And here we have the same attractiveness in Fonseca's, Marciani's, and Turvey's book, which is early the same—but, contemporary, with more authors and a far wider scope. There is no merit in comparing the books, which are two generations apart. But the point is, if there were a need to start a new education program in the specialty today with nothing more than this book as a guideline for a curriculum, and the program could deliver education at the level and reach described in the book, the program would be flooded with applicants.

The ambition and organization of this book—covering the full scope of oral and maxillofacial surgery—is remarkable not only for its huge content, but because it introduces a new generation of knowledgeable contributors to the specialty. The book has many known and authoritative colleagues with respected academic affiliations, who are at their best in their writings. However, it is the new breed, largely still in training or private practice with adjunct university positions bringing front-line experience to the pages, that is exciting. We are accustomed to thinking that new advances and scholarship are the provenance of seasoned workers in universities and hospitals. But it is the growing underground of dedicated, amateur scholars still in residency or fellowship training or early in private practice or academia who have discovered that the joy of learning and writing is a big reward for the revelations of their exciting, young work. Even though Fonseca, Barber, Costello, Dembo, Gregg, Jensen, Smith, Marciani, Carlson, Braun, Alpert, Dierks, Ghali, Hudson, Helman, Indresano, McCoy, Mercuri, Ochs, Swift, Williams, Turvey, Waites, Epker, Frost, Guerrero, O'Ryan, Posnick, Prescious, Reyneke, Schendel, Van Sickels, and Wolford are rightfully big attractions of the book, be prepared for fulfillment in reading the work of a host of fresh names, which will soon be well known to you. The editor is commended for bringing this nascent talent to the book.

Beyond surgery, there is a valuable and needed section of the book devoted to practice management with expert coverage of the aggravations, which are a part of current practice. These partially include office management, accreditation of surgicenters, credentialing and hospital privileging, office design, coding, insurance, and third party payers and risk management. There is much to appreciate in this solid address of the business of the specialty.

There is always more to learn in the world of oral and maxillofacial surgery than any of us has time to achieve or do. Today's immense, expanding frontier of knowledge, procedures, and technology pertinent to the specialty is so vast that we now need a lifetime even to penetrate the body of scholarship and skills at hand. These are reasons why an encyclopedia of the kind compiled by Fonseca, with assistance from Marciani and Turvey, is so comforting as an immediate, all-embracing resource to what is current and important to everyone captivated by oral and maxillofacial surgery—or even as an emergency curriculum.

This is a *big* book with an ambitious scope that will appeal to a large readership engaged in oral and maxillofacial surgery. It is not for the person described by Beecher:

"If a man has come to that point where he is so content that he says,
'I do not want to know any more, or do any more or be any more,'
he is in a state in which he ought to be changed into a mummy."²

No one will remotely suggest that the editor of this marvelous book be relegated to that state. He does things—and he does them *well*. He has an amazing and enviable record in the production of excellent, multiple-authored, surgical tomes. He has outdone himself with this one.

Robert V. Walker, DDS, FFDRSC(I), FDSRCS(E)
Professor Emeritus and Past Chairman
Division of Oral and Maxillofacial Surgery
University of Texas Southwestern Medical Center
Dallas, Texas

¹Thoma K: Oral Surgery, ed. 2, St. Louis, 1952, The C.V. Mosby Co.

 $^{^2\}mbox{Beecher HW: in Thoughts on Leadership, The Forbes Leadership Library, Chicago, 1995, Triumph Books, p.17.$

PREFACE

It is our privilege to present the second edition of *Oral and Maxillofacial Surgery*. This multiauthored, comprehensive text will be presented in three volumes. The first edition, published in 2000, was well received; but 8 years later, with all the extensive changes in techniques and technology, we felt that a second edition was overdue. Drs. Marciani and Turvey have been brought on board to bring together the best minds to create a contemporary and comprehensive text. They have recruited section editors who have worked tirelessly to ensure that the authors submitted chapters that reflected the state of the art in their area of responsibility.

This book is a comprehensive resource on oral and maxillofacial surgery, examining the full scope of the field, including dentoalveolar surgery, orthognathic surgery, trauma surgery, surgical pathology, temporomandibular joint surgery, dental implantology, cosmetic surgery, cleft and craniofacial surgery, and reconstructive surgery. Every surgical procedure performed by oral and maxillofacial surgeons today is covered in detail. The set's greatest strength is its comprehensive grasp of the subject. This multivolume text provides solid coverage of a wide range of issues related to surgical care, such as anesthesia, diagnostic imaging, treatment planning, rehabilitation, physical therapy, and psychological considerations. We have included additional content in diagnosis, treatment planning, and surgical decision making. There are more than 80 new chapters in three volumes.

Volume I covers anesthesia, dentoalveolar and implant surgery, and office management. Although all sections have new material, the area of implant surgery has undergone the greatest change since the first edition was published. Dr. H. Dexter Barber has recruited an outstanding group of contributors who present current techniques and technology related to this discipline. Drs. John Matheson and Raymond J. Fonseca

also elicited contributions from authorities in the other sections of this volume.

Dr. Robert Marciani was in charge of editing Volume II. He recruited Dr. Eric Carlson to oversee the section on surgical pathology and Dr. Thomas Braun to edit the section on the temporomandibular joint. These three individuals recruited top-notch authors who have covered their area of responsibility comprehensively. The chapter on bisphosphonate-related osteonecrosis of the jaws is not only timely, but informative. The diagnosis and management of facial pain is presented in this section and complements Dr. John M. Gregg's chapter in Volume I on chronic maxillomandibular pain, head and neck pain, and TMJ pain. Dr. Marciani has assembled a variety of specialists to cover the complete gamut of maxillofacial and head and neck trauma.

Volume III has been organized by Dr. Timothy Turvey. He recruited Drs. Bernard J. Costello and Ramon L. Ruiz to oversee the cleft and craniofacial sections, and Dr. Peter D. Waite to oversee the esthetic surgery section. Dr. J. Robert Scully assisted Dr. Turvey in editing the orthognathic surgery section. Perhaps the greatest improvement in this volume is an added emphasis on diagnostic and treatment planning. The esthetic surgery and cleft and craniofacial surgery sections have been expanded in scope and depth.

After an analysis of the changing field of oral and maxillofacial surgery, we strove to present a comprehensive, current book that defined the present scope of our specialty. We hope that the reader appreciates and agrees with our efforts. We stated in the preface of the first edition that we hoped that our future attempts will present an even broader scope of oral and maxillofacial surgery. The fact that this edition has succeeded in that regard is a testament to the individuals who are constantly expanding the envelope.

ACKNOWLEDGMENTS

The second edition of *Oral and Maxillofacial Surgery* is a team effort. Drs. Robert Marciani and Timothy Turvey were tireless in their efforts to improve on the first edition. They brought numerous authors on board who added depth and breadth to this edition. The section editors were equally invaluable contributors to the success of this effort. Drs. H. Dexter Barber, Thomas W. Braun, Eric R. Carlson, Bernard J. Costello, John Matheson, Ramon L. Ruiz, J. Robert Scully, and Peter D. Waite diligently pestered authors so that deadlines could be *almost* met. This edition attempts to comprehensively define the scope of oral and maxillofacial surgery

and could not have come to fruition without all these contributors.

Residents are the lifeblood of our specialty. Many have contributed portions of chapters in this book. They also have provided us with friendship, dedication, intellectual stimulation, and humility, without which this book would not have been written.

Last, we would like to thank all the staff who helped prepare these manuscripts and the editorial staff at Elsevier, who were so patient with our procrastination, and meticulous in their development and editing of this book.

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CHAPTER 1

EVALUATION OF THE FACE

Bruce N. Epker

The face is a complex and dynamic structure that must be carefully evaluated before any surgical intervention. Appreciation of the composition of the soft tissues, the importance of supporting skeletal and dental structures, and the interrelationship between static and functioning positions adds to the complexity. Compounding this complexity is the effect of the growth and aging process of the facial tissues. Surgical intervention at any time during the life cycle makes changes based on the surgical time referent, but other natural effects continue to mold the result over time. Understanding the predicted soft- and hard-tissue changes occurring during life is critical for surgeons responsible for making facial changes.

It is the purpose of this chapter to discuss the contributions of soft tissues and skeletal and dental structures to facial appearance and to provide insight into the evaluation of each, including the effects of aging on the soft tissues and skeletal and dental supporting structures. Also included in this chapter is a section on facial growth.

This chapter is divided into four basic sections: clinical evaluation of the face, cephalometric evaluation of the facial skeleton, evaluation of the occlusion, and evaluation of facial-skeletal growth. In each of these sections I will discuss evaluation in a pragmatic fashion. At the end of each of the first three sections I will conclude with a discussion of how the various tissues of the face change with aging.

It is of relevance that not every patient seen undergoes all four levels of evaluation. Level 4, Facial Skeletal Growth, is obviously confined to those younger than 18 years of age. Similarly, when an adult with a retrusive mandible is being evaluated, the performance of the Detailed Regional Facial Features assessment is relevant only with regard to the perioral evaluation. Also, most patients who undergo cosmetic facial surgery are candidates for an inclusive clinical evaluation of the face but not usually a level 2, 3, or 4 evaluation.

In sum, the specific concerns and patient presentation guide the judicious use of the four levels of evaluation discussed herein. Finally, a brief evaluation of the face form is used to record only abnormalities detected during these examinations.

■ CLINICAL EVALUATION OF THE FACE

The clinical evaluation of the face is the most important of all evaluations of the face because the clinical evaluation is always the primary determinant of basic treatment recommendations.

Clinical examination of the face is separated into four basic evaluations: facial skin type, facial skin health, general facial anthropometric proportions, and detailed regional facial evaluations, such as the periorbital, nose, and perioral areas.

EVALUATION OF FACIAL SKIN TYPE

Although different proposals have been made over time with regard to classification of skin type, the Fitzpatrick skin typing system is the standard. This skin typing system categorizes skin as type 1 through type 6, based primarily on skin color and the skin's response to sunshine. To simplify skin typing, Table 1-1 is used. The importance of skin typing relates primarily to the following practical matters:

- Level of sun protection recommended for the patient
- Patient's susceptibility to actinic photodamage (aging)
- The modalities of therapy that are appropriate for the patient's type of skin

For example, skin type 1 is extremely sensitive to actinic photodamage, and therefore individuals with this type of skin ideally would use a higher sun protection factor (SPF) sunscreen daily for sun protection. Moreover, with a skin type 5 or 6 it would not be generally recommended that $\rm CO_2$ laser resurfacing or deep chemical peels be done, owing to the high incidence of problems with hypopigmentation and/or hyperpigmentation.