

2009年江苏省高等学校评优精品教材

College English Extensive Listening (Second Edition)

大学英语 泛·听 (第二版)

▶ 第三册

总主编: 李宵翔 肖 飞

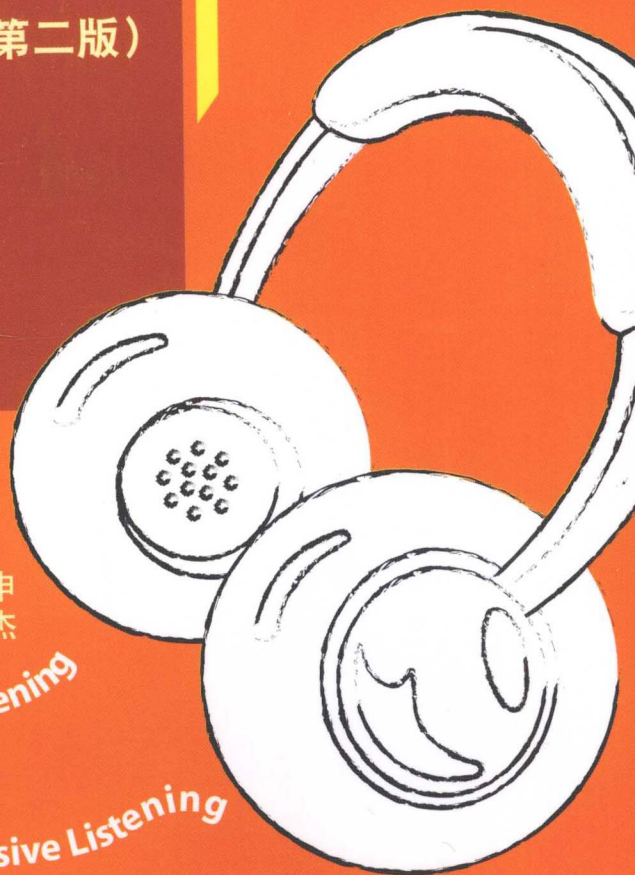
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College English Extensive Listening
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外语教学与研究出版社

FOREIGN LANGUAGE TEACHING AND RESEARCH PRESS

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江苏工业学院图书馆

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外语教学与研究出版社

FOREIGN LANGUAGE TEACHING AND RESEARCH PRESS

北京 BEIJING

图书在版编目(CIP)数据

大学英语泛听 = College English Extensive Listening. 第3册 / 李宵翔等主编; 程冷杰等分册主编; 丁燕卿等编. — 2版. — 北京: 外语教学与研究出版社, 2009.9
ISBN 978-7-5600-8983-6

I. 大… II. ①李… ②程… ③丁… III. 英语—听说教学—高等学校—教材 IV. H319.9

中国版本图书馆 CIP 数据核字 (2009) 第 164880 号

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出版发行: 外语教学与研究出版社

社址: 北京市西三环北路 19 号 (100089)

网址: <http://www.fltrp.com>

印刷: 北京爱丽龙印刷有限责任公司

开本: 787×1092 1/16

印张: 9.5

版次: 2009 年 9 月第 1 版 2009 年 9 月第 1 次印刷

书号: ISBN 978-7-5600-8983-6

定价: 19.00 元

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物料号: 189830001

前言

2007年7月,教育部颁布的《大学英语课程教学要求》明确指出:大学英语的教学目标是培养学生的英语综合应用能力,特别是听说能力,以便他们在今后的学习、工作和社会交往中能用英语有效地进行交际,同时增强其自主学习能力和提高综合文化素养,以适应我国社会发展和国际交流的需要。为此,《大学英语泛听》(第二版)在第一版的基础上,结合大学英语教学改革实践,对题材选择、练习形式、语言知识的覆盖面、常用词汇的重现率等进行了修订,旨在更好地提高学习者的听说能力。

《大学英语泛听》(第二版)紧紧围绕并充分体现教育部《大学英语课程教学要求》,重视语言基础知识,强调语言应用技能,将语言文化知识演示与交际技能训练培养相结合,以大量的交互式语言输入作为语言基础训练的手段,以信息差、信息形式转移等作为语言技能训练的重要方法。

《大学英语泛听》(第二版)将语言的输入与输出有机结合,融知识性、趣味性、时代性、实用性为一体,大量使用了原汁原味的语言素材,通过真实实用的语言输入,为学习者学习和使用地道的英语打下了坚实的基础。同时,在编排上,充分考虑了为达到一般要求和较高要求学生的需要,在总体难度梯度上做了适当控制,留有一定的跨度空间。

《大学英语泛听》(第二版)力求体现一个“泛”字。一是选材“泛”,涉及日常生活、社会习俗、历史、文化、体育、艺术、经济、教育和科技等方方面面。二是内容形式“泛”,所选材料包含简短对话、情景对话、短文、新闻报道、学术讲座等以及各种形式的练习。三是适用范围“泛”,可用于课堂教学,亦可作课堂教学的补充,创造英语学习的环境,活跃英语学习的氛围。另外,虽然《大学英语泛听》(第二版)主要是为非英语专业大学生设计的,但它也适用于英语专业低年级大学生、涉外机构工作人员、外贸企业员工和其他英语自学者。

恳请使用者对本书中出现的问题提出宝贵意见和建议,以便再版时改进。

《大学英语泛听》(第二版)编委会

2009年4月

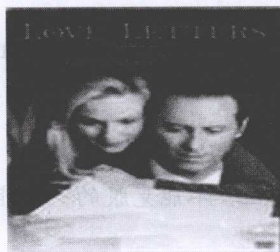
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Section I News



Words and Expressions

outlaw /'aʊtlɔ:/ v. 宣布……为不合法

seal /si:l/ v. 决定

plight /plait/ n. 困境

amendment /ə'mendmənt/ n. 修正案

homosexual /,hɒməu'seksjuəl/ adj. 同性恋的

lesbian /'lezbiən/ adj. 女性同性恋的

I. Directions: In this section you will hear four pieces of news and each of the following statements are based on one of them. Listen to the news and decide whether the statements are true (T) or false (F).

- () 1. In India, at least 50,000 Indian children get married each year.
- () 2. Britain's king-in-waiting, Prince Charles, is widely blamed for his second marriage.
- () 3. The commitment of a husband and a wife to love and to serve one another promotes the stability of society.
- () 4. Xie read aloud all the love letters her husband sent her while they were dating.

II. Directions: Listen to the news again and answer the following questions.

1. What is the legal age to get married in India?

2. What's Prime Minister's attitude toward Prince Charles' engagement with Camilla Parker Bowles?

3. What does President Bush want to do with homosexual marriage?

4. How many love letters did Li send Xie while they were dating?

Section II Culture and Life

Words and Expressions

UNESCO /ju:'neskəʊ/ *abbr.* 联合国教科文组织 (United Nations Educational, Scientific, and Cultural Organization)

spatial /'speɪʃəl/ *adj.* 空间的

intern /'ɪntɜ:n/ *n.* 实习生

insurmountable /,ɪnsə'maʊntəbl/ *adj.* 不能克服的; 不能超越的

escort /'eskɔ:t/ *v.* 护送

overwhelm /,əʊvə'hwelm/ *v.* 淹没; 压倒

I. Directions: *The spatial and cultural gap that separated the Chinese boy and the American girl for most of their lives might seem insurmountable, but that did not stop them from marrying. Listen to the passage and arrange the following sentences according to the sequence of the passage you have heard.*

1. Judy returned to China, this time to visit Liu. They had such a good time in Hefei.
2. Worried that Judy would get lost in the strange city, Liu waited for her at her hotel and then escorted her to the railway station.
3. Judy was at a loss as to how to mail her research report back to the United States. When Liu, a security guard, approached and offered to help her.
4. Liu told Judy exactly how to get to the railway station to take a train to Huangshan Mountain.
5. Jude mailed Liu a post card from Huangshan Mountain to express her gratitude.
6. Liu brought Judy back to his home village. The American girl, who was fascinated by Chinese folk culture and had studied the Chinese language for many years, loved the experience. She helped harvest crops, cook and even learnt how to make dumplings.
7. They kept in close contact by letter and gradually became good friends.
8. Judy eventually had to return to the United States to work for five years.
9. Judy returned to China and Liu decided to ask her to marry him.

() → () → () → () → () → () → () → () → ()

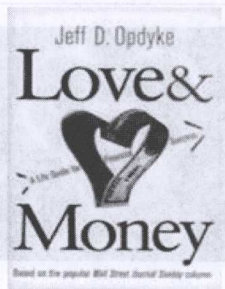
II. Directions: *Listen to the passage again and answer the following questions.*

1. What is made by spatial and cultural gap?

2. What was Liu's job when he met Judy?

3. What is his job now?

Section III Lecture



Words and Expressions

predictable /prɪ'dɪktəbl/ *adj.* 可预言的

cliché /'kli:ʃeɪ/ *n.* 陈词滥调

lottery /'lɒtəri/ *n.* 抽彩给奖法

consistently /kən'sɪstəntli/ *adv.* 一贯地; 经常

I. Directions: Can money buy happiness? A survey conducted by the “World Database on Happiness” makes it clear that there is not a strong connection between material wealth and general contentment. Listen to the passage and decide whether the following statements are true (T) or false (F).

- () 1. Many people still cling to the belief that gaining riches will be the answer to all their problems, yet they are probably mistaken.
- () 2. After the lottery winners initial joy had worn off, previously contented people continue to be contented, while those who were miserable before sink back into misery.
- () 3. Apparently, people in India and Russia are very happy; people living in America, Canada, and Singapore, not surprisingly, are not happy.
- () 4. The web site suggests that two of the situations that bring the greatest happiness are falling in love and having children.
- () 5. It is too difficult to tell whether technology can truly make people happy.

II. Directions: Listen to the passage again and fill in the blanks with the information you have heard.

Other surveys consistently point to the importance of relationships. 1. _____ in particular seem to be the key to long-term contentment.

The web site suggests that 2. _____ and 3. _____ are two of the situations that bring the greatest happiness.

Nowadays people look to technology as an alternative source of satisfaction. People increasingly spend more time alone 4. _____ or 5. _____ rather than spending time with family. Can technology truly make people happy? It is too difficult to tell, but one thing is sure: If the web site's research 6. _____, time spent with 7. _____ is a better investment than time 8. _____.

Section IV Further Listening



Words and Expressions

insane /ɪn'seɪn/ *adj.* (患)精神病的
 euphoria /juː'fɔːrɪə/ *n.* 心情愉悦
 immune /ɪ'mjuːn/ *adj.* 免疫的
 stability /stə'bɪlətɪ/ *n.* 稳定性

I. Directions: A study by Professor Semir Zeki of University College London has found that love does affect people's brains—by making them feel great. Listen to the passage and match the people in Column A with the statement in Column B.

A

Zeki

Dr. Thomas Lewis

Professor Antonio
Damasio

B

(1) the brain can only maintain the overall stability of a person's immune system, bodily rhythms, and heart

(2) love nourishes a person's imagination and creativity, and makes a person's body work better.

(3) when they were looking at photos of their loved ones, there was heightened activity in four areas of their brains.

II. Directions: Listen to the passage again and fill in the blanks with the information you have heard.

Interestingly, the study also found 1. _____ when the volunteers looked at their lovers' photographs. One of these areas is linked to feelings of sadness, while the other is often 2. _____. It seems love really can be uplifting.

The state of being in love, 3. _____, may actually be good for your health. Although scientists know that being in love can 4. _____, the precise influence of love on a person's health 5. _____. However, scientists say that people do need love in order to 6. _____.

Section V Appreciation

Directions: Please listen to the following movie clippings from *Sex and the City*—a 1998-2004-made TV series about women and New York city. Read and imitate the scripts as vividly as possible.

Carrie: Five hours later, Charlotte's night was just beginning. She and Jack had just had another fantastic date—dancing for dyslexia.

Jack: So, what do you think of her? Is she hot?

Charlotte: Jack!

Jack: You're right. Maybe she's more your taste.

Charlotte: Stop it.

Woman: Have a light?

Charlotte: Sorry, I don't smoke.

Woman: That's a shame.

Jack: Did you see that? She was flirting with us.

Charlotte: I think she was flirting with you.

Jack: Charlotte, you are such a turn-on, and you have no idea. You're giving off this sexual energy all the time. A vibe like, you've got a fire inside of you. She'd be crazy not to be in to you.

Carrie: Who knows whether it was her vodka or her vibe but Charlotte suddenly did feel a little warm.

Charlotte: I think she put her hand on my leg.

Jack: So should I ask her to join us?

Charlotte: Do you think it means I should do it? Have a threesome? Jack says that I have a fire inside me.

Carrie: You tell him they make a cream for that.

Charlotte: I'm serious.

Carrie: I don't know, it's your call, but don't do it just to make Jack happy.

Charlotte: But maybe it would bring us closer.

Carrie: Sweetie, don't you think it's weird that you're thinking of sleeping with someone you don't know to get closer to Jack?

Charlotte: How well do we ever know the people we sleep with?

Carrie: That was the thing about Charlotte. Just when you were about to write her off as a Park Avenue Pollyanna, she'd say something so right on, you'd think she was the Dalai Lama.

Charlotte: Do you think my hair is too shiny today?

Carrie: And then, she'd say something else.

Charlotte: Do you?

Carrie: But the bigger question remained.

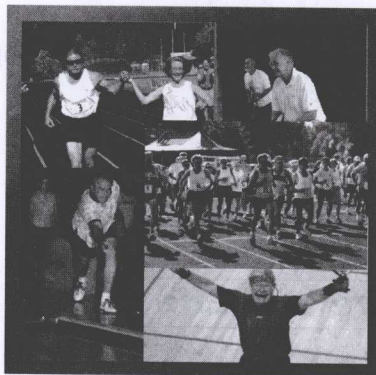
Section VI Oral Practice

Directions: *Some people say marriage is the graveyard of love, some say marriage is the beginning of a new chapter in life. What's your opinion?*

Useful words and expressions:

fall in love
 soul mate
 get engaged
 wedding ceremony (bride/bridegroom/honeymoon/marriage vows...)
 treat each other with kindness and respect
 enjoy each other
 take full responsibility for
 stay committed to
 feel deeply about each other
 putting one another first
 be open and honest
 communicate with each other
 treasure the time being spent together
 expect non-perfection, practice patience and give the acceptance
 marital success
 rush into marriage
 marry for the wrong reasons
 personal conflicts (guesswork/making assumptions/misunderstandings/frustration/indifference...)
 daily affairs
 go through marital difficulties
 be faced with challenges
 be incompatible
 compromise with each other
 feel lost, alone or bored in one's marriage
 be frustrated/hurt/angry with one's spouse
 break up
 divorce rate

Section I News



Words and Expressions

obese /əʊ'bi:s/ *adj.* (人) 过度肥胖的

diabetes /ˌdaɪə'bi:tɪz/ *n.* 糖尿病

I. Directions: Many Americans are facing serious health issues associated with unhealthy eating habits and a lack of exercise. With growing health concerns, more people are joining gyms for exercise. Listen to the news and finish the following exercises.

- Write down two reasons why more and more Americans go to gyms (mentioned at the beginning of the news).

- Fill in the blanks with appropriate numbers.

According to the American Obesity Association, _____ American adults are over weight, while _____ are obese.

- Besides diabetes, what are some other health issues that are caused by obesity?

II. Directions: Listen to the news again and choose the best answer for the following questions.

- According to Rad, an advertising consultant, which one is NOT the benefit of going to gyms?

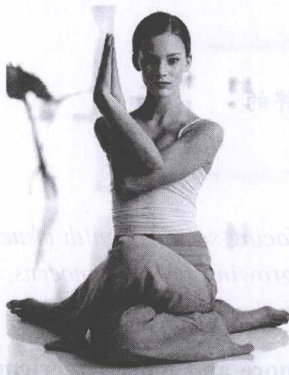
A. Making you feel healthier.

- B. Cutting down your weight.
- C. Giving you more energy.
- D. Letting you eat more of the food you want to eat.

2. Which one is TRUE according to fitness experts?

- A. It needs to take much time out of your schedule to go to the gym.
- B. You should go to different types of exercising classes.
- C. A minimal amount of everyday exercise will help keep a long and healthy life.
- D. It is necessary to go to gyms every day.

Section II Culture and Life



Words and Expressions

- meditation /ˌmedi'teɪʃən/ n. 深思, 沉思
- practitioner /ˌpræktɪ'ʃənə(r)/ n. 从业者, 实践者
- advocate /'ædvəkeɪt/ n. 拥护者; 倡导者

I. Directions: Yoga, a new form of exercise, has aroused enthusiasm in many fashionable people. It can keep healthy both physically and mentally. Listen to the passage and try to decide whether the following statements are true (T) or false (F). For those false ones, please CORRECT them.

() 1. Yoga belongs to the mainstream fitness method.

() 2. Yoga's origins lie in Hindu psychology.

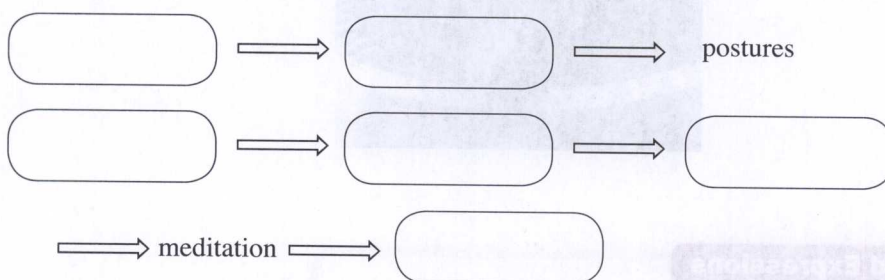
() 3. There exist eight major schools of yoga, each differing in its areas of emphasis.

() 4. Many famous people are known to be crazy about yoga.

() 5. At present, there is certainty about yoga and its effects.

II. Directions: Listen to the passage again to locate some detailed information.

1. There are EIGHT different stages a person has to go through in order to reach Yoga's ideal state of knowledge. What are they?



2. List at least four of the positive effects of Hatha Yoga.

a.
b.
c.
d.

3. Use one sentence to define Yoga either with your own words or the words you have heard in the passage.

Yoga is a _____ that _____.

Section III Lecture



Words and Expressions

shovel /'ʃʌvəl/ v. 铲；用铲掘起

pending /'pendɪŋ/ adj. 迫近的；待定的

nausea /'nɔ:siə/ n. 恶心

indigestion /,ɪndɪ'dʒestʃən/ n. 消化不良

inflammation /,ɪnflə'meɪʃən/ n. (医) 炎症

artery /'ɑ:təri/ n. 动脉

I. Directions: Heart disease is one of the biggest threats to human life. Listen to the passage and choose the best answer for the following questions.

1. How long have women experienced warning signs before a heart attack?

- A. At least a week.
- B. At most a month.
- C. At least a month.
- D. At most a week.

2. What is the use of the new score system?

- A. Some percent of heart attacks and strokes will not occur.
- B. It will help predict future risk of heart disease.
- C. The risk of further heart problems will be reduced.
- D. Whether your cholesterol levels are lower or high will be checked.

3. For Leslie Power, how does she reduce her risk of further heart problems?

- A. By understanding that she is at risk for heart disease.
- B. By lowering her cholesterol level.
- C. By exercising more and quitting smoking.
- D. By using the new score system.

II. Directions: Listen to the passage again and finish the following exercises.

1. The following listed are some symptoms mentioned in the passage. Please write the corresponding letters for each group.

A. chest pain	B. shortness of breath	C. anxiety	D. unusual fatigue
E. dizziness	F. trouble sleeping	G. indigestion	H. rapid heart beats

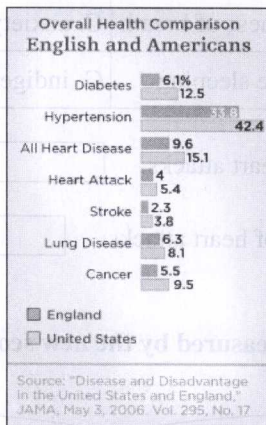
Group 1: general symptoms of heart attacks:

Group 2: symptoms for women of heart attacks:

2. Try to list four of the factors measured by the new score system.

<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>

Section IV Further Listening



Words and Expressions

socioeconomic /ˌsəʊsiəʊ,i:kə'nɒmɪk/ *adj.* 社会经济学的

respiratory /ˈrespəreɪtəri/ *adj.* 呼吸系统的

obesity /əʊ'bi:səti/ *n.* 过度肥胖

epidemic /ˌepɪ'demɪk/ *n.* 流行病

discrepancy /dɪs'krepənsɪ/ *n.* 差异, 不一致

counterpart /'kaʊntəpɑ:t/ *n.* 对应的人

I. Directions: A new study that surprises the researchers finds that English are healthier than Americans. Listen to the program and choose the best answer for the following questions.

1. What is the conclusion of a new study that has surprised the researchers?

- A. Poor people are healthier than rich people.
- B. Middle-aged people in England are healthier than middle-aged people in the United States.
- C. Middle-aged whites in England are much healthier than middle-aged whites in the United States.
- D. Poor people are less healthy than rich people.

2. Among the following diseases, which one is NOT the disease that more Americans have?

- A. Heart disease.
- B. High blood pressure.
- C. Respiratory disease.
- D. Diabetes.