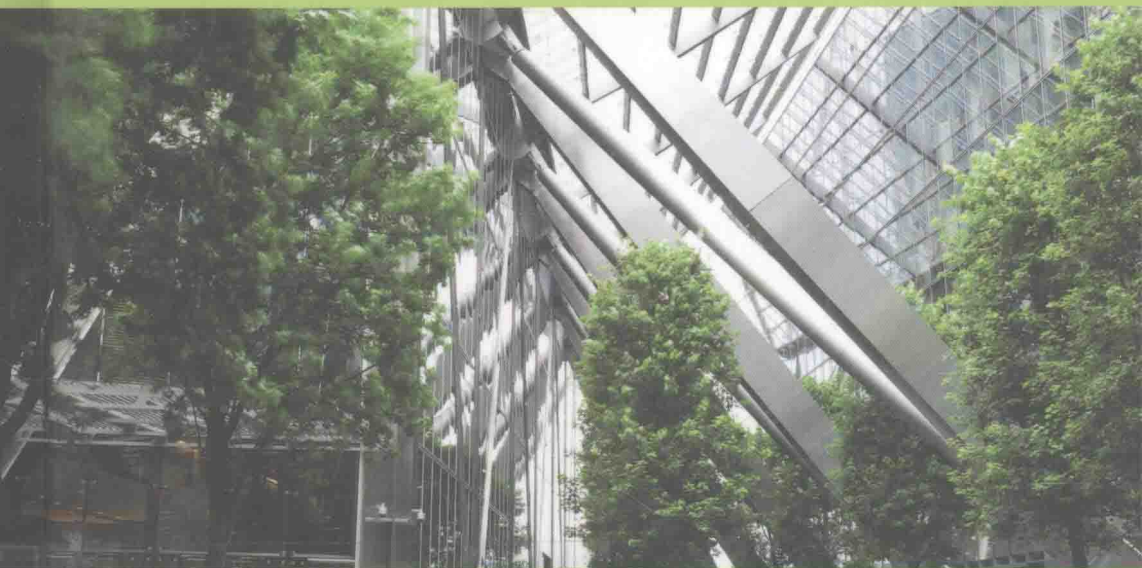


# Sustainability, Energy and Architecture

Case Studies in Realizing Green Buildings



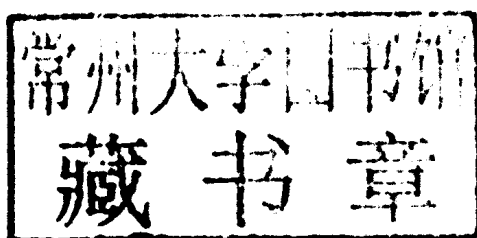
Edited by  
Ali Sayigh



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Case Studies in Realizing Green Buildings

Ali Sayigh



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## Preface

Sustainability, Energy and Architecture has been produced to serve architects, students and practitioners alike; a reference book for all those interested in buildings and their relationship to energy and the environment. Each of the 17 chapters has been written by a leading authority in their field. They highlight the practise of building design throughout the world, followed by critical analysis.

It is hoped that architects and builders will use and benefit from this world-wide experience and expertise. Both vernacular and modern architecture are addressed, and the text sets out the principles for architects to follow when designing buildings, giving full consideration to energy; whether embedded in the building materials or required to make the buildings comfortable for work or residence.

Special attention has been given to the GCC and the Middle East, where recent building development has, by and large, been erected for no rhyme or reason to solve the accommodation requirements of a large immigrant population of skilled and non-skilled workers, without thought for esthetic or planning constraints. Thankfully there are signs that this attitude is changing for the better.

The book also looks at the speed at which some regions of the world have changed from traditional buildings to modern skyscrapers and their neglect of the principles of sustainability.

The book includes more than 50 design case studies from the UK, The Netherlands, Germany, Italy, Sweden, Romania, New Zealand, Canada, the GCC, Iraq, Iran, Cuba and few selected countries from central and southern Africa.

As editor-in-chief, I am proud and honored to have worked with these eminent architects and building experts in putting forward this work of insight into building design, operation and experience.

**Ali Sayigh**

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**Prof Mohsen Aboulnaga**



He is an expert on Sustainable Development, Sustainability, Built Environment and Green Building. Dr Aboulnaga is a Professor of Sustainable Built Environment. His areas of competency including: strategy planning, policy development and tools, strategic environmental assessment, low-carbon society and scenarios, eco-friendly cities, green building policies and guidelines, renewable energy and climate change. In 2009, he was appointed Strategy & Policy Advisor – Environment & Infrastructure at The Prime Minister's Office of the UAE (February 2009 – March 2010). Prior to that, he held a position in the capacity of Strategy & Policy Advisor at The Executive Council, Government of Dubai from May 2007 to 2009. He was involved in

developing Dubai Government Strategic Green Building Policy and Dubai Heat Island and Orthophoto Flyover Project in collaboration with Lawrence Berkeley National Laboratory. Dr Aboulnaga is author and co-author of more than 60 published int'l refereed journal and conference papers and holds a Ph.D. in sustainable building Environments from The University of Leeds, U.K.

**Professor Khalid A Al-Sallal**



Dr Al-Sallal received a Master of Environmental Planning from Arizona State University in 1988 and a PhD from Texas A&M University at College Station in 1995. He has been teaching architectural engineering at the UAE University since 1996 and currently holds a professor rank. His area of expertise is architectural design with emphasis on building energy. His research has focused on building performance and simulation, carbon-neutral design and zero energy buildings. He is member of several organizations and societies and editor of few journals in the area of

architecture and environment and produced more than 40 publications in international refereed journals and specialized conferences. He designed several residential and public buildings including the Yemeni Ministry of Education in Sana'a and won architectural competition prizes for the design of the Yemen Kuwait Bank and the design of a commercial residential complex for the Yemeni Government in Sana'a. He received several awards for his work and design.

### **Arch Rahman Azari**



He is a PhD candidate in Built Environment at the University of Washington. With a background in architecture, he has researched on various aspects of green buildings including green project delivery, energy-efficiency in buildings, environmental life-cycle assessments of buildings, etc. The outcomes of his research have been published as research papers in proceedings of many international conferences.

### **Professor George Baird**



Dr George Baird is a Professor of Building Science at the School of Architecture, Victoria University of Wellington, New Zealand where he specialises in building environmental science and engineering services, building performance generally, and the energy efficient design and operation of buildings. At the Victoria University of Wellington School of Architecture he has been variously Director of Energy Research Group, Dean of Faculty of Architecture, Director of the Centre for Building Performance Research, and Associate Dean Research. He is currently a Fellow of the Chartered Institution of Building Services Engineers (UK), the Institution of Professional Engineers (NZ) and of the Institute of Refrigerating Heating and Air Con-

ditioning Engineers (NZ), and a Foundation Member of the Energy Management Association (NZ). He was recipient of the 1999 NZ Science and Technology Bronze Medal "For singular contribution to energy efficiency of New Zealand

buildings and to building performance research....”; ‘Pioneers of WREN Chairman’s Award’ of the World Renewable Energy Network for ‘contribution to the world of renewable energy through publications, teaching and promotion of renewable energy’. Author and co-authors of innumerable technical papers and case studies.

### **Professor Dania González Couret**



She is the Dean of Research, Faculty of Architecture, Havana, Cuba. Professor Couret she obtained her first degree in Architecture (ISPJAE, 1979); PhD (ISPJAE, 1994); Post-Doctoral Studies in Lund University (Sweden, 1997 and 1999); Doctor in Science (ISPJAE, 2007). Now, she is titular professor, and Vice Dean for Research and Postgraduate Education in the Faculty of Architecture in Havana. Prof Couret is President of the Academic Committee for PhD Program in Architecture and the Master Course in Social Housing. Vice President of the National Tribunal for PhD in Architecture and Urbanism, reviewer in Renewable Energy Jour-

nal and INVI (Housing Institute, University of Chile), and Member of the Jury in several international design competitions.

### **Dr Ruxandra Crutescu**



Born in Bucharest, Romania, Ruxandra Crutescu is a University Lecturer at the Faculty of Architecture, “Spiru Haret” University, Bucharest, and is the Head of the Research-Development-Innovation Department at Passivehaus Institut, Bragadiru, whose founder she is. Her contribution to the scientific activity consists of approx. 80 articles published in various scientific magazines or on the occasion of national and international scientific conferences and a number of books having as main subject the ecological architecture, the durable development in architectural matters, the use of renewable energies in buildings and architecture, in

order to reduce the greenhouse gas emissions and protect nature. As member of Architects’ Order of Romania. Active participant to the life of the Romanian and the international scientific community, she is Reviewer and Associate Editor for different Romanian and international publications.

### Dr Nada El-Zein



Nada is a naturalized US citizen who was born and raised in Beirut, Lebanon. She received her BS, MS, and PhD from the University of Illinois in Champaign-Urbana, IL and received the highest honors possible. While at U of I she was among a very select group of PhD candidates to study under the direct mentorship of Dr Nick Holonyak, the inventor of the LED. Nada subsequently worked at Motorola for 7 years where she was the R&D Manager for nanotechnologies. After Motorola she

joined EpiWorks where she led the overall R&D effort for this epitaxial wafer manufacturer which produces HBTs/FETs (compound semi-conductor transistors for wireless applications), and high-power lasers and detectors for telecom and military applications. After EpiWorks she left the R&D world and joined the international company AkzoNobel, In 2007 Nada left AkzoNobel to start LED Light Energy LLC, in the USA and is now heavily involved in the design, specification and installation of LED fixtures in various projects.

### Prof Dr Manuel Correia Guedes



Dept of Civil Engineering & Architecture Instituto Superior Tecnico, Lisbon, Portugal. Professor, Director of the Architectural Research Centre (ICIST-N8), Portugal. He is Director of the Architectural Research Centre of the Instituto Superior Tecnico (ICIST-Group 8). He is Responsible for several Disciplines of the courses of Architecture, Civil Engineering and Territorial Engineering. He is supervising several PhD and MSc students.

Participation in various research projects: Chief Coordinator of a COOPENER E.U. project (SUREAFRICA), National Coordinator of an ASIA-LINK project, Dr Guedes, participated in various international and national conferences, seminars and workshops. Published many papers and books. Since 1985

he participated in various projects, namely the Portuguese Pavilion in Seville's EXPO 92, two residential buildings in Vila Real, the competition for the National Assembly building, and the building of the Agronomy Faculty (UTL). He worked as an architect in several Portuguese architectural companies.



He published many articles and papers in the fields of bioclimatic architecture and the built environment.

### **Dr Neveen Hamza**



Dr Hamza first degree was in Architecture and a PhD in Building Science. She has been involved in teaching and researching building environmental design since 1997. Her research transcends the fictitious barriers between building performance as a science, and its socio-cultural values which should ideally fuse to express its architecture. She published several papers in conferences and journals on environmental simulation of buildings including the thermal performance double skin facades in hot arid areas, as well as researching pragmatic issues of how

building regulations affect the design team and setting policy for energy conservation in the mature built environments in the UK. She is a scientific reviewer in scientific journals including Energy, and Renewable Energy and also contributes on a number of scientific conference committees.

### **Ms Shawna Henderson**



Shawna Henderson, CEO of Bfreehomes, has been working in the field of energy-efficiency and housing since 1992. Her experience with the R-2000 and EnerGuide for Houses (ecoENERGY) programs, coupled with research carried out for Canada Mortgage and Housing Corporation (CMHC) and Natural Resources Canada, provides the backbone of Bfreehomes consulting services. Shawna has worked successfully with eight to fifteen home design clients each year since 1992, on such widely varied projects as load-bearing straw bale homes, double-wall new construction, standard stick framing and gut rehabs of older houses. In addition, she worked using renewable energy in buildings. In

2010, Shawna participated on the Information Subcommittee of the Ener Guide for Houses Rating Service Upgrade Process. In 2007, she participated on the Selection Committee for CMHC's EQUilibrium House Initiative. Shawna has published books and papers in about building technology.

### Professor Andrew Miller



Andrew Miller is Professor of Building Sustainability and Head of the Centre for Sustainability of the Built Environment (CSBE) in the School of Environment and Technology at the University of Brighton in the UK. He is also adjunct professor in the School of the Built Environment at Curtin University of Technology in Perth Australia. He is a chartered Building Services Engineer with over 30 years of experience in research related to the environmental performance of buildings. His research includes the embodied energy of materials, thermal performance of buildings in operation as well as recycling of materials at the end of the useful life of

the building. He is particularly interested in passive building design and in low carbon refurbishment of existing buildings.

### Prof Bahram Moshfegh



He studied at the Linköping University, Sweden, where he received a PhD degree in Energy Systems in 1992. He was appointed Professor of energy systems there in 2000. Professor Moshfegh is the Chairman of Division of Energy Systems at the Linköping University since 2000. He has been involved as expert for Swedish parliament and funding research council both nationally and internationally, member of the scientific committee for the Swedish Research School Energy Systems, member of the scientific committee and organization committee as well as invited speaker for many *International Conferences*. Referee for many international journals

and international conferences in the field of energy and building. Professor Moshfegh was the Chairman for the *World Renewable Energy Congress (WREC-2011)* on May 8–13, 2011 in Linköping, Sweden. Professor Moshfegh has authored or co-authored more than 150 papers and research reports mainly presented in international journals or at international conferences with referee.

**Professor Dr.-Ing. Helmut F.O. Müller, Architect**

1966–1971, Study of Architecture at University of Hanover and Stuttgart (Diploma), 1971–1972 DAAD scholarship at the London University College (School of Environmental Studies/Bartlett School) 1972–1982 Professional activity in design and research 1979-Doctor's Degree at the University of Stuttgart (Dr.-Ing.) 1982–1993 Professor at the Polytec of Cologne, Department of Architecture 1991–1997-Foundation and director of the Institute of Light and Building Technology at the Polytec of Cologne (ILB), 1993–2009 Univ. Professor, Chair of Environmental Architecture, Department of Building, University of Dortmund 1997–2005 General Manager, GLB, Gesellschaft für Licht und Bautechnik mbH, Dortmund since 2006, he was deputy chairman of FiTLicht e.V. Development Association Innovative Daylight Utilization. Since 2008, a director of Green Building R&D, Düsseldorf, Partner of office consortium, 4greenarchitecture, Düsseldorf. Member of board of directors, Schuermann Spänzel AG, Bochum.

1966–1971, Study of Architecture at University of Hanover and Stuttgart (Diploma), 1971–1972 DAAD scholarship at the London University College (School of Environmental Studies/Bartlett School) 1972–1982 Professional activity in design and research 1979-Doctor's Degree at the University of Stuttgart (Dr.-Ing.) 1982–1993 Professor at the Polytec of Cologne, Department of Architecture 1991–1997-Foundation and director of the Institute of Light and Building Technology at the Polytec of Cologne (ILB), 1993–2009 Univ. Professor, Chair of Environmental Architecture, Department of Building, University of Dortmund 1997–2005 General Manager, GLB, Gesellschaft für Licht und Bautechnik mbH, Dortmund since 2006, he was deputy chairman of FiTLicht e.V. Development Association Innovative Daylight Utilization. Since 2008, a director of Green Building R&D, Düsseldorf, Partner of office consortium, 4greenarchitecture, Düsseldorf. Member of board of directors, Schuermann Spänzel AG, Bochum.

**Professor Marco Sala**

Marco Sala, graduated from University of Florence in Architecture in 1972 is registered architect since 1973, Chairman of Marco Sala Associates, Architecture and Energy Consultants, he specialises in passive solar systems in architecture, environmental design and energy conscious building design. Full Professor in Architectural Technology at the University of Florence. Founder and Director of ABITA Inter-university Research Centre based in Florence University, Director of European Master ABITA in Sustainable Architecture, has extensive experience in European research projects, as group

leader and coordinator (JOULE, ALTENER, SAVE, VII FW, EIE) Fonder member of TIA (Teaching in Architecture Energy and Environment World Network). Published many papers and books in Architecture Practice.

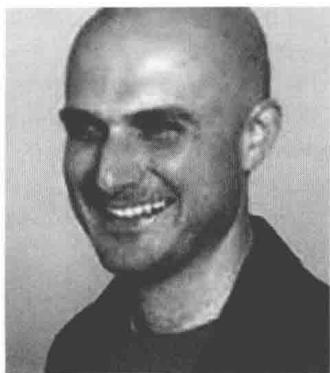
### **Professor Ali Sayigh, BSc, DIC, AWP, PhD, F Inst E, F IET, CEng**



Chairman and founder of World Renewable Energy Congress and Council which been held in 23 different countries up to now, Director General of World Renewable Energy Network (WREN) since 1990, Chairman, Founder of the Arab Solar Energy Society, Past Chairman of the UK Solar Energy Society, Director of Solar Seminars at ICTP-Trieste, Italy between 1977–1995, Professor and head of Solar Energy in Saudi Arabia, Kuwait, and Reading Universities from 1969 to 1994. Presently he is professor at the University of Hertfordshire. Founding member of the Arab Science and Technology Foundation (ASTF), Shaijah, UAE, Fellow of the Institute of Energy; Fellow of the Institution of Electrical Engineers; and Chartered Engineer. He published more than 400 papers and contributed and edited more than 30 books. He is editor and editor in

chief of several international journals including the one which he founded in 1983 Solar and Wind Technology. This journal in 1990 is called The International Journal of Renewable Energy which is published by Elsevier Science Ltd. He is Editor-in-chief of Comprehensive Renewable Energy, will be published in March 2012, by Elsevier Company. Prof Sayigh established with Sovereign Publications the annual Renewable Energy Magazine since 2000, Co Editor-in-chief of ICPSR Journal "ISESCO Vision of Science and Technology". Editor of International Journal of Environmental Sciences and Technology. He was Professor at King Saud University, Reading University and University of Hertfordshire (1978–2004). He graduated 32 PhD Students in various Engineering, Building Technology and renewable Energy. Prof Sayigh is chairman of Iraq Energy Institute. Editor-in-chief of Comprehensive Renewable Energy with 154 contributors.

### **Arch Nazar Sayigh**



He is Director of Architecture, Glas Architects. Nazar is a fully qualified architect and chartered member of the RIBA with over 14 years of professional experience. Prior to setting up Glas, he worked for a number of award-winning design firms including Buschow Henley Architects and Mary Thum Associates. More recently his firm has been responsible for some of South London's most distinctive and successful mixed use housing developments, including 1 Druid Street and 134–144 Southwark Bridge Road. Glas

currently undertake a wide range of design led projects from small commercial fit out schemes to large scale master planning exercises. Nazar is a member of Southwark Council's highly acclaimed Design Review Panel, a steering committee member of The World Renewable Energy Congress, an RIBA competition assessor and has been an invited guest critic at the Bartlett School of Architecture and East London University school of Architecture.

### **Dr Maryam Singery**



Maryam Singery is an assistant professor in Urban Studies at Islamic Azad University, Iran. She was born on February 02, 1976 the city of Tabriz, Iran. Presently Ph D, Urbanism (Candidate) at the Faculty of Art and Architecture, Science and Research Campus, Islamic Azad University, Tehran, Iran. She obtained her M.A in Architecture during (1996–2003) on Islamic Azad University, Tabriz Branch in Iran. Full time Staff Member of Architecture and art Department at Islamic Azad University, Tabriz Branch, central Instructor from 2002 up to this date. She participated in two International Congresses: the World Renewable Energy Congress IX, Aug 2006, Florence, Italy and the 2nd

PALENC Conference and 28th AIVC Conference, September 2007, Greece

### **Professor Wim Zeiler**



Wim Zeiler studied Mechanical Engineering (Design and construction; Methodical Design) at the Technische Universiteit Twente. In 1983 he started working in Kropman Building Services contracting, in which he currently holds the position of specialist building services technology. In 2001 he became full professor Building Services at the faculty of Architecture, Building and Planning at the Eindhoven University of Technology. His current research is on Integral Design, Agent technology, Climatic Design and Renewable Energy in the Built Environment. He is member of the board of advice of ISSO (Dutch society for stimulation of research on building services in

the Netherlands) and participated in many different committees and boards within the TVVL (the Dutch Society for Building Services in the Built Environment).

# Contents

Preface	xv
Authors' Biography	xvii

## 1. Dutch Efforts Towards a Sustainable Built Environment

*Wim Zeiler*

1.1	Introduction	1
1.2	Passive Houses	6
1.3	Types of Case Studies	7
1.4	The Veldhuizerschool Ede	10
1.5	Christiaan Huygens College: an Energy Plus School	10
1.6	Conventional Dutch Building Design	12
1.7	Energy Saving Techniques	13
1.8	Novel Design and Examples	14
1.9	The TNT Green Office	17
1.10	Sustainability	19
1.11	Diverse Sustainability Measures	20
1.12	Results of GreenCalc+ and LEED Assessment	20

## 2. Low Energy Approaches to Design-Led Schemes – Five Case Studies

*Nazar Sayigh*

2.1	Introduction	28
2.2	Case Studies 1 and 2 – Overview	28
2.2.1	33–134 Webber Street – Case Study 1	28
2.2.2	Stead Street Development, Southwark, London – Case Study 2	39
2.3	Case Study 3 – Overview	45
2.3.1	Multi-Purpose Hall, Tower House Scholl, Sheen, Richmond, London – Case Study 3	47
2.4	Case Studies 4 & 5 – Overview	61
2.4.1	Black Diamond House, Tutti Frutti, New Islington, Manchester – Case Study 4	61
2.4.2	Unit 2, The Light Works, Brixton, London – Case Study 5	69
2.5	Conclusion	77

### 3. Sustainable Construction Materials

*Andrew Miller and Kenneth Ip*

3.1	Introduction	79
3.1.1	World Resources	79
3.2	Demand for Construction Materials	80
3.3	Material Resources	81
3.4	Renewable Materials	81
3.5	Recycled Materials	82
3.6	Life Cycle Analysis	83
3.7	Embodied Energy	86
3.8	Gross Energy Requirement	86
3.9	Process Energy Requirement	86
3.10	Embodied Carbon	87
3.11	Natural Building Materials	88
3.11.1	Renewable Construction Materials: Timber	88
3.12	Short Rotation Renewable Materials	90
3.12.1	Hemp	91
3.13	Summary	91

### 4. The Sustainable Corporate Image and Renewables: From Technique to the Sensory Experience

*Neveen Hamza*

4.1	Introduction	93
4.2	Sustainable Innovation, or the Tried and Tested	94
4.3	The 20 <sup>th</sup> Century, the Corporate Image and Sustainability	96
4.4	The Techno-Centric Sustainable Building in the 21 <sup>st</sup> Century	98
4.5	The Sustainable Working Shed, Lion House, Alnwick, Northumberland, UK	99
4.5.1	Sustainable Architecture, An Experiential Sensory Approach	101
4.6	Experiencing Renewables in Building Skins	102
4.7	The Responsive Skin and Corporate Image	103
4.8	Increasing Facade Layers: Double Skin Facades as a Passive Measure and a Cultural Message	108
4.9	Sustainability as Haptic Experience	109
	Conclusions	109

### 5. Residential Deep Energy Retrofits in Cold Climates

*Shawna Henderson*

5.1	Introduction	113
5.2	Building Materials and Assemblies	117
5.2.1	The Cost of Insulation vs. the Cost of Fuel	118
5.3	Ventilation and Air Movement	119
5.4	Case Studies	120

5.4.1	Case Study: A Larsen Truss ‘Chainsaw Retrofit’, Regina, Saskatchewan	120
5.4.2	Case Study: Interior Above and Below Grade Insulation, Halifax, Nova Scotia	123
5.4.3	Case Study: Exterior Insulation Above Grade/Interior Insulation Below Grade, Halifax, Nova Scotia and Utica, New York	126
5.5	<b>Vision: Deep Energy Retrofits and Neighborhood Energy Systems</b>	129
5.6	<b>What Can We Do to Improve the Teaching of Architects?</b>	130

## 6. Sustainable Building for a Green and an Efficient Built Environment: New and Existing Case Studies in Dubai

*Mohsen Aboulnaga*

6.1.	<b>Introduction</b>	132
6.1.1.	The Dubai Story	135
6.2.	<b>Climate Change: Cities and Buildings</b>	136
6.3.	<b>Importance of Sustainable/Green Building</b>	138
6.4.	<b>Sustainability Regulations and Laws Contributing to Carbon Emissions Reduction</b>	141
6.4.1.	How does Dubai Measure Up?	141
6.4.2.	Europe	142
6.4.3.	The United Kingdom	142
6.4.4.	Australia	143
6.4.5.	New Zealand	145
6.4.6.	Dubai Green Building Policy	146
6.4.7.	Dubai’s Iconic Building—Burj Khalifa	147
6.5.	<b>Taxonomy of a Sustainable Building</b>	148
6.6.	<b>Green Buildings in Dubai, UAE</b>	150
6.6.1.	Case Studies—New Buildings	150
6.6.2.	Case Studies—Existing Buildings	157
6.7.	<b>Conclusions</b>	163

## 7. The LED Lighting Revolution

*Nada El-Zein*

7.1	<b>Introduction</b>	172
7.1.1	History of LED (Light Emitting Diode) Technology and a Brief Technical Background	172
7.2	<b>From LED Chips to Fixtures</b>	177
7.2.1	Thermal Management	177
7.2.2	Drivers (also Transformer and Power Supply)	178
7.3	<b>Optics</b>	178
7.4	<b>Fixture Body</b>	179
7.5	<b>Advantages and Features</b>	181



7.5.1	Long Operating Life	181
7.5.2	Environmentally Safe (no Mercury)	181
7.5.3	Significantly Reduced Heat Radiation	181
7.5.4	Flicker Free and Instant Turn on	182
7.5.5	Unaffected by Frequent on/off	182
7.5.6	Dimmability and Controllability	182
7.5.7	Durability	182
7.5.8	Minimal Light Loss	183
7.6	<b>Comparisons with Traditional Lighting</b>	183
7.6.1	Comparison with Halogen and Incandescent Lighting	183
7.6.2	Comparison with CFLs	184
7.6.3	Comparison with Fluorescent Tubes	185
7.7	<b>Architectural/General Illumination Applications</b>	186
7.7.1	Color Changing/Outdoor Wall Washing	186
7.7.2	Residential/Retail	187
7.7.3	Office Lighting	187
7.8	<b>Case Studies</b>	188
7.8.1	Argo Tea – Chicago and New York City, USA	188
7.8.2	Shangri-la Hotel, Abu Dhabi, UAE	188
7.8.3	Sons of the Revolution Museum, NYC, USA	190
7.8.4	Radisson Hotel, Dubai, UAE	191
7.9	<b>Future/Novel Designs Possible with LEDs</b>	192
7.10	<b>Conclusions</b>	193

## 8. Minimum Energy Housing in Cuba

*Dania González Couret*

8.1	Introduction	195
8.2	Life Cycle and Sustainable Buildings	196
8.3	Design Strategies in Warm and Humid Climates	198
8.4	The Urban Microclimate	201
8.5	Vernacular Architecture in Cuba	202
8.6	Modern Architecture in Cuba	207
8.7	<b>Present and Future</b>	210
8.7.1	Isolated, Rural and Suburban Housing	211
8.7.2	Multifamily Urban Housing	217
8.8	<b>Final Remarks</b>	224

## 9. Daylighting

*Helmut F.O. Müller*

9.1	Introduction	227
9.2	Characteristics and Availability	228
9.3	Photometric Units	229
9.4	Colors	230
9.5	Daylight Availability	231
9.6	Performance of Daylighting	234
9.7	Comfort and Health	234