

ANNUAL EDITIONS

Human Sexuality

03/04



A·N·N·U·A·L E·D·I·T·I·O·N·S

Human Sexuality 03/04

Twenty-Eighth Edition

EDITOR

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Lincoln College

Susan Bunting is a child, adolescent, and family counselor at Chestnut Health Systems, a consultant for Employment Development Associates, and an instructor in sociology and psychology at Lincoln College in Illinois. Dr. Bunting received her B.S. and M.S. in sociology and her Ed.D. in curriculum and instruction from Illinois State University. She has taught, counseled, trained, and developed curriculum in human sexuality, sexual abuse, substance abuse, domestic violence, self-esteem, child and human development, learning disabilities, behavior change, family, and intimate relationships. Dr. Bunting publishes pamphlets, instructional materials, articles, and books in these areas.

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6. Old/New Sexual Concerns

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Editors/Advisory Board

Members of the Advisory Board are instrumental in the final selection of articles for each edition of ANNUAL EDITIONS. Their review of articles for content, level, currentness, and appropriateness provides critical direction to the editor and staff. We think that you will find their careful consideration well reflected in this volume.

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To the Reader

In publishing ANNUAL EDITIONS we recognize the enormous role played by the magazines, newspapers, and journals of the public press in providing current, first-rate educational information in a broad spectrum of interest areas. Many of these articles are appropriate for students, researchers, and professionals seeking accurate, current material to help bridge the gap between principles and theories and the real world. These articles, however, become more useful for study when those of lasting value are carefully collected, organized, indexed, and reproduced in a low-cost format, which provides easy and permanent access when the material is needed. That is the role played by ANNUAL EDITIONS.

We all need to learn about sex. The healthy management of sex is essential to successful living and sex-happiness is a part of our total happiness.¹

Sex lies at the root of life, and we can never learn to reverence life until we know how to understand sex.²

We must eradicate sexual illiteracy.³

All sane people ought to know about sex nature and sex functioning.⁴

We believe that sexual knowledge can lead to reasoned, responsible interpersonal sexual behavior and can help people make important personal decisions about sex. In short, learning about sexuality is an invaluable preparation for living.⁵

You have just read the words of several prominent sexologists. What they have to say quite forcefully and dramatically about the subject and study of sex seems pretty similar, doesn't it? Well, they were written in 1891, 1919, 1967, 1982, and 1995. Can you guess which is which?

As readers of the twenty-eighth edition of *Annual Editions: Human Sexuality*, and as you embark on this twenty-first century study of sexuality, it is important for you to get a broader perspective on the issues by trying a few more "guess the era" questions. This time, however, we'll make it a little easier. Which advice was given by a clergyperson in 1968 and which in 1998?

We need more sex, not less, but we need sex with soul.⁶

It's smart to know what you need to know (about sex).⁷

How about these three looks at "today's" challenge of society and sexuality—written in 1933, 1950, and 1969?

Today, the American people are trying to break out of this vicious circle of unhappy marriages, maladjusted children, desperate, bitter, frustrating lives; they are tired of evasions and ignorance. There is a strong desire to learn the truth about sex and its place in our lives.⁸

The atmosphere in which sex teaching takes place has gradually become more open, more accepting, less fearful and less likely to produce opposition.⁹

Sexual psychology, normal and abnormal, as well as sexual hygiene, nowadays attracts a general interest and attention heretofore undreamed of.¹⁰

And finally, a quote many of you can show your parents because it was written about them, not you:

*In today's most technologically advanced societies, members of the younger generation are making it clear—in dress and music, deeds and words—just how unequivocally they reject their elders' sexual world.*¹¹

As you begin your examination of human sexuality at the dawn of this new century, try to remember that some things have changed, some things will change, and many things are likely to stay much the same. Maybe that's why it's important to emphasize the human in human sexuality.

Annual Editions: Human Sexuality 03/04 is organized into six sections. *Sexuality and Society*; *Sexual Biology, Behavior, and Orientation*; *Interpersonal Relationships*; *Reproduction*; *Sexuality Through the Life Cycle*; and *Old/New Sexual Concerns*. This book closes with a focus on the future of sex in the twenty-first century.

The articles in this anthology have been carefully reviewed and selected for their quality, readability, currency, and interest. They present a variety of viewpoints. Some you will agree with, some you will not, but we hope you will learn from all of them.

Appreciation and thanks go to Loree Adams for her suggestions and expertise; to Michael Fatten, Joe Strano, Sue LeSeure, and Marian Micke for their willingness to act as two-way sounding boards; to Mary Roy for her organization and assistance; to Ollie Pocs for inspiration, and to those who have submitted articles and reviewed previous editions. We feel that *Annual Editions: Human Sexuality 03/04* is one of the most useful and up-to-date books available. Please return the postage-paid article rating form on the last page of this book with your suggestions and comments. Any book can be improved. This one will continue to be—annually.



Susan J. Bunting
Editor

1. F. Caprio, 1967 2. H. Ellis, 1891 3. R. Westheimer, 1995 4. H. Long, 1919 5. Masters, Johnson & Kolodny, 1982 6. T. Moore, 1998 7. C. Shedd, 1968 8. Lewin & Gilmore, 1950 9. Broderick & Bernard, 1969 10. H. Ellis, 1933 11. McLuhan & Leonard, 1967.

Topic Guide

This topic guide suggests how the selections in this book relate to the subjects covered in your course. You may want to use the topics listed on these pages to search the Web more easily.

On the following pages a number of Web sites have been gathered specifically for this book. They are arranged to reflect the units of this *Annual Edition*. You can link to these sites by going to the DUSHKIN ONLINE support site at <http://www.dushkin.com/online/>.

ALL THE ARTICLES THAT RELATE TO EACH TOPIC ARE LISTED BELOW THE BOLD-FACED TERM.

Abortion

- 6. Can More Progress Be Made?
- 28. New Options, New Politics
- 29. Abortion Under Attack
- 30. Ms. Woman of the Year—Rebecca Gomperts
- 34. Which Babies? Dilemmas of Genetic Testing
- 44. Sex and the Church: A Case for Change

Abuse

- 3. Slaves of the Brothel
- 4. South Africa's Shame
- 11. Hear Sensuality, Think Sex?
- 40. Pedophilia
- 41. Confessions of a Fallen Priest
- 44. Sex and the Church: A Case for Change
- 45. Breaking the Silence
- 46. The Mystery of Misogyny

Aging

- 12. Man Power
- 13. Male Sexual Circuitry
- 14. The Science of Women & Sex
- 15. Sex, Drugs & Rock 'n' Roll
- 31. Making Time for a Baby

AIDS

- 1. A Man of Words: A Man of Action
- 16. Showdown in Choctaw County
- 18. Why Don't You Use a Condom?

Birth control

- 6. Can More Progress Be Made?
- 18. Why Don't You Use a Condom?
- 27. What's New in Contraception? Understanding the Options
- 28. New Options, New Politics

Bisexuality

- 19. Why Are We Gay?

Contraception

- 6. Can More Progress Be Made?
- 18. Why Don't You Use a Condom?
- 27. What's New in Contraception? Understanding the Options
- 28. New Options, New Politics

Counseling

- 3. Slaves of the Brothel
- 17. Hepatitis C: The Insidious Spread of a Killer Virus
- 18. Why Don't You Use a Condom?
- 19. Why Are We Gay?
- 22. Love Is Not All You Need
- 24. How to Tell Your Potential Love About Your Chronic STD
- 25. Virtual Infidelity
- 26. How to Rediscover Desire
- 29. Abortion Under Attack
- 39. No Sex? No Problem
- 45. Breaking the Silence

Ethical issues

- 3. Slaves of the Brothel
- 4. South Africa's Shame
- 5. Rock the Casbah
- 10. The War on Girls: Sex, Lies and Videos
- 20. Inside the Church's Closet
- 24. How to Tell Your Potential Love About Your Chronic STD
- 25. Virtual Infidelity
- 28. New Options, New Politics
- 29. Abortion Under Attack
- 30. Ms. Woman of the Year—Rebecca Gomperts
- 33. Baby, It's You! and You, and You ...
- 34. Which Babies? Dilemmas of Genetic Testing
- 40. Pedophilia
- 41. Confessions of a Fallen Priest
- 42. The Last Sexual Taboo
- 43. Naked Capitalists
- 44. Sex and the Church: A Case for Change
- 45. Breaking the Silence

Female sexuality

- 2. The Women of Islam
- 3. Slaves of the Brothel
- 7. Sexual Stereotypes
- 10. The War on Girls: Sex, Lies and Videos
- 14. The Science of Women & Sex
- 18. Why Don't You Use a Condom?
- 19. Why Are We Gay?
- 21. The Truth About Casual Sex
- 36. Meet the Gamma Girls
- 37. The Sexual Revolution Hits Junior High
- 38. What Turns You On? (Hint: It's Not Work!)
- 42. The Last Sexual Taboo
- 44. Sex and the Church: A Case for Change

Gender roles

- 2. The Women of Islam
- 7. Sexual Stereotypes
- 8. Never Too Buff
- 9. In Praise of Nurturing Men
- 10. The War on Girls: Sex, Lies and Videos
- 12. Man Power
- 14. The Science of Women & Sex
- 18. Why Don't You Use a Condom?
- 19. Why Are We Gay?
- 23. Looking for Ms. Potato Head
- 35. Are Boys the Weaker Sex?
- 36. Meet the Gamma Girls
- 44. Sex and the Church: A Case for Change

Homosexuality

- 19. Why Are We Gay?
- 20. Inside the Church's Closet
- 44. Sex and the Church: A Case for Change
- 45. Breaking the Silence

Interpersonal relationships

- 5. Rock the Casbah
- 7. Sexual Stereotypes
- 18. Why Don't You Use a Condom?

21. The Truth About Casual Sex
22. Love Is Not All You Need
23. Looking for Ms. Potato Head
24. How to Tell Your Potential Love About Your Chronic STD

Legal issues

1. A Man of Words: A Man of Action
2. The Women of Islam
3. Slaves of the Brothel
4. South Africa's Shame
28. New Options, New Politics
30. Ms. Woman of the Year—Rebecca Gomperts
33. Baby, It's You! and You, and You ...
34. Which Babies? Dilemmas of Genetic Testing
40. Pedophilia
42. The Last Sexual Taboo
43. Naked Capitalists

Male sexuality

4. South Africa's Shame
5. Rock the Casbah
7. Sexual Stereotypes
8. Never Too Buff
9. In Praise of Nurturing Men
12. Man Power
13. Male Sexual Circuitry
19. Why Are We Gay?
20. Inside the Church's Closet
21. The Truth About Casual Sex
23. Looking for Ms. Potato Head
35. Are Boys the Weaker Sex?
37. The Sexual Revolution Hits Junior High
38. What Turns You On? (Hint: It's Not Work!)
40. Pedophilia
41. Confessions of a Fallen Priest
44. Sex and the Church: A Case for Change
45. Breaking the Silence

Media

6. Can More Progress Be Made?
8. Never Too Buff
9. In Praise of Nurturing Men
10. The War on Girls: Sex, Lies and Videos
11. Hear Sensuality, Think Sex?
25. Virtual Infidelity
29. Abortion Under Attack
36. Meet the Gamma Girls
43. Naked Capitalists

Pregnancy

6. Can More Progress Be Made?
31. Making Time for a Baby
32. Barren
33. Baby, It's You! and You, and You ...

Rape

3. Slaves of the Brothel
4. South Africa's Shame
40. Pedophilia
45. Breaking the Silence

Reproduction

6. Can More Progress Be Made?
31. Making Time for a Baby
33. Baby, It's You! and You, and You ...

Sex education

6. Can More Progress Be Made?
26. How to Rediscover Desire
37. The Sexual Revolution Hits Junior High
42. The Last Sexual Taboo
43. Naked Capitalists

44. Sex and the Church: A Case for Change
45. Breaking the Silence

Sexual dysfunction

8. Never Too Buff
12. Man Power
13. Male Sexual Circuitry
14. The Science of Women & Sex
15. Sex, Drugs & Rock 'n' Roll
21. The Truth About Casual Sex
26. How to Rediscover Desire
32. Barren
39. No Sex? No Problem
40. Pedophilia
42. The Last Sexual Taboo

Sexuality and religion

2. The Women of Islam
5. Rock the Casbah
6. Can More Progress Be Made?
20. Inside the Church's Closet
29. Abortion Under Attack
41. Confessions of a Fallen Priest
44. Sex and the Church: A Case for Change
45. Breaking the Silence
46. The Mystery of Misogyny

Sexually Transmitted Diseases (STDs)

1. A Man of Words: A Man of Action
3. Slaves of the Brothel
4. South Africa's Shame
15. Sex, Drugs & Rock 'n' Roll
16. Showdown in Choctaw County
18. Why Don't You Use a Condom?
24. How to Tell Your Potential Love About Your Chronic STD

Therapy

17. Hepatitis C: The Insidious Spread of a Killer Virus
19. Why Are We Gay?
21. The Truth About Casual Sex
22. Love Is Not All You Need
25. Virtual Infidelity
26. How to Rediscover Desire
29. Abortion Under Attack
32. Barren
34. Which Babies? Dilemmas of Genetic Testing
39. No Sex? No Problem
40. Pedophilia
41. Confessions of a Fallen Priest
45. Breaking the Silence

World Wide Web Sites

The following World Wide Web sites have been carefully researched and selected to support the articles found in this reader. The easiest way to access these selected sites is to go to our DUSHKIN ONLINE support site at <http://www.dushkin.com/online/>.

AE: Human Sexuality 03/04

The following sites were available at the time of publication. Visit our Web site—we update DUSHKIN ONLINE regularly to reflect any changes.

General Sources

National Institutes of Health (NIH)

<http://www.nih.gov>

Consult this site for links to extensive health information and scientific resources. The NIH is one of eight health agencies of the Public Health Service, which, in turn, is part of the U.S. Department of Health and Human Services.

SIECUS

<http://www.siecus.org>

Visit the Sexuality Information and Education Council of the United States (SIECUS) home page to learn about the organization, to find news of its educational programs and activities, and to access links to resources in sexuality education.

UNIT 1: Sexuality and Society

Department of State: Human Rights

<http://www.state.gov/g/drl/hr/>

The U.S. State Department's Web page for human rights includes country reports, fact sheets, reports on discrimination and violations of human rights, plus the latest news covering human rights issues from around the world.

SocioSite: Feminism and Women's Issues

<http://www.pscw.uva.nl/sociosite/TOPICS/Women.html>

Open this University of Amsterdam Sociology Department's site to gain insights into a number of issues that affect both men and women. It provides biographies of women in history, an international network for women in the workplace, and links to family and children's issues, and more.

Woman in Islam: Sex and Society

<http://www.jamaat.org/islam/WomanSociety.html>

This Web site is sponsored by the secretary general of Pakistan offering objective analysis and explanations regarding a woman's role in Islamic society. Topics include marriage, family matters, and sex within Islamic society.

Women's Human Rights Resources

<http://www.law-lib.utoronto.ca/Diana/>

This list of international women's human rights Web sites provides interesting resources on marriage and the family; rights of girls; sexual orientation; slavery, trafficking, and prostitution; and violence against women.

UNIT 2: Sexual Biology, Behavior, and Orientation

The Body: A Multimedia AIDS/HIV Information Resource

<http://www.thebody.com/cgi-bin/body.cgi>

On this site you can find the basics about AIDS/HIV, learn about treatments, exchange information in forums, and gain insight from experts.

Healthy Way

<http://www.ab.sympatico.ca/Contents/health/>

This Canadian site, which is directed toward consumers, will lead you to many links related to sexual orientation. It also addresses aspects of human sexuality over the life span, general health, and reproductive health.

Hispanic Sexual Behavior and Gender Roles

<http://www.caps.ucsf.edu/hispnews.html>

This research report from the University of California at San Francisco Center for AIDS Prevention Studies describes and analyzes Hispanic sexual behavior and gender roles, particularly as regards prevention of STDs and HIV/AIDS.

James Kohl

<http://www.pheromones.com>

Keeping in mind that this is a commercial site with the goal of selling a book, look here to find topics of interest to nonscientists about pheromones. Links to related material of a more academic nature are included. Check out the diagram of "Mammalian Olfactory-Genetic-Neuronal-Hormonal-Behavioral Reciprocity and Human Sexuality" for a sense of the myriad biological influences that play a part in sexual behavior.

Johan's Guide to Aphrodisiacs

<http://www.santesson.com/aphrodis/aphrhome.htm>

"The Aphrodisiac Home Page" provides links to information about a multitude of substances that some believe arouse or increase sexual response or cause or increase sexual desire. Skepticism about aphrodisiacs is also discussed.

UNIT 3: Interpersonal Relationships

American Psychological Association

<http://www.apa.org/psychnet/>

By exploring the APA's "PsychNET," you will be able to find links to an abundance of articles and other resources related to interpersonal relationships throughout the life span.

Bonobos Sex and Society

<http://songweaver.com/info/bonobos.html>

This site, accessed through Carnegie Mellon University, includes an article explaining how a primate's behavior challenges traditional assumptions about male supremacy in human evolution.

The Celibate FAQ

<http://www.glandscape.com/celibate.html>

Martin Poulter's definitions, thoughts, and suggested resources on celibacy, were created, he says, "in response to the lack of celibate stuff (outside of religious contexts) on the Internet," and his perception of the Net's bias against celibacy can be found on this site.

Go Ask Alice

<http://www.goaskalice.columbia.edu>

This interactive site provided by Healthwise, a division of Columbia University Health Services, includes discussion and insight into a number of personal issues of interest to college-age people—and those younger and older. Many questions about

physical and emotional health and well-being in the modern world are answered.

UNIT 4: Reproduction

Ask NOAH About Pregnancy: Fertility & Infertility

<http://www.noah-health.org/english/pregnancy/fertility.html>

New York Online Access to Health (NOAH) seeks to provide relevant, timely, and unbiased health information for consumers. At this site, the organization presents extensive links to a variety of resources about infertility treatments and issues.

Childbirth.Org

<http://www.childbirth.org>

This interactive site about childbirth options is from an organization that aims to educate consumers to know their options and provide themselves with the best possible care to ensure healthy pregnancies and deliveries. The site and its links address a myriad of topics, from episiotomy to water birth.

Medically Induced Abortion

<http://content.nejm.org/cgi/content/short/333/9/537/>

Read physician Richard Hausknecht's *New England Journal of Medicine* article about medical abortion using methotrexate and misoprostol.

Planned Parenthood

<http://www.plannedparenthood.org>

Visit this well-known organization's home page for links to information on the various kinds of contraceptives (including outercourse and abstinence) and to discussions of other topics related to sexual and reproductive health.

UNIT 5: Sexuality Through the Lifecycle

American Association of Retired Persons (AARP)

<http://www.aarp.org>

The AARP, a major advocacy group for older people, includes among its many resources suggested readings and Internet links to organizations that deal with the health and social issues that may affect one's sexuality as one ages.

National Institute on Aging (NIA)

<http://www.nih.gov/nia/>

The NIA, one of the institutes of the National Institutes of Health, presents this home page to lead you to a variety of resources on health and lifestyle issues that are of interest to people as they grow older.

Teacher Talk

<http://education.indiana.edu/cas/tt/tthmpg.html>

This home page of the publication *Teacher Talk* from the Indiana University School of Education Center for Adolescent Studies will lead you to many interesting teacher comments, suggestions, and ideas regarding sexuality education and how to deal with sex issues in the classroom.

World Association for Sexology

<http://www.tc.umn.edu/nlhome/m201/cole001/was/wasindex.htm>

The World Association for Sexology works to further the understanding and development of sexology throughout the world. Access this site to explore a number of issues and links related to sexuality throughout life.

UNIT 6: Old/New Sexual Concerns

Abortion Law Homepage

http://members.aol.com/_ht_a/abtrbng/index.htm

This page explains the background and state of abortion law in the United States. *Roe v. Wade*, *Planned Parenthood v. Casey*, feticide cases, and statutes are among the important subjects discussed.

The Child Rights Information Network (CRIN)

<http://www.crin.org>

The Child Rights Information Network (CRIN) is a global network that disseminates information about the Convention on the Rights of the Child and child rights among nongovernmental organizations (NGOs), United Nations agencies, intergovernmental organizations (IGOs), educational institutions, and other child rights experts.

Infertility Resources

<http://www.ihr.com/infertility/index.html>

This site includes links to the Oregon Health Sciences University Fertility Program and the Center for Reproductive Growth in Nashville, Tennessee. Ethical, legal, financial, psychological, and social issues are discussed.

Men's Health Resource Guide

<http://www.menshealth.com/new/guide/index.html>

This resource guide from *Men's Health* presents many links to topics in men's health, from AIDS/STDs, to back pain, to impotence and infertility, to vasectomy. It also includes discussions of relationship and family issues.

Other Sexual Violence Resources on the Web

<http://www.witserv.com/org/ocrcc/resource/resource.htm>

Open this useful site for Links to Other Sexual Violence Pages. For example, it has a link to "Men Against Rape," a site maintained by the D.C. Men Against Rape organization, providing men's perspectives on sexual violence.

Third Age: Love and Sex

<http://www.thirdage.com/romance/>

This interactive site explores a current topic: relationships forged on the Internet. Browse here to hear various viewpoints on the issue. Advice columnists and psychologists add their perspectives.

Women's Studies Resources

<http://www.inform.umd.edu/EdRes/Topic/WomensStudies/>

This site from the University of Maryland provides a wealth of resources related to women's studies. You can find links to such topics as body image, comfort (or discomfort) with sexuality, personal relationships, pornography, and more.

We highly recommend that you review our Web site for expanded information and our other product lines. We are continually updating and adding links to our Web site in order to offer you the most usable and useful information that will support and expand the value of your Annual Editions. You can reach us at: <http://www.dushkin.com/annualeditions/>.

UNIT 1

Sexuality and Society

Unit Selections

1. **A Man of Words: A Man of Action**, Dann Dulin
2. **The Women of Islam**, Lisa Beyer
3. **Slaves of the Brothel**, Sebastian Junger
4. **South Africa's Shame**, Caille Millner
5. **Rock the Casbah**, T. Z. Parsa
6. **Can More Progress Be Made?** *The Alan Guttmacher Institute*
7. **Sexual Stereotypes**, Jonathan Knight
8. **Never Too Buff**, John Cloud
9. **In Praise of Nurturing Men**, Andrea Warren
10. **The War on Girls: Sex, Lies and Videos**, Joan Morgan
11. **Hear Sensuality, Think Sex?** Jon Spayde

Key Points to Consider

- Have you ever spoken to a young person from another culture/country about sexuality-related ideas, norms, education, or behavior? If so, what surprised you? What did you think about their perspective or ways?
- Do you feel the American culture is too permissive or too rigid with respect to sexual norms, expectations, and laws? Why? What changes would you recommend?
- What do you think can and should be done about HIV/AIDS, child sexual abuse, and prostitution in developing countries?
- In what ways does it matter whether the source of gender differences is biological or cultural? Do you feel that either gender has a "better" sex role or a wider range of acceptable behaviors? If so, which? Defend your answer.
- What does hedonism mean to you and in what ways does your upbringing and culture affect your views? How well do you "use" your senses and are there some you "underuse"? Why?



Links: www.dushkin.com/online/

These sites are annotated in the World Wide Web pages.

Department of State: Human Rights

<http://www.state.gov/g/drl/hr/>

SocioSite: Feminism and Women's Issues

<http://www.pscw.uva.nl/sociosite/TOPICS/Women.html>

Woman in Islam: Sex and Society

<http://www.jamaat.org/islam/WomanSociety.html>

Women's Human Rights Resources

<http://www.law-lib.utoronto.ca/Diana/>

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UNIT 1 Sexuality and Society

Eleven selections consider sexuality from historical and cross-cultural perspectives and examine today's changing attitudes toward human sexual interaction.

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Part A. Historical and Cross-Cultural Perspectives

- 1. A Man of Words: A Man of Action**, Dann Dulin, *A & U (Art & Understanding)*, June 2002
 The 1985 death of a fellow actor, then his brother's 1990 AIDS diagnosis, **got Danny Glover involved**. From there, Glover became a **high-profile activist** and the first goodwill ambassador for the United Nations Development Program, dividing his time between Africa and America to share his **global vision for a sustainable world**. 2
- 2. The Women of Islam**, Lisa Beyer, *Time*, December 3, 2001
 This **eye-opening look at the lives of women** in the Muslim world begins with some history about Islam and its prophet Muhammad. Although **in the context of 7th-century Arabia Muhammad could be considered a feminist**, today's women in Turkey, Iran, Malaysia, Egypt, Pakistan, Saudi Arabia, and Kashmir seem **entrenched in inequality**. 5
- 3. Slaves of the Brothel**, Sebastian Junger, *Vanity Fair*, July 2002
 In **postwar Kosovo, 200,000 eastern European women** a year, lured by promises of work, are **forced into prostitution**. Unfortunately, international efforts to prosecute those responsible for this **\$7–12 billion trafficking** have been unsuccessful, so women like **Niki, whom we meet in this article**, live as terrified slaves. 9
- 4. South Africa's Shame**, Caille Millner, *Essence*, August 2002
 The **startling statistics and stories** contained in this article are upsetting and discouraging. Children, mostly girls, some **as young as 5 months old**, have been raped—one **every 24 minutes**—but the likelihood of prosecution or justice is low. A growing number of advocacy groups, however, are materializing to publicize and confront the problem. 18
- 5. Rock the Casbah**, T. Z. Parsa, *Details*, June/July 2002
What is it like to be a kid in Iran? Well, you are the majority since **70 percent of Iran's 66 million people are under 30**. Take this **guided tour of the night-life options** available to young Iranians despite the efforts of the police, mullahs, and basij (formal and volunteer religious enforcers) to stop them. 21
- 6. Can More Progress Be Made?**, *The Alan Guttmacher Institute*, 2001
Teenage pregnancy and birth rates in the United States remain higher than those in other developed countries despite very similar timing and levels of sexual activity. This **cross-national analysis** identifies several factors ranging from **socioeconomic disadvantage to broader sociocultural attitudes** and differential access to contraceptives. 26

Part B. Changing Society/Changing Sexuality

7. **Sexual Stereotypes**, Jonathan Knight, *Nature*, January 17, 2002
Bateman's principle, which states that **males are promiscuous and females are choosy**, has long been the basis for evolutionary theory and human sexual stereotypes. However, sociobiologists are finding **increasing examples of role reversals involving female promiscuity** in the animal world that contradict this traditional dichotomy. 34
8. **Never Too Buff**, John Cloud, *Time*, April 24, 2000
Men are obsessed with their bodies. No, that wasn't a typo, according to 15 years of research on 1,000 men, which was recently published in *The Adonis Complex*. The reasons for this troubling trend, which involves the use of **steroids** and a variety of **bulk-up substances** whose long-term effects are unknown, are explored in this article. 37
9. **In Praise of Nurturing Men**, Andrea Warren, *Parents*, March 2002
This **plea for gender equity** confronts the double standard that **celebrates women** who are doctors, firefighters, and engineers but **denigrates men** who are elementary-school teachers, nurses, or similar caregivers. 41
10. **The War on Girls: Sex, Lies and Videos**, Joan Morgan, *Essence*, June 2002
This article represents **a call to action** by a noted cultural critic who asserts that the **images of black females in today's rap** songs and videos are detrimental. In addition to explaining her position, Joan Morgan offers **practical suggestions for shielding your children and yourself**. 43
11. **Hear Sensuality, Think Sex?**, Jon Spayde, *Utne Reader*, November/December 2001
Although it has more than four letters, Jon Spayde asserts that **sensuality has become a naughty word**, because it has become a synonym for sex. Read how **Americans' puritanism and business culture** have combined to block our bodies' capacities for, and our comfort with, **sensuous enjoyment**. 46



UNIT 2 Sexual Biology, Behavior, and Orientation

Nine selections examine the biological aspects of human sexuality, sexual attitudes, hygiene and sexual health care, and sexual orientation.

Unit Overview

48

Part A. The Body and Its Responses

12. **Man Power**, Jim Thornton, *AARP Modern Maturity*, January/February 2001
Along with imparting timely information about **testosterone gel**, the latest of the hormone replacement/supplement delivery systems, including risks, costs, and **how it works**, this first-person account is also entertaining. 50
13. **Male Sexual Circuitry**, Irwin Goldstein, *Scientific American*, August 2000
The author, a renowned urologist, is a member of the Working Group for the Study of Central Mechanisms in Erectile Dysfunction, which was founded in 1998. This article is an **owner's manual for penises** and explains to nonscientists how **brain**, spinal cord, **nerves**, and general **health make erections happen**, as well as the most common reasons why they do not happen. 54
14. **The Science of Women & Sex**, John Leland, *Newsweek*, May 29, 2000
Although today's studies of female sexual functioning are still reaching the age-old **"female sexuality is complex"** conclusion, they are uncovering many very **interesting findings** that reinforce the **differences** between male and female response. Unfortunately, the medical (Viagra) interventions are unlikely to be as effective for women, whose response model resembles a **circle rather than a line**. 61

Part B. Hygiene and Sexual Health Care

15. **Sex, Drugs & Rock 'n' Roll**, Sue Woodman, *My Generation*, July/August 2001

The subtitle of this article, "***The Damage Done: A Health Report***," refers to compilations of research about the ***effects of sexual behavior, substance use***, and proximity to ***eardrum-popping music*** in the 1960s and 1970s by then-young adults, who are now middle-aged.

66

16. **Showdown in Choctaw County**, Jacob Levenson, *Utne Reader*, May/June 2002

Social worker David deShazo fights AIDS, not in Africa or other developing countries, but in the ***poor counties of southern Alabama***. Readers will be touched, appalled, alarmed, and enlightened as they ***ride along with deShazo to visit Choctaw County***, searching out people with HIV and their sexual networks.

69

17. **Hepatitis C: The Insidious Spread of a Killer Virus**, Geoffrey Cowley, *Newsweek*, April 22, 2002

Hepatitis C was not discovered or named until 1988, yet for decades it has spread silently. This article explains why the ***Hepatitis C epidemic*** has such a powerful effect today as people in all walks of life receive ***a postcard from the past*** (a positive test for Hepatitis C) and must live with the ***ticking bomb*** of the disease's progression.

74

18. **Why Don't You Use a Condom?**, Jeannine Amber, *Essence*, August 2002

Condom use is wise and nearly everyone can list the reasons: prevention of HIV, other STDs, unintended pregnancy. So ***why do so many at-risk people not use them?*** According to this author the ***reasons are complex and run deep***, touching multiple emotional needs and complicated relationship dynamics.

79

Part C. Human Sexualities and Orientations

19. **Why Are We Gay?**, Mubarak Dahir, *The Advocate*, July 17, 2001

This in-depth look at the theories of sexual orientation is both ***informative and human***. Although science knows far more about the ***complex combination*** of genetic, biological, and environmental factors involved, many researchers and others doubt science will ever be able to answer the question without sufficient attention to real people.

82

20. **Inside the Church's Closet**, Amanda Ripley, *Time*, May 20, 2002

Gay priests speak out here, despite the likelihood that what they say will be unwelcome to some, because they believe ***the public needs to know***. Readers will be startled by the estimate that from ***15–50 percent of priests are gay***, but will understand their need to ***not live in fear or be scapegoated***.

91



UNIT 3 Interpersonal Relationships

Six selections examine the dynamics of establishing sexual relationships and the need to make these relationships responsible and effective.

Unit Overview

94

Part A. Establishing Sexual Relationships

21. **The Truth About Casual Sex**, Pamela Johnson, *Essence*, June 2002

Why is it that most women (and some men) must have emotional or spiritual commitment to have sex, so they can walk away feeling whole? According to many experts, the answer relates to a hormone called ***oxytocin*** as well as the ***purposes sex serves*** for the men and women involved.

96

22. **Love Is Not All You Need**, Pepper Schwartz, *Psychology Today*, May/June 2002
Although the title of this article contradicts ***the romantic version*** of the needed ingredients for a successful relationship, it is in line with the ***real-life experiences*** of the six couples described and the ***expert advice*** of its well-known author. They come up with ***six additional desirable qualities***. 100
23. **Looking for Ms. Potato Head**, Shane Tritsch, *Chicago*, July 2002
Shane Tritsch describes himself as one of a large number of ***men in their late 30s to early 40s who unintentionally remain bachelors***. He cites the relationship-seeking style of the popular game: seeking ***a fantasy mate that we've constructed*** from perfect but separate parts as the likely culprit. 104
24. **How to Tell Your Potential Love About Your Chronic STD**, Jeff Gardere, *Sister 2 Sister*, July 2002
This message from Dr. Jeff Gardere, a clinical psychologist who frequently appears on television news and talk shows, focuses on the kind of ***honesty and caring that can build a good relationship*** (or end one that wouldn't have had this potential). 108

Part B. Responsible Quality Sexual Relationships

25. **Virtual Infidelity**, Patrick Kampert, *Chicago Tribune*, February 3, 2002
One in 10 Internet users or 1 in 7 Internet hours is devoted to ***cybersex—people sending sexually-explicit (and sexually arousing) instant messages***. Several experts and researchers cite findings about this virtual infidelity, how to recognize ***warning signs***, and how individuals or couples can ***recover after cyber-affairs***. 111
26. **How to Rediscover Desire**, Michael Castleman, *Good Housekeeping*, June 2001
What is ***sex therapy*** and how can talking about something as personal as your sex life with a stranger ***help reconnect spouses***? This informative and reassuring article explains what is involved and includes helpful advice on ***how to find a qualified therapist***. 115



UNIT 4 Reproduction

Eight articles discuss the roles of both males and females in pregnancy and child-birth and consider the influences of the latest birth control methods and practices on individuals and society as a whole.

Unit Overview 118

Part A. Birth Control and Abortion

27. **What's New in Contraception? Understanding the Options**, Kristen Kennedy and Paul Insel, *Healthline*, April 2000
With ***50 percent of all U.S. pregnancies unplanned*** and our teenage pregnancy rate among the highest for industrialized countries, we must assume that the ***current state of contraception options*** is less than ideal. This article explores current and future options with a ***frank discussion*** of the reasons for ***contraceptive nonuse and failure***. 120
28. **New Options, New Politics**, Ellen Chesler, *The American Prospect*, Fall 2001
"Emergency contraception," the morning-after pill, is finally available in the United States and could, experts say, ***prevent half of all unintended pregnancies***. ***Mifepristone, or RU-486,*** is also now available for oral, "month-after" use, instead of surgical abortion. These two developments have the potential to ***dramatically impact contraception and abortion***. 123

29. **Abortion Under Attack**, Cynthia L. Cooper, *Ms.*, August/September 2001
Is **Post-Abortion Stress Syndrome (PASS)** real or a political invention of anti-abortion believers? **Scientific studies** carried out by the American Psychological Association and the surgeon general found no evidence of a syndrome (or pattern of emotional or medical problems), yet **books, billboards, and Web sites use PASS** to announce that abortion hurts women. 127

30. **Ms. Woman of the Year—Rebecca Gomperts**, Miranda Kennedy, *Ms.*, December 2001/January 2002
Rebecca Gomperts is a Dutch physician who **outfitted a ship to provide abortion services for women** who would otherwise not have had access to them. Read about **WOW (Women on Waves)** and its founder's international crusade to reduce the number of fatal abortions. A woman dies every seven minutes of an illegal abortion somewhere in the world. 130

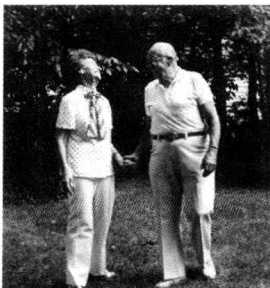
Part B. Pregnancy, Infertility, and Childbirth

31. **Making Time for a Baby**, Nancy Gibbs, *Time*, April 15, 2002
Within the past year many articles and television programs have sought to **tell women the truth about their bodies and fertility**. But for many women, they have appeared too late. "**Creeping non-choice**" has contributed to the **doubling of the childlessness rate**. This well-written article will increase all readers' awareness and choices. 132

32. **Barren**, Deborah Derrickson Kossmann, *Psychotherapy Networker*, July/August 2002
This **first-person account of the heartbreak of infertility** covers the lovemaking-to-making-babies transition, miscarriages, medical treatments, struggles with choices and options, and the **effects on both partners and their relationship**. The ending is not a storybook one, but it is a **realistic resolution**. 138

33. **Baby, It's You! and You, and You ...**, Nancy Gibbs, *Time*, February 19, 2001
No longer futuristic science fiction, cloning of animals is **a scientific reality**, as is the possibility of human cloning. But is cloning **a miracle** for infertile couples or people with life-threatening conditions, or an **unthinkable evil**, reminiscent of Nazi atrocities? This article provides a wealth of information about cloning and the controversy that surrounds it. 143

34. **Which Babies? Dilemmas of Genetic Testing**, Shelley Burt, *Tikkun*, Volume 16, Number 1
As the **mother of a child** with the kind of fetal abnormality that **genetic testing** can uncover, Shelley Burt raises some **unsettling questions** about the assumption that the answer to the discovery of a defective fetus is abortion. As the science of reproduction advances, **ethical dilemmas** increase. 151



UNIT 5 Sexuality Through the Lifecycle

Five articles consider human sexuality as an important element through the life cycle. Topics include responsible adolescent sexuality, sex in an out of marriage, and sex in old age.

Unit Overview 154

Part A. Youth and Their Sexuality

35. **Are Boys the Weaker Sex?**, Anna Mulrine, *U.S. News & World Report*, July 30, 2001
Scientists say the evidence exists that boys are **the weaker sex** and that real **biological differences and weaknesses** underlie the problems of today's boys and young men. From impulsivity, substance abuse, and criminality, to learning problems, aggression, and emotional vulnerability without management skills, the **boys next door are in trouble**. 156

36. **Meet the Gamma Girls**, Susannah Meadows, *Newsweek*, June 3, 2002

Do you know about **Alphas, Betas, and Gammas**? No, not the Greek letters. They are the new names for categories of **images for today's young women**. This enlightening, compare-and-contrast article contains more hope for the future than some best-selling books suggest.

160

37. **The Sexual Revolution Hits Junior High**, Kim Painter, *USA Today*, March 15–17, 2002

Researchers in Washington, D.C., targeted seventh and eighth graders for a program to prevent early sexual activity, only to find out that they needed to retarget fifth graders since **so many of the seventh graders were already having sex**. Read why experts have pronounced **today's world as rougher and sexier** for our youth.

166

Part B. Sexuality in the Adult Years

38. **What Turns You On? (Hint: It's Not Work!)**, Carin Rubenstein, *My Generation*, July/August 2002

This summary of the findings of research on over 2,000 Americans before and 1,000 after the events of September 11 has **interesting, sexy, and fun findings about boomers 45–54 years old**. Rather than midlife being a crisis, it appears that **midlife is a great place to be**.

169

39. **No Sex? No Problem**, Victoria Clayton, *Health*, April 2002

This article includes **research and expert perspectives** to help readers understand the likely **causes of a sex slump** and what can be done—whether you are experiencing this **not uncommon relationship problem**, or you would like to prevent it.

173



UNIT 6 Old/New Sexual Concerns

Seven selections discuss ongoing concerns of sexual abuse, violence, and harassment, and gender roles and issues.

Unit Overview

176

Part A. Sexual Abuse and Harassment

40. **Pedophilia**, John Cloud, *Time*, April 29, 2002

Pedophilia is no longer an unheard or unspoken word for most people today, but there remains much confusion about this **distinct sexual orientation and how it differs from child sexual abuse**. This well-written discussion will clear up **myths and misunderstandings** and has advice on what to say to kids.

178

41. **Confessions of a Fallen Priest**, David France, *Newsweek*, April 1, 2002

Haunted by his past and accepting the damage he did to his eight victims, Neil Conway believes that there is **healing in confession and candor**. Readers will come away with greater understanding, even respect, for his **entreaty to other predators and those who help hide these secrets**.

184

Part B. Legal and Ethical Issues Related to Sex

42. **The Last Sexual Taboo**, Judith Newman, *Health*, May 2001

B. J. Bailey is sort of a Tupperware lady for **vibrators**. However, an Alabama appeals court decision in support of a **1998 law** banning the sale of sex toys may land the Saucy Lady founder in **jail**. Should government have the right to interfere in what is often a very **private sexual activity**?

187

43. Naked Capitalists , Frank Rich, <i>New York Times Magazine</i> , May 20, 2001 Americans spend \$4.2 billion annually on “adult” video/pornography ; that translates into 700 million rentals . It is BIG business. This article may challenge your assumptions about who these businessmen and -women are, as well as the nature and range of products and consumers .	192
Part C. Focus: Sexuality in the New Century. . . Better or Worse?	
44. Sex and the Church: A Case for Change , Jon Meacham, <i>News-week</i> , May 6, 2002 This far-reaching article confronts and challenges a wide range of religions and their sexuality-related beliefs and practices , from sexual abuse to homosexuality, clerical celibacy, chastity, and the ordination of women. It concludes with a call for religion(s) to speak to and about sexuality as a normal, healthy part of life .	201
45. Breaking the Silence , Mary Sykes Wylie, <i>Psychotherapy Networker</i> , July/August 2002 Opening with the thought-provoking story of a priest who had sexually abused a teenage boy but was willing to enter treatment and analyze his sexuality , this article raises questions about whether the training of priests increases their risk for offending . Several proposals for change are included.	208
46. The Mystery of Misogyny , Barbara Ehrenreich, <i>Utne Reader</i> , March/April 2002 Why do fundamentalists hate women? This question is addressed by examining the history and practices of the Taliban and Islamic fundamentalism, as well as Christian and Orthodox Jewish fundamentalist belief systems that espouse misogyny in today's world.	211
Glossary	213
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