Itiel E. Dror and Stevan Harnad (eds.)

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## **Cognition Distributed**

How cognitive technology extends our minds

Edited by

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# Cognition Distributed How cognitive technology extends our minds

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# Offloading cognition onto cognitive technology

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"Cognizing" (e.g., thinking, understanding, and knowing) is a mental state. Systems without mental states, such as cognitive technology, can sometimes contribute to human cognition, but that does not make them cognizers. Cognizers can offload some of their cognitive functions onto cognitive technology, thereby extending their performance capacity beyond the limits of their own brain power. Language itself is a form of cognitive technology that allows cognizers to offload some of their cognitive functions onto the brains of other cognizers. Language also extends cognizers' individual and joint performance powers, distributing the load through interactive and collaborative cognition. Reading, writing, print, telecommunications and computing further extend cognizers' capacities. And now the web, with its network of cognizers, digital databases and software agents, all accessible anytime, anywhere, has become our "Cognitive Commons," in which distributed cognizers and cognitive technology can interoperate globally with a speed, scope and degree of interactivity inconceivable through local individual cognition alone. And as with language, the cognitive tool par excellence, such technological changes are not merely instrumental and quantitative: They can have profound effects on how we think and encode information, on how we communicate with one another, on our mental states, and on our very nature.

#### Introductory overview

With the development and wide use of cognitive technologies (Dror, 2007; Dascal & Dror, 2005), questions arise as to their effects on their human users and society, as well as on their own scope and limits: Can cognitive technologies (i) increase cognitive capacities and thus enhance human efficiency? (ii) affect how individuals and society go about achieving their goals? (iii) highlight and transform how we view ourselves and our goals? (iv) modify how we cognize and thus change our mental states and nature? (v) give rise to new forms of cognition (such

as distributed cognition) and mental states that are either distributed across or even embodied in cognitive technology?

These issues are examined as follows:

- (1) The notion of an "extended mind" with mental states (i.e., felt states) "distributed" beyond the narrow bounds of the individual brain is not only as improbable as the notion that the US government can have a distributed migraine headache, but arbitrary.
- (2) "Cognition" if it is simply defined as the ability to do the kinds of things that cognizers like us can do, plus the underlying functional mechanisms for doing them can be arbitrarily defined to be as wide or as narrow as we like.
- (3) Vagueness about the nature, locus and scope of cognizing leads to a dissociation of "cognitive states" from mental states. However, their co-occurrence had been our only basis for distinguishing cognitive performance capacity from other capacities and functionality (animate or inanimate, narrow or wide).
- (4) If cognitive states are indeed not mental states, it follows that "cognitive technology" is not just something *used* by cognizers, but a functional part of the cognitive states themselves, because the boundary between user and tool disappears, and cognitive states become merely instances of functional states in general.
- (5) We then do not need the terms "cognitive" and "distributed cognition" at all, and can just talk about relatively complex and wide or narrow functional states, leaving it a coincidence and mystery (at least at this stage) that every single case of what we used to call "cognitive" also happened to be mental.
- (6) A way to resolve this is to accept that only mental states are cognitive states, that cognition is only narrow, and that the only place cognition is "distributed" is within a single cognizer's brain.
- (7) The only kind of "technology" that might really turn out to be *intrinsically cognitive*, rather than just being a tool used by cognizers, would be a robot that could pass the Turing Test (TT) because such a TT-scale robot would almost certainly have mental states, and hence it would be a cognizer in its own right.
- (8) Whatever distributed activity was going on within the functional mechanism generating such a TT robot's performance capacity would then indeed be a case of distributed cognition (exactly as the distributed activity within our own brains is distributed cognition) even if not all the components of its generating mechanism were located inside the robot's head.
- (9) The "cognitive technology" used by such a TT robot, however, would still not be part of its distributed cognitive (hence mental) state, just as it is not a part of ours.

- (10) Nor would a group of such TT robots, interacting and collaborating, be a case of distributed cognition; it would merely be a case of collaborative cognition among individual (narrow) TT-robot cognizers, just as it is in the case of a group of collaborating human cognizers.
- (11) Cognitive technology does, however, extend the scope and power of cognition, exactly as sensory and motor technology extends the scope and power of the bodily senses and movement.
- (12) Just as we can *see* further with telescopes, move faster with cars, and do more with laser microsurgery than we can do with just our unaided hands and heads, so we can *think* faster and further, and do more, with language, books, calculators, computers, the web, algorithms, software agents, plus whatever is in the heads of other cognizers.
- (13) Both sensorimotor technology and cognitive technology extend our bodies' and brains' performance capacities as well as giving us the *feeling* of being able to do more than just our bodies and brains alone can do.
- (14) Sensorimotor and cognitive technology can thus generate a perceptual change, rather like virtual reality (VR), making us feel a difference in our body image and causal power (perhaps not unlike what the physical metamorphosis from caterpillar to butterfly might feel like, as one sensed one's newfound somatic capacity to fly).
- (15) This change in perceived body image is indeed a change in mental state; but although its distal inputs and outputs certainly extend wider than the body (as all sensory inputs and all motor outputs do), the functional mechanism of that altered mental state is still just proximal -- skin and in exactly as when it is induced by VR technology.
- (16) Hence, although sensorimotor and cognitive technology can undeniably extend our bodies' sensorimotor and cognitive performance powers in the outside world, only their sensorimotor *input and output contact points* with our bodies are part of our cognitive (= mental) state, not the parts that extend beyond.
- (17) Perhaps it could be otherwise too, as in the case of a hypothetical TT-robot whose generating mechanism is indeed partly located outside its body: Maybe parts of our brain could be removed and still functionally integrated with the rest wirelessly, through telemetry or some other action at a distance: But that would just be a widened, spatially distributed *body*.
- (18) The resultant distributed cognitive state would still not be the same thing as considering a telescope, car, library or calculator as parts of a distributed cognitive state (for either a human or a TT robot): Those would still just be parts of the sensorimotor I/O to and from the cognizer's body.

- (19) We are not aware of the generating mechanism underlying our cognitive capacity, however, only of its outcome: Hence retrieving a word from memory or retrieving a word via a Google search feels much the same to us.
- (20) Does the fact that cognizing is a conscious mental state, yet we are unconscious of its underlying functional mechanism, mean that the underlying functional mechanism could include Google, Wikipedia, software agents and other human cognizers' heads after all?
- (21) The worldwide web, a distributed network of cognizers, digital databases and sofware agents, has become our "Cognitive Commons," in which cognizers and cognitive technology can share cognizing anytime and anywhere, and interact globally with a speed, scope and degree of interactivity that yield distributed cognizing with performance powers inconceivable within the scope of individual cognition.
- (22) Such changes go beyond mere quantitative increase in efficiency and performance power. As we increase our use and reliance on cognitive technologies, they effect and modify how we cognize, how we do things and what we do. Just as motor technology extended our physical ability and modified our physical life, cognitive technology extends our cognitive ability and modifies our mental life.

### Part I: What distributed cognition is not

Meaning: Narrow and wide. Philosophers, in wrestling with the problem of meaning ("Is meaning in the head or is it in the world?") have sometimes resorted to saying that there are *two* kinds of meaning, "narrow" and "wide," with the former located between the ears and the latter distributed across the entire universe – both the Newtonian universe of distant stars and the Platonic universe of the eternal truths of logic and mathematics. The wide meaning of "apple," for example, includes not only whatever it is that I may have in mind when I think of or say "apple," but also what apples really are, out there in the world.<sup>1</sup>

That, however, is all metaphysics, and concerns the existence and "reality" of some elusive entity called "meaning." The mission of cognitive science is more modest: Humans and other organisms have certain functional capacities, including metabolism, reproduction, and locomotion. It is clear that each of these capacities is "narrow," even though it sometimes involves a local interaction between the organism and part of the world around it (be that other organisms or the inanimate world).