



MINE & YOURS

Human Rights for Kids

by Joy Berry for Amnesty International USA



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Illustrations by Nicole Richardson

MINE AND YOURS

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This book is dedicated to a great champion of human rights, the Honorable **Enoch Dubutshena**, Zimbabwe's first black Chief Justice, and to his children, also valiant proponents of human rights, **Tendai, Rudo, Rutendo, Matabasi, and Rujeko**.

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HUMAN RIGHTS

From the very beginning of a person's life, he or she has human rights.

Human rights are privileges to which every person is automatically entitled.

All people are entitled to human rights. No person is entitled to more or less human rights than another person.

This is true regardless of the person's:

- race,
- color,
- sex,
- language,
- religion,
- opinion,
- national, ethnic, or social origin,
- property,
- disability,
- birth,
- or other status.





ASSERTING HUMAN RIGHTS

In order for human rights to be effective, people must **assert** them. This requires that people:

- **acknowledge** their human rights,
- **accept** their human rights,
- and **live** in ways that their human rights entitle them to live.





Unfortunately, many people cannot **acknowledge** their human rights because they have never been taught about their human rights and therefore do not know about them.

Many people cannot **accept** their human rights because they have been led to believe that they are not able, or do not deserve, to have human rights.

Many people cannot live in ways that their human rights entitle them to **live** because they are in situations that prevent them from having human rights.



The background of the page is a photograph of a Tibetan landscape. In the foreground, there is a low, rustic stone wall made of reddish-brown rocks. Beyond the wall is a green, grassy field. In the distance, there are snow-capped mountains under a blue sky. At the very top of the image, there are several colorful Tibetan prayer flags (yellow, green, red, blue, and white) hanging from a line.

HUMAN RIGHTS AND RESPONSIBILITY

Human rights are privileges that come with responsibility.

People who assert their human rights have a responsibility to help others assert their human rights.

This means that people who assert their human rights must help others:

- **acknowledge** their human rights,
- **accept** their human rights,
- and live in ways that their human rights entitle them to live.





HUMAN RIGHTS AND CHILDREN

A person younger than 18 years of age is considered to be a child.

Most children cannot completely protect and take care of themselves. They depend on adults for some of their protection and care.

Children who are dependent on adults are often deprived of their human rights.