

# MINE & YOURS Human Rights for Kids

by Joy Berry for Amnesty International USA

Illustrations by Nicole Richardson



#### MINE AND YOURS Human Rights for Kids

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This book is dedicated to a great champion of human rights, the Honorable **Enoch Dubutshena**, Zimbabwe's first black Chief Justice, and to his children, also valiant proponents of human rights, **Tendai**, **Rudo**, **Rutendo**, **Matabasi**, and **Rujeko**.

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### **HUMAN RIGHTS**

From the very beginning of a person's life, he or she has human rights.

Human rights are privileges to which every person is automatically entitled.

All people are entitled to human rights. No person is entitled to more or less human rights than another person.

This is true regardless of the person's:

- · race,
- · color,
- · sex,
- language,
- · religion,
- · opinion,
- · national, ethnic, or social origin,
- · property,
- · disability,
- · birth,
- · or other status.



## **ASSERTING HUMAN RIGHTS**

In order for human rights to be effective, people must assert them. This requires that people:

- · acknowledge their human rights,
- · accept their human rights, ¿
- and live in ways that their human rights entitle them to live.





Unfortunately, many people cannot acknowledge their human rights because they have never been taught about their human rights and therefore do not know about them.

Many people cannot accept their human rights because they have been led to believe that they are not able, or do not deserve, to have human rights.

Many people cannot live in ways that their human rights entitle them to live because they are in situations that prevent them from having human rights.



### **HUMAN RIGHTS AND RESPONSIBILITY**

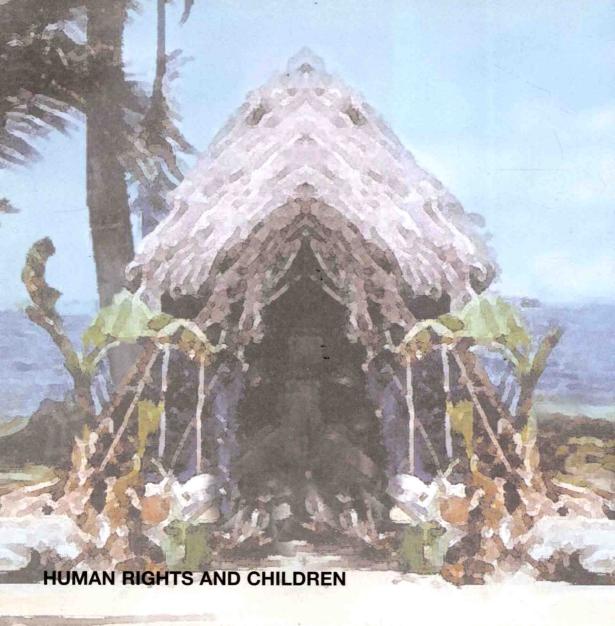
Human rights are privileges that come with responsibility.

People who assert their human rights have a responsibility to help others assert their human rights.

This means that people who assert their human rights must help others:

- · acknowledge their human rights,
- · accept their human rights,
- and live in ways that their human rights entitle them to live.





A person younger than 18 years of age is considered to be a child.

Most children cannot completely protect and take care of themselves. They depend on adults for some of their protection and care.

Children who are dependent on adults are often deprived of their human rights.