Atlas of STRABISMUS

GUNTER K. VON NOORDEN

Fourth edition

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GUNTER K. VON NOORDEN, M.D.

Professor of Ophthalmology, Baylor College of Medicine; Adjunct Professor of Neural Sciences, University of Texas, Graduate School of Biomedical Sciences; Director of Ophthalmology, Texas Children's and St. Luke's Episcopal Hospitals, Houston, Texas

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Preface to fourth edition

It is gratifying to witness the fourth edition of the *Atlas of Strabismus* and to see it change into a more convenient format that should enhance its value as a handy study guide and reference source. A few illustrations and tests have been deleted because their relevance has become questionable; others have been added or substituted to illustrate additional diagnostic steps or to depic, motility disorders not considered in previous editions.

The text has again been revised where necessary to improve its conciseness. Readers who wish to go beyond the bare essentials of strabismus diagnosis illustrated in this atlas are encouraged to continue their studies in Burian-von Noorden's Binocular Vis...n and Ocular Motility: Theory and Management of Strabismus to which this atlas serves as an adjunct and introduction.

I am grateful to my faithful editorial assistant, Mrs. Joan Trammell, for her help with the preparation of this manuscript and to my readers for their criticisms and suggestions.

Gunter K. von Noorden

Preface to first edition

The diagnosis of strabismus, including its sensory adaptations and motor characteristics, depends on thorough examination and correct interpretation of a great number of subjective and objective tests. In recent years our diagnostic resources have become enlarged and refined by new procedures, and new information on the nature of sensory adaptations in strabismus has necessitated a different interpretation of some of the older tests. Information on this subject is scattered throughout national and world literature and cannot easily be assembled by the ophthalmologist.

This atlas does not attempt to fill the need for a comprehensive textbook on strabismus; rather, it illustrates and provides basic information for the examination and diagnosis of strabismic patients in the light of present knowledge. It is not written for the expert but is designed primarily for the ophthalmologist-in-training, for the practicing ophthalmologist who is confronted by diagnosis of complex muscle problems only occasionally, and for the orthoptist.

Many diagnostic procedures to which the expert is accustomed are not included in this book. We have not endeavored to be comprehensive, but rather to include and describe only those tests that in our experience have proved most practical, do not require elaborate equipment and extensive space, and are frequently employed in our Motility Clinic.

It would exceed the purpose of this atlas to provide a complete list of references pertaining to all subjects under discussion. However, a few references have been selected for the student of strabismus who desires additional information on the more recently introduced tests.

We hope this atlas may be of assistance to our colleagues in recognizing and analyzing strabismus problems, and that it will aid the understanding of the basis and interpretation of the described diagnostic procedures.

We are deeply indebted to Robert B. Wingate, without whose imaginative and artistic drawings this atlas could not have been completed. We also wish to express our gratitude to the Wilmer Photography Service for their cooperation, to David Andrews for his editorial suggestions and for preparing the index, and to Patricia Bond for typing the manuscript.

Gunter K. von Noorden A. Edward Maumenee

Contents

1 ANATOMY AND PHYSIOLOGY OF EXTRAOCULAR MUSCLES, 1

Action of extraocular muscles, 1
Horizontal rectus muscles, 2
Vertical rectus muscles, 2
Oblique muscles, 6
Topography of extraocular muscles, 10
Spiral of Tillaux, 12
Primary axes of the globe, 12
Monocular and binocular eye movements, 14
Movements of a single eye—ductions, 14
Movements of both eyes—versions and vergences, 16
Diagnostic positions of gaze, 18
Hering's law of equal innervation, 20
Hering's law in versions, vergences, and cycloversions, 20
Clinical applications of Hering's law, 22
Sherrington's law of reciprocal innervation, 26

II PSEUDOSTRABISMUS, 28

Pseudoesotropia, 28
Prominent epicanthal fold, 28
Pseudoexotropia, 30
Hypertelorism, 30
Pseudohypertropia, 30
Differential diagnosis of decentered corneal light reflex, 32
Angle kappa, 32
Eccentric fixation, 34
Ectopic macula, 34

III QUALITATIVE DIAGNOSIS OF STRABISMUS, 37

Cover test for detection of heterotropias, 38
Indirect cover test, 40
Cover-uncover test for detection of heterophorias, 42

IV QUANTITATIVE DIAGNOSIS OF STRABISMUS, 44

Hirschberg test, 44
Prism reflex test of Krimsky, 46
Prism-cover test, 48
Maddox rod test for heterophoria, 52
Horizontal phoria, 52
Vertical phoria, 52
Prism dissociation test, 54
Maddox double-prism test for cyclodeviations, 54
Maddox double-rod test for cyclodeviations, 56
Fundus appearance in cyclodeviations, 58
Diplopia test for measurement of ocular deviations, 60
Unilateral vs. alternating strabismus, 62
Unilateral strabismus, 62
Alternating strabismus, 62

V EVALUATION OF SENSORY STATE, 64

Visual acuity, 64

Estimation of visual acuity in infants, 64

Determination of visual acuity in illiterate children using single optotypes and linear chart, 66

Two-pencil test for stereopsis, 68

Suppression, 70

Worth four-dot test, 70

 4^{Δ} base-out prism test, 72

Red glass test for suppression and retinal correspondence, 74

Measurement of size of suppression scotoma, 76

Amblyopia, 78

Mechanism of amblyopia, 78

Neutral density filter test, 80

Determination of fixation behavior, 82

Classification of fixation behavior, 84

Eccentric viewing vs. eccentric fixation, 86

Microstrabismus, 88

Bilateral eccentric fixation, 92

Retinal correspondence, 94

Bagolini striated glass test, 94

Hering-Bielschowsky afterimage test, 96 Cüppers test for retinal correspondence, 100 Monocular afterimage test, 102 Major amblyoscope, 104 Paradoxical diplopia, 106 Binocular triplopia and monocular diplopia, 108

VI EVALUATION OF MOTOR STATE, 111

Overacting and underacting muscles, 111

Horizontal muscles, 112

Oblique muscles, 112

Pseudooveraction of medial rectus muscles in Oriental patient, 112

Forced duction test and its applications, 114

Forced duction test as an aid in differential diagnosis, 116

Estimation of generated muscle force, 118

Differential diagnosis of bilateral abducens palsy in young children, 120

Crossed fixation, 120

Patch test, 120

Doll's head maneuver, 122

Nystagmus compensation (blockage) syndrome, 124

Divergence excess and simulated divergence excess, 126

Anomalies of head position, 128

Head turn (face turn), 128

Head tilt (ocular torticollis), 132

Differential diagnosis of ocular vs. congenital torticollis, 136

Chin elevation and depression, 140

Diagnosis of vertical deviations, 142

Ductions and versions, 142

Cover comitance test, 142

Prism-cover test in diagnostic positions of gaze, 144

Bielschowsky head tilt test, 146

Dissociated vertical deviation (alternating sursumduction, double

hyperphoria, occlusion hypertropia), 156

Elevation in adduction (strabismus sursoadductorius), 158

Differential diagnosis of dissociated vertical deviation vs. inferior oblique overaction, 160

Depression in adduction (strabismus deorsoadductorius), 162

Limitation of elevation (differential diagnosis), 162

Double elevator palsy, 162

Orbital floor fracture, 164

Brown's superior oblique tendon sheath syndrome, 164

Endocrine myopathy of inferior rectus muscle, 168

Fibrosis of inferior rectus muscle, 170

Paralysis of ve : cal gaze (Parinaud's syndrome), 172

Limitation of depression, 174

Double depressor paralysis, 174

Limitation of elevation and depression, 174

Skew deviation, 174

A and V patterns in horizontal strabismus, 176

Measurement of the A and V patterns, 176

V patterns, 176

A patterns, 182

Transposition of horizontal rectus muscles in treating the A and V patterns, 186

VII SOME FORMS OF STRABISMUS, 190

Accommodation and esotropia, 190

Accommodation in uncorrected hyperopia, 190

Effect of glasses on accommodative esotropia, 192

Effect of miotics on accommodative esotropia, 192

AC/A ratio, 194

Effect of bifocals in esotropia with high AC/A ratio, 195

Convergence spasm, 196

Duane's retraction syndrome, 198

Strabismus fixus, 200

N III palsy, 202

Aberrant regeneration of N III, 202

Ocular myopathy (chronic progressive ophthalmoplegia externa), 204

Generalized fibrosis of extraocular muscles, 206

Marcus Gunn (jaw-winking) phenomenon, 206

REFERENCES, 209

Anatomy and physiology of extraocular muscles

ACTION OF EXTRAOCULAR MUSCLES

Under normal conditions no extraocular muscle contracts individually; innervational and inhibitional impulses flow simultaneously to all muscles. The action of a muscle is dependent on the angle between its *plane* (determined by the center of rotation of the globe and the centers of origin and insertion of the muscle) and the *optical axis* of the eye. It follows that the action of the muscle may vary according to the position of the globe in the orbit.

Horizontal rectus muscles

The muscle plane of the horizontal rectus muscles coincides with the optical axis when the eye is in primary position. The action of the medial rectus is one of pure adduction and the action of the lateral rectus is one of pure abduction when the eye is in primary position. Secondary actions of the horizontal rectus muscles when the eye is in other than primary position are of less importance clinically.

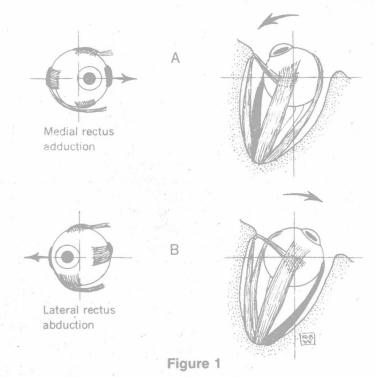
Figure 1

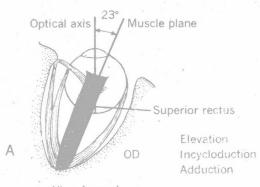
- A Action of the medial rectus muscle (adduction).
- B Action of the lateral rectus muscle (abduction).

Vertical rectus muscles

Figure 2. Right superior rectus.

- A When the eye is in primary position, the muscle plane of the superior rectus forms an angle of 23 degrees with the optical axis. In this position the superior rectus elevates the globe. Secondary actions include incycloduction and adduction.
- **B** As the eye moves into adduction, the superior rectus becomes less of an elevator and more of an adductor and incycloductor. In 67-degree adduction the superior rectus would become the exclusive source of incycloduction while still having adductive power. The position of 67 degrees is chosen for theoretical reasons only. The eye is never adducted that far.
- C In 23-degree abduction the superior rectus becomes a pure elevator. In this position the muscle plane coincides with the optical axis.





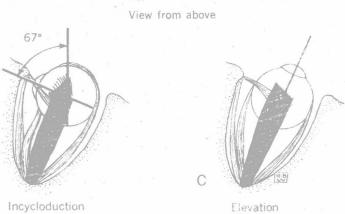


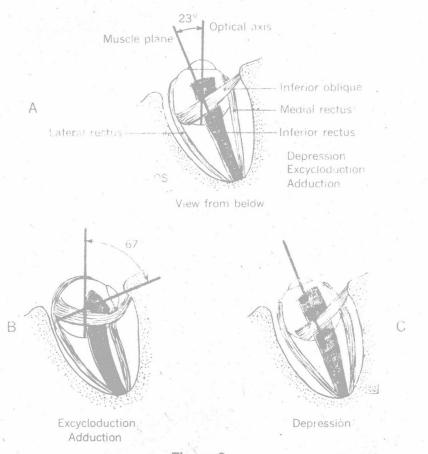
Figure 2

В

Adduction

Figure 3. Right inferior rectus.

- A With the eye in primary position the inferior rectus forms an angle of 23 degrees with the optical axis. Thus the relationship between muscle plane and optical axis is identical to that of the superior rectus. In primary position the inferior rectus depresses the globe. Secondary actions include excycloduction and adduction.
- B As the eye moves into adduction, the inferior rectus becomes less of a depressor and more of an excycloductor and adductor. In 67-degree adduction it would become the exclusive source of excycloduction and aid adduction. However, the eye is never adducted that far.
- C In 23-degree abduction the inferior rectus becomes a pure depressor. In this position the muscle plane coincides with the optical axis.



Oblique muscles

Figure 4. Superior oblique.

- A When the eye is in primary position, the plane of the superior oblique muscle forms an angle of 54 degrees with the optical axis. In this position incycloduction is the principal action of the superior oblique. Secondary actions are abduction and depression.
- **B** When the globe is adducted 54 degrees, the optical axis coincides with the muscle plane. In this position the muscle still acts as an incycloductor, but its vertical action becomes more significant.
- C When the globe is abducted, the superior oblique muscle acts primarily as an incycloductor and secondarily as an abductor.

