

Yes

Your Experience
College

STRATEGIES FOR SUCCESS

EXPANDED
READER
EDITION

GARDNER / JEWELER

Your College Experience

EXPANDED READER EDITION



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Illustrations: *John Nelson*
Compositor: *Monotype Composition Co.*
Printer: *Edwards Brothers*

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Printed in the United States of America

1 2 3 4 5 6 7 8 9 10

For more information, contact Wadsworth Publishing Company, 10 Davis Drive Belmont, California 94002, or electronically at <http://www.thomson.com/wadsworth.html>

International Thomson Publishing Europe
Berkshire House 168–173
High Holborn
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Thomas Nelson Australia
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South Melbourne 3205
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Nelson Canada
1120 Birchmount Road
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International Thomson Editores
Campos Eliseos 385, Piso 7
Col. Polanco
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International Thomson Publishing GmbH
Königswinterer Strasse 418
53227 Bonn, Germany

International Thomson Publishing Asia
221 Henderson Road
#05–10 Henderson Building
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International Thomson Publishing Japan
Hirakawacho Kyowa Building, 3F
2–2–1 Hirakawacho
Chiyoda-ku, Tokyo 102, Japan

International Thomson Publishing Southern Africa
Building 18, Constantia Park
240 Old Pretoria Road
Halfway House, 1685 South Africa

Library of Congress Cataloging-in-Publication Data

Your college experience / [edited by] John N. Gardner, A. Jerome Jewler.— Expanded reader ed.

p. cm

Includes bibliographical references and index.

ISBN: 0-534-51898-2

1. College student orientation—United States. 2. Study skills—United States. 3. Success—United States.

I. Gardner, John N. II. Jewler, A. Jerome.

LB2343.32.Y682 1997

378.1'98—dc20

96-36691



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We thank our wonderful families and colleagues for their patience over the past several years as we watched this book take shape. We thank our students for proving to us that the basic assumptions in this book really do work. We thank faculty, staff, and administrators at colleges and universities for believing in those same basic assumptions. Most important of all, we welcome all new first-year students to their college experience and urge them, in the words of Tennyson, to be “strong in will, to strive, to seek, to find, and not to yield.”

Preface

■ A COMPREHENSIVE, FOCUSED READER

The selections in this anthology all take as their subject key behaviors that research has shown are central to the success of all new college students—commuters or residential, urban or suburban, “majority” or “minority,” traditional or returning. To this end, the book combines the perspectives and expertise of more than thirty veteran instructors of college success. Some themes emerge throughout the readings:

- Building friendships, support groups, and contact with teachers
- Self-awareness and growth in terms of personal resources, goals, and commitment
- An analytic frame of mind that integrates study skills with focused critical thinking and an appreciation of the liberal arts
- Awareness of the new technology of computers and the Internet, the World Wide Web, and e-mail as tools for communication and learning
- Ways in which diversity touches and enhances each of our lives

The brevity of a reader format and the careful focus of each piece have allowed us to include a broader range of topics than was possible in previous editions of *Your College Experience* or that will be found in other texts. The Reader includes all standard topics, such as time management, learning styles, and study skills; topics previously available only by custom order, such as money management, wellness, leadership, and the place of women in American higher education; and four newly commissioned readings on American higher education, college success for minority students, the importance of the liberal arts, and personal relationships and campus involvement.

■ COMPANION WORKBOOK

The Reader can be used alone or with its matching Workbook. We recommend this new separate reader/workbook format as a way for instructors to more effectively monitor their students’ work and still respect students’ understandable reluctance to tear pages out of a text in order to turn them in.

In addition to virtually all the exercises from single-volume editions of *Your College Experience*, the Workbook includes:

- A summary log of each chapter's assignments
- Journal and Chapter Reflection questions for written responses to each chapter
- Objective quizzes to monitor students' comprehension of the Reader
- Exercises newly developed specifically for the Workbook
- Emphasis throughout on self-assessment, writing, systematic critical thinking, group work, and goal-directed behavior, as well as sensible activities to discover the uses of important new technologies

■ THE WADSWORTH COLLEGE SUCCESS WEBSITE: THE CAMPUS BACKPACK

The Wadsworth College Success Website is in part a tool for instructors and students to communicate with the authors and with each other around the country. It also provides interactive enrichment for traditional students, adult learners, urban learners, commuters, students planning transfer, and others. The Wadsworth College Success newsletter, *Keystone*, also is published on the site, which can be reached at <http://www.wadsworth.com>

■ ADDITIONAL RESOURCES FOR INSTRUCTORS

Guide for Instructors

Free to instructors, the Guide for this text gives sound advice on how to approach the topics in class, how to use the Workbook to greatest advantage, and how to reinforce each reading with active classroom participation. As in all learning, actions often speak louder than words, and classroom activities help to turn good advice into personal learning.

The Wadsworth College Success Course Guide

This general resource for instructors and administrators covers topics such as building campus support for a first-year course, creating and administering the course, and refining it in the future.

Critical Thinking Resource

To enhance an integrated approach to critical thinking throughout the Workbook and the Reader, we recommend that instructors read William T. Daly's *Beyond Critical Thinking: Teaching the Thinking Skills Necessary to Academic and Professional Success*. It is available from the National Resource Cen-

ter for The Freshman Year Experience and Students in Transition. Please request Monograph #17. Phone 803-777-6029, Fax 803-777-4699, or e-mail ninal@gwm.sc.edu

■ INSTRUCTOR RESOURCES FOR BUILDING COURSE MATERIALS

It is possible for instructors to create a campus-specific, custom book by selecting chapters from this and/or other Wadsworth college success books and combining them with campus materials. For immediate assistance and information regarding content, quantities, binding options, and prices of customized texts or bundled products, please contact the ITP Custom Solutions Center at 800-254-6724.

■ VIDEO SUPPLEMENTS

Wadsworth's Film and Video Policy and New Video Series

The Wadsworth Film and Video Policy is one way to enhance your course presentations. In addition, Wadsworth is developing a new series of short videos on key topics such as time management, stress, and general study skills. Ask you local Wadsworth/ITP sales representative for more details.

The SCETV Video Series

The video series *Your College Experience: Strategies for Success* is produced by the University of South Carolina and South Carolina Educational Television. Its twelve 5- to 7-minute programs are based on the text and designed to teach, inform, motivate, and stimulate lively group discussion. The series is highly adaptable to many educational settings. To order or request information, write The National Resource Center for The Freshman Year Experience and Students in Transition at 1728 College St., University of South Carolina, Columbia, SC 29208. Or call 803-777-6029 or fax 803-777-4699.

■ INSTRUCTOR TRAINING

Teacher Training Seminars with Wadsworth Authors

Held several times a year in various regions, these workshops allow you to develop your own skills as well as to help others on your campus.

Additional Training and Seminar Information

Contact the National Resource Center for the Freshman Year and Students in Transition at the University of South Carolina, 803-777-6029. Or call Jerry Jewler, 803-787-7174 (e-mail: jewler-a.jerome@sc.edu).

■ ACKNOWLEDGMENTS

Special thanks go to several individuals who contributed new essays to this book: Betsy Barefoot, Tom Carskadon, Nancy McCarley, Francine G. McNairy, and H. Thorne Compton. Dan Kurland was instrumental in providing suggestions throughout the Reader of ways for students to put new technologies to work.

An insightful group of faculty was instrumental in helping us to develop the reader/workbook concept. For initial pointers we are pleased to thank John Anthony, Eastern Wyoming College; Susan Dunn, St. Thomas Aquinas College; Rusty Jergins, Tarleton State University; Janna Sue Johnson, Berry College; Mike Schoenecke, Texas Tech University; and Pam Williams, Peru State College. Thanks for reviews of the manuscript in progress we extend to Pete Biegel, Purdue University; David Entin, New York City Technical College; Jim Stepp, Frostburg State University; and Michael C. Stoune, Texas Tech University.

We are always looking for ways to make the course in college success a more effective process from the point of view of both students and instructors. We would be more than pleased to hear your thoughts and suggestions. You can reach us in care of Wadsworth Publishing Company, College Success, 10 Davis Drive, Belmont, CA 94002.



John N. Gardner



A. Jerome Jewler

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