

SYNOPSIS OF ORAL PATHOLOGY

S. N. BHASKAR, B.D.S., D.D.S., M.S., Ph.D.

SIXTH EDITION

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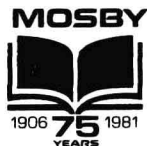
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Preface

Oral pathology teaches the student about the cause, development, gross and microscopic alterations, natural history, and final outcome of disease. It forms the basis for correct diagnosis and therapy. No other subject in dental education imparts greater confidence to the student or assures better treatment for the patient.

The first edition of this book was written to provide the student and the practicing dentist with all necessary information about oral pathology without the burden of minutiae and superfluous detail. The response from dentists and dental students around the world would indicate that all five editions of the book have accomplished this goal.

In this sixth edition, the initial purpose of the book has not changed. The subject matter has been brought up to date, and new figures have been added.

As a dentist engaged in clinical practice, I deeply appreciate the needs and the concerns of the patients, as well as the challenges and the responsibilities that constantly face all clinicians. It is my fervent hope, therefore, that this subject and especially this book will make it easier for the clinician to diagnose oral diseases quickly and to treat them with confidence.

S. N. Bhaskar

Acknowledgment

Regardless of how old a man is and what his accomplishments are, he always owes a deep debt of gratitude to his parents and to some of his teachers. To his parents, he is indebted for their teaching of all the worthwhile values of human life; and to a select group of teachers, he is indebted for their encouragement and nurturing of these values. I am deeply grateful, therefore, to my mother and father, who taught me with affection; and I dedicate this book to them and to their memory. Of my many outstanding teachers, now a part of the legend of dentistry, I will always remember Drs. Isaac Schour, Balint Orban, Harry Sicher, and Joseph P. Weinmann. It is especially to Professor Weinmann, a teacher, a dear friend, and a scientist of outstanding talent and deep humility, who taught with patience and who was willing to share all his knowledge, that I am in deepest debt.

Innumerable dentists in the United States, teachers, practitioners and students alike, have told me, through letters and spoken words, about the assistance the past editions of this book have provided them in their professional lives. Without such encouragement and support, the very purpose of this book would be lost. I express, therefore, my deep gratitude to all my professional colleagues in the United States and abroad.

A number of my students, now prominent oral pathologists in their own right, offered criticism and advice for the last edition. I wish to express my thanks to all of them and especially to Drs. Peter Tsaknis, James C. Adrian, John Nelson, Duane Cutright, and Thomas Payne for helpful advice and assistance.

No man can accomplish much without the help, support, and understanding of his family. The patience and support of my wife, Norma, and sons, William, Philip, and Thomas, are therefore acknowledged with the deepest of affection.

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PART I

ORAL DIAGNOSIS

One of the most important purposes of oral pathology is to give the student the ability to correctly diagnose oral lesions. There are more than 200 different types of diseases that afflict the oral cavity, and many of these can only be diagnosed through microscopic examination. The clinical appearance and history of oral lesions, however, can often give the clinician a reliable provisional diagnosis on which to plan further management of the patient. Oral diagnosis is based on a sound knowledge of oral pathology and is essential for good clinical practice.

The purpose of this part of the book, therefore, is to present oral pathology in a manner that is meaningful to the clinician. The lesions of the oral cavity are classified according to their clinical appearance, and such information that will aid the clinician in making a rational assessment of a given lesion is furnished. Details about microscopic features and theories about histogenesis of lesions have been omitted.

The pathology of the oral regions is presented in tabular form under the following headings:

Surface lesions of oral mucosa

- | | |
|----------------------|----------------------|
| 1. White lesions | 3. Ulcerations |
| 2. Vesicular lesions | 4. Pigmented lesions |

Soft tissue growths of oral cavity

- | | |
|---|--|
| 1. Firm, nonhemorrhagic growths | 3. Compressible growths |
| 2. Hemorrhagic or easily bleeding growths | 4. Papillary or cauliflower-like growths |

Lesions of jaws

- | | |
|------------------------|---|
| 1. Radiolucent lesions | 3. Partly radiolucent and partly radiopaque lesions |
| 2. Radiopaque lesions | |

Lesions of salivary glands

1. Swellings

WHITE LESIONS OF ORAL MUCOSA

The following conditions appear as white surface lesions of the oral mucosa (Table 1, pp. 8 to 13):

Desquamative gingivitis	Hereditary* benign intraepithelial dyskeratosis (red eye)
Benign hyperkeratosis (pachyderma oris; pachyderma oralis; focal keratosis)	Lichen planus
Leukoplakia with dyskeratosis (and verrucous leukoplakia)	Stomatitis nicotina
Carcinoma in situ	White hairy tongue (lingua villosa alba)
Squamous cell carcinoma	Candidiasis (moniliasis; thrush)
White sponge nevus (naevus spongiosis albus mucosae; white folded gingivostomatitis; congenital leukokeratosis mucosae oris)	Fordyce's disease
	Chemical burn
	Geographic tongue
	Epstein's pearl (Bohn's nodule)
	Allergic reactions

VESICULAR LESIONS OF ORAL MUCOSA

Vesicular lesions of the oral mucosa are short-lived. They rupture soon after formation and leave superficial ulcers. The following lesions appear either as vesicles that soon form ulcers or as ulcers that may be erroneously thought to have had a vesicular beginning (Table 2, pp. 14 to 19):

Primary herpetic gingivostomatitis	Reiter's syndrome
Secondary herpetic lesion	Pemphigus vulgaris
Aphthous ulcer	Benign mucous membrane pemphigus (pemphigoid)
Periadenitis mucosa necrotica recurrens (Sutton's disease; Mikulicz's ulcer)	Smallpox and chickenpox
Herpes zoster (shingles)	Herpangina
Erythema multiforme (Stevens-Johnson syndrome; ectodermosis erosiva pluriorificialis)	Hand-foot-and-mouth disease
Behçet's syndrome	Epidermolysis bullosa
	Allergic reactions (stomatitis medicamentosa; stomatitis venenata)
	Mucocele

ULCERATIONS OF ORAL MUCOSA

In the presence of an ulcer, a number of possibilities should be considered. It will be noted that all vesicular lesions of the oral mucosa terminate in ulcers and are included among the following (Table 3, pp. 20 to 29):

Traumatic ulcer	Pemphigus vulgaris
Desquamative gingivitis	Benign mucous membrane pemphigus (pemphigoid)
Vincent's stomatitis (necrotizing ulcerative gingivitis)	Smallpox and chickenpox
Eosinophilic granuloma	Herpangina
Erosive lichen planus	Hand-foot-and-mouth disease
Candidiasis (moniliasis; thrush)	Stomatitis venenata
Primary herpetic gingivostomatitis	Stomatitis medicamentosa
Secondary herpetic lesion	Squamous cell carcinoma and other malignant epithelial tumors
Aphthous ulcer	Lymphomas and leukemias
Periapical abscess (Sutton's disease; Mikulicz's ulcer)	Chancre (syphilis)
Herpes zoster (shingles)	Mucous patch (syphilis)
Erythema multiforme (Stevens-Johnson syndrome; ectodermosis erosiva pluriorificialis)	Tuberculosis
Behçet's syndrome	Histoplasmosis
Reiter's syndrome	Infectious mononucleosis
	Riga-Fede disease
	Pterygoid ulcer (Bednar's aphtha)

PIGMENTED LESIONS OF ORAL MUCOSA

Pigmentation of the oral mucosa is produced by any one of the following conditions (Table 4, pp. 30 to 33):

Black hairy tongue	Heavy metal poisoning (bismuth, mercury, lead, silver)
Amalgam tattoo	Postmenopausal state
Addison's disease	Drug ingestion (tranquilizers, oral contraceptives)
Normal pigmented patches	Varicosity
Jeghers' (Peutz-Jeghers) syndrome	Malnutrition
Melanotic macule	
Nevus	
Melanoma	

FIRM, NONHEMORRHAGIC SOFT TISSUE GROWTHS OF ORAL CAVITY

A firm, nonbleeding growth of oral soft tissue usually indicates one of the following lesions (Table 5, pp. 34 to 37):

Fibromatosis	Neurofibroma and schwannoma (neurilemoma)
Torus (exostosis; peripheral osteoma) and related lesions	Lipoma
Irritation fibroma	Granular cell myoblastoma
Peripheral fibroma and peripheral fibroma with calcification	Sialadenitis
Myxoma (fibroma with myxomatous degeneration)	Tumor of salivary gland

HEMORRHAGIC OR EASILY BLEEDING SOFT TISSUE GROWTHS OF ORAL CAVITY

Soft tissue growth of the oral tissues that bleed easily could represent any one of the following lesions (Table 6, pp. 38 to 41):

Parulis (periodontal abscess; gum-boil)	Pregnancy tumor (granuloma gravidarum)
Eosinophilic granuloma	Squamous cell carcinoma and other malignant tumors
Epulis fissuratum	Lymphomas (lymphosarcoma; reticulum cell sarcoma) and leukemias
Peripheral giant cell granuloma	
Pyogenic granuloma	

COMPRESSIBLE SOFT TISSUE GROWTHS OF ORAL CAVITY

The following lesions present as compressible growths of the oral soft tissues (Table 7, pp. 42 to 45):

Eruption cyst	Epidermoid cyst (dermoid, epidermal, dermal)
Mucocele (mucous retention cyst; retention phenomenon)	Cavernous and capillary hemangioma
Mucous cyst	Lymphangioma
Ranula	Cystic hygroma (cystic lymphangioma; hygroma cysticum colli)
Gingival cyst	
Nasoalveolar cyst	

PAPILLARY OR CAULIFLOWER-LIKE SOFT TISSUE GROWTHS OF ORAL CAVITY

The following papillary or cauliflower-like lesions occur in the oral cavity (Table 8, pp. 44 to 47):

Verrucous leukoplakia	Pseudoepitheliomatous hyperplasia
Verruca vulgaris	(keratoacanthoma)
Condyloma acuminatum	Inflammatory papillary hyperplasia
Papilloma	Verrucous carcinoma

RADIOLUCENT LESIONS OF JAWS

The radiolucent lesions of the jaws can be subdivided into eight groups as follows (Table 9, pp. 48 to 61):

Lesions at apex of tooth

Dental granuloma
Radicular cyst
Residual cyst
Periapical (dentoalveolar) abscess
Apical scar
Cementoma (first stage)

Lesions in midline of maxilla

Median palatine cyst
Median alveolar cyst
Globulomaxillary cyst
Nasoalveolar cyst
Incisive canal cyst
Cyst of palatine papilla

Lesion in place of missing tooth

Primordial cyst

Lesions around crown of impacted tooth

Dentigerous cyst
Ameloblastoma
Odontogenic adenomatoid tumor
(adenoameloblastoma)
Odontogenic fibroma and myxoma

Soap bubble-like radiolucencies

Multilocular cyst
Aneurysmal bone cyst
Ameloblastoma
Giant cell granuloma (central)
Cherubism (early stage) or familial
intraosseous fibrous swelling of
jaws
Myxoma (nonodontogenic)

Multiple but separate radiolucent lesions

Cherubism (early stage) or familial
intraosseous fibrous swelling of
jaws
Multiple myeloma
Eosinophilic granuloma
Hand-Schüller-Christian disease
Letterer-Siwe disease
Hyperparathyroidism (brown node,
giant cell lesion)
Metastatic tumor

Lesions that destroy cortical plate

Metastatic tumor
Primary malignant tumor
Osteomyelitis

Miscellaneous radiolucencies

Lateral periodontal cyst
Traumatic cyst
Idiopathic bone cavity
Osteomyelitis

Hematopoietic marrow
Gingival cyst
Physiologic osteoporosis
Hemangioma (central)

RADIOPAQUE LESIONS OF JAWS

A radiopaque area of the jaw may represent any one of the following lesions (Table 10, pp. 62 to 67):

Cementoma (third stage)	Osteopetrosis (Albers-Schönberg disease; marble bone disease)
Compound odontoma	Leontiasis ossea
Complex odontoma	Caffey's disease (infantile cortical hyperostosis)
Ossifying fibroma (fibrous dysplasia)	Garré's osteomyelitis
Osteoma and torus	Condensing osteitis
Osteogenic sarcoma	Root fragment or foreign body
Chondrosarcoma	Chronic sclerosing osteomyelitis
Metastatic tumor.	
Paget's disease (osteitis deformans)	

PARTLY RADIOPAQUE AND PARTLY RADIOLUCENT LESIONS OF JAWS

The following lesions usually present as partly radiopaque and partly radiolucent areas (Table 11, pp. 66 to 69):

Cementoma (second stage)	Metastasis from carcinoma of prostate or breast
Ameloblastic fibro-odontoma	Paget's disease (osteitis deformans)
Cystic odontoma	Condensing osteitis
Ossifying fibroma (fibrous dysplasia)	Chronic sclerosing osteomyelitis
Osteogenic sarcoma	
Chondrosarcoma	

SWELLINGS OF SALIVARY GLANDS

A swelling in the area of a major or minor salivary gland may represent any one of the following lesions (Table 12, pp. 70 to 73):

Mucocele (mucous retention cyst; retention phenomenon)	Sjögren's syndrome (sicca syndrome [sicca, dry])
Ranula	Fatty infiltration
Mumps (infectious parotitis)	Hypertrophy
Cat-scratch disease	Sialadenitis
Sarcoidosis (Besnier-Boeck-Schaumann disease)	Benign tumor
Mikulicz's disease (benign lympho-epithelial lesion)	Malignant tumor

• • •

The information included in Tables 1 to 12 is not precise. In a sense, it is crude—but only as crude as an eye is to a microscope. There are exceptions to many points given; but when intelligently applied to a given oral lesion, this information can aid the clinician in making a reasonably accurate diagnosis.

Table 1. White lesions of oral mucosa

Lesion	Usual location	Usual age and sex	Clinical features
Desquamative gingivitis	Free and attached gingiva	Over 40 yr; female	Multiple white areas that can be rubbed off by finger pressure; red, inflamed mucous membrane
Benign hyperkeratosis (pachyderma oris; etc.)	Anywhere on oral mucosa, especially lip and cheek	Adulthood; male	White lesion, flat or raised, may be rough; usually single; duration, weeks to months; cannot be wiped off
Leukoplakia with dyskeratosis (and verrucous leukoplakia)	Anywhere on oral mucosa, usually lip, tongue, cheek, and floor of mouth	Adulthood, usually fourth decade and later; male	White lesion, flat or elevated, may be fissured, rough, or smooth; any size; asymptomatic; may be increasing in size; may present as ulcer or as mottled or red area; duration varies; cannot be wiped off
Carcinoma in situ	Anywhere on oral mucosa	Adulthood; male	Same as in leukoplakia
Squamous cell carcinoma	Lip, tongue, floor of mouth, and cheek, in that order of frequency	Adulthood; male	About 4%-6% present as white plaques; may be flat, elevated, or fissured; may be associated with lymph node enlargement in neck
White sponge nevus (naevus spongiosis albus mucosae; etc.)	Large area of oral mucosa or entire mucosa	Present from childhood; either	Hereditary disease; present in number of members of same family; may appear in one area and then spread; asymptomatic; mucosa appears parboiled; cannot be wiped off

Microscopic features	Treatment	Prognosis	Page ref.
Separation of epithelium from connective tissue at basement membrane	Symptomatic; hormones; corticoids; vitamins	Fair	186
Epithellum covering mucosa shows thick layer of keratin; epithelial cells normal	If cause removed lesion should disappear in about 3 wk; may be excised	Excellent	374
Epithelial covering shows thick layer of keratin, as seen in benign hyperkeratosis; also, epithelial cells show abnormalities called dyskeratosis (p. 379); basement membrane intact	Total excision with wide margin	Untreated lesion becomes squamous cell carcinoma; if totally excised, prognosis good; better prognosis in lesions of lip and cheek than in those of floor of mouth or base of tongue	375
Only difference between this lesion and leukoplakia is presence of dyskeratotic cells in almost all layers; basement membrane intact; carcinoma in situ differs from leukoplakia only in degree	Total, wide excision	Same as in leukoplakia; prognosis only fair in lesions of floor of mouth and base of tongue	380
Epithelial covering shows keratinization; numerous dyskeratotic cells, many of which invade underlying tissues; basement membrane violated	Wide excision	Good for lip lesion; poor for lesions of floor of mouth and base of tongue	380 and 539
Thickening of epithelial covering; superficial layers of epithelial cells swollen and fail to stain	None; lesions harmless and should not be treated	Excellent	380

Table 1. White lesions of oral mucosa—cont'd

Lesion	Usual location	Usual age and sex	Clinical features
Hereditary benign intra-epithelial dyskeratosis (red eye)	Generalized on oral mucosa	Present from childhood; either	White spongy mucosa; corners of mouth may be involved; white plaques on cornea and conjunctivitis, giving red eye appearance
Lichen planus	Cheek; may be on tongue or lip or elsewhere on oral mucosa	Adulthood; either	White or gray-white lacy lesion or gray-white patch; cannot be wiped off; may be associated with scaly papules on skin; oral lesion may precede skin lesion; believed to be of psychosomatic origin
Stomatitis nicotina	Palate	Adulthood; male	Reddening of palatal mucosa that later becomes white; surface studded with numerous nipplelike elevations, center of which shows pinpoint orifice of palatal gland duct; patients usually pipe smokers; cannot be wiped off
White hairy tongue (lingua villosa alba)	Dorsum of tongue	Adulthood and later; male	Long, white, hairlike elongation of filiform papillae; asymptomatic or accompanied by pain and enlargement of tongue
Candidiasis (moniliasis; thrush)	Anywhere on oral mucosa	Two extremes of life; also debilitated persons and those receiving antibiotics; either	Multiple white, curdlike patches on oral mucosa; can be scraped off but leave bleeding surfaces; lesions heal in one area to appear elsewhere; may appear as red, raw oral mucosa
Fordyce's disease	Cheek, level of occlusal plane of teeth	Adulthood; either	White or yellowish granules; may coalesce to appear as white or yellow plaque; asymptomatic; condition very common