# Cognitive Psychological SECOND EDITION



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# Cognitive Psychology Second Edition

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#### **Preface**

For most of us, our everyday experience seems quite unremarkable. We move about pursuing goals, interacting with others, and responding to objects and events in our environment. Sometimes we are surprised, but for the most part we have no difficulty making sense of the world. When we look beneath the surface of everyday experience, however, we see that what our cognitive system accomplishes is nothing short of amazing. In this book we will examine the what, why, and how of these accomplishments. Cognitive psychology is the study of the human mind; its domain includes questions concerning how people perceive the world, remember information, use knowledge, understand language, learn, reason, and solve problems. In each area one can show that an intelligent organism that objectively considers all possibilities is doomed to failure. It will not be able to learn a language, solve complex problems, or understand events in the world as meaningful. For example, as we shall see in the chapter on perception, any visual input is consistent with an unlimited number of interpretations. The challenging question is how the perceptual system functions such that we are normally unaware of any ambiguity. Indeed, our guesses about the world are so accurate that our experience is of simply seeing the world as it is, more or less directly.

Ambiguity is actually a quite general problem in cognition. In a sense, we have organized this entire book around challenges posed by ambiguity. The world continually confronts us with situations that offer too little information about what is going on and too many possibilities about what to do. Rather than try to consider all the possibilities, we come prepared with certain biases or expectations that greatly influence what we consider and how we act. We may not experience ambiguity because we do not consider alternative possibilities. Expectations or "constraints" occur in all facets of cognition and, we believe, are responsible for the successful performance of the cognitive system. Finally, one should note that constraints represent an adaptation to our world and, therefore, should be thought of more as "guiding principles" rather than limitations. Although we often compare minds to computers, it is critically important to realize that our cognitive system is not a general-purpose computing device. Instead, our cognitive resources are exquisitely "tuned" to the demands of our unique environment.

We believe that ambiguity and responses to it provide some broad organizing themes. We hope that the framework we describe will allow the student to better appreciate not just each individual accomplishment of the mind (perception, language, and so on), but some basic commonalities that cut across these accomplishments.

In elaborating these themes, we bring in evidence from a variety of areas of psychology, as well as from other cognitive sciences. The book contains many sections explaining research on artificial intelligence (AI), connectionist or parallel distributed processing (PDP) models, and cognitive neuroscience. We believe that our unifying themes grow in part out of developments in other cognitive science disciplines and that cognitive science students from outside psychology will be able to learn about cognitive psychology from this book. We have not shied away from presenting technical details in many sections. Some discussions are complex, but we believe that current work in cognitive psychology requires detailed analysis. At the same time, we have tried to be careful about allowing the reader to understand the issues and their implications even without a grasp of the technical details.

To further help in giving some structure to the research areas, the book is organized into five large sections. The first section (Chapters 1 and 2) provides an overview of the themes and the approaches to studying the mind. The second section (Chapters 3, 4, and 5) examines how information is acquired, including basic learning processes, attention, and perception. The third section (Chapters 6, 7, 8, and 9) addresses fundamental issues of representation of knowledge and its use, with investigation of imagery and memory. The fourth section (Chapters 10, 11, and 12) provides information about language and concepts, including coverage of language comprehension, acquisition, and production. The final section (Chapters 13, 14, 15, and 16) addresses thinking, with information on reasoning, problem solving, expertise, creativity, and decision making.

This book is intended for a one-semester course in cognitive psychology. In our experience, it is not possible to cover all of the material in a single quarter. Although we have attempted to place the chapters in logical sequence, other orderings are possible. It is probably important that the introductory chapter outlining the themes be read first. Other than that it would probably be best to read 7 before 8 and 14 before 15. Although we tie together material across chapters, the overall themes permit an instructor to skip certain early chapters (e.g. Learning, Perception) without too much loss of continuity. In addition, non–psychology students interested in cognitive science may get an overview of cognitive psychology by reading selected chapters related to their interests.

The second edition represents a major revision. Most importantly, the edition is much more instructor- and student-friendly. Every chapter has been rewritten, reorganized, and systematically updated. We

have spent much time trying to make the complex topics more readable and to draw connections across topics. There is also a considerable amount of new material on topics ranging from repressed memories to the cognitive neuroscience of attention.

We have received much help throughout the writing of this book. For help with the first edition we thank Marcus Boggs, the editor who expressed confidence through the early drafts and gave us much freedom in letting the book evolve. When he became President of Academic Press, he was succeeded at Harcourt Brace by Phil Curson and then Tina Oldham. John Haley provided support and guidance in preparing the second edition. Carol O'Connell combined skill, taste, and a sense of humor that made the production side of things go very smoothly.

A number of colleagues and external reviewers have left their mark on the book. We thank Woo-Kyoung Ahn, Neal Cohen, Gary Dell, Stephanie Doane, Evan Heit, Phillip Johnson-Laird, Gordon Logan, Gregory Murphy, Harold Pashler, Javier Sainz, Edward Smith, David Swinney, and Edward Wisniewski for thoughtful advice on what we wrote. We would also like to thank people who may not have helped directly with this book but who have had large influences on our thinking about cognition: John Anderson, Larry Barsalou, Gordon Bower, William K. Estes, Thomas Landauer, Elissa Newport, Edward Smith, (and each other). In addition, we received much help with how the material was presented from Leigh Elkins, Keith Magnus, Joshua Medin, Rebecca Medin, Linda Powers, Edward Smith, Tom Spalding, and Cheryl Sullivan. Special thanks are due to Ulyses S. Grant IV who helped in all phases of manuscript preparation.

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Douglas Medin and Brian Ross

### **Contents**

PART I	OVERVIEW	1
1	Possibilities, Information, and Experience	3
	Introduction	4
	Puzzles	4
	Possibilities	7
	A Closer Look Thomas and Implications	8
	Themes and Implications	10
	Experience and Learning  Experience and Explanations	<b>11</b> 11
	Ways of Knowing	13
	Experimentation	18
	Summary	19
	Key Terms	20
	Recommended Readings	20
2	Approaches to the Study of the Mind	21
	Roots of Cognitive Psychology	23
	Introspectionism	23
	Behaviorism	23
	Critique of Behaviorism	24
	Cognitive Psychology	26
	The Emergence of Cognitive Science	30
	Background	30 32
	Cognitive Science	
	Cognitive Neuroscience Techniques  Event-Related Potentials	32
	Positron Emission Tomography	32 33
	Magnetic Resonance Imaging	33
	Summary	33
	Levels of Analysis	34
	Marr's Three Levels	35
	Recursive Decomposition	37

	Diversity of Approaches	39
	Degree of Formalism—From Frameworks to Mathematical Models	39
	Simplicity Versus Sufficiency—Al and Computer Simulation Models	
	Explicit Versus Implicit Structure—Connectionist Models The Stroop Effect	42 43
	Summary	47
	Ecological Validity	47
	Summary	51
	Key Terms	51
	Recommended Readings	52
PART II	ACQUIRING INFORMATION	53
3	Learning	55
	Introduction	56
	Two Faces of Learning	57
	The Biological Backdrop of Learning	58
	Fixed Action Patterns and Releasers	58
	Critical Periods and Imprinting	60
	Constraints on Learning	62
	Summary	64
	Basic Learning	64
	Habituation	64
	Classical Conditioning	66 71
	Trial-and-Error Learning or Instrumental Learning Paired-Associate Learning	74
	Implications	76
	The Learning-Performance Distinction	77
	Contingency Learning and Illusory Correlation	78
	Meaningful Learning	83
	Summary	84
	Key Terms	85
	Recommended Readings	85
4	Attention	87
	Introduction	88
	Some Initial Observations	90
	Sensory Stores	90
	Focused Attention	95

PART III	MEMORY	155
6	Spatial Knowledge, Imagery,	
	and Visual Memory	157
	Introduction	158
	Representations	159
	Relations Between Representations and Referents Analog Representations	159 160
	Spatial Knowledge	164
	Maps and Navigation	164
	Spatial Representations and Development	166
	Hierarchical Representations of Space	168
	The Brain and Spatial Cognition	169
	Imagery	171
	Evidence for Use of Visual Imagery	172
	Representation of Images	176
	Visual Memory	180
	Remembering Details	180
	Memory for Pictures	181
	The Picture-Superiority Effect	181
	Face Recognition	182
	Mnemonics	182
	Summary	183
	Key Terms	184
	Recommended Readings	184
7	Memory: Remembering New Information	185
	Introduction	186
	Centrality of Memory	186
	Uses of Memory	187
	Short-Term Memory	188
	Introduction	188
	Characteristics of Short-Term Memory	189
	Working Memory	193
	Long-Term Memory	198
	Introduction	198
	Encoding	200
	Retrieval	204
	Encoding-Retrieval Interactions	206
	Forgetting	213

	Capacity and Attention	96
	Bottleneck Theories	96
	Late Selection	98
	Capacity Theories	99
	Capacity and Automaticity	101
	Attention and Action	105
	Dual-Task Interference	105
	Spatial Selection Versus Object Selection	106
	Selection and Negative Priming	108
	Summary	109
	Integration of Information: Feature Integration Theory	110
	Summary	112
	Key Terms	112
	Recommended Readings	112
5	Perception	114
	The Problem of Perception	115
	The Constraints Perspective	116
	Edge Detection	117
	Localization	118
	Segregation	118
	Distance	123
	Motion	126
	Summary	127
	From Features to Structure	127
	Feature Detection Theories	128
	Structural Theories	130
	Template Matching and Alignment Global to Local Processing	134 136
	Face Recognition and Visual Subsystems	138
	Summary	139
	Levels and the Integration of Information in Perception	139
	Context Effects	139
	The Word Superiority Effect	140
	Summary	143
	Speech Production and Perception	143
	Structure	144
	Speech Perception	150
	Summary	152
	Key Terms	153
	Recommended Readings	153

	Models of Memory for New Information	217
	General Approach	217
	Simple Association Models The SAM Model	218 219
	Summary	225
	Key Terms	226
	Recommended Readings	226
8	Remembering New Information:	
	Beyond Basic Effects	227
	Introduction	228
	Memory in the World	229
	Eyewitness Testimony	229
	Flashbulb Memories	235
	Recovered Memories	238
	Summary	242
	Individual Differences	242
	Introduction	242
	Strategies and Knowledge	243 245
	Extraordinary Memories Amnesia	243
	Summary	249
	Implicit and Explicit Memory	250
	Spared Learning in Amnesia	251
	Implicit and Explicit Memory with Normal-Memory Adults	255
	Theoretical Explanations	258
	Evaluation	263
	Summary	264
	Key Terms	265
	Recommended Readings	265
9	Representation of Knowledge and Its Use	267
	Introduction	268
	Semantic Knowledge	268
	Introduction	268
	The Hierarchical Model	269
	Are Episodic and Semantic Memory Distinct Memory Systems?	272

	Two Models of Memory Including Episodic	
	and Semantic Information	274
	Introduction	274
	The ACT Theory	274
	A Parallel Distributed Processing Model of Memory	284
	Summary	293
	Larger Knowledge Structures and Their Use in Understanding	293
	-	
	Schemas Motivation	<b>297</b> 297
	What Is a Schema?	298
	Scripts	301
	Schema Activation	305
	Problems with Schemas	305
	Reconstructive Memory	306
	Summary	309
	Key Terms	310
	Recommended Readings	310
	Appendix: Learning in a Parallel	
	Distributed Processing Model	311
PART IV	LANGUAGE AND UNDERSTANDING	317
0	Language	319
	Introduction	320
	The Brain and Language	320
	Functions of Language	322
	Levels and Structure	323
	Important Properties of Natural Language	324
	Phonology	327
	Phonological Rules	327
	Syntax	329
	The Need for Structure	329
	Structure	330
	The Psychological Reality of Syntax	335
	Understanding Language	336
	A Second Look at Modularity	339
	Text Comprehension	341

		Contents	xvii
			244
	Pragmatics		344
	The Given-New Strategy Presupposition and Assertion		344 345
	Conversational Maxims		345
	Summary		347
	Key Terms		347
	Recommended Readings		348
11	Language Acquisition		349
	Introduction		350
	The Learning Problem		350
	Input Conditions		351
	Innateness		354
	Productivity and the Status of Rules		354
	Overview		355
	Course of Language Acquisition		356
	Early Development		356
	Later Development		357
	Summary		358
	Constraints and Interactions		358
	Phonology		358 359
	Syntax Word Mannings		364
	Word Meanings		366
	Summary		
	Key Terms		367
	Recommended Readings		367
12	<b>Concepts and Categories:</b>		
	Representation and Use		368
	Introduction		369
	Why Categorize?		369
	Computational Complexity		370
	Functions of Concepts		370
	Concepts and Misconceptions		372
	Structure of Natural Object Categories		374

375

376

382 384

The Classical View

The Probabilistic View

Between-Category Structure
Does Similarity Explain Categorization?

	Concepts as Organized by Theories Putting Similarity in Its Place	388 389
	Summary	391
	Use of Categories in Reasoning	391
	Goals and Ad Hoc Categories	392
	Conceptual Combination Induction	392 393
	Summary	394
	Key Terms	395
	Recommended Readings	395
PART V	THINKING	397
13	Reasoning	399
	Introduction	400
	Deductive Versus Inductive Reasoning	403
	Deductive Reasoning	403
	Conditional Reasoning	404
	Categorical Syllogisms	410
	Do People Have Abstract Reasoning Structures or Rules?	416
	Inductive Reasoning Argument Structure	<b>417</b> 418
	Inductive Strength, Similarity, and Analogy	419
	Hypothesis Testing and Scientific Reasoning	422
	Probabilistic Reasoning	424
	Test Quality	424
	Base Rate Neglect	426
	Mental Models and Intuitive Theories	428
	Mental Models and Health Behavior	429
	Intuitive Theories	432
	Summary	434
	Key Terms	435
	Recommended Readings	435
14	Problem Solving	437
	Introduction	438
	Problems, Problems	438
	What Is a Problem?	438
	Types of Problems Methods for Studying Problem Solving	439 440
	ivientous for studying Froblem Solving	440

	Problem Solving as Representation and Search	442
	Introduction	442
	The Problem Space Analysis	443
	Problem Solving as Search	446
	Problem Solving as Representation	452
	Summary of Problem Solving as Representation and Search	458
	Reliance on Specific Relevant Knowledge	458
	Introduction	458
	The Influence of Related Problems	459
	Case-Based Reasoning: An Al Approach	465
	Summary	467
	Key Terms	468
	Recommended Readings	468
15	Expertise and Creativity	469
	Introduction	470
	Expertise	470
	Introduction	470
	Comparing Experts and Novices	471
	Developing Expertise	478
	Expert Systems	487
	Adaptive Expertise	490
	Summary	491
	Creativity	492
	Introduction	492
	The Traditional View	494
	Some Recent Views of Creativity	496
	Summary	502
	Key Terms	503
	Recommended Readings	503
16	Judgment and Decision Making	504
	Introduction	505
	Normative or Rational Models	507
	Expected Value Theory	507
	Expected Utility Theory	508
	Limitations of Expected Utility and Alternatives to It	509
	Violations of Expected Utility	509
	Prospect Theory	515
	Regret Theory	516

Decision Making Over Time	517
Summary	518
Dealing with Complexity	519
Strategies for Dealing with Complexity	519
Adaptive Decision Making	520
Further Heuristics and Biases	521
Availability Heuristic	522
Representativeness Heuristic	524
Anchoring and Adjustment	525
Causal Schemas	525
Hindsight Bias	526
Overconfidence	527
Relativity of Judgment and Use of Norms	528
Heuristics in Perspective	529
Summary	529
Key Terms	530
Recommended Readings	530
Glossary	533
References	547
Copyrights and Acknowledgments	575
Author Index	579
Subject Index	589

## PART I OVERVIEW

Possibilities, Information, and Experience

Approaches to the Study of the Mind