YEARBOOK®

YEAR BOOK OF ONCOLOGY® 2001

PATRICK J. LOEHRER, SR BURTON L. EISENBERG ELI GLATSTEIN MICHAEL S. GORDON BRUCE E. JOHNSON CHARLES B. PRATT J. TATE THIGPEN

YEAR BOOK

Vears of excellence

2001

The Year Book of ONCOLOGY®

Editor-in-Chief

Patrick J. Loehrer, Sr, MD

Professor of Medicine, Section of Hematology/Oncology, Indiana University School of Medicine, Indiana University Hospital, Indianapolis







Publisher: Cynthia Baudendistel
Developmental Editor: Jennifer Richardet
Senior Production Editor: Pat Costigan
Manager, Literature Services and Continuity Editing: Idelle L. Winer
Project Supervisor, Production: Joy Moore
Production Assistant: Betty Dockins
Illustrations and Permissions Specialist: Steve Ramay

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2001 YEAR BOOK OF ONCOLOGY®

Statement of Purpose

The YEAR BOOK Series

The YEAR BOOK series was devised in 1901 by health professionals who observed that the literature of medicine and related disciplines had become so voluminous that no one individual could read and place in perspective every potential advance in a major specialty. That has never been more true than it is today.

More than merely a series of books, YEAR BOOK volumes are the tangible results of a unique service designed to accomplish the following:

- · to survey a wide range of journals
- to *select* from those journals papers representing significant advances and statements of important clinical principles
- to provide *abstracts* of those articles that are readable, convenient summaries of their key points
- to provide informed commentary about their relevance

These publications grow out of a unique process that draws on the talents of outstanding authorities in clinical and fundamental disciplines, trained literature specialists, and professional writers—all supported by the resources of Mosby, the world's preeminent publisher for the health professions.

The Literature Base

Mosby and its editors survey approximately 500 journals published worldwide, covering the full range of the health professions. On an annual basis, the publisher examines usage patterns and polls its expert authorities to add new journals to the literature base and to delete journals that are no longer useful as potential YEAR BOOK sources.

The Literature Survey

More than 250,000 peer-reviewed articles per year are scanned systematically—including title, text, illustrations, tables, and references—by the publisher's team of literature specialists. Each scan is compared, article by article, to the search strategies that the publisher has developed in consultation with the nearly 200 outside experts who form the pool of YEAR BOOK editors. A given article with broad scientific or clinical implications may be reviewed by any number of YEAR BOOK editors, from one to a dozen or more, regardless of the discipline for which the paper was originally published. In turn, each editor who receives the article reviews it to determine whether it should be included in his or her volume. This decision is based on the article's inherent quality, its relevance to readers of that YEAR BOOK, and the editor's goal to represent a comprehensive picture of a given field in each volume of the YEAR BOOK. In addition, the editor indicates when to include figures and tables from the article to help the YEAR BOOK reader better understand the information.

Of the quarter million articles scanned each year, only 5% are selected for publication within the YEAR BOOK series, thereby assuring readers of the high value of every selection.

The Abstract

The publisher's abstracting staff is headed by a seasoned medical editing professional and includes individuals with extensive experience in writing for the health professions. When an article is selected for inclusion in a YEAR BOOK, it is assigned to a member of the abstracting staff. The abstractor, guided in many cases by notations supplied by the physician editor, writes a structured, condensed summary designed to rapidly communicate to the reader the essential information contained in the article.

The Commentary

The YEAR BOOK editorial boards, sometimes assisted by guest contributors, write comments that place each article in perspective. This provides the reader with insights from authorities in each discipline that point out the value of the article and that often reflect the authority's thought processes in assessing the article.

Additional Editorial Features

The editorial boards of each YEAR BOOK organize the abstracts and comments to provide a logical and satisfying sequence of information. To enhance the organization, editors also provide introductions to sections or individual chapters, comments linking a number of abstracts, citations to additional literature, and other features.

The published YEAR BOOK contains enhanced bibliographic citations for each selected article, including extended listings of multiple authors and identification of author affiliations. Each YEAR BOOK contains a Table of Contents specific to that year's volume. From year to year, the Table of Contents for a given YEAR BOOK may vary, depending on developments within the field.

Every YEAR BOOK contains a list of the journals from which articles have been selected. This list represents a subset of approximately 500 journals surveyed by the publisher and occasionally reflects a particularly pertinent article from a journal that is not surveyed routinely.

Finally, each volume contains a comprehensive subject index and an index to authors of each selected article.

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Associate Editors

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Professor of Surgery, Temple University School of Medicine; Chairman, Department of Surgical Oncology, Fox Chase Cancer Center, Philadelphia

Eli Glatstein, MD

Professor and Clinical Director, Department of Radiation Oncology, Hospital of the University of Pennsylvania, Philadelphia

Michael S. Gordon, MD

Associate Professor of Medicine, Associate Dean for Research-Phoenix Campus, University of Arizona College of Medicine, Phoenix

Bruce E. Johnson, MD

Associate Professor of Medicine, Brigham and Women's Hospital and Harvard Medical School; Director, Lowe Center for Throacic Oncology; Physician, Department of Adult Oncology, Dana-Farber Cancer Institute, Boston

Charles B. Pratt, MD

Professor, Department of Pediatrics, University of Tennessee-Memphis; Member, Hematology-Oncology, St Jude Children's Research Hospital, Memphis, Tenn

James Tate Thigpen, MD

Professor of Medicine, University of Mississippi Medical Center, Jackson

Journals Represented

Mosby and its editors survey approximately 500 journals for its abstract and commentary publications. From these journals, the Editors select the articles to be abstracted. Journals represented in this YEAR BOOK are listed below.

American Journal of Clinical Pathology

American Journal of Epidemiology

American Journal of Roentgenology

American Journal of Surgery

American Surgeon

Annals of Internal Medicine

Annals of Surgery

Annals of Surgical Oncology

Annals of Thoracic Surgery

Archives of Surgery

Blood

Bone Marrow Transplantation

British Journal of Cancer

British Medical Journal

Cancer

Cancer Research

Chest

Clinical Cancer Research

Diseases of the Colon and Rectum

European Journal of Cancer

European Journal of Nuclear Medicine

European Journal of Surgical Oncology (London)

European Respiratory Journal

Gastroenterology

Gynecologic Oncology

Head and Neck

Health Physics

Human Pathology

International Journal of Cancer

International Journal of Radiation, Oncology, Biology, and Physics

Journal of Bone and Joint Surgery (American Volume)

Journal of Clinical Endocrinology and Metabolism

Journal of Clinical Investigation

Journal of Clinical Oncology

Journal of Investigative Dermatology

Journal of Neurosurgery

Journal of Pediatric Hematology/Oncology

Journal of Pediatric Orthopaedics

Journal of Pediatric Surgery

Journal of Pediatrics

Journal of Thoracic and Cardiovascular Surgery

Journal of Urology

Journal of the American College of Surgeons

Journal of the American Medical Association

Journal of the National Cancer Institute

Lancet

Modern Pathology

Nature
Nature Genetics
Neurosurgery
New England Journal of Medicine
Ophthalmology
Pediatric Radiology
Proceedings of the National Academy of Sciences
Radiology
Radiotherapy and Oncology
Science
Surgery
Thorax
Transplantation
World Journal of Surgery

STANDARD ABBREVIATIONS

The following terms are abbreviated in this edition: acquired immunodeficiency syndrome (AIDS), cardiopulmonary resuscitation (CPR), central nervous system (CNS), cerebrospinal fluid (CSF), computed tomography (CT), deoxyribonucleic acid (DNA), electrocardiography (ECG), health maintenance organization (HMO), human immunodeficiency virus (HIV), intensive care unit (ICU), intramuscular (IM), intravenous (IV), magnetic resonance (MR) imaging (MRI), ribonucleic acid (RNA), ultrasound (US), and ultraviolet (UV).

NOTE

The YEAR BOOK OF ONCOLOGY is a literature survey service providing abstracts of articles published in the professional literature. Every effort is made to assure the accuracy of the information presented in these pages. Neither the editors nor the publisher of the YEAR BOOK OF ONCOLOGY can be responsible for errors in the original materials. The editors' comments are their own opinions. Mention of specific products within this publication does not constitute endorsement.

To facilitate the use of the YEAR BOOK OF ONCOLOGY as a reference tool, all illustrations and tables included in this publication are now identified as they appear in the original article. This change is meant to help the reader recognize that any illustration or table appearing in the YEAR BOOK OF ONCOLOGY may be only one of many in the original article. For this reason, figure and table numbers will often appear to be out of sequence within the YEAR BOOK OF ONCOLOGY.

Publisher's Preface

The publication of the 2001 YEAR BOOK series marks the 100th anniversary of the original Practical Medicine Series of Year Books. To commemorate this milestone, each 2001 Year Book includes an anniversary seal on the cover. The content and format of the Year Books remain unchanged from the beginning of the last century—each volume consists of abstracts of the best scholarly articles of the year, accompanied by expert critical commentaries.

The first Year Book appeared in 1900 when Gustavus P. Head, MD, produced the first Year Book of the Nose, Throat and Ear, a volume consisting of highlights from the previous year's best literature, enhanced by expert observations. Dr Head assembled a small group of distinguished physicians to serve as editors, and the first series of Year Books was published in 1901. The first volumes of the Year Book series—General Medicine, General Surgery, The Eye, Gynecology, Obstetrics, Materia Medica and Therapeutics, Pediatrics, Physiology, and Skin and Venereal Diseases—appeared at monthly intervals, with 10 volumes published in 1 year. The entire series was met with critical enthusiasm.

In 1904, Dr Head's brother, Cloyd, assumed responsibility for the management of the Year Books. In 1905, the volumes began to appear at regular intervals during the calendar year instead of on a monthly basis. By World War I, the Year Books had been established as an authority on

medical and surgical progress.

The postwar period brought about a significant change in the practice of medicine: specialization. To accommodate the rise of specialization in medicine, the Year Books were now sold as individual volumes rather than only as a complete set. This change brought about a tremendous response and sales of the books increased. In 1922, the Year Books became even more specialized, as the books now had different editors for the different medical specialties covered in each volume. Later, in 1933, the title of the series changed from the Practical Medicine Series of Year Books to the Practical Medicine Year Books to reflect these new designs.

The Year Books have grown significantly from the first 10-volume series in 1901 to a diversified series of 32 volumes in 2001. That the Year Book series is the only series of their kind to have survived is a testament to the vision and commitment of its founders. Some minor changes in format and design have occurred throughout the years, but the mission of the Year Book series—to provide a record of exceptional medical achievements distinguished by the reflections of many of the great names in medicine

today—has remained constant.

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1 Etiology,Epidemiology, andEthics

Maintaining Abstinence From Cigarette Smoking: Effectiveness of Group Counselling and Factors Predicting Outcome

Razavi D, Vandecasteele H, Primo C, et al (Université Libre de Bruxelles, Brussels, Belgium; Novartis Pharma, Brussels, Belgium; Vrije Universiteit Brussel, Belgium; et al)

Eur J Cancer 35:1238-1247, 1999

1 - 1

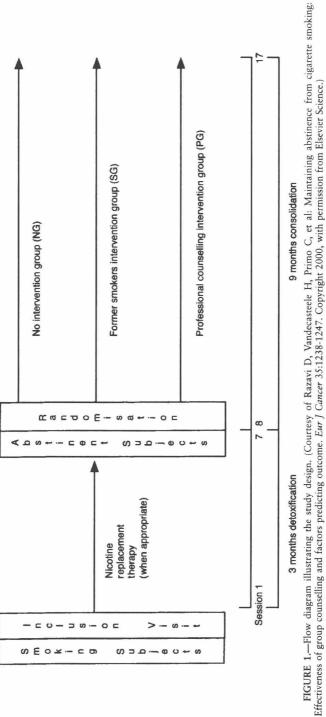
Objective.—The long-term effectiveness of worksite smoking cessation programs that use group support and transdermal nicotine replacement has not been well studied. The effectiveness of group support, transdermal nicotine patches, or both, at maintaining abstinence after 3 and 12 months was evaluated in an open-label randomized study.

Methods.—After 7 biweekly smoking cessation sessions, abstainers were randomly assigned to group professional counseling (PG), supportive therapy sessions led by former smokers (SG), or to no intervention (NG) for sessions 8 to 17 (Fig 1). Continued abstinence was verified by urine tests and breath carbon monoxide measurements. Psychological adjustment was evaluated.

Results.—The 3-month abstinence rate was 35.1% (Table 1). At 12 months, the abstinence rates for the 3 groups were similar. Multivariate analysis outcome predictors of abstinence at 12 months were male sex, better psychological scores, and coming from a nonsmoking family. Abstinent and relapsed individuals gained 4.1 and 2.4 kg, respectively, at 3 months. Weight gain was associated with male sex, blue collar employment, and higher Fagerström scores.

Conclusion.—The relationship between smoking cessation and weight gain, sex differences, and family support need to be studied more thoroughly to improve the smoking cessation rate.

▶ Surely, one of the major problems in public health among Western countries today is how to help people to stop smoking and prevent relapses of



Abstinence Based on Subject Report Subject Report, and Expired Expired Carbon Monoxide and Carbon Monoxide Cotinine n (%) n (%) Abstinence at 3 months (n = 993) 349 (35.1) 190 (19.1) Abstinence at 12 months Professionals (PG) (n = 135)78 (57.8) 59 (43.7) Ex-smokers (SG) (n = 88)47 (53.4) 33 (37.5) No follow-up (NG) (n = 121) 60 (49.6) 43 (35.5) Total (n = 344)185 (53.8) 135 (39.2)

(Courtesy of Razavi D, Vandecasteele H, Primo C, et al: Maintaining abstinence from cigarette smoking: Effectiveness of group counselling and factors predicting outcome. Eur J Cancer 35:1238-1247. Copyright 2000, with permission from Elsevier Science.)

smoking. Many people have advocated counseling either by professional psychologists or by former smokers. This article from Europe is an interesting effort to assess the problem of abstinence and relapse. In addition to actual smoking histories, the participants were required to have their exhaled gases quantified for carbon monoxide and samples of their urine studied for cotinine.

The results of this study are sobering. At 3 months, the abstinence rate was only 35%. After 12 months, the abstinence rates were roughly half of the rate at 3 months. Moreover, there appeared to be no difference between counseling by professional psychologists, counseling by former smokers, or the no intervention control group.

And the tobacco companies claim this is not a drug!

E. Glatstein, MD

Sexual Dysfunction, Informed Consent and Multimodality Therapy for **Rectal Cancer**

Chorost MI, Weber TK, Lee RJ, et al (Roswell Park Cancer Inst, Buffalo, NY) Am J Surg 179:271-274, 2000 1 - 2

Objective.—After curative surgery and adjuvant therapy for rectal cancer, many patients experience sexual dysfunction. The role of discussion of this consequence had not been well studied. The frequency of presurgical and preradiation discussion of possible posttherapy sexual dysfunction was retrospectively assessed, and the incidence of sexual dysfunction after treatment for rectal cancer was determined.

Methods.—A retrospective review was conducted of 53 consecutive patients (37 men), aged 38 to 65, who had surgery for rectal cancer from January 1993 to January 1999. Presurgical discussion and outcome were recorded.

Results.—No presurgical discussion was recorded for 37 patients (71%). Sexual dysfunction was reported by none of the men who had local