

MRS. MAYBRICK'S OWN STORY. MY FIFTEEN LOST YEARS

Florence Elizabeth Maybrick



This edition published by Routledge/Thoemmes Press, 2000

Routledge/Thoemmes Press 11 New Fetter Lane London EC4P 4EE

Routledge / Thoemmes Press is a joint imprint of Routledge Ltd and Thoemmes Ltd

The State of Prisons in Britain, 1775–1905 8 Volumes: ISBN 0415231272

> Volume 1 : ISBN 0 415 23128 0 Volume 2 : ISBN 0 415 23129 9 Volume 3 : ISBN 0 415 23130 2 Volume 4 : ISBN 0 415 23131 0 Volume 5 : ISBN 0 415 23132 9 Volume 6 : ISBN 0 415 23133 7 Volume 7 : ISBN 0 415 23134 5 Volume 8 : ISBN 0 415 23135 3

> > © Routledge, 2000

British Library Cataloguing-in-Publication Data
A CIP record of this title is available from the British Library

Publisher's Note

The Publisher has gone to great lengths to ensure the quality of this reprint but points out that some imperfections in the original book may be apparent.

This book is printed on acid-free paper, sewn, and cased in a durable buckram cloth.

PART ONE

MRS. MAYBRICK'S OWN STORY	
	MGE
Foreword-Sketch of My Ancestry,	9
CHAPTER I.—BEFORE THE TRIAL—My Arrest—A Prisoner in My Own House—At Walton Jail— Alone—The Coroner's Inquest—A Plank for a Bed—The Verdict of the Coroner's Jury—The Doctors Disagree—Letters from Walton Jail— Lord Russell's Opinion—The Public Condemns Me Unheard,	27
	23
CHAPTER II.—THE TRIAL—The Injustice of Trying the Case at Liverpool—An Unexpected Verdict—The Judge's Sentence—In the Shadow of Death—Commutation of Sentence,	50
CHAPTER III.—IN SOLITARY CONFINEMENT—Removal to Woking Prison—The Convict Uniform—In Solitary Confinement—The Daily Routine—The Exercise Hour—The Midday Meal—The Cruelty of Solitary Confinement, .	61
CHAPTER IV.—THE PERIOD OF PROBATION—A Change of Cell—Evils of the Silent System— Insanity and Nervous Breakdown of Prisoners —Need of Separate Confinement for the Weak- Minded—Reading an Insufficient Relaxation— My Sufferings from Cold and Insomnia—Medi- cal Attendance—Added Sufferings of the Deli- cately Nurtured—How Criminals and Imbeciles	
are Made,	76

	PAGE
CHAPTER V.—THE PERIOD OF HARD LABOR—Rotine—Talk with the Chaplain—My Work in the Kitchen—The Machine-made Menu—Visitors the Kitchen—The "Homelike" Cell—The Opia of Acquiescence—Visits of Prisoners' Frience—My Mother's Visits—A Letter from Lot Russell—Punished for Another's Fault—Form of Punishment—The True Aim of Punishment—The Evil of Collective Punishment—The Evof Constant Supervision—Some Good Points of Convict Prisons—My Sickness—Taken to the Infirmary—The Utter Desolation of a Sickness—Taken to the Prisoners—The Utter Desolation of a Sickness—Taken to the Research of the Sickness—Taken to the Prisoners—The Utter Desolation of a Sickness—Taken to the Research of the Sickness—Taken to the Prisoners—The Utter Desolation of a Sickness—Taken to the Sickness—Taken to the Prisoners—The Utter Desolation of a Sickness—Taken to the Prisoners—The Utter Desolation of the Prisoners—The Utter Desolation of the Utt	u- ne tto tte ds rd ns nt ril of ne ck
Prisoner,	. 93
CHAPTER VI.—AT AYLESBURY PRISON—R moval from Woking—New Insignia of Shame-Arrival at Aylesbury Prison—A New Priso Régime—The Board of Visitors—Regulation Concerning Letters and Visits—My Letter Gail Hamilton—A Visit from Lord Russell,	on is to
CHAPTER VII.—A PETITION FOR RELEASE—Do nied by the Secretary of State—Report of M Misconduct Refuted—Need of a Court of Crin inal Appeal—Historic Examples of British In justice—The Case of Adolf Beck,	y n-
CHAPTER VIII.—RELIGION IN PRISON LIFE—Ded cation of New Chapel—Influence of Religio upon Prisoners—Suicide of a Prisoner—Trag dies in Prison—Moral Effect of Harsh Priso Régime—Attacks of Levity—Self-discipline-Need of Women Doctors and Inspectors—Chatening Effect of Imprisonment on the Spirit—Death-Bed Incident,	i- on e- on - s- A
CHAPTER IX.—My LAST YEARS IN PRISON—I AT Set to Work in the Library—Newspapers For bidden—How Prisoners Learn of Great Event—Strict Discipline of Prison Officers—The High Character—Nervous Strain of Their Dutie—Standing Orders for Warders—Crime a Mer tal Disease—Something Good in the Wors	n r- ts ir es
Criminal—Need of Further Prison Reform,	. 194
4.5	

PAGE

PART TWO

ANALYSIS OF THE MAYBRICK CASE

Introduction.—Petitions for a Reprieve—Illogical Position of Home Secretary—New Evidence of My Innocence Ignored—Lord Russell's Letter—Efforts for Release—Even New Evidence Superfluous—The Doctors' Doubt—Public Surprise at Verdict—Character of Jury—The "Mad Judge"—Justice Stephen's Biased Charge—Lord Russell's Memorandum Quashed—Repeated Protests of Lord Russell—The American Official Petition—Secretary Blaine's Letter to Minister Lincoln—Henry W. Lucy on Lord Russell—Lord Russell's Conviction of Mrs. Maybrick's Innocence—Explanation of Attitude of Home Secretaries—Upholding the Justiciary—Need of Court of Criminal Appeal, 225

THE BRIEF OF MESSRS, LUMLEY & LUMLEY.—
Opinion Re F. E. Maybrick—Justice Stephen's
Misdirections—Misdirections as to Mr. Maybrick's Symptoms—Misdirections as to Mrs.
Maybrick's Access to Poisons—Misdirection as
to "Traces" of Arsenic—Misdirection as to Arsenic in Solution—Mr. Clayton's Experiments—
Misdirection as to Arsenic in Glycerin—Misdirection as to Evidence of Physicians—Misdirection as to Times When Arsenic May Have Been
Administered—Misdirection as to Mrs. Maybrick's Changing Medicine Bottles—Misdirection as to Administration with Intent to Kill—
Exclusion of Prisoner's Testimony—Misdirec-

r	AGE
tion as to Identity of Meat-Juice Bottle—Misdirection in Excluding Corroboration of Prisoner's Statement—Misdirections to Jury to Draw Illegal Inferences—Misdirections Regarding the Medical Testimony—Conflict of Medical Opinion—Misdirections as to Cause of Death—Misdirection to Ignore Medical Testimony—Misreception of Evidence—Cruel Misstatement by Coroner—Medical Evidence for the Prosecution—Maybrick Died a Natural Death—The Chief Witness for the Prosecution—Medical Evidence for Defense—A Toxicological Study—Medical Weakness of Prosecution—The Administration of Arsenic—The Fly-paper Episode—How Mrs. Maybrick Accounts for the Fly-papers—Administration of Arsenic not Proved—Intent to Murder not Proved—Absence of Concealment by Prisoner—Some Important Deductions from Medical Testimony—Symptoms Due to Poisonous Drugs—Death from Natural Causes—Prosecution's Deductions from Post-mortem Analysis Misleading—Recapitulation of Legal Points,	262
Mrs. Maybrick's Own Analysis of the Meat- Juice Incident,	366
MEMORIALS FOR RESPITE OF SENTENCE—From the Physicians of Liverpool—From the Bars of Liverpool and London—From Citizens of Liver-	
	381
New Evidence.—Arsenic Sold to Maybrick by Druggist—Arsenic Supplied to Maybrick by Manufacturing Chemist—Depositions as to Mr. Maybrick's Arsenic Habit—Justice Stephen's	
Retirement,	384



FLORENCE ELIZABETH MAYBRICK.

MRS. MAYBRICK'S OWN STORY

MY FIFTEEN LOST YEARS

By

FLORENCE ELIZABETH MAYBRICK



FUNK & WAGNALLS COMPANY
NEW YORK AND LONDON
1905

To

ALL THOSE FRIENDS IN AMERICA AND ENGLAND

WHO, WITH UNWAVERING FAITH IN MY INNOCENCE, WORKED STEADFASTLY FOR MY FREEDOM, THIS BOOK IS GRATEFULLY DEDICATED

FLORENCE ELIZABETH MAYBRICK.

PART ONE

MRS. MAYBRICK'S OWN STORY	AGE
FOREWORD—Sketch of My Ancestry,	9
Lord Russell's Opinion—The Public Condemns Me Unheard,	23
CHAPTER II.—THE TRIAL—The Injustice of Trying the Case at Liverpool—An Unexpected Verdict—The Judge's Sentence—In the Shadow of Death—Commutation of Sentence,	50
CHAPTER III.—IN SOLITARY CONFINEMENT—Removal to Woking Prison—The Convict Uniform—In Solitary Confinement—The Daily Routine—The Exercise Hour—The Midday Meal—The Cruelty of Solitary Confinement, .	бі
CHAPTER IV.—THE PERIOD OF PROBATION—A Change of Cell—Evils of the Silent System— Insanity and Nervous Breakdown of Prisoners —Need of Separate Confinement for the Weak- Minded—Reading an Insufficient Relaxation— My Sufferings from Cold and Insomnia—Medi- cal Attendance—Added Sufferings of the Deli- cately Nurtured—How Criminals and Imbeciles	
are Made,	76

P	AGE
CHAPTER V.—THE PERIOD OF HARD LABOR—Routine—Talk with the Chaplain—My Work in the Kitchen—The Machine-made Menu—Visitors to the Kitchen—The "Homelike" Cell—The Opiate of Acquiescence—Visits of Prisoners' Friends—My Mother's Visits—A Letter from Lord Russell—Punished for Another's Fault—Forms of Punishment—The True Aim of Punishment—The Evil of Collective Punishment—The Evil of Constant Supervision—Some Good Points of Convict Prisons—My Sickness—Taken to the Infirmary—The Utter Desolation of a Sick Prisoner,	
Prisoner, CHAPTER VI.—AT AYLESBURY PRISON—Removal from Woking—New Insignia of Shame—Arrival at Aylesbury Prison—A New Prison—Régime—The Board of Visitors—Regulations Concerning Letters and Visits—My Letter to Gail Hamilton—A Visit from Lord Russell,	93
CHAPTER VII.—A PETITION FOR RELEASE—Denied by the Secretary of State—Report of My Misconduct Refuted—Need of a Court of Criminal Appeal—Historic Examples of British Injustice—The Case of Adolf Beck,	145
CHAPTER VIII.—RELIGION IN PRISON LIFE—Dedication of New Chapel—Influence of Religion upon Prisoners—Suicide of a Prisoner—Tragedies in Prison—Moral Effect of Harsh Prison Régime—Attacks of Levity—Self-discipline—Need of Women Doctors and Inspectors—Chastening Effect of Imprisonment on the Spirit—A	
Death-Bed Incident,	
Criminal—Need of Further Prison Reform,	194

PAGE

CHAPTER X.—My RELEASE—I Learn the Time When My Sentence Will Terminate—The Dawn of Liberty—The Release—In Retreat at Truro— I Come to America—My Lost Years, 211

PART TWO

ANALYSIS OF THE MAYBRICK CASE

Introduction.—Petitions for a Reprieve—Illogical Position of Home Secretary—New Evidence of My Innocence Ignored—Lord Russell's Letter—Efforts for Release—Even New Evidence Superfluous—The Doctors' Doubt—Public Surprise at Verdict—Character of Jury—The "Mad Judge"—Justice Stephen's Biased Charge—Lord Russell's Memorandum Quashed—Repeated Protests of Lord Russell—The American Official Petition—Secretary Blaine's Letter to Minister Lincoln—Henry W. Lucy on Lord Russell—Lord Russell's Conviction of Mrs. Maybrick's Innocence—Explanation of Attitude of Home Secretaries—Upholding the Justiciary—Need of Court of Criminal Appeal, 225

THE BRIEF OF MESSRS, LUMLEY & LUMLEY.—
Opinion Re F. E. Maybrick—Justice Stephen's
Misdirections—Misdirections as to Mr. Maybrick's Symptoms—Misdirections as to Mrs.
Maybrick's Access to Poisons—Misdirection as
to "Traces" of Arsenic—Misdirection as to Arsenic in Solution—Mr. Clayton's Experiments—
Misdirection as to Arsenic in Glycerin—Misdirection as to Evidence of Physicians—Misdirection as to Times When Arsenic May Have Been
Administered—Misdirection as to Mrs. Maybrick's Changing Medicine Bottles—Misdirection as to Administration with Intent to Kill—
Exclusion of Prisoner's Testimony—Misdirec-

1	AGE
tion as to Identity of Meat-Juice Bottle—Misdirection in Excluding Corroboration of Prisoner's Statement—Misdirections to Jury to Draw Illegal Inferences—Misdirections Regarding the Medical Testimony—Conflict of Medical Opinion—Misdirections as to Cause of Death—Misdirection to Ignore Medical Testimony—Misreception of Evidence—Cruel Misstatement by Coroner—Medical Evidence for the Prosecution—Maybrick Died a Natural Death—The Chief Witness for the Prosecution—Medical Evidence for Defense—A Toxicological Study—Medical Weakness of Prosecution—The Administration of Arsenic—The Fly-paper Episode—How Mrs. Maybrick Accounts for the Fly-papers—Administration of Arsenic not Proved—Intent to Murder not Proved—Absence of Concealment by Prisoner—Some Important Deductions from Medical Testimony—Symptoms Due to Poisonous Drugs—Death from Natural Causes—Prosecution's Deductions from Post-mortem Analysis Misleading—Recapitulation of Legal Points,	262
Mrs. Maybrick's Own Analysis of the Meat- Juice Incident,	366
MEMORIALS FOR RESPITE OF SENTENCE—From the Physicians of Liverpool—From the Bars of Liverpool and London—From Citizens of Liver-	
	381
New Evidence.—Arsenic Sold to Maybrick by Druggist—Arsenic Supplied to Maybrick by Manufacturing Chemist—Depositions as to Mr. Maybrick's Arsenic Habit—Justice Stephen's	
Retirement,	384

THE STATE OF PRISONS IN BRITAIN, 1775-1905

Volume 8

Edited and Introduced by W. J. Forsythe University of Exeter

FOREWORD

THE writing of this book has been to me no joyful task, as its making has been at the expense of much-needed rest and peace of mind. In returning to my dear native land after a long imprisonment, I cherished the hope that I might as quietly as possible be permitted to take up the threads of outward existence so cruelly broken, little dreaming that trials hardly less grievous than those left behind awaited me; for no sooner had I touched these hospitable shores, when I was met by the fearinspiring cry, "You must write a bookyou must give the world an account of your sufferings"-as if one could never suffer enough. My well-meaning friends could hardly have known what they were asking in forcing upon me a mental return to the

MRS. MAYBRICK'S OWN STORY

dread past. Solitary confinement in Woking Prison (as the reader may learn from these pages) was not such an elysium that one should voluntarily desire to hark back to it, nor is penal servitude in Aylesbury an Arcadian dream. While within their grim walls I did my best to exclude from thought the world without; and now that I am once again in the world (though scarcely of it), my one desire to shut out all the abhorrent things which so-called "prison life" stands for has thus far not only failed of realization, but, under conditions even more trying than the repressive prison régime (because of the free and happy life all about, which it seemed to poor me that I had some right to share), I have been compelled by force of circumstance to return to my cast-off prison shell, and live all the old heart-and-brain-crushing life over again. However, my second "trial and imprisonment," like the first, is at last