# The Year Book of Obstetrics and Gynecology®

Editors ROY M. PITKIN, M.D.

FRANK J. ZLATNIK, M.D.

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The editor for this book was Jane Toomey and the production manager was H. E. Nielsen. The Managing Editor for the Year Book Series is Nancy Gorham.

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#### Journals Represented

Acta Chirurgica Scandinavica

Acta Endocrinologica ·

Acta Obstetricia et Gynecologica Scandinavica

American Journal of Clinical Nutrition

American Journal of Clinical Pathology

American Journal of Diseases of Children

American Journal of Epidemiology

American Journal of Medicine

American Journal of Obstetrics and Gynecology

American Journal of Psychiatry

American Journal of Roentgenology

Anesthesia and Analgesia

Annales Chirurgiae et Gynaecologiae

Annals of Internal Medicine

Annals of Neurology

Annals of the Royal College of Surgeons of England

Archives of Dermatology

Archives of Disease in Childhood

Arthritis and Rheumatism

Australian and New Zealand Journal of Obstetrics and Gynaecology

British Heart Journal

British Journal of Obstetrics and Gynaecology

British Journal of Urology

British Medical Journal

Canadian Journal of Psychiatry

Canadian Journal of Surgery

Cancer

Clinical Genetics

Clinical Science

Contraception

European Journal of Clinical Pharmacology

Fertility and Sterility

Gynecologic and Obstetrics Investigation

Gynecologic Oncology

International Journal of Cardiology

International Journal of Fertility

International Journal of Gynecological Pathology

Israel Journal of Medical Sciences

Journal of the American Medical Association

Journal of Applied Physiology: Respiratory, Environmental and Exercise

Physiology

Journal of Cardiovascular Ultrasonography

Journal of Clinical Endocrinology and Metabolism

Journal of Endocrinology

Journal of Infectious Diseases

**Journal of Pediatrics** 

Iournal of Urology \*

Lancet

Medicine and Science in Sports and Exercise

New England Journal of Medicine

New Zealand Journal of Medicine

Obstetrics and Gynecology

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Pediatric Infectious Disease
Pediatric Research
Pediatrics
Prostaglandins
Radiology
Scandinavian Journal of Clinical Laboratory Investigation
Science
Surgery
Surgery, Gynecology and Obstetrics
Transplantation
Urologia Internationalis
Vox Sanguinis

#### Publisher's Preface

Publication of the 1986 YEAR BOOK OF OBSTETRICS AND GYNECOLOGY marks the end of an outstanding era of YEAR BOOK editorship by Drs. Roy Pitkin and Frank Zlatnik. During Dr. P. tkin's 11 and Dr. Zlatnik's 8 years of editorship, the volume's readers ha e been treated to perceptive and informative commentary of the highest caliber. We extend our deepest appreciation for the service they have provided and for their unending support and enthusiasm for the YEAR BOOK. They will be missed by the staff of Year Book Medical Publishers.

Beginning with the 1987 edition, editorship f the YEAR BOOK OF OB-STETRICS AND GYNECOLOGY will be placed in the capable hands of Drs. Daniel R. Mishell, Jr., Thomas H. Kirschbaum, and C. Paul Morrow, who will carry on the tradition of distinguished editorial direction of this YEAR BOOK. We enthusiastically welcome this team s we extend our heartfelt thanks and appreciation to Drs. Pitkin and Zlatnik for their years of excellent service.

#### Introduction

The concept of direct surgical correction of fetal defects, undreamed of a few short years ago, has become a reality. Our enthusiasm for this form of treatment, however, must be tempered with recognition of the significant limitations of our diagnostic and therapeutic methodologies and, in particular, with concerns about the nature of quality of life it affords. At our request, Dr. Roger A. Williamson of The University of Iowa has prepared a thorough and comprehensive summary of what is—and more importantly, what is not—possible at the present time. Readers will find this a useful review of the current state of the art, as well as a set of meaningful guidelines for modern management.

In reviewing the approximately 400 abstracts, coming from more than 75 scientific journals, included in the 1986 YEAR BOOK OF OBSTETRICS AND GYNECOLOGY, several new and interesting topics stand out. The effects of physical exercise on reproductive function is the subject of a number of reports relating to both pregnancy and the menstrual cycle. A new method of antepartum fetal assessment by analysis of umbilical artery

waveforms appears to hold great promise in evaluating fetal status. The role of "second-look" exploratory laparotomy seems to be coming into focus as a means of improving adjunctive therapy of advanced ovarian cancer.

The 1986 edition of the YEAR BOOK OF OBSTETRICS AND GYNECOLOGY will be the last under our editorship. New and attractive opportunities presented themselves, and to take advantage of them, time had to be found somewhere. Our decision to relinquish the editorship was an extraordinarily difficult one. For more than a decade, the YEAR BOOK has provided us with an enormous source of professional growth and satisfaction. We are, and will ever remain, staunch advocates of the remarkable educational value and opportunities afforded by the YEAR BOOK.

Roy M. Pitkin, M.D. Frank J. Zlatnik, M.D.

#### **OBSTETRICS**

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