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CLINICAL PRACTICE OF THE

DENTAL HYGIENIST

11th EDITION

Esther M. Wilkins



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CLINICAL PRACTICE OF THE DENTAL HYGIENIST

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DEDICATION

The eleventh edition of *Clinical Practice of the Dental Hygienist* is dedicated to all past and present students who have studied from the ten preceding editions. Gratitude is expressed to their teachers in the many different dental hygiene programs around the world, for their leadership in, and devotion to, dental hygiene education.

A very special recognition goes to the students of the first ten classes in dental hygiene at the University of Washington in Seattle for whom the original "mimeographed" syllabus was created. They are remembered with much appreciation because their need for text study material made this book possible in the first place.

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PREFACE

Dental hygienists are oral healthcare specialists with professional goals centered on the prevention and/or control of oral disease and the maintenance of oral and general health. As primary health care professionals, dental hygienists can apply their knowledge and skills in a wide variety of areas related to clinical practice, education, research, public health, and advocacy for health promotion and disease prevention. Dental hygienists collaborate with dentists and members of other health professions to provide oral health care that links with total body health care. New emphasis on the effect of oral health on systemic health challenges dental hygienists to widen their scope of practice.

OBJECTIVES

Objectives of the 11th edition include:

- To help prepare the beginning dental hygiene student to recognize the requirements of evidence-based dental hygiene practice.
- To develop skills and knowledge for entry into the profession.
- To help when studying for Licensure Board examinations; the condensed outline form aids to make review easier.
- To update professional hygienists already in practice, and assist long-term practitioners to recognize the new responsibility to apply evidence-based scientific approaches to patient care.

THE TEXTBOOK PLAN

Highlights

Highlights of *Clinical Practice of the Dental Hygienist*, 11th edition include

- New chapters for orientation to clinical practice describe Evidence-based Dental Hygiene Practice (Chapter 2) and Effective Health Communication (Chapter 3).
- Emphasis on professional ethics starts in the opening chapter and threaded throughout the text.
- Essential to preparation for practice is the application all-necessary attention to infection control for practitioners and patients during all clinical procedures.

- Three chapters (Chapters 4, 6, and 7) include infection control and ergonomic health for the clinical practitioner and patient.
- The final chapter in Section I, Orientation to Clinical Dental Hygiene Practice, is Chapter 8, Introduction to Documentation. Documentation is the newest addition to the Dental Hygiene Process of Care, which is illustrated Figure I-1.

Organization of the Textbook

As in past editions, sections of *Clinical Practice of the Dental Hygienist* are sequenced to conform to the Dental Hygiene Process of Care. There are eight sections in the 11th edition, five of which are specifically identified by name with the recognized components of the Process of Care. They are: *assessment, dental hygiene diagnosis, care planning, implementation, and evaluation.*

The textbook opens with chapters devoted to an introduction to the profession of dental hygiene and chapters related to preparation for practice. They include infection control and ergonomic health for the clinical practitioner and patient. The final large section, Section VIII, applies the process of care to patients with special needs.

The eight major sections are:

- I. Orientation to Clinical Dental Hygiene Practice
- II. Preparation for Dental Hygiene Practice
- III. The Process of Care: Assessment
- IV. The Process of Care: Dental Hygiene Diagnosis and Care Planning
- V. The Process of Care: Implementation: Prevention
- VI. The Process of Care: Implementation: Clinical Treatment
- VII. The Process of Care: Evaluation of Dental Hygiene Care Outcomes
- VIII. Patients With Special Needs


Supplementary information is available in Appendices:

- I. American Dental Hygienists' Association Code of Ethics for Dental Hygienists
- II. Canadian Dental Hygienists' Association Code of Ethics
- III. International Federation of Dental Hygienists Code of Ethics

- IV. Guidelines for Infection Control in Dental Health-Care Settings—2003
- V. Average Measurements of Human Teeth
- VI. Prefixes, Suffixes, and Combining Forms
- VII. Charting Symbols and Standardized Abbreviations Useful for Documenting Dental Hygiene Care

FEATURES OF THE NEW EDITION

All chapters have been updated, and many have been extensively revised. Each chapter includes the following features:

- Detailed **outline format** for the text makes it easier to study and locate information quickly. In this era of information growth related to new research and products available for professional clinical practice as well as teaching patients self-care, the condensation of printed material into outline form can provide busy, overloaded students with a new efficiency for learning.
- **Chapter outlines** at the opening of each chapter provide a preliminary review for readers before they start to concentrate on the meat of the chapter; the outline can help readers locate material within the chapter at any time.
- **Key Words boxes** near the beginning of each chapter identify spelling and definition for the new vocabulary of the particular chapter. Each key word is listed in the index, so a quick reference to definitions in other chapters is possible.
- **Everyday Ethics boxes** (“EEs”) provide students with the opportunity to become aware of and discuss clinical problems from real-life practice. Principles of ethical dental hygiene practice need to be brought into the curriculum at an early stage if students are to develop into ethical practitioners. This feature has been continued from previous editions because of expressed appreciation of teachers and students. Previously used “EEs” have been revised and many new ones created.
- **Factors to Teach the Patient** boxes have been an appreciated feature for many editions. They help students to select topics from the chapter that need special emphasis while teaching patients self-care and responsibility for oral health for their own lifetime as well as that of their family and community.
- **Emphasis on the new sixth section of the Process of Care, Documentation**, brings to full cycle the clinical care of a patient. Having sample Progress notes for the varieties of patients illustrated in this textbook can increase students’ awareness of the significance of such notes in the permanent record of each patient.
-  New to this edition, a **video camera icon** appears next to those sections for which video clips are available on the companion website. See the

“Additional Resources” section of this preface for more information.

STUDENT WORKBOOK

A unique study guide, *Student Workbook for Clinical Practice of the Dental Hygienist*, prepared by Charlotte J. Wyche for the 9th and 10th editions, has been recognized as a major contribution to student learning. The 11th edition workbook, revised to highlight new chapters and updated information from the textbook, also contains revised crossword and word search puzzles.

Everyday Ethics boxes in the workbook include new individual learning, cooperative learning, or discovery activities designed to help the student reflect on or apply ethical theory-related “Questions for Consideration” found in the textbook. Activities and questions related to patient case scenarios, patient assessment summaries, and documentation of patient care provide an emphasis on case-based application of knowledge.

ADDITIONAL RESOURCES

Clinical Practice of the Dental Hygienist, 11th edition includes additional resources for both instructors and students that are available on the book’s companion Web site at <http://thepoint.lww.com/Wilkins11e>.

Instructors

Approved adopting instructors will be given access to the following additional resources:

- Brownstone test generator
- PowerPoint presentations
- Lesson plans
- Image bank of all the images and tables in the book
- WebCT and Blackboard ready cartridge
- Answers to the exercises found in *Student Workbook to Accompany Clinical Practice of the Dental Hygienist*, by Charlotte J. Wyche and Esther M. Wilkins (book available for separate purchase)

Students

Students who have purchased *Clinical Practice of the Dental Hygienist*, 11th edition have access to the following additional resources:

- 20 videos that show techniques and procedures
- Quiz bank
- Stedman’s audio pronunciation guide for select clinical terms, customized to the text

In addition, purchasers of the text can access the searchable full text online by going to the *Clinical Practice*

of the *Dental Hygienist*, 11th edition Web site at <http://thePoint.lww.com/Wilkins11e>. See the inside front cover of this text for more details, including the passcode you will need to gain access to the Web site.

ACKNOWLEDGMENTS

A textbook of the size and scope of *Clinical Practice of the Dental Hygienist* shows the work of many contributors. Comments and suggestions come from teachers, students, and practitioners from around the world, as the book has been translated into a variety of languages. Any suggestion, whether for one word or whole chapters, is welcomed and considered. It is hoped that this new edition will bring comments and requests as in the past.

Recognition for Our Contributors

We start with expressed recognition and appreciation to our listed contributors (pages iv to v) for their new or revised chapters or other assigned responsibility. Each has spent much time for selective revision and to survey the literature for new material and references.

Other Appreciation

Appreciation is expressed to the following:

K. Vendrell Rankin, DDS. This professor, associate chair, and certified tobacco treatment specialist in the Department of Public Health Science at Texas A&M Health Science Center Baylor College of Dentistry is recognized for providing information and guidance for Chapter 33, The Patient Who Uses Tobacco.

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Gail Schoonmaker. Gail was instrumental in restyling many of the references to conform with the National Library of Medicine style, formatting many of the tables, and seeking the permissions for the book.

The Community College of Philadelphia. This school, its students, and its faculty hosted and appear in the videos found on this book's companion Web site (see the "Additional Resources" section earlier in this preface for details). Special thanks go to Theresa Grady, RDH, MEd, Dental Hygiene Program Director, for coordinating the location, props, and models for the videos.

Our Readers. And, finally, an expression of appreciation goes to our readers over the years: students, teachers, and practicing dental hygienists. Send us your comments and suggestions. As stated in the first edition: It is hoped that through greater understanding of each patient's oral and general health needs, more complete and effective dental hygiene services can be rendered.

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