

Fifth Edition

Chemistry

An Introduction to General, Organic, and Biological Chemistry

Karen C. Timberlake

Los Angeles Valley College

TO MY FAMILY, FRIENDS, AND STUDENTS

The whole art of teaching is only the art of awakening the natural curiosity of young minds.—ANATOLE FRANCE

One must learn by doing the thing; though you think you know it, you have no certainty until you try.—sophocles

Discovery consists of seeing what everybody has seen and thinking what nobody has thought.—ALBERT SZENT-GYORGI

Sponsoring Editor: Jane Piro Development Editor: Louise Howe Project Editor: Kristin Syverson Art Direction: Julie Anderson

Text and Cover Design: E. Heidi Fieschko

Cover Collage and Chapter Opener Collages: E. Heidi Fieschko

Front Cover Photos: top right, Uniphoto; bottom right, E. R. Degginger; center,

Comstock; bottom left, Yoav Levy/Phototake

Back Cover Photos: top right, NASA; top left, Stephen Wilkes/The Image Bank

Photo Researcher: Carol Parden

Production Administrator: Paula Keller **Compositor:** York Graphic Services, Inc.

Printer and Binder: R. R. Donnelley & Sons Company

Cover Printer: The Lehigh Press, Inc.

For permission to use copyrighted material, grateful acknowledgment is made to the copyright holders on page 755, which is hereby made part of this copyright page.

Chemistry: An Introduction to General, Organic, and Biological Chemistry, Fifth Edition

Copyright © 1992 by HarperCollins Publishers Inc.

All rights reserved. Printed in the United States of America. No part of this book may be used or reproduced in any number whatsoever without written permission, except in the case of brief quotations embodied in critical articles and reviews. For information address HarperCollins Publishers Inc., 10 East 53rd Street, New York, NY 10022.

Library of Congress Cataloging-in-Publication Data

Timberlake, Karen.

Chemistry: an introduction to general, organic, and biological chemistry / Karen C. Timberlake.—5th ed.

p. cm. Includes index. ISBN 0-06-046696-0 1. Chemistry. I. Title. QD31.2.T55 1991 540—dc20

91-37749 CIP

Preface

Welcome to the Fifth Edition of Chemistry: An Introduction to General, Organic, and Biological Chemistry. It is my hope that the reshaping of this text over five editions has resulted in a book that makes teaching and learning chemistry an enthusiastic and positive experience for both the teacher and the student. It remains my goal to assist students in their development of critical thinking and to establish a scientific framework to give students the concepts and problemsolving techniques they will need to make decisions about major issues related to the environment, medicine, and health.

Over the years I have learned that many students find chemistry a formidable subject, and thus I have made a practice of associating chemistry concepts with applications from the health sciences and related fields. This bridge between chemistry and the world of the student is designed to help students recognize the chemistry that affects their lives and future careers. I have found discussions of applications of chemistry valuable in increasing student interest, motivation, concentration, and performance in class.

New in This Edition

In response to the needs of my own students and the suggestions of teachers and reviewers, several changes have been made in this Fifth Edition.

Sample Problems

Many sample problems with complete solutions are included in every chapter. Study Checks have been added to each sample problem to give students a chance practice! the illustrated problem types. This format continually involves the student with the immediate material through active participation in the patterns of problem solving it requires.

Problem Sets

The end-of-chapter problem sets have been expanded to engage the student in solving problems with a greater range of difficulty. The more difficult problems are identified by an asterisk (*). A continuing feature is the keying of problems to the section heads and learning goals for easy reference to the chapter material. This also allows the student to select appropriate problems for any section. All of the answers to the end-of-chapter problems are given at the end of the book.

Applications

More applications to health in the form of Health Notes have been added, along with new Environmental Notes that relate chemistry to current concerns about the environment.

Appendices

Several new appendices have been included to provide additional reference material for the student. These appendices review common equalities and conversion factors, scientific (exponential) notation, percents as conversion factors, and some basic operations with the calculator including changing signs and recognizing scientific notation.

Art Program

Pedagogical changes include the use of full color to highlight major ideas. Illustrative photographs and new graphics add depth to the topics and enhance the learning experience. A larger page size allows a more attractive visual presentation. The wider margins include diagrams, tables, and photographs that illustrate the concepts.

Content

In each chapter, more difficult topics or extensions to the topics are placed at the end so they can be covered or omitted by the instructor without affecting the flow of learning throughout the chapter.

Chapter 1 incorporates the discussion of significant figures into the discussion of measurements. Chapter 2 covers temperature in conjunction with states of matter, energy, and calculations of heat energy. Chapter 3 has been reworked and includes a discussion of subshells and orbitals. Chapter 4 on bonding in compounds has been restructured to place polyatomic ions after covalent bonding. Chapter 5 covers chemical reactions and their equations and includes reactions in the atmosphere that produce smog. Also in Chapter 5, the process of writing conversion factors for the mole relationships in equations is carefully explained and then utilized in calculating quantities in reactions. Chapter 6 expands the discussion of imaging to include PET (positron emission tomography), CT (computerized tomography), and MRI (magnetic resonance imaging).

In Chapter 7 on gases, new graphics illustrate the gas relationships more clearly. All of the discussions of gas laws have been rewritten to clarify concepts. A discussion of the depletion of the ozone layer has been added. Chapter 8 covers the composition of solutions as well as their concentrations. The discussion of electrolytes and new material on solubility of salts is placed in Chapter 9 along with acids and bases and their reactions. The discussion of pH includes instructions for calculating the pH of solutions whose [H⁺] do not have a coefficient of 1.

Chapter 10 introduces organic chemistry by discussing the alkanes. Chapter 11 covers the unsaturated hydrocarbons and the aromatic compounds, including a new section on some chemical reactions of benzene. Chapter 12 introduces oxygen- and sulfur-containing functional groups and Chapter 13 discusses carboxylic acids and their derivatives, esters and amides. Physical properties of many classes of organic compounds are now included.

Chapter 14 begins the biomolecular section with a rewritten chapter on carbohydrates, including a new explanation of chirality of sugars and a new section on the formation of glycosidic bonds by monosaccharides. The introduction to hemiacetals and acetals now precedes Haworth structures. The formation of glycosides now precedes disaccharides. More biochemical applications have been incorporated into these chapters for classes that do not complete the biochemistry portion of the text. Chapter 15 discusses the lipid family and includes cerebrosides in glycolipids. Chapter 16 on proteins has information on sequencing of amino acids in the primary protein structure. New features include coverage of endorphins, a summary of protein structural levels, and classification of proteins by composition. Chapter 17 contains a rewritten section on classification of enzymes and enzyme inhibition. Included in this chapter is a discussion of hormones and their effects on enzyme action. The classification of enzymes, vitamins, and protein and steroid hormones is now presented in tabular form. Chapter 18, on nucleic acids, now follows enzymes and proteins to complete the biomolecules and protein synthesis. Recombinant DNA is included in the discussion of DNA replication. New features include coverage of viruses and cancer. Chapter 19 provides an exploration of metabolic pathways that produce energy in the cell and a discussion of the ways in which energy is utilized. New features include ATP energy in muscle contraction, the fermentation of pyruvic acid by yeast, and the synthesis of fatty acids and nonessential amino acids.

To Accompany the Text

Study Guide

The *Study Guide* reviews the basic concepts, provides learning drills, and gives a practice exam, all with answers, for each chapter. All sections are keyed to the learning goals in the text so students may cross-reference working tools. Students can grade their own practice exams and then check to determine whether they have mastered the material. In this way, they can identify areas of difficulty and review the material again.

Laboratory Manual

The early experiments in the *Laboratory Manual* introduce students to basic laboratory skills. Students then learn to do laboratory investigations, developing the skills of manipulating laboratory equipment, gathering and reporting data, problem solving, calculating, and drawing conclusions. In this edition, as in the past, there is an emphasis on safety in the laboratory. Hazardous chemicals and procedures that are regarded as dangerous have been omitted. For each experiment, there is a report page and a set of questions that relate the laboratory to the corresponding information in the text. Some questions require essay-type answers to promote writing skills in science.

Instructor's Manual

The *Instructor's Manual* gives chapter overviews, suggestions for lecture demonstrations, and selected solutions to worked-out problems. Experiments related to each chapter are described, and the materials required for 10 students are listed. Instructions for preparing any special solutions are included, and the laboratory skills to be demonstrated for the students are described. A complete set of sample laboratory reports from the laboratory manual completes the instructor's manual.

Test Bank

The printed **Test Bank** contains more than 500 multiple-choice, true-false, and matching questions and their answers. The test bank is also available on **Harper-Test** for the IBM-PC or Macintosh computer. This software allows you to scramble questions, add new questions, and select questions based on level of difficulty.

Transparencies

Instructors who adopt the test will receive a set of 100 two- and four-color transparency acetates providing figures and illustrations from the text.

Acknowledgments

I wish to thank my husband Bill for his invaluable assistance, repeated reviews of manuscripts and supplements, and continued support. Thanks to my son John for his cooperation and help in the preparation of this edition of the text and supplements.

The following people provided outstanding reviews that were extremely helpful with their constructive and helpful criticism and support, for which I am most grateful:

Anne Barber, Manatee Community College
Thomas M. Barnett, Johnson County Community College
Thomas Berke, Brookdale Community College
John DeKorte, Northern Arizona University
John Goodenow, Lawrence Technological University
F. H. Kruse, University of Toledo Community and Technical College
Leslie Lovett, Fairmont State College
Stanley Mehlman, State University of New York, Farmingdale
Mary Bethé Neely, Pike's Peak Community College
Roy Stein, University of Toledo Community and Technical College
Conrad Valdez, East Los Angeles College

Many thanks to the people at HarperCollins Publishers who believe in my approach to teaching chemistry and continually encourage and support me: Jane Piro, Editor; Louise Howe, Developmental Editor; Kristin Syverson, Project Editor; and Heidi Fieschko, Designer.

Writing a chemistry text is an ongoing process as students, teachers, and concepts change. I believe that teaching chemistry involves more than a transmission of chemical facts; teaching also means fostering positive attitudes toward science, encouraging students to use new thinking patterns and problem-solving techniques, and helping students to develop their reasoning powers. With this aim, I have revised *Chemistry*. I look forward to your use of this text and to hearing from both you and your students. I welcome any suggestions, criticism, or overall comments on this revision.

Karen C. Timberlake Los Angeles Valley College Van Nuys, CA 91401

To the Student

Here you are in chemistry, perhaps because you need a science course or just because you want to find out something about chemistry. Maybe you want to be a nurse or respiratory therapist or to enter some profession in the health sciences. If so, as you progress through this text, you will discover that chemistry is indeed exciting to learn and that it has an important relationship to the world around you. Every chapter in this Fifth Edition includes many applications of chemistry to health, medicine, and the environment. Your interest in the sciences will help you learn chemistry, and by learning chemistry you will gain a deeper understanding of physiology, medical care, and major issues of today, including pollution, global warming, the ozone layer, acid rain, nuclear energy, and recombinant DNA.

I have designed this text with you in mind. To aid your learning process, each chapter begins with a set of learning goals that tell you what to expect in the chapter and what you need to accomplish. Also at the beginning of each chapter is a section called **Scope** that relates experiences that involve the text material to your life or to specific health science areas and sets the stage for the chemical concepts discussed throughout the chapter.

As you progress through each chapter, take time to consider the learning goal for each section. To see if you have mastered the goal, do the example problems and study checks in the section. If you have difficulty with an example, study that part of the unit again before you proceed. For further self-testing, work the problems that are keyed to each section at the end of the chapter. You can check your answers by referring to the answer section in the back of the text. It is not necessary to study a chapter all the way through at one time. Instead, you may wish to cover only a few of the goals each time you study. Also, you can prepare for lecture by reading ahead in the text.

To review your knowledge of the important ideas in a chapter, read over the glossary at the end of the chapter. Study the tables and figures, which emphasize important concepts.

The study of chemistry involves some hard work, but I hope that you will find the effort rewarding when you see and understand the role of chemistry in many related fields. If you would like to share your feelings about chemistry or comments about this text, I would appreciate hearing from you.

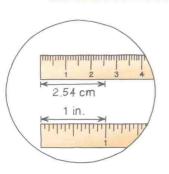


Karen C. Timberlake Los Angeles Valley College Van Nuys, CA 91401

Contents

To the Student xv

1 Measurements



- 1.1 Units of Measurement 2
- 1.2 Metric Prefixes 5
- 1.3 Writing Numerical Relationships 6
- 1.4 Significant Figures 10
- 1.5 Conversion Factors 16
- 1.6 Problem Solving Using Conversion Factors 19
- 1.7 Density and Specific Gravity 26
 - HEALTH NOTE Determination of Percentage Body Fat 30
 - Glossary of Key Terms 33

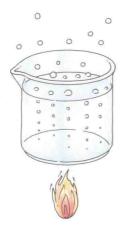
Problems 33

2 Energy and Matter 38

- 2.1 Temperature Measurement 39
- 2.2 Energy 43
 - HEALTH NOTE Variations in Body Temperature 44
 - HEALTH NOTE Biological Work 46
- 2.3 Measuring Heat Energy 46
 - ENVIRONMENTAL NOTE Thermal Energy and Global Warming 47
- 2.4 States of Matter 49
- 2.5 Changes of State 52
- HEALTH NOTE Homeostasis: Regulation of Body Temperature 52
- 2.6 Energy in Changes of State 57
 - HEALTH NOTE Effects of a Fever 60
- 2.7 Caloric Content of Food 61
 - BHEALTH NOTE Steam Burns 65
 - HEALTH NOTE Loss and Gain of Weight 66

Glossary of Key Terms 68

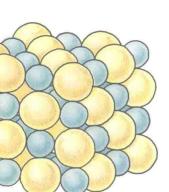
Problems 69



3.1	Elements and Symb			
	HEALTH NOTE	Latin Names for E	Elements in Clinical	Usage 77

- HEALTH NOTE Elements Essential to Health 78
- 3.2 The Atom 78
- 3.3 Atomic Number and Mass Number 81
- 3.4 The Periodic Table 87
 - HEALTH NOTE Calcium and Strontium 91
 - HEALTH NOTE Some Important Trace Elements in the Body 92
- 3.5 Electron Arrangement in the Atom 93
- 3.6 Periodic Law 97
 - ENVIRONMENTAL NOTE Biological Reactions to Sunlight 98
- 3.7 Subshells and Orbitals 100 Glossary of Key Terms 104 Problems 105

4 Compounds and Their Bonds 109



- 4.1 Valence Electrons 110
- 4.2 Octet Rule 113
- 4.3 Ions 114
 - HEALTH NOTE Some Uses of Noble Gases 115
 - HEALTH NOTE Some Important Ions in the Body 120
- 4.4 Ionic Compounds 120
- 4.5 Naming Ionic Compounds 124
- 4.6 Covalent Bonds 129
- 4.7 Bond Polarity 132
- 4.8 Naming Covalent Compounds 138
- 4.9 Polyatomic Ions 141
 - **BEALTH NOTE Polyatomic Ions in Bone and Teeth Summary of Naming Compounds 145

 Glossary of Key Terms 147

 Problems 147

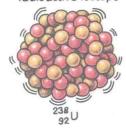
5 Chemical Quantities and Reactions 153



- 5.1 Formula Weight 154
- 5.2 The Mole 156
- 5.3 Calculations Using Molar Mass 159
- 5.4 Chemical Change 163
- 5.5 Chemical Equations 165
- 5.6 Balancing Chemical Equations 168
- 5.7 Mole Relationships in Chemical Equations 175
 - HEALTH NOTE Smog Production and Health Concerns 176
- 5.8 Calculations with Equations 180 Glossary of Key Terms 187

Problems 187

radioactive isotope



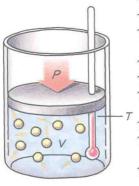
neutron
proton

6.1 Radioactivity 195

6.2 Nuclear Equations 199

- ENVIRONMENTAL NOTE Radon in Our Homes 201
- HEALTH NOTE Beta Emitters in Medicine 204
- 6.3 Detecting and Measuring Radiation 204
 - HEALTH NOTE Maximum Permissible Dose 208
- 6.4 Medical Applications of Radioisotopes 209
 - HEALTH NOTE Visualization of the Brain and Skull 210
 - HEALTH NOTE Use of Radioactive Iodine in Testing Thyroid Function 211
 - HEALTH NOTE Radiation Doses in Diagnostic and Therapeutic Procedures 212
- 6.5 Half-life of a Radioisotope 213
 - ENVIRONMENTAL NOTE Dating Ancient Objects 215
- 6.6 Producing Radioisotopes 217
 - HEALTH NOTE Producing Radioisotopes for Nuclear Medicine 219
- 6.7 Nuclear Fission and Fusion 219
 Glossary of Key Terms 224
 Problems 224

7 Gases 229



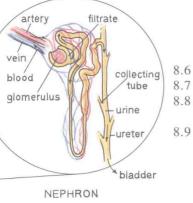
- 7.1 Properties of Gases 230
- 7.2 Gas Pressure 233
- 7.3 Pressure-Volume Law (Boyle's Law) 237
 - HEALTH NOTE Pressure-Volume Relationships in Breathing 241
- 7.4 Temperature-Volume Law (Charles' Law) 242
- 7.5 Combined Gas Law 245
- 7.6 The Combined Gas Law of Pressure, Volume, and Temperature Relationships 247
- 7.7 Volume and Moles (Avogadro's Law) 249
- 7.8 Partial Pressure (Dalton's Law) 252
- HEALTH NOTE Hyperbaric Chambers 256
- 7.9 The Ideal Gas Law 257
 - Glossary of Key Terms 261

 Problems 261

 Ozone Depletion in the Atmosphere 259

8 Solutions: Composition and Concentration 267

- 8.1 Solutes and Solvents 268
- 8.2 Water: An Important Solvent 269
 - HEALTH NOTE Water in the Body 271
- 8.3 Formation of Solutions 271
 - HEALTH NOTE Fat-Soluble and Water-Soluble Vitamins 276
- 8.4 Solubility and Saturation 276
 - HEALTH NOTE Gout: A Problem of Saturation in Body Fluids 279
- 8.5 Percent Concentration 280



- 8.6 Molarity 285
- 8.7 Dilution 289
- 8.8 Solutions, Colloids, and Suspensions 292
 - Osmosis and Dialysis 296

 Osmosis and Dialysis 296
 - Glossary of Key Terms 301
 Problems 302

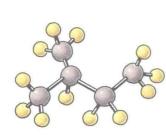
9 Acids, Bases, and Salts 307

- 9.1 Electrolytes 308
- 9.2 Ionic Reactions: Formation of a Solid 311
 - HEALTH NOTE Kidney Stones Are Insoluble Salts 314
 - ENVIRONMENTAL NOTE Hard Water 314
- 9.3 Acids and Bases Are Electrolytes 316
- 9.4 Ionization of Water 321
- 9.5 pH of Solutions 324
 - HEALTH NOTE Stomach Acid, HCl 325
 - I ENVIRONMENTAL NOTE Acid Rain 328
 Ionic Reactions: Acid-Base Neutralization 329
 - HEALTH NOTE Antacids Neutralize Excess Stomach Acid 331
- 9.7 Acid-Base Titration 332
- 9.8 Buffers 334

9.6

- **HEALTH NOTE** P_{CO_2} and the Carbonate Buffer System in the Blood 337
- 9.9 Equivalents and Normality 338
 - HEALTH NOTE Electrolytes in Body Fluids 342
 - HEALTH NOTE Electrolytes in Intravenous Solutions 343 Glossary of Key Terms 344 Problems 344

10 Saturated Hydrocarbon: An Introduction to Organic Chemistry 349



CH₃

CH₃CHCH₂CH₃

methylbutane

- 10.1 Properties of Organic Compounds 350
- 10.2 Structural Formulas 351
- 10.3 IUPAC Names for Alkanes 354
 - ENVIRONMENTAL NOTE Hydrocarbons in Crude Oil 356
- 10.4 IUPAC Rules for Naming Branched-Chain Alkanes 357
- 10.5 Structural Isomers 365
- 10.6 Cycloalkanes 368
- 10.7 Haloalkanes 371
 - ENVIRONMENTAL NOTE Pesticides: Chlorinated Cyclic Compounds 372
- 10.8 Reactions of Alkanes 373
 - HEALTH NOTE Combustion of Glucose in the Body 374
 Summary of Naming Alkanes 376

Summary of Reactions of Alkanes 376

Glossary of Key Terms 377

Problems 377



11.1	Alkenes	383
------	---------	-----

- ENVIRONMENTAL NOTE Fragrant Alkenes 386
- 11.2 Geometric Isomers 387
 - ENVIRONMENTAL NOTE Pheromones from Insects 389
 - HEALTH NOTE Night Vision 390
- 11.3 Alkynes 391
- 11.4 Chemical Reactions of Unsaturated Hydrocarbons 392
 - HEALTH NOTE Unsaturated Fats and Hydrogenation 394
 - ENVIRONMENTAL NOTE Polymers from Alkenes 399
- 11.5 Aromatic Compounds 401
 - HEALTH NOTE Benzene Rings in Nature and Cancer 405
- 11.6 Chemical Reactions of Benzene 406
 - Summary of Naming Unsaturated Hydrocarbons 409
 Summary of Reactions 409
 Glossary of Key Terms 410
 Problems 410

12 Oxygen and Sulfur in Organic Compounds 415



- 12.1 Alcohols 416
- 12.2 Physical Properties of Alcohols 418
 - HEALTH NOTE Alcohols in Health and Medicine 419
- 12.3 Phenols 420
 - **HEALTH NOTE** Derivatives of Phenol Are Found in Antiseptics, Essential Oils, and Antioxidants 421
- 12.4 Dehydration of Alcohols 423
- 12.5 Ethers 424
 - HEALTH NOTE Ethers as Anesthetics 427
- 12.6 Thiols and Sulfides 428
- 12.7 Aldehydes and Ketones 430
 - HEALTH NOTE Aldehydes and Ketones in Health 434
- 12.8 Preparation of Aldehydes and Ketones 435
- 12.9 Reactions of Aldehydes and Ketones 438
 - **BHEALTH NOTE Oxidation of Alcohol in the Body 440

 Summary of Naming 441

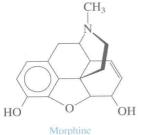
 Summary of Reactions 442

 Glossary of Key Terms 443

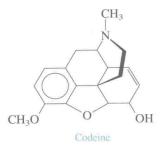
 Problems 443

13 Carboxylic Acids, Esters, and Nitrogen-Containing Compounds 450

- 13.1 Carboxylic Acids 452
 - HEALTH NOTE Some Naturally Occurring Carboxylic Acids 455



Morphine (opium)



13.2 Some Properties of Carboxylic Acids 456

13.3 Esters 459

HEALTH NOTE Esters in Health and Medicine 461

■ ENVIRONMENTAL NOTE Odors and Flavors of Esters 463

13.4 Hydrolysis and Saponification of Esters 463

HEALTH NOTE Fats and Soaps 466

13.5 Amines 467

HEALTH NOTE Amines in Health and Medicine 469

13.6 Heterocyclic Amines and Physiological Activity 470

13.7 Reactions of Amines 474

13.8 Amides 476

Summary of Naming 481
Summary of Reactions 481
Glossary of Key Terms 483

Problems 483

14 Carbohydrates 492



14.1 Classification of Carbohydrates 493

14.2 Stereoisomerism 496

14.3 Chiral Sugars 502

14.4 Monosaccharides and Their Haworth Structures 504

■ HEALTH NOTE Optical Isomers in Nature 505

■ HEALTH NOTE Hyperglycemia and Hypoglycemia 506

14.5 Properties of Monosaccharides 513

HEALTH NOTE Testing for Glucose in Urine 514

14.6 Disaccharides 515

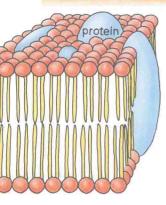
14.7 Polysaccharides 519

■ HEALTH NOTE Fiber in the Diet 522

HEALTH NOTE Modified Sugars Have Important Roles 522

14.8 Tests for Carbohydrates 524
Summary of Reactions 526
Glossary of Key Terms 526
Problems 528

15 Lipids 534



15.1 Fatty Acids 535

15.2 Waxes, Fats, and Oils 537

■ HEALTH NOTE Prostaglandins 538

■ HEALTH NOTE Nondairy Creamers Can Boost Cholesterol 541

15.3 Properties of Triglycerides 541

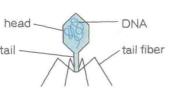
■ HEALTH NOTE Cleaning Action of Soap 546

15.4 Phospholipids 547

■ HEALTH NOTE Lipid Disease (Lipidosis) 552

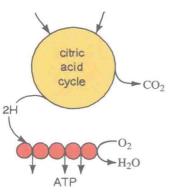
		HEALTH NOTE Cholesterol in the Body 555 HEALTH NOTE Lipoproteins: Transporting Lipids in Solution 558 Glossary of Key Terms 560 Problems 561
	16	Proteins 566
	16.3 16.4 16.5 16.6 16.7	Amino Acids 567 Essential Amino Acids 570 Properties of Amino Acids 572 Peptides 575 Primary Protein Structure 578 HEALTH NOTE Endorphins, the Body's Natural Opiates 580 Secondary Protein Structures 581 Tertiary and Quaternary Protein Structures 583 HEALTH NOTE Sickle Cell Anemia 588 Classification of Proteins 588 Properties of Proteins 590 Glossary of Key Terms 594 Problems 595
	17	Enzymes, Vitamins, and Hormones 601
substrate	17.1 17.2 17.3 17.4	Enzyme Action 602 Names and Classification of Enzymes 604 Factors That Affect Enzyme Activity 610 Enzyme Inhibition 614 HEALTH NOTE Competitive Inhibitors Used in Medicine 615 Enzymes in Digestion 617
active site	17.6 17.7	Vitamins 620 Hormones 625 HEALTH NOTE Anabolic Steroids 628 Glossary of Key Terms 632 Problems 633
enzyme	18	Nucleic Acids and Heredity 637

15.5 Terpenes and Steroids 552



- HEALTH NOTE Many Antibiotics Inhibit Protein Synthesis 657
- HEALTH NOTE Viruses 658
- 18.8 Mutations 659
 - HEALTH NOTE Some Genetic Diseases 661
 - Glossary of Key Terms 664
 Problems 665

19 Metabolic Pathways and Energy Production 668



- 19.1 ATP: The Energy Storehouse 669
 - HEALTH NOTE Use of ATP Energy for Muscle Contraction 671
- 19.2 The Electron Transport Chain 672
- 19.3 Glycolysis: Oxidation of Glucose 679
- 19.4 Pathways for Pyruvic Acid 682
- 19.5 Citric Acid Cycle 686
- 19.6 Energy Production from Glucose 691
- 19.7 Metabolic Pathways for Fatty Acids 693
 - HEALTH NOTE Ketone Bodies 698
- 19.8 Metabolic Pathways for Amino Acids 700
 - Glossary of Key Terms 704
 Problems 705

 What Makes You Feel Hungry? 702

Appendices

- A Some Useful Equalities for Conversion Factors 709
- B Using Percent in Calculations 710
- C Scientific (Exponential) Notation 712
- D Using Your Calculator 715

Answers to Problems 721
Photo Acknowledgments and Credits 755
Index 756

1L = 10dL1L = 1000mL1dL = 100mL





Measurements

Learning Goals

- 1.1 Write the names and symbols for the metric units used in measurements of length, volume, and mass.
- 1.2 Write the numerical value or name of a metric prefix.
- **1.3** Write an equality for two metric units used in measurements of length, volume, or mass.
- 1.4 Report answers to calculations using the correct number of significant figures.
- 1.5 Write a conversion factor for two units that describe the same quantity.
- 1.6 Set up a problem using one or more conversion factors to change from one unit to another.
- 1.7 Calculate the density or specific gravity of a substance, and use the density or specific gravity to calculate the mass or volume of a substance.

The metric system has been adopted by scientists and health professionals all over the world. In many countries, it is used in everyday settings as well.