# Survey Research Methods

Floyd J. Fowler, Jr.

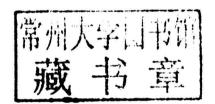


# **Survey Research Methods**

# **Fifth Edition**

# Floyd J. Fowler, Jr.

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# Preface

The goal of this fifth edition of *Survey Research Methods*, like that of its predecessors, is to produce a summary of the basic concepts and current knowledge about sources of error in surveys for those who are not primarily statisticians or methodologists. Surveys are fundamentally a matter of asking a sample of people from a population a set of questions and using the answers to describe that population. How the sample is selected, which questions are asked, and the procedures used to collect the answers all have the potential to affect how well the survey is likely to accomplish its goals. If one is going to commission a survey or use survey data collected by others, it is important to understand why these issues matter and how they affect survey results. Readers should have that understanding by the time they finish this book.

Considerable effort has been made to make this book accessible to a general audience. Although familiarity with social science research and statistical concepts is a plus, no special background should be required to grasp the material in this book.

This is also designed to be a comparatively brief book. Choices have been made about the level of depth given to the various topics. Throughout the book, there are suggestions for further reading for those whose interests go beyond an introductory level

#### NEW IN THE FIFTH EDITION

In the past decade or so, there are two profound changes that have been going on in the survey research world. One change is the growing challenge of collecting data about the general population by telephone survey. Driven by the increased use of cell phones and the declining rates at which people respond to telephone requests to do surveys, the reliance on random-digit dialing telephone samples as a way of doing general population surveys is declining. Those who still use this approach are finding it harder and harder to meet traditional standards for response rates. At the same time, there is a major effort to try to figure out what the best alternatives are. Technology, in the form of ever-growing access to the Internet, smart phones, and Interactive Voice Response (IVR) provide researchers with new options for how to collect data. Sampling addresses has also become easier as better lists of addresses have become available, leading to another look at the value of mail surveys. How best to use these resources, singly or in combination, to collect high-quality data is a work in progress. Change is inevitable, but a major challenge of this edition was to put these issues in perspective, even as we know that practices will continue to evolve.

In addition, of course, this edition integrates new studies and publications from the 5 years since the 4th edition was published. Keeping the information current is one of the main reasons for creating a new edition. However, as I was revising the book, I was struck by the number of issues for which the best, more informative studies were done

well in the past. So, when a reference from, say, the 1970s is used, readers should not think that the information is out of date. Most likely it is still one of the best sources of information about a particular issue.

#### VCKNOMLEDGMENTS

Doing justice to the people who have contributed to this book gets harder with each edition, as the list inevitably grows. I think it is still appropriate to start with the three people who probably had the most effect on my understanding of survey research methods: Robert Kahn, Morris Axelrod, and Charles Cannell. In many respects, the task of the book is to pull together and summarize what others have written and learned, so the references and, in particular, those suggested for further reading were key resources. However, the name of Robert Groves is probably found as often as any other in this edition, and that certainly reflects his large and varied contributions to the field of surgettion, and that certainly reflects his large and varied contributions to the field of surgettion, and that certainly reflects his large and varied contributions to the field of surgettion, and that certainly reflects his large and varied contributions to the field of surgettion, and that certainly reflects his large and varied contributions to the field of surgettions.

I would like to specifically thank Tony Roman, Mary Ellen Colten, Trish Gallagher, Carol Cosenza, and Dragana Bolcic-Jankovic at the Center for Survey Research for their reviews and helpful comments on various chapters. The Center for Survey Research provided critical support services. Five reviewers kindly provided feedback on the 4th edition that helped shape these revisions. They were Joseph C. Kush, Duquesne University; Gilbert A. Jacobs, Mercyhurst University; Claudette M. Peterson, Morth Dakota State University; Candan Duran-Aydintug, University of Colorado Denver; and Karen A. Thornton, Barry University. Finally, Judy Chambliss, as always, played a crucial role in helping me to maintain the mental health this effort required. I thank these and others for their valuable contributions, but, of course, the responsitional thank these and others for their valuable contributions, but, of course, the responsitional contributions of the responsitions.

bility for the final product, good and bad, is basically mine.

Jack Fowler

## About the Author

Floyd J. Fowler, Jr., is a graduate of Wesleyan University and received a PhD from the University of Michigan in 1966. He has been a Senior Research Fellow at the Center for Survey Research at UMass Boston since 1971. He was Director of the Center for 14 years. In addition to this book, Dr. Fowler is the author (or co-author) of three other textbooks on survey methods, including Improving Survey Questions, Standardized Survey Interviewing (with Mangione), and Survey Methodology (with Groves, Couper, Lepkowski, Singer, & Tourangeau), as well as numerous research papers and monographs. His recent work has focused on studies of question design and evaluation techniques and on applying survey methods to studies of medical care. In 2013, Dr. Fowler received the American Association for Public Opinion Research (AAPOR) Award for Exceptionally Distinguished Achievement.

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# 1

# Introduction

This book is about standards and practical procedures for surveys designed to provide statistical descriptions of people by asking questions, usually of a sample. Surveys meld sampling, question design, and data collection methodologies. Those who want to collect, analyze, or read about survey data will learn how details of each aspect of a survey can affect its precision, accuracy, and credibility.

The subject of this book is data collection in social surveys. It includes common procedures, standards for good practice, and the implications of various design decisions for the quality of survey data. The purpose of the book is to give a sound basis for evaluating data collection procedures to those who would collect, analyze, or read about survey data. Readers will come to understand the ways in which the details of data collection are related to the confidence they can have in figures and statistics based on surveys.

There are many data collection and measurement processes that are called surveys. This book focuses on those surveys that have the following characteristics:

- The purpose of the survey is to produce statistics, that is, quantitative or numerical descriptions about some aspects of the study population.
- The main way of collecting information is by asking people questions; their answers constitute the data to be analyzed.
- Generally, information is collected about only a fraction of the population, that is, a sample, rather than from every member of the population.

#### REASONS FOR SURVEYS

In the U.S. Constitution, it is specified that a survey meeting the previously mentioned criteria must be carried out every 10 years. In the decennial census, statistics are produced about a population by asking people questions. No sampling, though, is involved; data are supposed to be collected about every person in the population.

The purpose of the decennial census is to count people as a basis for ensuring appropriate representation in the House of Representatives. As part of the census, it gathers information about age, how household members are related to one another, and ethnic

background. However, those data only begin to meet the information needs about the population. To provide data to fill those information gaps, special-purpose surveys have become a prevalent part of American life since the 1930s.

Most people are familiar with three uses of survey techniques: the measurement of public opinion for newspaper and magazine articles, the measurement of political perceptions and opinions to help political candidates in elections, and market research designed to understand consumer preferences and interests. Each of these well-developed programs of survey research is aimed primarily at tapping the subjective feelings of the public. There are, in addition, numerous facts about the behaviors and situations of people that can be obtained only by asking a sample of people about themselves. There is probably no area of public policy to which survey research methodology has not been applied. The following is an abbreviated list of some of the major applications:

- Unemployment rates, as routinely released by the Bureau of Labor Statistics, as well as
  many other statistics about jobs and work, are based on household surveys (Current
  Population Surveys) carried out by the Bureau of the Census. Parallel surveys of businesses
  and industries are carried out to describe production and labor force needs.
- People's incomes and the way they spend their money constitute another area in which only surveys can provide reliable data. Patterns of consumer expenditures and their expectations have proven to be important predictors of trends in the economy.
- The National Health Interview Survey has been carried out by the Bureau of the Census for the National Center for Health Statistics since the late 1950s. This survey collects basic data about health conditions, use of health services, and behaviors that affect the risk of illness. These are all topics about which only good survey research can provide adequate data.
- The main source of data about criminal events traditionally has been police department records. Police records, however, only include events that people report to the police. For most crimes involving victims, surveys provide more reliable measures of the rates at which crimes occur and the characteristics of the victims. The National Crime Survey was launched in the 1970s to provide such figures. In addition, surveys are the only way to measure people's concerns and fears about crime.
- One of the oldest applications of surveys is by the U.S. Department of Agriculture. The
  department surveys farmers to estimate the rate at which different crops will be planted and
  to predict the availability of various food products.
- Mental health, transportation needs and patterns of use, political behavior, characteristics of
  housing (such as its cost and appropriateness to familial needs), and worker satisfaction are
  other examples of areas where survey research is used extensively. The largest collector of
  survey data in the United States is undoubtedly the federal government, particularly the
  Bureau of the Census and the Department of Agriculture. In addition, thousands of individual
  surveys are done each year by university, nonprofit, and for-profit survey organizations.

Sponsoring a special-purpose survey data collection is a rather expensive solution to an information problem. Before launching such an effort, one should thoroughly explore the potential for gathering the same information from existing records or from other sources. Although some people think of a survey as a first effort to try to learn something about a population, a full-scale probability sample survey should be undertaken only after it is certain that the information cannot be obtained in other ways. Even taking such a conservative approach, it is common to find that only a special-purpose survey can provide the information that is needed. In addition to meeting needs for data that are not available elsewhere, there are three potential properties of data from a properly done survey that may make them preferable to data from other sources:

- Probability sampling enables one to have confidence that the sample is not a biased one and
  to estimate how precise the data are likely to be. Data from a properly chosen sample are a
  great improvement over data from a sample of those who attend meetings, speak loudest,
  write letters, or happen to be convenient to poll.
- Standardized measurement that is consistent across all respondents ensures that comparable
  information is obtained about everyone who is described. Without such measurement,
  meaningful statistics cannot be produced.
- To meet analysis needs, a special-purpose survey may be the only way to ensure that all the data needed for a given analysis are available and can be related. Even if there is information about some set of events, it may not be paired with other characteristics needed to carry out a desired analysis. For example, hospital discharge records invariably lack information about income. Hence, a survey that collects both income and hospitalization data about people is needed to study the relationship between a person's income and hospitalization experience.

There is always some information available on a given topic from what people say, from impressions, or from records; also there are always imperfections in available data. In addition to an assessment of information needs, the decision to do a survey also should depend on available staff resources. Unless the needed staff and expertise, or the resources to buy them, are available, the data resulting from a survey may not be very good. That brings us to the topic of the next section: What constitutes a good survey?

#### COMPONENTS OF SURVEYS

Like all measures in all sciences, social survey measurement is not error free. The procedures used to conduct a survey have a major effect on the likelihood that the resulting data will describe accurately what they are intended to describe.

A sample survey brings together three different methodologies: sampling, designing questions, and data collection. Each of these activities has many applications outside of sample surveys, but their combination is essential to good survey design.

## Sampling

A census means gathering information about every individual in a population. A major development in the process of making surveys useful was learning how to

sample: to select a small subset of a population representative of the whole population. The keys to good sampling are finding a way to give all (or nearly all) population members the same (or a known) chance of being selected and using probability methods for choosing the sample. Early surveys and polls often relied on samples of convenience or on sampling from lists that excluded significant portions of the population. These did not provide reliable, credible figures.

The U.S. Department of Agriculture actually developed the procedures for drawing the comprehensive probability samples needed to provide statistically reliable descriptions of populations living in a definable area. The procedures evolved from work designed to sample land areas for predicting crop yields; sampling housing units and the people living in those housing units was simply an extension of that work. During World War II, a group of social scientists was housed in the Department of Agriculture to do social surveys related to the war effort. It was then that area probability sampling became firmly entrenched for sampling general populations in social surveys. Area probability sampling is still the method of choice for personal interview surveys of households. Converse (2009) provides an excellent description of the evolution of survey methods in the United States.

Strategies for sampling have been refined since 1950. One major advance was the development of random-digit dialing (RDD), which permitted the inclusion of households in telephone surveys that did not have listed telephone numbers (Waksberg, 1978). The principles of good sampling practice, however, have been well developed for a long time.

### Question Design

Using questions as measures is another essential part of the survey process. The initial survey efforts, representing extensions of journalism, were not careful about the way that questions were posed. It soon became apparent, however, that sending an interviewer out with a set of question objectives without providing specific wording for the questions produced important differences in the answers that were obtained. Thus, early in the 20th century, researchers began to write standardized questions for measuring subjective phenomena. Again, researchers at the U.S. Department of Agriculture are given credit for extending the use of standardized questions in the 1940s to situations in which factual or objective information was sought. Payne (1951) published a landmark book providing practical guidelines for writing clear questions that interviewers could administer as worded. Likert (1932) generally is credited for building a bridge between the elaborate scaling techniques developed by psychophysical psychologists for measuring subjective phenomena (e.g., Thurstone & Chave, 1929) and the practical requirements of applied social survey research.

The major advance in question design in the last 20 years has been improved strategies for evaluating questions. More than before, researchers now evaluate questions to find out if they are well understood and if the answers are meaningful (see Presser et al., 2004; Madans, Miller, Maitland, & Willis 2011). Pretests of surveys have become more systematic, using analyses of tape-recorded interviews to identify problem questions. As a result, the choice of question wording is becoming more objective and less a matter of research judgment.

#### Interviewing

Although not all surveys involve interviewing (as many surveys have respondents answer self-administered questions in paper forms or on computers), it certainly is common to use an interviewer to ask questions and record answers. When interviewers are used, it is important that they avoid influencing the answers respondents give, at the same time maximizing the accuracy with which questions are answered.

The first major step in increasing interviewer consistency was to give them standardized questions. It subsequently was found that interviewers also needed to be trained in how to administer a survey to avoid introducing important biases in the answers they obtained (Friedman, 1942). Hyman, Feldman, and Stember (1954) published a series of studies documenting ways other than question wording that interviewers could influence the answers they obtained. Their work led to more elaborate training of interviewers with respect to strategies for probing when incomplete answers are obtained and for handling the interpersonal aspects of the interview in nonbiasing ways. Cannell, Oksenberg, and Converse (1977) advanced the process of trying to reduce between-interviewer variation by specifically scripting the introductions and encouragement that interviewers provide to respondents, while limiting unstructured discussion. The importance of interviewer training and supervision for ensuring data quality has been well documented (Billiet & Loosveldt, 1988; Fowler & Mangione, 1990).

#### Mode of Data Collection

Until the 1970s, most academic and government surveys were done by in-person, household interviewers. When telephone ownership became nearly universal in the United States, telephone interviewing became a major mode of data collection. The current frontier for data collection is the Internet. At the moment, its use is limited because Internet access is still not universal in the United States and because the lists and strategies for sampling e-mail addresses are limited. However, as access increases and sampling strategies evolve, the use of the Internet to collect survey data is rapidly increasing. Mail surveys, which in the past were used primarily when good address lists were available for a target population, are also being used more widely as good quality lists of addresses for the whole population have become available. Thus, more than ever, researchers are making choices about the mode of data collection that will cost-effectively produce the best quality data.

#### **Total Survey Design**

In many ways, the principles for good research practice were well developed in the 1950s. However, understandably, the procedures and tools have changed in response to new technologies and scientific advances. In some cases, we lack good studies of how best to collect data for a particular purpose. However, even when best practices have been well established, there is variability in the quality of the procedures that are used.

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