toxicology of the male and female reproductive systems

Peter K. Working

# TOXICOLOGY OF THE MALE AND FEMALE REPRODUCTIVE SYSTEMS



Edited by

Peter K. Working

Chemical Industry Institute of Toxicology



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# Preface

This volume is the outcome of the Ninth Chemical Industry Institute of Toxicology (CIIT) Conference on Toxicology, held in Raleigh, North Carolina, September 30 to October 1, 1987. These conferences have been organized by CIIT since 1978 to encourage and promote exchanges of information on topics of special interest in toxicology. This Ninth CIIT Conference included over 150 attendees from academia, the chemical and pharmaceutical industries, and various governmental agencies, such as the National Toxicology Program, the U.S. Environmental Protection Agency, and the Food & Drug Administration. The sessions produced spirited and active interchanges of ideas and opinions, open interactions which, hopefully, will continue.

The goals of this volume are to provide the reader with a firm grounding in basic male and female reproductive physiology—including aspects of gametogenesis, postgonadal gamete maturation and transport, and fertilization—and then to relate this information to the practice of reproductive toxicology. Successive chapters present discussions of the mechanisms and modes of action of reproductive toxicants, the design and use of multigeneration-type breeding studies to identify potential toxicants, the quantitation of toxic effects using specific cellular end points in both males and females, the efficacy of these end

xvi PREFACE

points as predictors of fertility changes, in vitro methods in reproductive toxicology, and the evaluation of genotoxic and mutagenic effects in germ cells. Finally, the extrapolation of findings in animal studies to the human is discussed, including the use of specific human end points, epidemiological methods, and the role of risk analysis in the assessment of human reproductive risk. I hope that the material in this book will allow the toxicologist reader to gain some insight on the complexity of the reproductive processes and that it will allow the biologist reader to appreciate the difficulties of accurately assessing toxic effects on the reproductive system.

Appreciation is expressed to Linda Smith and Sadie Leak for their invaluable organizational and secretarial support before, during, and after the meeting. Thanks also go to the speakers and authors of the chapters in this volume for providing such stimulating and inclusive coverage of reproductive biology

and toxicology in the male and female.

Peter K. Working

## Contents

Preface		xv
CHAPTER 1	Testicular Structure and Physiology: A	
	Toxicologist's View	1
	Paul M. D. Foster	
	Background	1
	Testicular Structure and Compartments	3
	Spermatogenesis	5
	The Sertoli Cell	8
	Approaches to the Investigation of Testicular Toxicants	11
	References	12

Contributors

vi CONTENTS

CHAPTER 2	Regulation of Ovarian Function Ralph L. Cooper, Jerome M. Goldman, and Georgia L. Rehnberg	15
	Introduction	15
	Events within the Ovary	16
	Neuroendocrine Control of Ovulation and the Ovarian Cycle	25
	Summary	27
	References	28
CHAPTER 3	Biology of the Gamete: Maturation, Transport,	
	and Fertilization	31
	E. M. Eddy and Deborah A. O'Brien	
	Introduction	31
	Maturation of Spermatozoa in the Epididymis	32
	Gamete Transport	47
	Fertilization	56
	Summary	70
	References	71
CHAPTER 4	Mechanisms of Action of Reproductive Toxicants Donald R. Mattison and Peter J. Thomford	101
	Introduction	101
	Mechanisms of Reproductive Toxicity	104
	Selected Examples of Reproductive Toxicants Clinical Manifestations Suggesting Human Reproductive	108
	Toxicity	116
	Conclusions	118
	References	119
CHAPTER 5	Design and Use of Multigeneration Breeding	
	Studies for Identification of Reproductive	
	Toxicants	131
	James C. Lamb, IV	
	Overview	131
	Risk Assessment	133
	General Principles of Multigeneration Studies	134
	General Toxicity Considerations	135
	Reproductive Toxicity End Points	140
	The Need for Three Generations	141
	The Need for Two Generations	142
	Specific Multigeneration Test Systems	143
	Regulatory Considerations	151
	References	152

CHAPTER 6	Significance of Cellular End Points in Assessment of Male Reproductive Toxicity  William F. Blazak	157
	Introduction	157
	Techniques	159
	Values and Variabilities of Cellular Indicators	163
	Selected Reproductive Toxicity Studies	166
	Concluding Remarks	171
	References	171
CHAPTER 7	End Points for Assessing Reproductive Toxicology in the Female	173
	J. A. McLachlan and R. R. Newbold	
	References	177
CHAPTER 8	Through the Looking Glass: Fact and Artifact in	
	Histopathology	179
	Robert E. Chapin	
	Introduction	179
	Procedures	180
	Interpretation	184
	References	185
CHAPTER 9	Quantitative Assessment of Spermatogenesis  Mark E. Hurtt	187
	Introduction	187
	Spermatogenesis	188
	Methods for the Quantitative Assessment of Spermatogenesis Application of Methods to Quantitatively Assess	190
	Spermatogenesis	193
	Summary	196
	References The Land Company of the C	197
CHAPTER 10	Association of Sperm, Vaginal Cytology, and	
	Reproductive Organ Weight Data with Fertility of	
	Swiss (CD-1) Mice	199
	Richard E. Morrissey	
	General Study Design	200
	Sperm Assessment	201
	Historical Control Data for SMVCE End Points	202
	Statistical Power of SMVCE End Points	206

viii CONTENTS

	Identification of the Affected Sex	207
	Sensitivity, Specificity, and Accuracy of SMVCE End Points	210
	Estrous Cycle Evaluation	214
	Summary	215
	References	215
CHAPTER 11	Impaired Gamete Function: Implications for	
	Reproductive Toxicology	217
	Sally D. Perreault	
	Introduction	217
	In Vivo Assessment of Gamete Function	219
	In Vitro Assessments of Gamete Function: Sperm	21)
	Capacitation/Acrosome Reaction	221
	In Vitro Assessment of Gamete Function: Fertilization	223
	Conclusion	225
	References	226
CHAPTER 12	Germ Cell Genotoxicity: Methods for Assessment	
	of DNA Damage and Mutagenesis	231
	Peter K. Working	231
	rotor K. Working	
	Overview	231
	Assays that Measure Heritable Germ Cell Damage	233
	Assays that Predict Heritable Germ Cell Damage	242
	Conclusions	250
	References	250
CHAPTER 13	Importance of Assessing Multiple End Points in	
CHAPTER 15	Reproductive Toxicology Studies	257
	Gary J. Chellman and Peter K. Working	251
	dary J. Chellinan and Feter K. Working	
	Introduction	257
	Reproductive Toxicity of Methyl Chloride	258
	Need for Multiparameter Analysis	259
	Testicular Cytotoxicity as Cause of MeCl-Induced	
	Preimplantation Loss	260
	Use of Multiple End Points to Define Target Organ Toxicity	262
	Epididymal Inflammation as Cause of MeCl-Induced	
	Postimplantation Loss	263
	Implications of Data from Multiple End Points for Risk	
	Assessment	265
	Conclusions	267
	References	269
	110101000	20)

CONTENTS ix

CHAPTER 14	Testis En Plastique: Use and Abuse of In Vitro	
	Systems Systems and Systems Systems	273
	Robert E. Chapin and Paul M. D. Foster	
	Why Use Cultured Cells?	273
	Cautions of Cell Culture	274
	When Is In Vitro in Order?	274
	Methods	275
	Di-(2-Ethylhexyl)-Phthalate	276
	1,3-Dinitrobenzene	278
	Gossypol	279
	Conclusions	282
	References	283
CHAPTER 15	Toxic and Mutagenic Effects on Spermatogenesis	
	with Special Reference to Meiotic Micronucleus	
	Induction In Vitro	285
	Martti Parvinen, Liisa Pylkkänen, Jorma Toppari,	
	Jaana Lähdetie, Risto Santti, and Leena-Maija	
	Parvinen	
	Ideamfication	
	Histology and Regulation of the Seminiferous Epithelium	285
	Stage-Specific Analyses of Cytotoxicity	290
	Mutagen Effects on Replicative and Repair Syntheses of	270
	DNA	293
	Meiotic Micronucleus Induction In Vivo	294
	Induction of Meiotic Micronuclei In Vitro	298
		290
	In Vitro Induction of Meiotic Micronuclei in the Mouse by	200
	Adriamycin and Diethylstilbestrol	298
	References	300
CULA PTED 40		
CHAPTER 16	Interspecies Comparison and Quantitative	
	Extrapolation of Toxicity to the Human Male	202
	Reproductive System	303
	Marvin L. Meistrich	
	Interspecies Extrapolation Factors	304
	Interspecies Comparison of Temporary Testicular Effects	310
	Interspecies Comparison of Long-Term Testicular Effects	313
	Conclusions	316
	References	318

x CONTENTS

CHAPTER 17	Detecting Toxicity to the Human Reproductive System Using Epidemiological Methods Richard J. Levine	323
	Case Cluster: Derbyshire Droop	323
	Adenocarcinoma of the Vagina	324
	Minamata Disease	325
	Cross-Sectional Studies of Male Reproductive Capacity:	
	Dibromochloropropane	327
	Retrospective Cohort Study of Male Fertility:	
	Dibromochloropropane	330
	Case-Control Studies of Spontaneous Abortion	332
	Deterioration of Semen Quality during Summer at Warm	
	Latitudes	334
	Summary	336
	References	336
CHAPTER 18	Risk Analysis in Reproductive Toxicology Harold Zenick	339
	Introduction	339
	Methodological Considerations Associated with Hazard	
	Identification	340
	Integrating Dose and Outcome to Predict Risk	348
	References	353
Index		355

# Testicular Structure and Physiology: A Toxicologist's View

Paul M. D. Foster

### **BACKGROUND**

A cursory glance at the literature would reveal a bewildering array of chemicals capable of producing injury to the male reproductive system of experimental animals. Indeed the list of chemical classes possessing members that can cause adverse effects is a formidable one, ranging from synthetic steroids and therapeutic agents to metals. In contrast, there is a paucity of information on the pathogenesis of chemically induced injury to the male reproductive system and even less information on the biochemical mechanisms underlying injury. In addition, the number of compounds known unequivocally to have produced deleterious changes in man is exceedingly small, consisting of information relating to a few pesticides (notably Dibromochloropropane—Whorton et al., 1977; Reel and Lamb, 1985), agents used in cancer chemotherapy (cyclophosphamide and adriamycin—Meistrich et al., 1982), and some potential male contraceptives (e.g., gossypol—National Coordinating Group on Male Anti-Fertility Agents, 1978).

Toxicity associated with reproduction is likely to lead to an emotive response, and the notion exists among toxicologists, regulatory authorities, and

P. M. D. FOSTER

trade unions that reproductive effects are likely to be a major concern in toxicology in the next decade. There is therefore an obvious need to approach the subject area in a more logical, scientific manner and redress the balance regarding the limited information available, so as to develop new concepts in society's attitude and approach to the study of reproductive toxicants. The requirement to approach male reproductive toxicity in a more "mechanistic" manner so as to interpret hazard more accurately (and thereby produce a better estimate of risk) is very much dependent on the utilization of the strides made in male reproductive physiology in recent years. However, unlike many other organs, our data base on metabolic systems and cellular functions in this target organ is not large. Thus, our understanding of how a compound may influence the biochemistry of an organ is very largely dependent on our knowledge of the normal biochemistry of the organ. The study of male reproductive toxicants requires an integrated approach covering the various scientific disciplines associated with the male system, essential for normal function. Such techniques would range from detailed histopathology of the testis, through biochemical changes in appropriate in vitro systems, to studies on fertilization and reproductive outcome.

The objectives of the present paper are (1) to detail the basic structure and compartmentation within the rat testis, (2) to briefly review the process of spermatogenesis and its control, (3) to emphasize the key role of the somatic Sertoli cell, and (4) to present a rationale for an approach to the study of testicular toxicants leading to a more informed hazard assessment. The rat has been chosen to exemplify the male reproductive system for two major reasons: first, it is the species in which most of our toxicological, including reproductive, information is generated and necessarily where most toxicants have been described, and second, it is the species in which our knowledge of normal testicular structure and physiology is the greatest.

If one considers that the prime function of the male reproductive system is to produce a gamete capable of fertilizing an oocyte to produce a viable off-spring, then there are a large number of potential target sites that could be envisaged where a compound effect would lead to a deficit in function (see Fig. 1). These would incorporate the hypothalamic-pituitary-testicular axis, extratesticular sites, and processes involved with sperm maturation and fertilization. Many of these potential targets will be taken up in later chapters. Examples of compounds thus exist that produce their reproductive effects via the central nervous system, for example, cannabinoids, the pituitary secretion of gonadotrophic hormones (e.g., estrogens) and directly on spermatogenesis (e.g., phthalate esters), whereas cadmium will disrupt the testicular vasculature. Other compounds may mediate their effects by indirect means by interference, for example, with normal steroid metabolism in the liver, or with seasonal breeders, on the pineal gland.

When sperm leave the testis, they are both nonmotile and nonfertile, and during maturation, compounds may also exert their effects (e.g., chlorosugars).

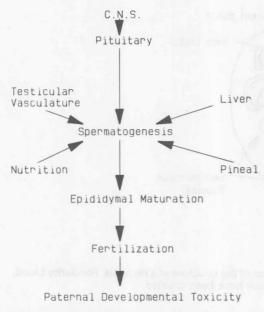


Figure 1 Potential target sites in the male reproductive system to toxicant attack.

An effect on the process of fertilization is certainly a potential target for toxicant action, as is the concept of paternally mediated developmental toxicity, but examples of effects at these targets are not well described. It is fair, however, to state that the vast majority of toxicants thus far described appear to exert their effects directly on the process of spermatogenesis.

### **TESTICULAR STRUCTURE AND COMPARTMENTS**

The parenchymal tissue of the testis is enclosed within a tunica and consists of numerous seminiferous tubules, which are long, convoluted structures connected at both ends to the rete testis (Fig. 2). Spermatogenesis takes place within these tubules, and sperm are channeled from the rete testis via efferent ducts into the epididymis (see Chapter 3). Surrounding these tubules is a vascularized interstitial tissue that contains Leydig cells, macrophages, and mast cells. The relationship of the interstitial tissue to the seminiferous tubules is shown diagrammatically in Fig. 3. The boundary tissue of the seminiferous tubule consists of a number of layers of cells including myoepithelial peritubular cells, thought to be involved in the passage of released sperm along the tubule, possibly in response to oxytocin secretion by Leydig cells (Wathes, 1984); more recent investigations would indicate that they also have a role more closely associated with the Sertoli cell and the process of spermatogenesis (Skinner and Fritz, 1985).