Paul Slack

# PLAGUE

A Very Short Introduction

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Great Clarendon Street, Oxford ox2 6pp

Oxford University Press is a department of the University of Oxford. It furthers the University's objective of excellence in research, scholarship, and education by publishing worldwide in

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First published 2012

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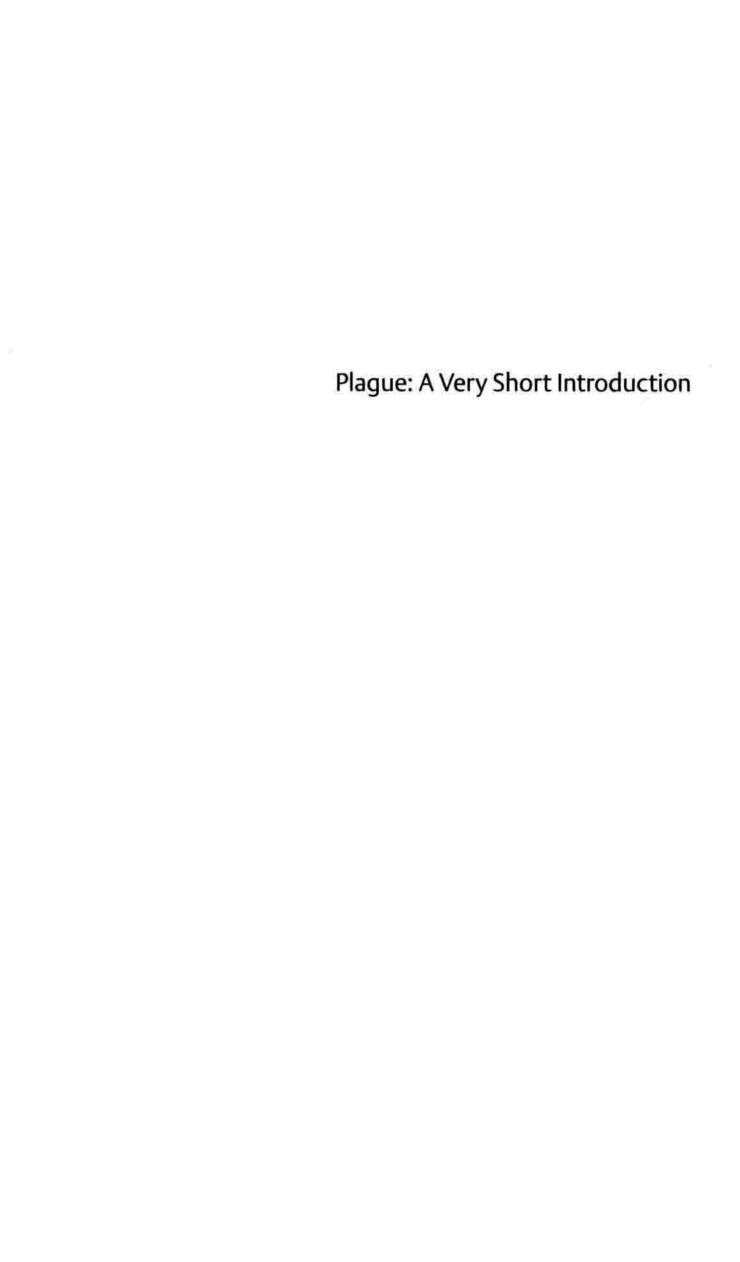
> British Library Cataloguing in Publication Data Data available

Library of Congress Cataloging in Publication Data
Data available

Typeset by SPI Publisher Services, Pondicherry, India Printed in Great Britain by Ashford Colour Press Ltd, Gosport, Hampshire

ISBN: 978-0-19-958954-8

1 3 5 7 9 10 8 6 4 2



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# Acknowledgements

I am grateful to the many colleagues with whom I have discussed plague and plagues over the years, to Luciana O'Flaherty who first suggested this *Very Short Introduction* to me, and to others at OUP, Andrea Keegan and Emma Marchant, who have helped me bring it to a conclusion. The anonymous readers for the Press saved me from many errors of fact and interpretation, and responsibility for those which remain is solely mine.

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### Introduction

Everyone knows something about plague. They may have come across it as a cause of high mortality in the past, in the 'Black Death' of 1348 or the 'Great Plague of London' in 1665, or learned from newspapers that it is a disease still active among rodents and occasionally among humans in the modern world. They may have read about the possibility of its use as a weapon of war or terrorism, or seen 'plague' used as a metaphor for other real or fictional calamities and wondered about the history that lies behind it. This little book is designed for those who want to know more, and as a brief introduction to what is now a very large scholarly and popular literature accumulated around plague, much of it questioning the identity, causes, and effects of past epidemic disasters.

My approach is that of an historian, interested in understanding the impact of great epidemic diseases in the past and the ways in which they have been interpreted. The conclusions (and speculations) arising from modern medical and environmental science will have a place, chiefly in the first three chapters, since they help to explain the incidence and effects of plague in the past and are part of its cultural impact in the present. But I have tried also, in the second half of the book, to explain what plague meant for those who suffered from it in earlier centuries, for the governments and public authorities who set out to fight it, and for the authors, past and present, who have written about it.

The history of plague, like that of many other epidemic diseases, is full of unexpected twists and turns, and its course is often as difficult to explain today, with all the benefits of medical hindsight, as it was for people who experienced it in the past. That is part of the subject's perennial fascination. But its interest lies also in the ways in which people coped with sudden death and disease in earlier centuries and somehow came to terms with them. My aim is therefore to look at plague from a variety of angles, and to try to see it finally in proportion and in its historical context. The book is arranged by themes rather than as a straightforward chronology, but I hope that it brings out some of the important continuities in the story which can be observed over time, and the lessons that were learned, and can still perhaps be learned, from them.

Oxford, 26 August 2011

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# Chapter 1

# Plague: what's in a name?

Names are always important because they create identities. They are particularly important when it comes to diseases, where a name, a diagnosis, carries with it some reassurance that the phenomenon is known and understood. It may nowadays indicate its characteristic symptoms, as with 'AIDS', or the pathogen responsible for them, as with 'HIV', and so offer some prospect of treatment and perhaps cure. The names of diseases, and especially those of epidemic diseases, often have very long histories, however. They have sometimes been applied to past illnesses with symptoms which modern medical science has shown to be caused by more than one biological agent. Leprosy and 'the great pox' are examples.

The identity of plague is a classic case of uncertainty of this kind. It is susceptible to a variety of interpretations, and its identity has been the subject of much dispute. In its Greek and Latin origin, 'plague' meant a blow, something sudden and acute, and in general parlance it has often been employed as a generic term, applicable to almost any calamity, and to pests like locusts as well as to human and animal diseases of many kinds. The sense in which it is used in this book, and in many larger works on which this one draws, is more precise, though still sometimes contentious. 'Plague' is the word that has been used over the centuries to denote an epidemic disease of particular severity and

dramatic impact, and a disease which probably always had the same causative agent, now known to have been a bacillus, *Yersinia* pestis.

Across most of its recorded history, plague has been distinguished from other epidemic diseases in two ways. First, it killed more people more quickly. In major outbreaks in European cities between the 14th and the 17th centuries, it was not unusual for one-quarter of the population to die within a year, and it is likely that almost as many more might have been infected and then have recovered. In terms of mortality and morbidity, plague's only rivals may be the worldwide Spanish flu of 1918–19 and the smallpox which Europeans took to the Americas after 1492. Each of those disasters was undoubtedly of great historical significance, but neither has left the long written record of recurrent epidemics that allows the history of plague to be written.

The second distinguishing feature of plague, evident from that long series of records, lies in the special horrors which it inflicted on its victims and which threatened all around them. The more elaborate descriptions, most of them surviving from the 14th century onwards, commonly refer to the extreme delirium, fever, and painful tumours of the sick, and to the putrid matter issuing from their sores, mouths, and nostrils which could contaminate anyone nearby. 'The breath is so stinking', one French physician recorded in 1666, 'that it is virtually intolerable; thus the common proverb in French is true, "one smells of plague". Easily sensed and identified, polluting whole cities, that cause of private suffering and collective disaster has, since at least the 6th century AD, been given the same name: plague or pestilence, *pestis* in Latin, and sometimes *the* plague or *the* pestilence.

This book will focus on the history of the disease in major epidemic form, so far as that is known, and in periods when its ravages were most pronounced, down to the first decades of the 20th century. Since the 1920s, partly thanks to public health