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with this FAST, SAFE,  
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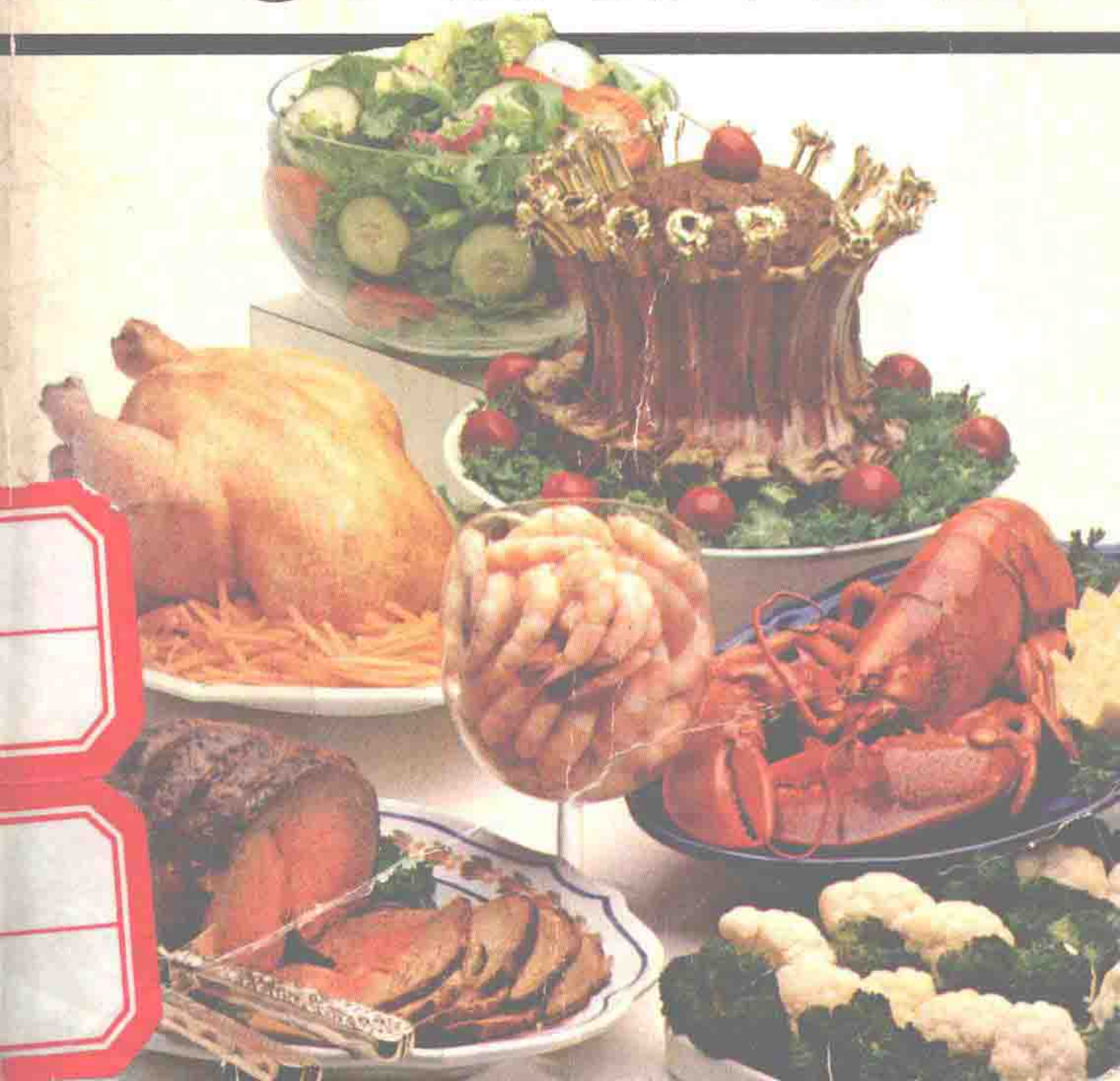
THE

Dr. Seymour Isenberg  
& Dr. L. M. Elting

9

DAY

WONDER DIET



# THE **9-DAY** WONDER DIET

Dr. Seymour Isenberg &  
Dr. L. M. Elting

A Dell Book

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***For Tiffany  
who wanted her breakfast***

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