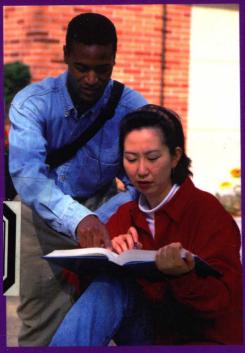
Reading for a Reason Expanding Reading Skills











Laurie Blass • Elizabeth Whalley

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Reading for a Reason Student Book 1: Expanding Reading Skills

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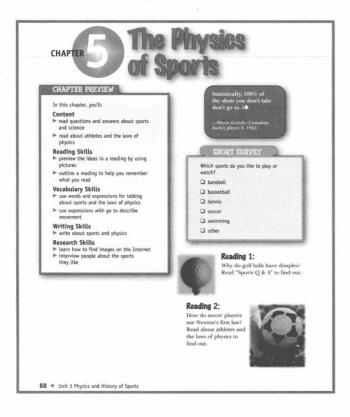
This book is dedicated to Tamera Lerman.

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Welcome to Reading for a Reason

Reading for a Reason 1 is the first in a three-level reading series that leads students to develop the critical reading and vocabulary skills they need to become confident, academic readers.



Before You Read activities stimulate background knowledge, focus on vocabulary presentation and practice, and introduce important expressions.

Preview questions activate schemata and help students focus on the main idea of the passage.

Vocabulary Exercises preview the important words and expressions found in the readings.

Chapter Preview boxes outline the main goals of the chapter and focus students' attention on what they will learn.

Short Surveys related to the chapter topic help students personalize the chapter content and activate prior knowledge.

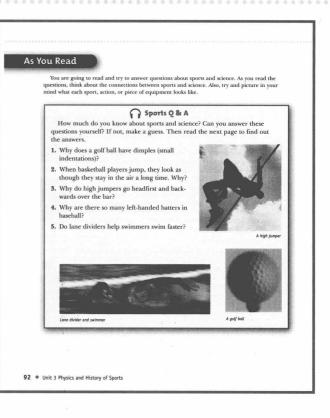
Teaser photographs and questions pique students' interest.

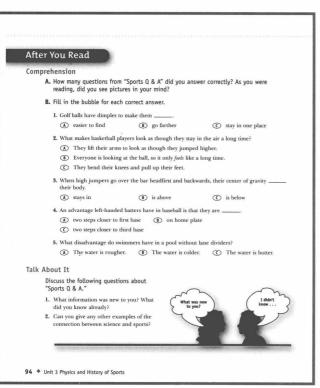


As You Read activities present readings that recycle reading skills and vocabulary to build reading fluency and confidence, while increasing mastery.

Focus questions help students focus while reading and reinforce prediction skills.

First reading passage introduces the chapter topic in a short informal reading. Types of texts include emails, interviews, quizzes, and magazine articles.





After You Read activities focus on the main idea and details presented in Reading 1.

Standardized testing formats help students become familiar with a variety of test formats.

Talk About It activities encourage discussions on questions that help students synthesize, personalize, and extend concepts in the reading.

As You Read

As you read, think about this questic ▶ Why are Newton's laws of physics important to athletes?

Athletes and the Laws of Physics

When you run fast, it's often hard to stop. Then when you stop, it's often hard to start again. Why? Sir Isaac Newton, the great seventeenth century scientist and mathematician, understood the reasons.

Newton described three laws of motion, and they are all important to athletes. They are important in soccer, baseball, running, and other sports. Let's look at these laws and see how they help athletes.

Newton's First Law

Newton's first law says that an object in motion will stay in motion unless a force pushes it or pulls it. A soccer player uses this law. The player kicks the ball. Then the ball moves. Often it gets kicked again. Then it changes direction. It stops if someone stops it. It also stops if it hits the net.

Newton's Second Law

Newton's second law says that if you push or pull an object, it goes in the direction of the force. A baseball player uses this law. The baseball player hits the ball with a bat. The player hits the ball in a particular direction, such as to right field. The ball then travels in that direction

Newton's second law also says that a heavy object needs more force to go fast than a light object does. A baseball weighs about 5.12 ounces (145 grams). If a baseball player hits a baseball with the bat, the ball travels at about 75 miles per hour (121 kph). A tennis ball weighs about 2 ounces (57 grams). What happens if the baseball player hits a tennis ball with the bat? The baseball player does not have to hit the tennis ball as hard for it to travel at the same speed





force (the net) pushes



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Second reading passage introduces a longer academic, scientific, or formal reading on the chapter topic.

Focus questions help students focus while reading, and enforce and reinforce prediction skills.

Headings, photographs, maps, and charts in the readings help students practice academic reading skills previously taught.

Timed Readings help students become aware of and improve their reading speed. Students chart their reading times in the Timed Reading Chart in the back of the book.



Newton's third law makes sports possible. It says that if you push or pull an object, it will push or pull back equally with the same force. How does this make sports possible? Let's look at runners. A runner's foot pushes against the ground. Usually the ground does not move. It resists. That is, seems to push back. This push of the ground makes the runner go forward. The ground is very big, so the runner doesn't feel the push. Sometimes the ground is soft, for example, if it's muddy. What happens if the runner tries to run in mud? The ground doesn't resist right away. It doesn't push back immediately. Then it's harder to run. Here's another example: running on the beach. Which is easier—running on hard sand or running on soft sand? All changes in motion follow this third law, even walking. When you walk, you push the ground. The ground resists, and this resistance helps you walk.



Figure 3: The foot pushes the ground. The ground resists with ough force to brevent

You can find examples of Newton's laws in all sports. They help a surfer ride wave, a skateboarder jump over a curb, or a soccer player make a goal. Your favorite sports stars might not think too much about Newton when they play, but Newton's laws are helping them all the time.



Timed Reading

Read "Athletes and the Laws of Physics" again Read at a comfortable speed. Time your reading.

Start time:

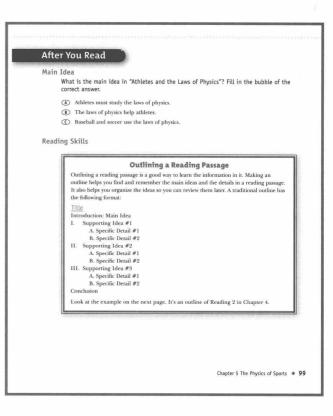
My reading time:

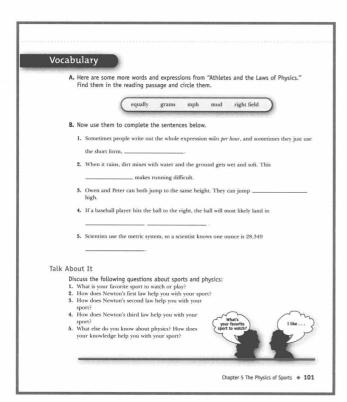
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After You Read activities include extended vocabulary practice, reading skills presentation and practice, and collocation practice.

Main Idea questions allow students to check predictions made before the reading.

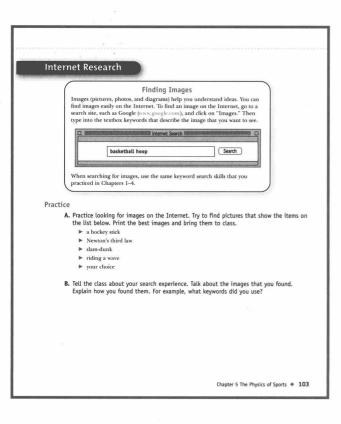
Reading Skills boxes present reading comprehension skills needed to succeed in an academic environment.





Vocabulary activities provide students with an opportunity to practice additional words and expressions from Reading 2.

Talk About It activities encourage discussions on questions that help students synthesize, personalize, and extend concepts in the reading.



Internet Research boxes present helpful tips on how to conduct academic research on the Internet.

Write About It activities allow students to write on different but related aspects of the chapter topic.

Writing A consists of two highly structured paragraph templates to provide guided writing experience.

Writing B allows students to write two paragraphs on the same topic as Writing A.

Writing C is an open-ended writing activity.

| | 그 그 그 사람들이 살아보는 그 사람들이 살아 그 것이 그 것이 되었다. 그 것이 그 것 |
|---|---|
| | |
| | |
| Write About It | |
| A. Write paragraphs Fil | ll in the blanks. Write complete sentences. |
| Paragraph One | · · · · · · · · · · · · · · · · · · · |
| | |
| I like to watch/play [Circle one] | y[Write the name of a sport] |
| because | [Explain the reason] |
| I also like to watch/pla | v |
| Circle one | |
| because | (Explain the reason) |
| Newton's | hysics help in many sports. One example is [Write a sport] law helps players in this sport because |
| | [Explain how the law helps players] |
| Newton's laws also help | p in Newton's law [Write the number of the law] |
| helps players in this sp | port because |
| | (Explain how the law helps players) |
| sports. Then write ar | paragraphs. First, write a paragraph about watching or playing nother about how the laws of physics help in sports. Try to include spressions from this chapter. |
| ➤ Answer these que Can the laws of p ➤ Explain why you ➤ Find an image or | hs about sports and science. Here are some ideas: estions: How can you get better? at a sport that you like? What can you do? oblysics help you get better? don? like to watch or play certain sports. In the Internet that shows an athlete using one of Newton's laws. Write ing used and how the athlete is using it. |
| Include four new wor use your Internet res | rds or expressions from this chapter in your paragraphs. Also, try to search. |
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On Your Own is a structured speaking activity that helps students further explore each chapter theme.

Step 1 has students design a survey or prepare a presentation on the chapter topic.

Step 2 asks students to conduct surveys using the questions they wrote in Step 1 or give their presentation to the class.

Step 3 allows students to explain the results of their survey or evaluate their presentations.

On Your Own

Design a survey. Ask your classmates about their favorite sports.

Step 1: Practice

With a partner, design a survey about sports. Think of three questions. Write your questions in the survey box below. Have your teacher check them to make sure that they are correct. Repeat the questions with your teacher so you can pronounce them correctly.

Sports Survey Person 1 M _____ F ____ Answer: . Person 2 M _____ F ____ Answer: _ Person 3 M _____ F ____ Answer: _ 2. Question: Person 1 Answer: _ Person 9 Answer Person 3 Answer

Ask three classmates questions about sports. Indicate M (male) or F (female) for each person. Use the form above

Step 3: Follow-Up

Explain the results of your survey to the class. For example, you could say, "I asked three people about the sports they play. Two people said that they don't play any sports. I was surprised because

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Wrap Up

How Much Do You Remember?

Check your knowledge. In this chapter, you learned facts, words, and expressions. You also learned reading skills and you practiced writing. Complete the following to check what you

- 1. Why do golf balls have dimples?
- 2. Why do basketball players look as though they stay in the air a long time?
- 3. What is one of Newton's laws?
- 4. Use go higher than in a sentence.
- 6. Write one thing that you learned about your classmates from your survey.

Second Timed Readings

Now reread "Sports Q & A" and "Athletes and the Laws of Physics." Time each reading separately. Write the times for all the Timed Readings in this chapter in the Timed Reading Chart on page 214.

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Wrap Up is an informal assessment tool that reviews chapter content, vocabulary, and reading skills.

Second Timed Reading focuses students' attention on their reading fluency by having them reread Reading 1 and Reading 2 and keep track of their times on the Timed Reading Chart in the back of the book.

Scope and Sequence

| UNIT 1 | Psychology | | |
|---|----------------|---|---|
| | Academic Focus | Text Type/Content | Reading Skills |
| CHAPTER 1: Friendship page 4 | Sociology | Emails between friends An academic journal-style article on the benefits of friendship | Previewing by connecting with the topicIdentifying main ideas |
| CHAPTER 2: Finding Lost Loves page 24 | Psychology | An interview with two young people in love A research study about "lost loves" | Previewing by asking questions about the titleIdentifying details |
| UNIT 2 | Food and Nu | trition | |
| CHAPTER 3: Food Names page 46 | Anthropology | A New York Times feature about an incident in a restaurant An article about unusual food names in English | Previewing by using titles and headingsIdentifying examples |
| CHAPTER 4: Food and Health page 66 | Nutrition | A timeline of dietary advice from 3200 B.c. to the present Recent research on the health benefits of certain foods | Using topic, title, and headings to preview main and supporting ideas Taking notes as you read |
| UNIT 3 | Physics and | History of Sports | |
| CHAPTER 5: The Physics of Sports page 88 | Physics | A sports quiz An explanation of the relationship between the principles of physics and sports | Previewing using figures and captionsOutlining a reading |
| CHAPTER 6: Sports History page 108 | History | A profile of Roger Bannister The history of lacrosse and Benjamin Franklin's contributions to sports | Interacting with a passage before reading it Predicting test questions |

| Vocabulary Skills | Writing Skills | Intern | net and Research Skills |
|---|-----------------------------|---------------------------|--|
| Using words and expre describe friends and frUsing comparison expr | iendship ship, and act | ivities with friends sear | erviewing people about their |
| Using words and expretalk about love and ro Using words and exprediscuss research | mance | ▶ Inte | iting Internet search results erviewing people about their al mates |
| | | | |
| Using words and expretalk about food Using verb + prepositic combinations | | ▶ Inte | ng an online food dictionary erviewing people about food eating |
| Using words and exprediscuss health problem Using expressions to chealth benefits and to | ns eating habits iiscuss | info ▶ Into opi | ntifying valid sources of ormation on the Internet erviewing people about their nions of traditional and dern medicine |
| | | | |
| Using words and exprediscuss sports and the physics Using expressions with describe movement | laws of | ▶ Inte | ding images on the Internet erviewing people about the rts they like |
| Using words and expretalk about the historyUsing expressions of a | of sports inventions | Into | ding biographies on the ernet erviewing people about their rts histories |

Scope and Sequence

| UNIT 4 | Biology | | |
|---|----------------|---|---|
| | Academic Focus | Text Type/Content | Reading Skills |
| CHAPTER 7: Nature or Nurture page 130 | Genetics | A profile of twins separated at birth An academic journal-style article on the nature vs. nurture debate | Previewing by analyzing the introduction to a reading Identifying facts and opinions |
| CHAPTER 8: Oddities in Living Nature page 150 | Biology | A chart indicating size and lifespan of certain mammals A scientific description of the appearance, habitat, and behavior of two organisms | Previewing by using topic sentences Using context clues to guess the meanings of unknown words |
| UNIT 5 | Literature | | |
| CHAPTER 9: Urban Legends page 172 | Folklore | An urban legend, told in an email exchange An analysis of the urban legend: definition, characteristics, and function | Reviewing using titles, headings, topic sentences, and pictures and captions Using context clues to guess the meaning of unknown words |
| CHAPTER 10: Slam Poetry page 192 | Poetry | An original slam poem A report on the phenomenon of slam poetry: its origins, format, and characteristics | Combining skills to previewSummarizing a reading passage |

| Vocabulary Skills | Writing Skills | Internet and Research Skills |
|---|--|--|
| Using words and expressions to talk about nature and nurture Using words and expressions to describe characteristics | Writing about nature and nurture | Finding recent news on the Internet Interviewing people about their opinions of nature vs. nurture |
| Using words and expressions to discuss size and lifespan Using words to discuss extreme environments Using words and expressions to discuss animal behavior | Writing about animals, longevity, and adaptation | Using an online science dictionary Getting information on an animal that lives in an extreme environment |
| | | |
| Using words and expressions to talk about urban legends and storytelling Using verb + preposition combinations | Writing about storytelling and urban legends | Combining keywords to find specific urban legends on the Internet Interviewing people about telling jokes, stories, and urban legends |
| Using poetic words and expressions Using words to describe poetry Using verb + from and to expressions | ► Comparing poems and writing a poem | Finding poems and information on poets on the Internet Interviewing people about their favorite poems |

To the Teacher

Series Overview

Reading for a Reason: Expanding Reading Skills is a three-level academic theme-based reading series that focuses on cross-curricular content and promotes critical thinking skills. The series is designed to enhance the academic reading and vocabulary skills of English language learners. The three books in the series range from High-Beginning to High-Intermediate.

- ► Reading for a Reason 1—High-Beginning Reading passage word count 150–600
- ► Reading for a Reason 2—Intermediate Reading passage word count 425–950
- ► Reading for a Reason 3—High-Intermediate Reading passage word count 550–1500

The objectives of *Reading for a Reason* are to increase students' independence, confidence, competence, and comfort in reading in English and in learning new vocabulary. To be successful academically, students must have strong reading, vocabulary, and computer skills. *Reading for a Reason* is designed to work on the skills that are most needed for academic success.

To be independent readers, students need to be able to self-activate schemata and use critical thinking skills. Therefore, each book in the series promotes critical thinking skills before, during, and after the readings. The critical thinking skills include annotating a text, analyzing graphics, and identifying fact and opinion. The readings encompass a wide range of academic disciplines: biology, cultural anthropology, history, psychology, science, and sociology. Chapters recycle reading skills (such as using titles, headings, and captions to predict) taught in previous chapters. Thus, students not only have opportunities to practice skills when they are taught, but they are given additional practice in later chapters using new academic content. Students are also able to self-monitor their reading speed by filling in the chart of timed readings. Intrinsically interesting content keeps students' attention as they develop their vocabulary and reading power.

Organization of the Book

Reading for a Reason 1 is a high-beginning level book that prepares students for the academic reading they will have to do once they have begun their academic coursework. Reading for a Reason 1 features five units that span a variety of academic disciplines. Each unit begins with an introduction to the academic discipline including a definition and explanation, a list of important people in the field, and key questions students answer to discover if they are attracted to the discipline. Each unit then consists of two twenty-page chapters that integrate reading content with reading, vocabulary, speaking, writing, and Internet research skills.

Each chapter has the following components:

- ▶ What do you think? presents interactive pair activities that personalize the chapter topic in more depth.
- ▶ **Before You Read** stimulates background knowledge, focuses on vocabulary presentation and practice, and introduces important expressions.
- ➤ Reading 1 introduces the chapter topic in a short informal reading. Types of texts include emails, interviews, quizzes, and magazine articles.
- ▶ Reading 2 introduces a longer, academic, scientific, or formal reading on the chapter topic.
- ▶ Timed Reading helps students become aware of and improve their reading speed by timing themselves and charting their times on the Timed Reading Chart in the back of the book.
- ▶ Reading Skills box presents reading comprehension skills needed to succeed in an academic environment.
- ▶ After You Read includes extended vocabulary practice, reading skills presentation and practice, as well as practice with collocations.
- ► Talk About It permits group discussions on questions that help students synthesize, personalize, and extend concepts in the reading.
- ► Expressions present collocations from Reading 1 and Reading 2. Practice exercises follow each box.
- ► Internet Research presents helpful tips on how to conduct academic research on the Internet. Practice exercises follow each box.
- ➤ Write About It allows students to write at least three different paragraphs on aspects related to the chapter topic.
- ▶ On Your Own presents structured speaking activities that help students further explore each chapter theme.
- ► Wrap Up is an informal assessment tool that reviews chapter content, collocations, and reading skills.
- ► Crossword Puzzle reviews vocabulary defined in the chapter.

Audio Program

Each *Reading for a Reason* book is paired with an audio program available on both audio CD and audiocassette. The audio program allows students to listen to the 20 reading passages as they read. Research shows that different students learn in different ways. By allowing students aural input, the audio program strengthens the skill sets of auditory learners. The audio program also facilitates pronunciation of individual words as well as stress, intonation, and other suprasegmentals associated with collocations. Studies have also shown that listening to readings can help increase reading speed.

Teacher Manuals

Each book in the series also has a Teacher's Manual that contains a complete answer key to the student book and chapter quizzes. The chapter quizzes consist of an additional reading passage on the chapter topic, five comprehension questions that reinforce the reading skills taught within the chapter, and five vocabulary questions. Quizzes can be photocopied and given to students for either review or assessment.